



Walkers are Welcome
Most Patriotic Costume Promenade will begin promptly at 7:45 am
Followed by the Star Spangle Banner
Race Day: Wednesday, July 4th Race Time: 8 a.m.
New Dog Run Division (Non-timed) 8:30a.m.
Packet Pick-Up: MRC Gym Lobby Tuesday July 3rd from 5-7 p.m.
Or Race Day starting at 6:45 a.m.
Awards and Prizes will be done after the last runner completes the course.
Register online at: www.muskrec.org and click on the race logo.

Or mail/drop off registration form to:

Muskingum Recreation Center
 Attn. Becky Weir **OR** Mark Paxton
 1425 Newark Rd.
 Zanesville, OH 43701

Please select shirt size:	
Womens	Mens
__ S	__ S
__ M	__ M
__ L	__ L
__ XL	__ XL
__ 2XL	__ 2XL

Last name: _____ First Name: _____ Age: _____
 Address: _____ City: _____ Date of Birth: _____
 State: _____ Zip: _____
 Email: _____ Phone: _____ Female Male Dog Run

Entry Fee: \$25 thru July 1st / After July 1st \$30 (cash or check only on day of race)
NO REFUNDS!
(Register before June 20th to be guaranteed a gender specific dri-fit T-shirt)
Make Checks Payable to: Muskingum Recreation Center

Release of Liability:

I hereby waive and release any and all rights and claims for damages I may have against Muskingum Recreation Center, Ohio University Zanesville, Zane State College, and Muskingum MultiSports and Staff for any and all injuries which may be suffered in connection with my involvement with "Red White & Run". I also waive and release any and all rights by my heirs, executors, and/or administrators.

Signature: _____ Date: _____

