



December 2017

"Encouraging Seniors to Age Successfully."


Monday-Friday 8am-4pm

www.mcminnseniors.com

205 McMinn Ave. | Athens, TN 37303

423-745-6830 | mcminnsenior@commcast.net

Weekly Events: Maneuvers & Billiards: Daily | Canasta: Wed 12pm | Fiber Arts-Weaving, Crocheting, Knitting, Etc.: Tues 1pm | Rook: Tues 12pm | Pinochle: Thurs 12pm | Duplicate Bridge: Thurs 1pm | Shuffleboard, horseshoes & pool tournaments begin at 9:30 am; you must be signed up by 9:15am to qualify to play.

Monday	Tuesday	Wednesday	Thursday	Friday
NEW! Submissions/changes for the Calendar of Events must be turned in to the Front Office <u>by the last week of the month</u> to be included in the next month's calendar. Forms may be picked up on the table in the lobby or the Front Office. (For example, in order to be listed in the November Calendar, you must turn in your Event Listing in by the last week of October.)				1 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 1pm – FREE Senior Legal Aid-Appointment Required 6:30 Board Games 7:00-9:00 Friday Night Dance
4 10:00 Bingo/Hospice of Chatt 11:20 Lunch w/Hospice of Chatt 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	5 9:00 BP/Life Care 9:00 Quilting 9:30-4 – Medicare Open Enrollment 10:00 Choir 11:20 Lunch /LifeCare 4:00 Diabetic Support Group	6 8:30-9:30 Blood Sugar Check/ Starr Regional 10:00 Bingo/Athens Place 11:20 Lunch / Athens Place 1:00 Bowling 2:00 Yoga 4:00 Pickleball (AMS)	7 10am-11am – Green Smoothie Cooking Program 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	8 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 6:30 Board Games 7:00-9:00 Friday Night Dance
11 10:00 Bingo/Avalon 11:20 Lunch w/Premier Properties 2:00 NO YOGA TODAY 6:30 Covered Dish Supper 4:30-6:30 Relative Caregiver Meeting 7:00 Band/Dance	12 8:30-10:00 Mary Kay Skin Care Class 9:00 BP/Guardian 9:00 Quilting 9:00 Creekside Chair Massage 10:00 Choir 11:20 Lunch w/Friends/Starr	13 10:00 Bingo/Eagle Home Care 11am-3pm Outside Event – Leadership McMinn 11:20 Lunch w/Bob Elliott 1:00 Bowling 2:00 NO YOGA TODAY 4:00 Pickleball (AMS)	14 10am Scented Snowman Craft Class Funded by  a grant from 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	15 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 6:30 Board Games 7pm-9pm – Sock Hop/Finger Food

Dates and times for events are accurate at the time of printing but are subject to change. For any questions please see Tina. 12/05/17

Monday	Tuesday	Wednesday	Thursday	Friday
18 10:00 Bingo/Beltone 11:20 Lunch w/Friends 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	19 9:00 BP/NHC Home Care 9:00 Quilting 10:00 Choir 11:20 Lunch w/Friends 12:00 Rob Preston – Chamber of Commerce BOD Meeting	20 9:00 Christmas Party 10:00 Bingo/Michaels 11:20 Lunch w/Starr Regional 1:00 Bowling 2:00 Yoga 3:00 Walk with Ease 4:00 Pickleball (AMS)	21 9am-2pm – St. Mary's Mobile Clinic 9:30 Pool Tournament/Sign up by 9:15 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	22 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 12:00 Offices Closing Early 6:30 Board Games 7pm-9pm – Christmas Dance
25 Closed In Observance of the Christmas Holiday!	26 Closed In Observance of the Christmas Holiday!	27 9:00am Wellness Wednesday 10:00 Bingo/Family Home Care 11:20 Lunch w/Friends 1:00 Bowling 2:00 Yoga 4:00 Pickleball (AMS)	28 9:30-11:00- Bingo with Friends. Bring your own prize to play. 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	29 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 12:00 Offices Closing Early 6:30 Board Games 7:00-9:00 Friday Night Dance



Inclement Weather Policy

If McMinn County or Hamilton County Schools are closed due to bad weather, all Senior Center activities/classes/transportation/lunches may be cancelled and the Activity Center may be closed. Please call the Activity Center. Please call before coming out to the Center during inclement weather.
423-745-6830

Renew your Membership Today!

*It's time to renew your Membership to the
McMinn Senior Activity Center!*

Single Membership \$30 | Couples Membership \$55

We now accept credit cards!

Your Membership supports the programs and services the Center offers.

Stay tuned for NEW MEMBER BENEFITS!