



I was up to my eyeballs in the delicious and demanding experiences of being a mother, wife, and art festival producer when, in the winter of 2012, the life I envisioned came into focus. Working with my health coach, I started to work out and eat more healthily, and kept my intentions for myself present in my mind.

Today, the life I envisioned has materialized.

lamTra products (mantra cups, power pins, intention beads, shadow candles etc) are tools that I use in my daily life to Encourage, Empower and Enrich.

I have found that if you stay focused on who you want to be and what you want from your life, it will happen!

BIG love, Jennifer



Jennifer and her boys in New Orleans



# **TERMS & CONDITIONS**

These Terms and Conditions apply to the supply of all Goods by lamTra, Inc. to you from the date that you submit an order or accept delivery of the goods.

### How to Order

- 1. Visit lamTra.com/pages/wholesale to order online.
- 2. Email info@lamTra.com for a rep in your area or to place an order.
- 3. Call (401) 374-3899, to speak to a lovely human being.
- 4. Fax your order to (401) 397-5036.

### **OPENING & RETURNING ORDERS**

There is a \$120 opening order and no returning order minimum. All opening orders must be paid in full before shipment. Returning orders may set up NET 30 after the third order and with credit references. lamTra Inc. reserves the right to collect payment by legal means for delinquent accounts.

## **PAYMENT**

lamTra accepts all major credit cards and Paypal.

## DAMAGES/DEFECTS

Please, inspect all shipments immediately upon arrival. Please, contact lamTra at info@lamTra.com within 5 days of receipt of damaged or defective shipments. Returned merchandise will be replaced with new merchandise. Returned merchandise will not be accepted if it is held for more than 15 days after receipt.

# **RETURNS/EXCHANGES**

Wholesale merchandise may not be returned or exchanged. We only accept returns in the case of defective merchandise as noted above.

Any questions, please email us at info@lamTra.com

I Am

What we focus our attention on is
what we experience. With your
lamTra mantra, it can be easy to
anchor positive intentions for
yourself and your life. Choose
the trio of intentions that best
aligns with how you want to
aligns with how your dayfeel, you'll find your dayto-day experiences reflect
who you say you are. You
CAN change your life.



# Annie

Encourage, Empower, Enrich

A Lioness Charismatic

Confident Proud

Determined Full of Faith

Courageous True to Herself

Committed Free Thinker

Learn More About Annie at EarthAnnie.com









Fill it up, strap it on, and go! With your Jar-to-Go, you have easy access to healthy food or drink – right when you need it. Fill the jar with lemon water, tea, fruit smoothie, salad, granola, nuts...slide it into the insulating, protective neoprene bag and clip it on your purse or backpack. Take your Jar-to-Go on the road, and nourish yourself with healthy choices and positive intentions – any time.

Your glass jar holds 25 oz. of food or drink, comes with a wooden spork (combo spoon and fork), and each features many mantras on its neoprene bag with strap. Change your jar to go to a drinking jar with our straw add on. *Neoprene bag keeps contents hot or cold*.

Jar to Go - minimum is 3 per style. #16 - Jar to Go: Positive - \$8.50 #17 - Jar to Go: Kickass - \$8.50 #18 - Lid with Straw add on - \$3.00







# IAMTRA CUP

What we focus our attention on is what we experience. With your lamTra Cup, it can be easy to anchor positive intentions for yourself and your life. Choose the trio of intentions that best aligns with how you want to feel. Repeat your mantras - those on your cup plus any other mantra that serves you - with each sip. Drink in your positive energy, trusting that your mantras will attract what is uniquely beneficial to you because you're focused in the right direction. You don't have to be specific about the details; they'll align themselves with your intention. Repeat throughout the day. In addition to keeping your body well hydrated and happy, you'll find your day-to-day experiences reflect who you say you are. You CAN change your life.



16 fl. oz. ceramic cup available in 8 mantras dishwasher/microwave safe

**Cups** - minimum is 3 per style. #30-38 - \$6.50

#2000 - Opening order: Mug/Socks/ Tea: 2 each/4 styles of mugs, socks, tea (Positive, Fearless, Joyous, Brave) - \$172



#30 - Positive, Open, Limitless



#31 - Happy, Creating, Free



#32 - Joyous, Balanced, Healthy



#33 - Safe, Centered, Loved



#34 - Present, Passionate, Purposeful



#35 - Peace, Beauty, Change



#37 - Fearless, Focused, Ready



#38 - Brave, Healing, Blessed



Close up of Intentions

# IAMTRA Tea

Adding the power of mantra to the calming and delightful ritual of tea makes for magic. Brew a delicious cup of your favorite herbal blend, and focus on how you want to feel. Repeat your mantras with each sip. Enjoy lamTra tea – hot or cold – often.

#2000 - Opening order: Mug/Socks/Tea: 2 each/4 styles of mugs, socks, tea (Positive, Fearless, Joyous, Brave) - \$172



#80 - Peppermint - \$7.50 Positive, Open, Limitless



#82 - Chamomile - \$7.50 Joyous, Balanced, Healthy



#86 - Lemon Ginger - \$7.50 Fearless, Focused, Ready



#87 - Nettles - \$7.50 Brave, Healing, Blessed



#244 - Fearless, Focused, Ready



#245 - Positive, Open, Limitless



#246 - Brave, Healing, Blessed



#247 - Joyous, Balanced, Healthy



Part comfort, part good luck charm, and more subtle than Superman's cape, lamTra Socks help you stay focused on your personal power. Slip them on as you step into being your truest self. Every day. Available in 4 mantras. Socks are 83% cotton, 16% nylon, 1% spandex. Size 9-11 sock usually equals size 5-10 in a women's shoe. Made in Columbia.

#244-247 - \$7.50 \*minimum is 6 per style.

#2000 - Opening order: Mug/Socks/Tea: 2 each/4 styles of mugs, socks, tea (Positive, Fearless, Joyous, Brave) - \$172



Find the perfect quote for an event or your daily ritual. Tea lights can brighten more than tea time. They're a lovely gift – for house-warming, birthday, any occasion – or to add light to your own private moment. Light a candle and let poetic wisdom shine.

- · Made of frosted glass and inspiration
- · Packaged in a nifty muslin carrying pouch
- · Candles are 3" tall
- · A tea light candle is included
- Made in the USA



#1000 - 05 - Tealight individuals - \$4.50 \*minimum is 3 per style

#1010 - Tealight display only - \$30

#1011 - Tealight opening order: 3 styles/6 each, display, 3 free candles - \$111

#1012 - Tealight opening order: 6 styles/3 each, display, 3 free candles - \$111









#1001 - Brave



#1002 - Fearless



#1003 - Healing



#1004 - Kickass



#1005 - Strong

Light

Create your own ritual with the simple act of putting flame to wick. lamTra candles reflect your own inner light, whether you use it to create a peaceful atmosphere in your home... to initiate your meditation practice...to set an intention...or simply to add beauty to your day. Enjoy the calming, centering effect of candlelight.



# Kim

# Encourage, Empower, Enrich

Hilarious Dances to Her Own Tune

Free Spirited Unconventiona

Varm <u>Full Of Life</u>

xuberant Bold

Adventurous Positive

Learn More About Kim at Yoreganics.com



# IAMTRA Shadow Candle

# **Casting Winsome Images**

Create your own ritual with the simple act of putting flame to wick. lamTra shadow candles reflect your own inner light, whether you use it to create a peaceful atmosphere in your home...to initiate your meditation practice...to set an intention...or simply to add beauty to your day. Enjoy the calming, centering effect of candlelight.

Candle is 3.5" tall, packaged in neoprene bag for travel, tealight candle included. Votive inserts in frosted candleholder. When lit, image appears as a shadow on frosted glass.

#219-233 - \$12





#219 - Poppies/Keats Through the dancing poppies stole a breeze most softly lulling to my soul.



#222 - Ocean/Dante
Infinite goodness has such wide
arms.



#220 - Horses/Goethe Keep not standing xed and rooted. Briskly venture, briskly roam.



#224 - Birds/Whitman
The strongest and sweetest songs
yet remain to be sung.



#225 - Mountain/Rumi
Only from the heart can you touch
the sky.



#226 - Hummingbird/Emerson Beauty is its own excuse for being and joy is beauty felt.



#223- Meadow/Spinoza The more joy we have, the more nearly perfect we are.



#227 - Swallow/Hafiz All I know is love, and I find my heart Infinite and Everywhere!



#228 - NYC The City of Dreams. Dream it. Wish it. Do it.



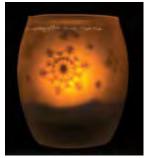
#229 - Seattle Morning walks, markets, coffee, fresh flowers, beautiful food, great company.



#230 - Sea/Cousteau The sea, once it casts its spell, holds one in its net of wonder forever.



#231 - Cows/Shakespeare The earth has music for those who listen.



#232 - Snowflake/Mabie Blessed is the season which engages the whole world in a conspiracy of love.



#233 - Trees/Shakespeare Health, Peace and Sweet Content be Yours.



**Display Options:** 

#239 - Plug in to light candle display cabinet - \$100

#240 - Shadow candle opening order: 4 styles/6 each, display, 4 free offset - \$388

POMer Claim. Be. Pow.

lamTra's POWER products
remind you of your personal
quest. Whether to proclaim
you are POWERFUL or
STANDING FIRM, these minitools for healthy living have
outsized impact.



# Ulli

Encourage, Empower, Enrich

Generous Authentic

Vibrant <u>Leader</u>

Stands Her Ground Full of Heart & Love

Lover of People Creative Spirit

Wise <u>Cultured</u>

Learn More About Uli at UliBrahmst.com

# POVer BEST SELLER











# Claim. Be. POW.

lamTra's POWER pins reminds you of your personal quest. Whether to proclaim you're a DREAMER or cheering a friend on her JOY JOURNEY, these mini-tools for healthy living have outsized impact.

Choose words and/or people to focus the mind and help bring your intentions to life.

Pins are 1" round.



#500 - Opening order POWER pins: 270 pins (90/3), display, 30 free - \$192

#501- POWER pins individual - 60¢ each \*note style in note section, minimum is 3 per style.

#502 - POWER pin display only - \$30





Feeling Good







**Bad-Assery** 

ASSERY

BAD-







Pivot





Perfectly Imperfect



Joy Journey



Perfect





Rock Star



Powerful

Powerful



Feminist



Lean In



Encourage, Empower, Enrich



Goddess



Persist



Spirited



Best



Dreamer



Worthy



Strong



All The Way Up



Wanderess



Loving Life



Linger



In Harmony



Lioness



Go Confidently



Zen (AF)



In The Vortex



Activated



Girl Boss



Limitless





Warrior



Brave





Fierce



Enough







Joyful



Healing



Glow Getter



Survivor





Fringe Dweller



Loved



outshine PAIN Outshine Pain



Fearless



Seeker



Upward



IAMTRA.COM

# POWer

# Claim. Be. POW.

#500 - Opening order POWER pins: 270 pins, display, 30 offset - \$192

#501- POWER pins individual - 60¢ each

\*note style in note section, minimum is 3 per style.

#502 - POWER pin display only - \$30



Amelia Earhart



Anne Frank



Audrey Hepburn



Billie Jean King



Susan B. Anthony



Ruth Ginsburg



Coretta Scott Kina



Eleanor Roosevelt



Frida Kahlo



Marie Curie



Madeleine Albright Katherine Johnson





Gloria Steinem



Harriet Tubman



Hedy Lamarr



Indira Gandhi



Jane Goodall



Julia Child



Margaret Mead



Margaret Sanger



Margaret Thatcher



Joan of Arc



Maya Angelou



Mother Teresa



Oprah





Sandra Day O'Connor Shirley Chisholm





Sojourner Truth



Virginia Woolf



Rosa Parks



Golda Meir



Estee Lauder



Dorothea Lange



Ella Fitzgerald



Cleopatra



Abigail Adams



Rosie Riveter



Sappho



Louisa May Alcott



#900 - Free



#901 - Getting Sh\*t Done



#902 - 100% Warrior Goddess



#903 - The Future is Female



POWer STICKERS

# Claim. Be. POW.



#905 - Zen AF



#906 - Fearless



#907 - Powerful



#908 - Upward

lamTra's POWer Stickers remind you of your personal quest every time you STICK them. Whether to proclaim you're FREE or cheering a friend on to be FEARLESS, these mini-tools for healthy living have outsized impact. Choose words to focus the mind and help bring your intentions to life.

> #900 - 17 - POWER stickers Individual - \$1.50 \*minimum is 6 per style.



#952 - POWER sticker display only - \$30



#910 - Perfectly Imperfect



#911 - Healing



#912 - Loving Life



#913 - Woman of Wonder



#904 - Kickass



#914 - Manifestor



#915 - In Harmony



#916 - Dreamer



#917 - Feminist



#909 - Strong





display, 10 free - \$138

# POWer Mugs

Claim. Be. POW.

#1600-1611 - POWER mugs individual - \$6.50 each \*minimum is 3 per style.



Territory and party properties, \$10.

be entire med



#1601 - Jane Goodall











#1602 - Julia Child







#1603 - Maya Angelou

With the order of party

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STREET, STREET

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#1611 - Rosa Parks

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# POWer BANDS

# Claim, Be. POW.

lamTra's POWER bands remind you of your personal quest. Whether to proclaim you are POWERFUL or STANDING FIRM, the gorgeous jacquard ribbon bands with pewter bead closure will keep you moving the right direction.

#450-461 - POWER bands individual - \$3.00 \*minimum is 3 per style.

#494 - POWER bands display only - \$30

#495 - Opening order POWER bands: display, 3 per 9 designs, 5 free - \$111







Packaged in Tin Boxes



#456 - magical



#450 - manifestor



#458 - wanderess



#452 - upward



#460 - feeling good



#454 - linger



#461 - free



#451 - visionary



#459 - kickass



#453 - in harmony



#457 - stand firm



#455 - powerful

Intention

Stones and words have power to focus the mind and help bring your intentions to life.
That's why lamTra Jewelry is more than jewelry, it's a beautiful opportunity to strengthen what you want to experience.



# Dicole

Encourage, Empower, Enrich

Gifted Teacher Kind

Passionate Seeker Diligent

Optimistic Graceful

Charming Refined

Introspective Adventurous

# Intention

# IAMTRA Vecklace

Simple, elegant, and powerful, lamTra necklaces grace your neck with intention. Choose the stone whose qualities speak to you, and draw on its resonance whenever

you wear this lamTra amulet – your central stone balanced by cut glass beads on a 17-inch silk cord with silver plated brass clasp.

#19a-19f - \$8 \*minimum is 4 per style.

#20 - Opening order: 24 necklaces, display, 2 free necklaces - \$222

#21 - Necklace Display Only - \$30





#19a - aventurine: success, clarity, prosperity



#19d - rose quartz: self-love, unconditional love



#19c - amazonite: lessens stress, strengthens self-esteem



#19b - amethyst: peace, stability, healing



#19e - fluorite: peace, clarity, mental order



#19f - blue picasso: intuition, artistic creativity





Dangling with intention, these high quality earrings are made by a cottage industry of women in rural RI, and packaged smartly with the name and properties of your stone. Brass hoops with silver plate, two cut glass beads, plus one of 21 semi-precious stones to support your dreams.

#22 - Opening order: 30 earrings, display, 5 free earrings - \$240

#23 - Stone Earring Display and Signage - \$60

#22a - 22v - \$6

#22a - amethyst #22l - garnet #22b - aventurine #22m - carnelian

#22c - amazonite #22p - tourmalated quartz

#22e - blue agate #22q - labradorite #22f - blue Picasso #22r - fluorite #22g - obsidian #22t - qinghai jade #22i - rose quartz #22u - tiqers eye

#22k - sodalite #22v - assorted stone earrings











Stones and words have power to focus the mind and help bring your intentions to life. That's why lamTra Stone Jewelry is more than jewelry, it's a beautiful opportunity to strengthen what you want to experience. Choose the stone whose properties resonate for you, and use it as a meditation tool or simply a daily reminder. However you use lamTra Stone Jewelry, it will help keep you centered, appreciative and heading in a positive direction.

Stacked with intention, each bracelet is brought to you by a cottage industry of women in rural RI, and tagged with the name and properties of your stone. Made of ebony wood, pewter lamTra bead, on stretch elastic and one of 25 semi-precious stones to support your dreams.

### **Opening Order Options**

#24 - Quote stacks opening order: 18 thin/18 wide quote, display, 2 free - \$374

#24z -Stone stacks opening order: 48 stone, display, 3 free stone stacks - \$386

#25 - Stone stacks opening order: 36 stone stacks, display, 3 free stone stacks - \$302

#26 - Mix of stacks: 24 stone, 6 thin quote, 6 wide quote, display, 3 free stacks - \$326

#26a - 24 stone, 12 thin quote, 12 wide quote, display, 3 free stacks - \$434

#26z - Mix of stacks: 24 stone, 12 thin quote, display, 3 free stacks - \$320

## **Individual Options**

#25a-25y - \$7

#24y - Assorted Stone Stacks - \$7



#27a - Display and signage - \$50





#25a - snowflake obsidian - balance, serenity, protection



#25d - carnelian - creativity, individuality, courage



#25b - sodalite - intelligence, efficiency, communication



#25e - unakite - heal abandonment, weight loss, gardening



#25c - garnet - romance, love, self-confidence



#25f - new jade - prosperity, financial healing



#25g - tourmalated quartz - protection, reduces anxiety, stress & depression



#25h - labradorite - magic, attract success, mental clarity



#25i - fluorite - brings peace, mental order, clarity



#25j - aqua terra jasper - inner peace, love, compassion



#25k - Qinghai jade - relaxation, balance



#25l - honey jade - powerful emotional balance, unconditional love



#25m - tigers eye - protection, grounding, integrity



#25n - fire agate - courage, protection, spiritual advancement



#25o - amethyst - peace, stability



#25p - aventurine - success, prosperity, clarity



#25q - amazonite - lessens stress, strengthens self-esteem, hope stone



#25r - mookaite - internal and external balance



#25s - ocean jasper - love self and others, heal emotions



#25t - blue agate - gentleness, tranquility, communication



#25u - blue Picasso - intuition, artistic creativity



#25v - dragonblood - brings joy to community interactions



#25w - obsidian - protection, grounding, remove negativity



#25x - rhodonite - grace, elegance, decrease anxiety



#25y - rose quartz - unconditional love, opens heart, romantic, self-love



Words have power to focus the mind and help bring your intentions to life. That's why lamTra Quote Stacks are more than jewelry, they're a healing spell made of the phrase you choose to wear on your body. Select the quote that resonates for you, and allow the wearable art around your wrist to support your life journey.

Stacked with intention, each bracelet is brought to you by a cottage industry of women in rural RI, and tagged with the quote and author. Made of semiprecious stones and an engraved pewter bar with your quote, on stretch elastic.

### **Individual Options**

#24a-24l - Thin quote - \$8.50

#24x - Assorted thin quote stacks - \$8.50

### **Opening Order Options**

#24 - Quote stacks opening order: 18 thin/18 wide quote, display, 2 free - \$374

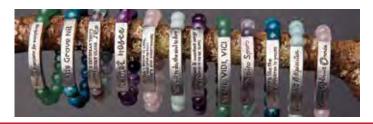
#26 - Mix of stacks: 24 stone, 6 thin quote, 6 wide quote, display, 3 free stacks - \$326

#26a - 24 stone, 12 thin quote, 12 wide quote, display, 3 free stacks - \$434

#26z - Mix of stacks: 24 stone, 12 thin quote, display, 3 free stacks - \$320

#29 - 36 stone, 12 quote, 48 earring, display, 3 free - \$576

#29a - 48 stone, 24 quote, 48 earring, display, 3 free - \$738





#24a - Alis Volat Propriis, Latin: She flies with her own wings/fluorite



#24b - Make voyages!-attempt them, Tennessee Williams/blue agate



#24c - *I choose All,* Saint Therese/blue picasso



#24g - *Love is Enough,* William Morris/rose quartz



#24h - I will stand Firmly & without Fear, Goethe/amazonite



#24i - To thine own self be true, Shakespeare/Qinghai jade



#24d - The Beginning of Everything, F. Scott Fitzgerald/aventurine



#24e - *Miles to Go...,* Robert Frost/agua terra jasper



#24f - Nothing is Worth More than this Day, Goethe/snowflake obsidian



#24j - And the Wonder Overflows, Jane Hirschfield/amethyst



#24k - *Love grows Love,* Casey Haymes/garnet



#24I - What you seek is seeking you, Rumi/tourmalated quartz





#1200 - The will to do, the soul to dare - Sir Walter Scott/amazonite



#1205 - Into a daybreak that's wondrously clear, I rise - Maya Angelou/fluorite



#1206 - Alis Grave Nil Latin: Nothina Is Heavy, To Those Who Have Wings/



blue picasso



#1207 - Qui Audet Adipiscitur Latin: She Who Dares, Wins/amazonite



display, 2 free - \$374

#27a - Display and signage - \$50



everything - Fyodor Dostoyevsky/

#1201 - Forgive everyone for

aventurine

#1202 - The strongest & sweetest songs yet remain to be sung - Walt Whitman/striped purple agate



#1203 - Shine like the whole universe is yours - Rumi/blue picasso



#1208 - Veni, Vidi, Vici Latin: I Came, I Saw, I Conquered/ aventurine



#1209 - Temet Nosce Latin: Know Thyself/striped purple agate



#1210 - Dum Spiro Spero Latin: While I Breath, I Hope/fluorite



#1211 - Amor Vincit Omnia Latin: Love Conquers All Things/rose quartz



#1204 - All I know is love and I find my heart infinite and everywhere -Hafez/rose quartz



**Opening Order Options** #24 - Ouote stacks opening order: 18 thin/18 wide quote.

#26 - Mix of stacks: 24 stone, 6 thin quote, 6 wide quote, display, 3 free stacks - \$326

wide quote, display, 3 free stacks - \$434 #26z - Mix of stacks: 24 stone, 12 thin quote, display, 3 free stacks - \$320 #29 - 36 stone, 12 quote, 48 earring,

#26a - 24 stone, 12 thin quote, 12

display, 3 free - \$576 #29a - 48 stone, 24 quote, 48 earring,

display, 3 free - \$738

# **Individual Options**

#1200-1211 - Wide quote - \$9.50

#1224 - Assorted wide quote stacks - \$9.50









# lamTra

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