

February 2017

Brilliant Beginnings
LEARNING CENTER

			Wed 1	Thur 2	Fri 3
A.M. Snack 8:00-8:45			Cereal Milk	Granola Bar Milk	Wow Butter Bread Milk
Lunch 11:00-12:00			Pasta w/Meat sauce Green Beans Banana Milk	Fish Sticks Dinner Roll Peas Oranges Milk	Sloppy Joes Bread Corn Asst Fruit Milk
P.M. Snack 2:45-3:30			Ranch Crackers Milk	Trail Mix Juice	Asst Raw Veggies Milk
	Mon 8	Tues 9	Wed 10	Thur 11	Fri 10
A.M. Snack 8:00-8:45	Pop Tart Milk	Waffle Milk	Cinnamon Bar Milk	Cereal Milk	Biscuit w/ Jelly Milk
Lunch 11:00-12:00	Hot Dog Crescent Roll Baked Beans Pineapple Milk	Pizza Green Beans Applesauce Milk	Ham and Eggs Cube Potatoes Oranges Biscuit Milk	Hamburger w/bun California Blend Peaches Milk	Chicken Noodles Mashed Potatoes Pineapple Milk
P.M. Snack 2:45-3:30	Animal Crackers Milk	Goldfish Milk	Granola Bar Juice	Pretzels Juice	Graham Crackers Milk
	Mon 13	Tues 14	Wed 15	Thur 16	Fri 17
A.M. Snack 8:00-8:45	Pancakes Milk	Banana w/ Cookie spread Milk	Cereal Milk	Granola Bar Milk	Cinnamon Roll Milk
Lunch 11:00-12:00	Chicken Patty with a Bun Carrots Peaches Milk	Meatballs Seasoned Rice Green Beans Banana Milk	BBQ Chicken with a Bun Corn Strawberries Milk	Cold Meat/Crackers French Fries Oranges Milk	Sausage Butter Bread Peas Fruit Cocktail Milk
P.M. Snack 2:45-3:30	Cheese and Crackers Water	Wheat Crackers Juice	Rice Cakes Milk	Vanilla Pudding Juice	Nutri Grain bar Milk
	Mon 20	Tues 21	Wed 22	Thur 23	Fri 24
A.M. Snack 8:00-8:45	Cereal and Milk Juice	Yogurt Juice	Muffins Milk	Cinnamon Cake Milk	Nutri Grain Bars Milk
Lunch 11:00-12:00	Salisbury Steak Roll Mash Potatoes Pineapple Milk	Shredded Chicken w/ Bun Broccoli Apples Milk	Chicken Noodle Soup w/ crackers Green Beans Peaches Milk	Ham and Cheese Tortillia Baked Beans Cantalope Milk	Pizza Peas Strawberries Milk
P.M. Snack 2:45-3:30	Vanilla Wafers Banana and Water	Cheese-its Juice	Snack Mix Milk	Chips & Salsa Juice	Banana Bread Milk
	Mon 27	Tues. 28	Wed, Mar 1	Thurs Mar 2	Fri Mar 3
A.M. Snack 8:00-8:45	Cinnamon Bars Milk	Nutri Grain Bars Milk	Cereal Juice	Apples w/ Wow Butter Milk	Bagel w/cr cheese Milk
Lunch 11:00-12:00	Hamburger on a Bun Raw Veggies Apple Sauce Milk	Chicken Nuggets Garlic Bread Mixed Veggies Banana Milk	Toasted Cheese Tomato Soup Pears Milk	Taco Meat Tortillia Chips Lettuce/Salsa Oranges Milk	Scrambled Eggs Biscuit Hashbrowns Pineapple Milk
P.M. Snack 2:45-3:30	Granola Bars Milk	Muffin Milk	Popcorn/ Puffcorn Juice	Iced Animal Crackers Milk	Chocolate Pudding Juice

*All Juice is 100% Juice

* Snacks include 2 of the food groups

*Lunch includes at least 1 serving of each of the food groups