

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019****5/9/2019****Results - 3A District Events****Event 112 Girls 800 Sprint Medley 3A**

School	Seed	Finals	Points
<b>Finals</b>			
1 Solon	1:49.51	1:49.90	10
1) Fleck, Khaylor 11	2) Levin, Makinley 09		
3) Ryan, Taylor 12	4) Kerkhoff, Erin 12		
2 Xavier, CR	1:54.22	1:52.57	8
1) Jansen, Jordan 09	2) Skoumal, Kaylie 11		
3) Shoger, Julia 11	4) Jones, Aubrey 11		
3 Grinnell	1:55.06	1:53.48	6
1) Luther, Madison 12	2) Hart, Lexi 12		
3) Petig, Addy 11	4) Harris, Daysi 10		
4 Vinton-Shellbrg	1:55.91	1:54.47	5
1) Hendrickson, Leah 09	2) Steffen, Becca 12		
3) Erhardt, Maddie 12	4) Horst, Grace 12		
5 Clear Crk-Amana	1:58.83	1:56.02	4
1) Mathis, Emma 09	2) Stevens, Abby 10		
3) Stratton, Karsyn 11	4) Lacina, Cierra 12		
6 CPU	1:57.35	1:56.32	3
1) Fox, Callyn 12	2) Clark, Rylee 12		
3) Daubs, Kari 12	4) Dufoe, Lauren 11		
7 Benton Comm	1:59.88	1:59.37	2
1) Lamer, Shakayla 10	2) Schulte, Megan 10		
3) Slouha, Lauren 12	4) Thys, Jaden 10		
8 S Tama Cty	1:59.55	2:02.52	1
1) Stochl, Caitlyn 11	2) Graham, Ashton 12		
3) Slaven, Shelby 10	4) Froelich, Abbigail 10		

**Event 45 Girls 3000 Meter Run 3A**

Name	Year School	Seed	Finals	Points
1 Katcher, Adrianna	11 CPU	10:48.03	10:50.11	10
2 Conway, Kiersten	10 Solon	11:15.38	10:54.20	8
3 Jones, Anjali	11 Grinnell	11:16.13	11:02.28	6
4 Barker, Kaylie	12 Clear Crk-Amana	11:24.07	11:25.48	5
5 Denman, Hannah	11 Xavier, CR	11:44.15	11:49.35	4
6 Sieck, Kayla	09 Grinnell	12:15.08	12:08.15	3
7 Kruse, Annika	09 Solon	12:21.44	12:13.09	2
8 Kounkel, Allie	09 Clear Crk-Amana	12:38.20	12:56.41	1
9 Taylor, Leah	09 CPU	13:23.68	13:10.75	
10 Beck, Carley	12 Xavier, CR	13:21.46	13:26.47	
11 Wilson, Olivia	12 Benton Comm	12:49.29	13:27.33	
12 Lasley, Neena	09 S Tama Cty	14:14.63	14:45.59	

**Event 98 Girls 4x800 Meter Relay 3A**

School	Seed	Finals	Points
1 Benton Comm	10:14.73	9:56.27	10
1) King, Paige 12	2) Woeste, Lauren 11		
3) Ricklefs, Hailee 10	4) Thys, Jaden 10		
2 Solon	10:04.40	9:59.94	8
1) Foster, Aira 11	2) Holtkamp, Kaia 09		
3) Haasl, Calista 12	4) Bock, Emma 09		

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019**  
**5/9/2019**

**Results - 3A District Events**

**....Event 98 Girls 4x800 Meter Relay 3A**

3 CPU	10:12.84	10:03.16	6
1) Katcher, Kora 09	2) Woods, Sydney 12		
3) Millikin, Karly 12	4) Neighbor, Chloe 12		
4 Xavier, CR	10:14.82	10:17.93	5
1) Schmitt, Lizzy 10	2) Schmitt, Bridget 09		
3) Arnold, Libby 11	4) Tucker, Cate 11		
5 Grinnell	10:36.64	10:56.16	4
1) Conner, Nola 11	2) Larsson, Thea 09		
3) Kriegel, Kate 10	4) Furness, Abbi 11		
6 Clear Crk-Amana	11:03.00	11:27.36	3
1) Coleman, Emily 09	2) Lasswell, Lauren 10		
3) Schultz, Liz 09	4) Trimpe, Kaitlyn 09		
7 Vinton-Shellbrg	11:38.00	11:51.20	2
1) Radeke, Lydia 10	2) Stephens, Cameryn 10		
3) Spies, Taylor 12	4) Levis, Emily 10		

**Event 68 Girls 4x100 Meter Shuttle Hurdle 3A**

School	Seed	Finals	H#	Points
1 Benton Comm	1:08.60	1:06.94	2	10
1) Lohrer, Ashtynn 11	2) Slouha, Lauren 12			
3) Thys, Mallory 11	4) Martensen, Grace 12			
2 S Tama Cty	1:08.30	1:07.16	2	8
1) Tynnismaa, JoJo 09	2) Slaven, Stacey 12			
3) Vest, Gracie 09	4) Stochl, Caitlyn 11			
3 Solon	1:08.06	1:07.98	2	6
1) Sands, Peyton 11	2) Nelson, Rachael 12			
3) Buffington, Jada 09	4) Bullard, Gabbi 11			
4 Xavier, CR	1:10.23	1:08.10	2	5
1) Jones, Aubrey 11	2) Shoger, Julia 11			
3) Triplett, Samantha 11	4) Yanga, Brianna 11			
5 Clear Crk-Amana	1:14.74	1:10.24	1	4
1) Mathis, Emma 09	2) Jiras, Kayla 10			
3) Cullen, Meghan 09	4) Smiddy, Cileigh 10			
6 Grinnell	1:12.63	1:11.48	1	3
1) Hart, Lexi 12	2) Green, Paige 09			
3) Jones, Maddison 11	4) Neighbors, Kylee 11			
7 Vinton-Shellbrg	1:21.86	1:21.22	1	2
1) Erhardt, Maddie 12	2) Ott, Kiera 10			
3) Hendrickson, Megan 09	4) Lokenvitz, Stormie 10			

**Event 5 Girls 100 Meter Dash 3A**

Name	Year School	Seed	Finals	H#	Points
1 Wolff, Ellie	10 Solon	13.10	13.27	2	10
2 Skoumal, Kaylie	11 Xavier, CR	13.30	13.29	2	8
3 Daubs, Kari	12 CPU	13.91	13.32	1	6
4 Annis, Cayley	11 Solon	13.33	13.34	2	5
5 Timmerman, Hanna	11 Vinton-Shellbrg	13.08	13.49	2	4
6 Fox, Callyn	12 CPU	13.58	13.60	2	3
7 Graham, Ashton	12 S Tama Cty	13.39	13.71	2	2
8 Hendrickson, Leah	09 Vinton-Shellbrg	14.00	13.77	1	1
9 Luther, Madison	12 Grinnell	13.38	13.92	2	

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019****5/9/2019****Results - 3A District Events****....Event 5 Girls 100 Meter Dash 3A**

10 Schulte, Megan	10 Benton Comm	13.84	13.95	2
11 Peck, Avrie	09 Benton Comm	14.22	14.22	1
12 Junge, Jordan	09 Xavier, CR	14.14	14.25	1
13 Hatcher, Sydney	09 Grinnell		14.57	1
14 LeFleur, Katelyn	10 Clear Crk-Amama	15.07	14.93	1

**Event 150 Girls Distance Medley 3A**

School	Seed	Finals	Points
1 Solon	4:24.25	4:25.69	10
1) Smith, Abby 12	2) Nelson, Rachael 12		
3) Bullard, Gabbi 11	4) Bock, Emma 09		
2 CPU	4:33.63	4:28.29	8
1) Thomas, Nicki 11	2) Dufoe, Lauren 11		
3) Neighbor, Chloe 12	4) Katcher, Adrianna 11		
3 Benton Comm	4:33.21	4:35.05	6
1) Price, Lauren 12	2) Kulbartz, Kaitlyn 09		
3) Thys, Jaden 10	4) Woeste, Lauren 11		
4 Vinton-Shellbrg	4:29.75	4:36.64	5
1) Steffen, Becca 12	2) Erhardt, Maddie 12		
3) Griffith, Kayla 10	4) Spies, Taylor 12		
5 S Tama Cty	4:53.32	4:49.97	4
1) Slaven, Shelby 10	2) Haughey, Morgan 10		
3) Froelich, Abbigail 10	4) Chyma, Alyssa 10		
6 Grinnell	4:36.63	4:50.88	3
1) Kenkel, Sydney 09	2) Green, Paige 09		
3) Benning-Shorb, Micah 11	4) Kriegel, Kate 10		
7 Clear Crk-Amama	4:41.88	4:52.12	2
1) Rummelhart, Rylee 12	2) Bedford, Grace 10		
3) Dietrich, Sarina 09	4) Barker, Kaylie 12		
8 Xavier, CR	4:38.20	5:02.27	1
1) Marovets, Ellie 11	2) McAllister, Carly 11		
3) Cosgrove, Kathryn 12	4) Meyer, Megan 11		

**Event 21 Girls 400 Meter Dash 3A**

Name	Year School	Seed	Finals	H#	Points
1 Kerkhoff, Erin	12 Solon	57.95	59.89	2	10
2 Horst, Grace	12 Vinton-Shellbrg	1:00.48	1:01.55	2	8
3 Holtkamp, Kaia	09 Solon	1:06.76	1:01.98	2	6
4 Timmerman, Hanna	11 Vinton-Shellbrg	1:08.75	1:05.85	2	5
5 Furness, Abbi	11 Grinnell	1:06.16	1:06.08	2	4
6 St. John, Jaden	11 Benton Comm	1:09.85	1:06.70	1	3
7 Engen, Haley	12 CPU	1:13.57	1:07.54	1	2
8 Rauch, Jaycie	10 S Tama Cty	1:09.80	1:08.50	2	1
9 Dunlay, Lindsey	11 Xavier, CR	1:06.35	1:08.84	2	
10 Millikin, Karly	12 CPU	1:10.09	1:09.62	1	
11 Ingalls, Machaela	12 Benton Comm	1:09.13	1:10.47	2	
12 Weih, Amanda	09 Clear Crk-Amama	1:10.92	1:11.46	1	
13 Wood, Harleigh	09 Grinnell	1:16.66	1:13.14	1	
14 Lasley, Neena	09 S Tama Cty	1:14.57	1:14.36	1	
15 Kim, Suah	12 Clear Crk-Amama	1:22.51	1:23.15	1	

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019****5/9/2019****Results - 3A District Events****Event 82 Girls 4x200 Meter Relay 3A**

School	Seed	Finals	Points
1 Solon	1:44.07	1:46.43	10
1) Ryan, Taylor 12	2) Smith, Abby 12		
3) Levin, Makinley 09	4) Fleck, Khaylor 11		
2 CPU	1:50.20	1:49.11	8
1) Fox, Callyn 12	2) Clark, Rylee 12		
3) Thomas, Nicki 11	4) Daubs, Kari 12		
3 Grinnell	1:51.16	1:49.24	6
1) Hart, Lexi 12	2) Luther, Madison 12		
3) Harris, Daysi 10	4) Petig, Addy 11		
4 Clear Crk-Amana	1:54.83	1:51.48	5
1) Stevens, Abby 10	2) Stratton, Karsyn 11		
3) Lacina, Cierra 12	4) Smiddy, Cileigh 10		
5 Benton Comm	1:56.88	1:54.26	4
1) Coffin, Kiah 09	2) Lohrer, Ashtynn 11		
3) Spina, Alyssa 11	4) Slouha, Lauren 12		
6 Vinton-Shellbrg	1:58.69	1:57.32	3
1) Hendrickson, Megan 09	2) Griffith, Kayla 10		
3) Murray, Lauren 10	4) Patterson, Brynn 09		
7 S Tama Cty	1:56.49	2:02.66	2
1) Slaven, Shelby 10	2) Haughey, Morgan 10		
3) Vest, Gracie 09	4) Silhanek, Rachel 10		
8 Xavier, CR	1:57.63	2:05.60	1
1) Gradoville, Megan 11	2) Triplett, Samantha 11		
3) Richards, Olivia 12	4) Van Berkum, Paige 09		

**Event 51 Girls 100 Meter Hurdles 3A**

Name	Year School	Seed	Finals	H#	Points
1 Martensen, Grace	12 Benton Comm	14.50	15.03	2	10
2 Jones, Aubrey	11 Xavier, CR	15.56	15.38	2	8
3 Tyynismaa, JoJo	09 S Tama Cty	15.62	15.52	2	6
4 Yanga, Brianna	11 Xavier, CR	15.87	15.88	2	5
5 Neighbors, Kylee	11 Grinnell	15.52	16.12	2	4
6 Sands, Peyton	11 Solon	16.62	16.42	2	3
7 Slaven, Stacey	12 S Tama Cty	18.27	16.84	1	2
8 Jiras, Kayla	10 Clear Crk-Amana	17.69	17.34	1	1
9 Nelson, Rachael	12 Solon	17.14	17.63	2	17.625
10 Thys, Mallory	11 Benton Comm	17.32	17.63	1	17.627
11 Zittergruen, Ali	09 CPU	17.18	17.65	1	
12 Mathis, Emma	09 Clear Crk-Amana	16.94	17.72	2	
13 Hatcher, Sydney	09 Grinnell	19.77	20.75	1	
14 Lokenvitz, Stormie	10 Vinton-Shellbrg	22.30	22.00	1	

**Event 29 Girls 800 Meter Run 3A**

Name	Year School	Seed	Finals	H#	Points
1 Bock, Emma	09 Solon	2:16.15	2:24.06	2	10
2 Horst, Grace	12 Vinton-Shellbrg	2:23.99	2:25.05	2	8
3 Katcher, Kora	09 CPU	2:28.11	2:26.53	2	6
4 Conner, Nola	11 Grinnell	2:33.27	2:29.96	2	5
5 Schmitt, Lizzy	10 Xavier, CR	2:29.14	2:31.33	2	4

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019****5/9/2019****Results - 3A District Events****....Event 29 Girls 800 Meter Run 3A**

6	Larsson, Thea	09	Grinnell	2:39.99	2:35.26	2	3
7	Coleman, Emily	09	Clear Crk-Amana	2:37.79	2:39.12	2	2
8	Rinderknecht, Abby	09	Benton Comm	2:44.58	2:41.74	1	1
9	Chyma, Alyssa	10	S Tama Cty	2:41.64	2:45.97	1	
10	Foster, Aira	11	Solon		2:45.99	1	
11	Lasswell, Lauren	10	Clear Crk-Amana	2:46.28	2:49.15	1	
12	Abodeely, Jadyn	12	CPU	2:48.85	2:51.53	1	
13	LaGrange, Raynee	09	Benton Comm	2:52.44	2:52.41	1	
14	Tucker, Cate	11	Xavier, CR	2:41.63	2:53.58	2	
15	Spies, Taylor	12	Vinton-Shellbrg	2:48.50	2:53.84	1	
16	Silhanek, Rachel	10	S Tama Cty	3:06.49	3:31.78	1	

**Event 13 Girls 200 Meter Dash 3A**

Name	Year	School	Seed	Finals	H#	Points
1	Martensen, Grace	12	Benton Comm	26.07	26.24	2 10
2	Ryan, Taylor	12	Solon	26.15	26.51	2 8
3	Petig, Addy	11	Grinnell	26.99	27.40	2 6
4	Wolff, Ellie	10	Solon	28.64	27.68	2 5
5	Thomas, Nicki	11	CPU	28.77	28.28	2 4
6	Stochl, Caitlyn	11	S Tama Cty		28.52	1 3
7	Jiras, Kayla	10	Clear Crk-Amana		28.56	1 2
8	Lacina, Cierra	12	Clear Crk-Amana	29.26	28.65	1 1
9	Timmerman, Hanna	11	Vinton-Shellbrg	28.13	28.85	2
10	Skoumal, Kaylie	11	Xavier, CR	28.70	29.09	2
11	Peck, Avrie	09	Benton Comm		29.49	1
12	Clark, Rylee	12	CPU	28.44	29.53	2
13	Benning-Shorb, Micah	11	Grinnell	29.48	29.59	1
14	Vest, Gracie	09	S Tama Cty	29.71	29.61	1
15	Patterson, Brynn	09	Vinton-Shellbrg	29.96	29.91	1
16	Marovets, Ellie	11	Xavier, CR	30.24	30.10	1

**Event 59 Girls 400 Meter Hurdles 3A**

Name	Year	School	Seed	Finals	H#	Points
1	Tyynismaa, JoJo	09	S Tama Cty	1:08.02	1:07.13	2 10
2	Bullard, Gabbi	11	Solon	1:05.95	1:08.43	2 8
3	Arnold, Libby	11	Xavier, CR	1:12.27	1:11.76	2 6
4	Coffin, Kiah	09	Benton Comm	1:15.03	1:15.83	2 5
5	Zittergruen, Ali	09	CPU	1:17.24	1:16.93	2 4
6	Crawford, Jessica	09	Benton Comm	1:18.38	1:19.85	2 3
7	Feaker, Bella	09	Solon	1:19.24	1:21.33	2 2
8	Schultz, Liz	09	Clear Crk-Amana	1:23.15	1:22.90	1 1
9	Gradoville, Megan	11	Xavier, CR	1:18.83	1:23.18	2
10	Green, Paige	09	Grinnell	1:22.56	1:23.62	1
11	Hatcher, Sydney	09	Grinnell	1:19.68	1:26.16	1
12	Radeke, Lydia	10	Vinton-Shellbrg	1:26.28	1:31.51	1

**Event 37 Girls 1500 Meter Run 3A**

Name	Year	School	Seed	Finals	Points
1	Katcher, Adrianna	11	CPU	5:02.75	5:01.62 10

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019****5/9/2019****Results - 3A District Events****....Event 37 Girls 1500 Meter Run 3A**

2	Horst, Grace	12 Vinton-Shellbrg	5:08.73	5:02.48	8
3	Jones, Anjali	11 Grinnell	5:04.23	5:07.55	6
4	Conway, Kiersten	10 Solon	5:16.04	5:12.55	5
5	Denman, Hannah	11 Xavier, CR	5:26.02	5:16.84	4
6	Woods, Sydney	12 CPU	5:19.23	5:18.38	3
7	Barker, Kaylie	12 Clear Crk-Amana	5:24.07	5:30.05	2
8	Ricklefs, Hailee	10 Benton Comm	5:26.30	5:34.21	1
9	Sieck, Kayla	09 Grinnell	5:30.70	5:34.65	
10	Dake, Hannah	12 Xavier, CR	5:47.22	5:45.07	
11	Hauer, Saige	12 Solon	5:41.87	5:51.19	
12	Kounkel, Allie	09 Clear Crk-Amana	6:05.47	6:06.48	
13	Lasley, Neena	09 S Tama Cty	6:22.54	6:15.13	
14	LaGrange, Trinity	09 Benton Comm	6:10.43	6:15.28	
15	Silhanek, Rachel	10 S Tama Cty	6:59.27	7:22.88	

**Event 74 Girls 4x100 Meter Relay 3A**

School	Seed	Finals	Points
1 Solon	50.41	50.13	10
1) Wolff, Ellie 10			
2) Fleck, Khaylor 11			
3) Annis, Cayley 11			
4) Kerkhoff, Erin 12			
2 Benton Comm	51.25	51.04	8 51.035
1) Lamer, Shakayla 10			
2) Lohrer, Ashtynn 11			
3) Slouha, Lauren 12			
4) Martensen, Grace 12			
3 S Tama Cty	51.03	51.04	6 51.038
1) Stochl, Caitlyn 11			
2) Graham, Ashton 12			
3) Slaven, Stacey 12			
4) Tyynismaa, JoJo 09			
4 Xavier, CR	52.17	51.60	5
1) Jansen, Jordan 09			
2) Shoger, Julia 11			
3) Yanga, Brianna 11			
4) Jones, Aubrey 11			
5 CPU	52.29	52.09	4
1) Thomas, Nicki 11			
2) Fox, Callyn 12			
3) Clark, Rylee 12			
4) Daubs, Kari 12			
6 Clear Crk-Amana	54.20	53.50	3
1) Mathis, Emma 09			
2) Stevens, Abby 10			
3) Stratton, Karsyn 11			
4) Lacina, Cierra 12			
7 Vinton-Shellbrg	54.41	53.75	2
1) Hendrickson, Megan 09			
2) Timmerman, Hanna 11			
3) Hendrickson, Leah 09			
4) Steffen, Becca 12			
8 Grinnell	52.78	53.82	1
1) Benning-Shorb, Micah 11			
2) Kenkel, Sydney 09			
3) Jones, Maddison 11			
4) Neighbors, Kylee 11			

**Event 90 Girls 4x400 Meter Relay 3A**

School	Seed	Finals	Points
1 Solon	4:01.79	4:14.63	10
1) Ryan, Taylor 12			
2) Levin, Makinley 09			
3) Smith, Abby 12			
4) Kerkhoff, Erin 12			
2 Grinnell	4:15.56	4:15.40	8
1) Harris, Daysi 10			
2) Luther, Madison 12			
3) Hart, Lexi 12			
4) Petig, Addy 11			
3 CPU	4:23.90	4:23.98	6

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019**  
**5/9/2019**

**Results - 3A District Events**

**....Event 90 Girls 4x400 Meter Relay 3A**

1) Neighbor, Chloe 12	2) Dufoe, Lauren 11			
3) Engen, Haley 12	4) Katcher, Kora 09			
4 Benton Comm		4:25.67	4:26.47	5
1) Thys, Jaden 10	2) Woeste, Lauren 11			
3) Rinderknecht, Abby 09	4) King, Paige 12			
5 Clear Crk-Amara		4:31.26	4:33.37	4
1) Jiras, Kayla 10	2) Dietrich, Sarina 09			
3) Bedford, Grace 10	4) Weih, Amanda 09			
6 Xavier, CR		4:32.01	4:34.20	3
1) Junge, Jordan 09	2) Yanga, Brianna 11			
3) Jansen, Jordan 09	4) Dunlay, Lindsey 11			
7 Vinton-Shellbrg		4:29.75	4:36.55	2
1) Griffith, Kayla 10	2) Spies, Taylor 12			
3) Patterson, Brynn 09	4) Murray, Lauren 10			
8 S Tama Cty		4:41.04	4:39.17	1
1) Vest, Gracie 09	2) Slaven, Shelby 10			
3) Froelich, Abbigail 10	4) Chyma, Alyssa 10			

**Event 120 Girls High Jump 3A**

Name	Year School	Seed	Finals	Points
1 Neighbors, Kylee	11 Grinnell	5-03.00	5-04.00	10
4-06 4-08 4-10 5-00 5-01 5-02 5-03 5-04 5-05				
P P O O O O O O XXX				
2 Slaven, Stacey	12 S Tama Cty	5-04.00	5-03.00	8
4-06 4-08 4-10 5-00 5-01 5-02 5-03 5-04				
P P O XO O O O XXX				
3 Smith, Abby	12 Solon	5-02.00	5-01.00	6
4-06 4-08 4-10 5-00 5-01 5-02				
XO O O XO O XXX				
4 Holtkamp, Kaia	09 Solon	4-10.00	4-10.00	4.50
4-06 4-08 4-10 5-00				
O O O XXX				
4 Griffith, Kayla	10 Vinton-Shellbrg	5-00.00	4-10.00	4.50
4-06 4-08 4-10 5-00				
O O O XXX				
6 Richards, Olivia	12 Xavier, CR	4-10.00	4-10.00	2
4-06 4-08 4-10 5-00				
O O XO XXX				
6 Haughey, Morgan	10 S Tama Cty	5-02.00	4-10.00	2
4-06 4-08 4-10 5-00				
O O XO XXX				
6 Jones, Maddison	11 Grinnell	4-10.00	4-10.00	2
4-06 4-08 4-10 5-00				
O O XO XXX				
9 Erhardt, Maddie	12 Vinton-Shellbrg	4-10.00	4-06.00	
4-06 4-08				
O XXX				

**Event 128 Girls Long Jump 3A**

Name	Year School	Seed	Finals	Points
------	-------------	------	--------	--------

**Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019**  
**5/9/2019**

**Results - 3A District Events**

**....Event 128 Girls Long Jump 3A**

1	Levin, Makinley	09 Solon	17-04.50	16-03.00	10
	14-08.50	16-03	14-11.25	16-00.50	15-02 FOUL
2	Fleck, Khaylor	11 Solon	16-06.00	15-05.50	8
	15-02.50	14-08.50	15-03	15-05.50	14-06.75 15-05
3	Steffen, Becca	12 Vinton-Shellbrg	16-03.00	15-05.50	6
	14-06	14-11.50	15-03.75	15-05.50	15-04.75
4	Stratton, Karsyn	11 Clear Crk-Amana	15-05.50	15-01.00	5
	FOUL	14-00	15-01	FOUL	14-05.75 FOUL
5	Jones, Maddison	11 Grinnell	14-10.00	14-06.00	4
	14-00.50	14-06	13-08.75	14-02.50	13-11.50 14-01
6	Engen, Haley	12 CPU	14-09.25	14-05.00	3
	14-05	14-04.50	14-00	14-01	13-11.75 FOUL
7	Hendrickson, Leah	09 Vinton-Shellbrg	14-08.00	14-00.00	2
	FOUL	13-02	14-00		
8	Vollbrecht, Kynzie	09 Benton Comm	14-09.50	13-08.25	1
	13-05.75	13-08.25	13-01.50	13-05.25	13-07.25 12-07.75
9	Kulbartz, Kaitlyn	09 Benton Comm	14-04.50	13-04.50	
	13-04.50	12-04.50	12-07		
10	LeFleur, Katelyn	10 Clear Crk-Amana	14-06.00	13-04.00	
	FOUL	FOUL	13-04		
11	Kriegel, Kate	10 Grinnell	13-06.00	12-10.50	
	12-10.50	11-03.25	11-08.50		
12	Gusick, Maja	09 CPU	11-11.25	11-08.50	
	FOUL	FOUL	11-08.50		

**Event 136 Girls Discus Throw 3A**

Name	Year	School	Seed	Finals	H#	Points
1 Upmeyer, Lauren	11	Vinton-Shellbrg	24-06.50	127-07.25	2	10
			122-05.25	123-08.75	125-02.50	127-07.25 122-02.75 FOUL
2 Palmer, Jaydyn	12	CPU	111-08	120-00.50	2	8
			107-11	107-06	FOUL	106-06.75 120-00.50 108-07
3 Becicka, Elli	12	Solon	110-10	117-04	2	6
			117-04	111-05.25	107-11	FOUL 109-10.25 FOUL
4 Schrock, Ainsley	11	Clear Crk-Amana	128-08	116-01.50	2	5
			111-09	116-01.50	108-06.25	104-08.50 103-07 102-02
5 Conrad, Ava	10	Solon	108-09	114-05	2	4
			114-05	101-06	100-09	106-11 102-02.50 FOUL
6 McWhorter, Kasi	12	Benton Comm	113-08	109-11	2	3
			FOUL	109-11	FOUL	FOUL 108-07 FOUL FOUL
7 Willson, Morgan	12	CPU	106-00	106-02	2	2
			FOUL	103-08.50	FOUL	FOUL FOUL 106-02
8 Rauch, Jaycie	10	S Tama Cty	99-04	96-00.25	2	1
			96-00.25	76-07.50	74-04	89-00.50 FOUL 91-07.75
9 Bollers, Teagen	09	Clear Crk-Amana	83-10	95-10.25	1	
			89-02.75	90-10	95-10.25	
10 Wiley, Emma	10	Vinton-Shellbrg	92-06	95-04.25	1	
			82-02.75	95-04.25	FOUL	
11 Charipar, Briona	10	Xavier, CR	84-00	84-06.25	1	
			83-07.50	79-00	84-06.25	
12 Semelroth, Karsyn	11	Benton Comm	77-06	77-01.50	1	
			75-10	76-02.50	77-01.50	
13 Parizek, Sydney	10	S Tama Cty	76-10	70-07	1	
			70-07	67-10.50	68-11	



**Iowa Girls & Boys 3A Qualifying Track Meet - 5/9/2019**  
**5/9/2019**

**Results - 3A District Events**

**....Event 136 Girls Discus Throw 3A**

14	Cline, Kylie	10	Grinnell	68-01.50	69-00	1
	69-00 67-02 68-02					
15	Oldham, Kealey	09	Xavier, CR	60-11	66-06.50	1
	FOUL 66-06.50 FOUL					
16	Kenkel, Sydney	09	Grinnell	75-04.25	62-09.50	1
	FOUL 59-11 62-09.50					

**Event 144 Girls Shot Put 3A**

Name	Year	School	Seed	Finals	H#	Points
1 Palmer, Jaydyn	12	CPU	40-01.00	37-11.75	2	10
	36-11 35-11.75	FOUL 36-08 37-11.75		FOUL		
2 Willson, Morgan	12	CPU	37-08.00	37-09.00	2	8
	30-08.75 35-07 37-09	35-00.75 FOUL FOUL				
3 Upmeyer, Lauren	11	Vinton-Shellbrg	37-08.00	37-06.50	2	6
	32-10.25 33-07 35-06.50	35-10.75 37-06.50	35-06			
4 McWhorter, Kasi	12	Benton Comm	38-06.00	36-05.00	2	5
	34-02 32-09 34-01	FOUL 36-05 34-11.50				
5 Bartz, Abby	09	Vinton-Shellbrg	36-04.00	36-02.50	2	4
	34-10.50 34-02.75 36-02.50	33-04.75 33-05	35-01			
6 Garbes, Raysa	12	Solon	35-05.00	34-04.50	2	3
	32-01.25 32-11.25 31-10	32-11.50 34-04.50	30-11			
7 LaDage, Jenna	11	Solon	34-06.00	33-06.75	2	2
	32-08.50 33-04.25 33-06.75	31-07.25 32-04	32-09.50			
8 Schrock, Ainsley	11	Clear Crk-Amana	35-10.50	33-05.00	2	1
	33-05 32-07 32-03.50	32-04 FOUL 31-01.50				
9 Charipar, Briona	10	Xavier, CR	32-03.50	32-08.75	1	
	32-08.75 FOUL FOUL					
10 Parizek, Sydney	10	S Tama Cty	28-01.00	29-03.25	1	
	28-01 29-03.25 28-01.75					
11 Cline, Kylie	10	Grinnell	28-11.75	27-06.00	1	
	27-06 26-07.50 25-08					
12 Sellers, Makaylin	11	Grinnell	30-07.50	27-02.25	1	
	25-06.50 27-02.25 27-01					
13 Bollers, Teagen	09	Clear Crk-Amana	28-06.00	26-03.75	1	
	24-05.25 26-03.75 23-02					
14 Semelroth, Karsyn	11	Benton Comm	25-06.00	22-08.50	1	
	20-10.75 22-08.50 22-00					
15 Oldham, Kealey	09	Xavier, CR	21-05.50	18-04.00	1	
	16-04.75 18-04 FOUL					

**Women - 3A - Team Rankings - 19 Events Scored**

1) Solon	189.50	2) CPU	114
3) Vinton-Shellbrg	87.50	4) Benton Comm	87
5) Grinnell	84	6) Xavier, CR	69
7) S Tama Cty	57	8) Clear Crk-Amana	51