

Rolls Royce Harriers – Virtual Park Run, Mon 27th April to Sat 3rd May 2020

We had a fantastic turnout of 29 Harriers for this event. Really good to see a mixture of new faces, old codgers and regulars taking part. The winner with a stunning age graded percentage of 81.72 was the youthful Russ Parkin (actual time 19m04sec). However, he was almost pipped by the evergreen Claire McKittrick with an age graded percentage of 81.06 (actual time 19m57sec).

The fastest actual time was by new boy Gordon Kalwak with a super time of 18min 00sec.

Congratulations to all that took part.

Results

Position	Name	Actual Time (mm:ss)	Age	Category	Age and gender grade adjusted %	Age and gender graded adjusted time (mm:ss)	Category Position
1	Russ Parkin	19:04	57	M55	81.72	15:53.2	1
2	Claire McKittrick	19:57	48	L45	81.06	18:13	1
3	Gordon Kalwak	18:00	36	M35	74.1	17:31.3	1
4	Ian Page	21:59	62	M60	73.85	17:03.8	1
5	James Ward	20:39	54	M50	73.68	17:37.2	1
6	Paul Spencer	19:54	48	M45	73.02	17:46.2	1
7	Bob Bond	25:34	74	M70	72.13	17:59.9	1
8	Karolina Kucharek	21:25	40	L40	70.83	20:50.8	1
9	Debbie Phelps	21:49	38	L35	68.85	21:26.9	1
10	Jon Kinder	22:27	50	M50	65.71	19:45.5	2
11	Tristan Cooper	20:24	34	M	64.68	20:04.3	1
12	Howard Williams	20:20	31	M	64.2	20:13.5	2
13	Joe Rees	22:39	45	M45	63.74	20:41.6	2
14	Paula Parkin	26:51	53	L50	63.62	23:12.7	1
15	Dean Smith	23:08	49	M45	63.29	20:30.9	3
16	Andy Ward	27:00	64	M60	62.76	20:41.2	2
17	Kev Sutcliffe	23:20	49	M45	62.74	20:41.5	4
18	Gill Whiteside	27:36	53	L50	61.89	23:51.6	2
19	Crispin Cousins	21:06	24	M	61.53	21:06	3
20	Andrew Deighton	25:07	52	M50	59.76	21:43.5	3
21	Gemma Stacey	25:01	34	L	59.27	24:54.8	1
22	Chris Smith	22:53	36	M	58.29	22:16.3	4
23	Andy Norman	25:32	50	M50	57.77	22:28.3	4
24	Fleur Cox	26:15	37	L35	56.99	23:54.7	2
25	Kieran Portman	22:47	24	M	56.99	22:47	5
26	Neal Fellows	26:46	50	M50	55.01	23:36.1	5
27	Cliff Cooper	32:38	67	M65	51.93	25:00.2	1
28	Richard Kerry	26:40	33	M	49.27	26:21.1	6
29	Matt Tomlinson	31:58	31	M	40.83	31:47.8	7
30	Debbie Watkins	39:11	52	L50	38.72	38:08.5	3

Note that the times for Cliff, Matt and Debbie W weren't exactly 5km flat out runs, so if the handicapper for future events could bear this in mind and not be lenient on them for future events!!