

June 2019



JUNE PHLOCKING

Our June Phlocking will be held on Sunday the 23rd from 3 to 6 pm. Come join the Phun in air conditioned comfort at Bo David's Restaurant, 133 S. Sun N Lakes Blvd in Lake Placid. John Friday will again entertain us with his great stories and trop rockin' tunes! We will have a boozie basket to raffle, trivia contest, member's only drawing and lots of Phun and surprises! This month we are collecting school supplies. Items needed are folders, filler paper, pens, pencils, glue, crayons, Kleenex, back-packs, notebooks, any school items. I'm looking forward to seeing everyone as we continue to "Party with a Purpose" for our community. Thank you.



John Friday

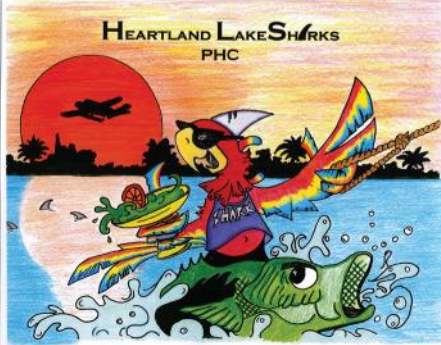


John Friday, the Tropical Balladeer, is a singer/songwriter originally from Maryland, now living in Florida. After a back-breaking (literally) Army career, John settled in the Sunshine State where he pursues his musical dreams every night in the locals pubs and bars.

An eclectic set of interests led John through the gamut of college majors, including biology; education; engineering; mathematics; business ("I'd always made fun of business majors, and suddenly I was one!"); computer science; classics (the most useful part of a classics degree is that you can say "Do you want fries with that?" in Latin!); and finally, one that combined many of John's interests, History. It took a mere twenty years to complete his baccalaureate, as little things like raising children and going to war kept him busy. John's love of History is readily evident, as he will discuss historical events at the drop of a fin-topped hat. John got his first guitar when he was 13, after attempts at learning the piano and the clarinet were less than successful. For years, John was never far from that guitar. He took it backpacking in the White Mountains of New Hampshire; while working on a crabber in Chesapeake Bay; even while skiing in Maine & Colorado. He still has that guitar, although his collection has grown somewhat over the years. When it came time to "get a grown-up job", John put away childhood dreams and joined the Army. A series of injuries led to a medical discharge after thirteen years of service. Moving back to the Mid-Atlantic region, John shortly realized that (1) he'd never really grown up and never would, and (2) his childhood dreams of making music were still powerful. Eventually, those dreams led to a southward move. "Dreams...don't leave childhood without them!"

LakeShark Bytes

A Publication of the Heartland
LakeSharks Parrot Head Club
Lake Placid, Florida



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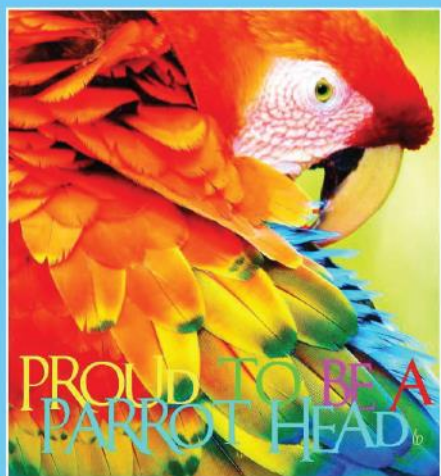
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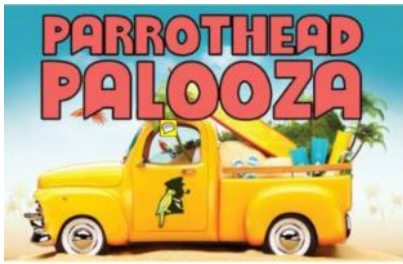


MAY PHLOCKING PHUN

What Phun was had by all at our May Phlocking on the patio at Casa Tequila. We enjoyed an afternoon of trop rockin' and oldies favorites with our own M². Thanks, Mike and Mark! We all celebrated our May Parrot Head birthdays with German chocolate and butter cream cupcakes (thanks again, Karen.) Dan Turner won a Margaritaville koozie in the trivia contest. Phlocking guest Bill Jenkins won \$135.00 in the 50/50 raffle, then promptly became a new member! Welcome Bill! Karen Reynolds won a \$25.00 Amazon gift card in the 1st member's only drawing...her winning ticket was drawn by her grandson, Luke...hmmm?! Tonyia Cartos won a Parrot horn in the 2nd member's only drawing...just perfect for their awesome Parrot Head Rat Rod! We collected a whopping \$1,000 worth of items for our Vet's Ditty Bags! Way to go, "Partying with a Purpose" fellow Parrot Heads!



PARROT HEAD PALOOZA MEMORIAL DAY WEEKEND MAY 25—26



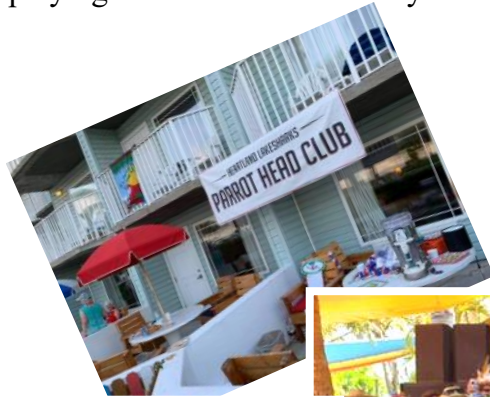
A big thank you to Debbi for putting together this great migration.

What a turnout; over 50 members of our club and the A1A Parrot Head Club attended. A great time, perfect weather and great venue—Captain Hiram's Sandbar. It doesn't get much better than that!

Saturday we sang and danced to Hypersona from 7:30pm till the early hours of Sunday morning. This group definitely lived up to their reputation as a “full throttle rock and dance band covering all musical styles.”

Sunday our pals The Caribbean Chillers played a fantastic four hour set starting at 2:30pm. From there, our most adventurous partiers stumbled down to Earls Hideaway to The Stones Clones concert. Fun! Fun! Fun!

Oh yeah—in between the live bands, we were entertained by our own LakeSharks DJ's Sharon and Karl playing whatever the heck they wanted to. Just kidding they also took requests. Great job Sharon and Karl!



MESSAGE FROM YOUR EDITOR

Welcome to June fellow Parrot Heads! This month we celebrate Flag Day on the 14th and Father's Day on the 16th. The official First Day of summer is the 21st...although, you sure could have fooled us here in the Sunshine State with all the 90+ degree temps we've been having! Recipes to help you cool off are in this month's LakeSharks Bytes. I'm always proud of all we do to continue "Partying with a Purpose." Great job at our May Phlocking, collecting items for our Vet's Ditty Bags. Check the last page of this newsletter for a month by month list of the charities we help and donations we've collected. I look forward to seeing everyone at the June Phlocking on the 23rd for another Phun time; details in this issue. The Heartland LakeSharks PHC continues to go above and beyond for our community every month and I thank you all! If you have any questions, please don't hesitate to contact John at jhoward7411@gmail.com

Cheers, Trisha



NO PHLOCKING IN JULY - but ...

As in past years, we are not Phlocking in July. Meanwhile, we will be collecting food items for NU-HOPE Elderly Care Food Pantry during the month of July. Please help out by dropping off non-perishable food items at the collection box at Dock 633 in Lake Placid. Also, the August newsletter will feature pictures and articles from our member's vacations, attended events, etc. Please submit your Phun stuff via email to jhoward7411@gmail.com by July 22.

BIRD BUSINESS

Want to know what's happening in "your club?" Have suggestions to share? Then come and join us at our next business meeting, 5:30 pm on Tuesday, June 11 at the Mid-Florida Community Center, Stuart Ave., Lake Placid. We always welcome any new ideas to help with our future Parrot Head Club planning. Board members who are unable to attend should contact John at jhoward7411@gmail.com

JUNE PARROT HEAD BIRTHDAYS

2nd Rose Jolman
6th Julie Wagner
13th Cathy Sockwell
16th Sherida Ridgill
20th Frances Rolston

We are so happy to welcome Rich Uhrich, Karen Wiggins, Bill Jenkins and Martha Jenkins new members to the Heartland LakeSharks Parrot Head Club!



Rich Uhrich, Karen Wiggins

2019 BEACH BASH—SOLD OUT

The Beaches A1A Parrot Head Club 23rd annual Beach Bash June 13—16 has sold out at 160 attendees. We will announce the 2020 event as info becomes available.

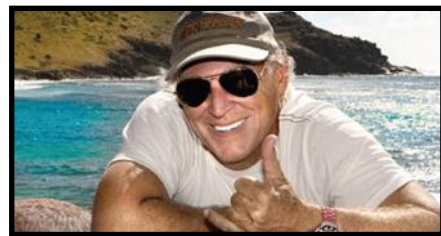
TRIVIA CONTEST

This question will be asked at the Phlocking and you'll have the answer ready to win.

This question will be asked at the Phlocking and you'll have the answer ready to win.

Q: What is the title of Jimmy Buffet's live double album, released in 1979?

A: "You Had To be There."



BUFFETT SCHEDULE

Want to know where to go to see our favorite entertainer in concert? Just visit Jimmy's official website at : <https://www.margaritaville.com>



Bill Jenkins
(Martha was not able to attend the May Phlocking)

BASKET AND SPECIALTY ITEMS FOR FUTURE RAFFLES, DRAWINGS AND PRIZES

This years baskets and specialty items have all been committed but we will have openings for next year and still need items to be given for member's only drawings. Have something to donate? Please contact Sherida at coachridgdill@gmail.com or Amy at ahoward7411@gmail.com to reserve your month or to donate an item for future raffles! Thanks, everyone.

WE NEED YOU

Have a suggestion? It's your club, give us your thoughts in an email or at a Phlocking. Also, we are asking all members to help out by contributing Phlocking or other event pictures; and/or submitting articles for future newsletters and the website. Together, we can only get better! Please email your pictures, articles or any questions and/or suggestions to John at jhoward7411@gmail.com; or at a Phlocking just chase him down.

FIFTEEN LAKESHARKS HAVE ALREADY REGISTERED FOR MEETING OF THE MINDS

Oct 31 thru Nov 2, 2019

Registration for MOTM 2019 is still open. We look forward to seeing even more LakeSharks in Key West. The Casa Marina is sold out; however, see page 6 of this newsletter on how to get on the waiting list. If you choose not to get on the Casa waiting list, you can of course stay at any hotel that you choose; however, the Casa is definitely the most fun and party central! See all the details on page 6 of this newsletter.

PHUN WEBSITE OF THE MONTH



Phlockers Magazine is where you will find all the news that is the news about your favorite trop rockers. This is a free online monthly magazine that not only includes in depth articles about the trop rockers, but is also an up to date guide to events of interest to all Parrot Heads. Check it out—click on the logo!

FIVE O'CLOCK CRUISE 3 FEBRUARY 29, 2020

So far we have eight LakeSharks who have signed up for this exciting cruise. On the last cruise in February, there were 250 Parrot Heads from as far away as Australia. This year the goal is 400!

<https://myonlinecruiseagent.com/fiveoclock-cruise/>

FIVE O'CLOCK CRUISE 3
FEBRUARY 29, 2020
www.fiveoclockcruise.com

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FREE DRINKS ALL WEEK LONG

PRIVATE CONCERTS & EVENTS

THE LANDSHARKS
DONNY BREWER
PARTY EXPRESS
LIVE BAND KARAOKE
HOSTED BY ELLEN (DAWN LUTRELL)

Meeting of the Minds Update

Here the latest update from Andrew Talbert

Parrot Heads in Paradise, Inc.

PHiP Director of Conventions



Thursday October 31, 2019—Saturday, November 2, 2019 in Key West. [Click here](#) for all the details.

Hello Parrot Heads! It is a holiday weekend and you can feel Summer in the air! Here is the current update for PHiP's 28th Annual Meeting of the Minds 2019 "License to Chill!"

PHUN, PHREE STUFF...READ ON....

It as been a couple of weeks since I have sent you an email. In that time many sponsor deals have been discussed and soon you will be hearing all about the things that our sponsors are bringing to the event. You are going to get a great deal for your registration dollars from the event shirt, the many things that are going to be in your tropical Christmas stocking I mean gift bag, and the awesome entertainment... well I always like to add some tweaks to the music on the schedule or change something for the better as we get closer to the event. I will be telling you about all that as soon as the deals are in ink. When you get to PHiP's Meeting of the Minds at the Casa Marina you are going to have a chance with great odds I might add to win some really cool stuff this year. A 27 mile jet ski tour off the beach, a Margaritaville frozen concoction maker, drawings to win a special main stage VIP viewing area for YOU and 5 of your PHriends! How would you like some free special snacks and beverages in your special viewing area? How would you like to sit on some outdoor furniture from our new partner Shelter Logic? Get ready. This is just some of many things that will be announced over the coming weeks. There is some cool stuff being worked on. I really want to tell you more but I just need a little more time...

HAVE YOU HEARD ABOUT THE NEW FACEBOOK GROUP?

Have you heard about the new Facebook group for PHiP's Meeting of the Minds? It is out there. Go send a request to join! Ask all your PHriends to join! There is already a nice crowd over there now and the group was just recently setup by Jim Dellocono who is the new Assistant Director of Conventions and my right- hand man. Jim was previously our Director of Security for some time now and now he has passed that torch to his wife Val Dellocono who is the new MOTM Director of Security. These are great people who I have called my PHriends now for many years. They are going to work hard along with all of you to make this years' Meeting of the Minds an awesome one. Our team is going to ROCK this event this year. If you have not registered for PHiP's Meeting of the Minds 2019 I would tell you to get moving on all the travel plans! **REMEMBER REGISTRATION CLOSSES WHEN WE SELL OUT OR SEPTEMBER 15 WHICHEVER COMES FIRST.** <https://www.phip.com/meeting>

WANT A ROOM AT THE CASA MARINA FOR MOTM 2019?

Want to stay at the CASA MARINA RESORT during PHiP's Meeting of the Minds? Well we are currently sold out but you can get on the wait list by simply emailing our Director of Registration Rick Fyffe at rjfyffe1@gmail.com Cancellations **usually happen all the way up to the** event start so go register and email Rick to get on the wait list. As a note you **MUST** be registered for PHiP's MOTM to get on the wait list for the Casa.

PHiP's MOTM Charity Gift Basket Raffle – A Note from Joe and Lorene

We hope that you've had the chance to talk with your committee members, club members, people on the street, and anybody that will listen to you, about donating a basket to the MOTM basket raffle. In past years, we have had such a great & wide variety of baskets available for people to purchase raffle tickets for & are sure that this year will be no different. The basket that your club donates allows you to brag about your club, state, area & your members – so why not let the rest of the phlock see what you are so proud of. There will be shipping information in our next update.

As you've noticed from the previous e-mails from Andrew, this year there will be an increase in the amount of music at the Casa & times of operations of the mini mart, which will also mean an increase in the time to shop, enjoy the venue & shop some more. That being said, we find that the Gift Basket Raffle table will be in need of a few more volunteer ticket sellers to better serve the needs of our wonderful MOTM attendees. As in the past we will be offering flexibility on shifts, ability to sell tickets during registration, selling tickets on The Casa grounds (which will allow you to enjoy the music, the great Florida weather and the many other activities including the blood drive & group pictures); heck you may even find other volunteer activities that are of interest to you - - you just never know. If you have the time to help, we have a place for you. If you have any questions about the basket raffle, please contact: **Joe & Lorene** joeandlorenebaskets@gmail.com

That's all for now! Until next time I'll see you, down the road.

Andrew



ORANGE CREAMSICLE JELLO SHOTS

Dad will most certainly love these on his special day!

Ingredients:

- 3 oz. orange Jell-O
- 1 C. hot water
- 1/2 C. orange Gatorade
- 1/2 C. vanilla vodka
- 1/2 t. vanilla extract

Instructions:

Mix orange Jell-O and hot water until dissolved.

Add Gatorade, vanilla vodka and vanilla extract and stir to combine all ingredients.

Pour into Jell-O shot glasses and chill until set.



TACO SALAD

Always a favorite summer salad.

Ingredients:

- 1 lb. ground turkey (or beef)
- 1 1/2 C. salsa
- 1 t. dried oregano
- 1 t. chili powder
- 1/2 t. sea salt
- 1/4 t. ground pepper
- 1 head of romaine lettuce, torn
- 2 avocados, chopped
- 8 cherry tomatoes, halved
- 1 C. shredded Mexican cheese blend
- 1 can ripe olives, drained and halved
- 1 can black beans, drained
- 1 c. sour cream
- 1 bag chili cheese corn chips

Instructions:

In a large saucepan, cook meat over medium heat until no longer pink; drain. Stir in 1/2 cup of the salsa, oregano, chili powder, salt and pepper. Bring to a boil. Reduce heat; cover and simmer for 10 minutes.

In a large bowl, combine the lettuce, avocado, tomatoes, cheese, olives and meat mixture. Pour remaining 1 cup of salsa over salad and toss to coat. Top with sour cream and sprinkle with corn chips, serve immediately.



ICE CREAM SANDWICH DESSERT

This is guaranteed to cool you off!

Ingredients:

- 24 store-bought ice cream sandwiches
- 1 C. caramel sauce
- 1 C. chopped pecans
- 1 (8 ounce) container frozen whipped topping, thawed in the refrigerator

Instructions:

Spray a 9x13-inch baking dish with non-stick cooking spray. Layer 11-12 ice cream sandwiches over the bottom of the baking dish, cutting sandwiches as necessary to make an even layer. Drizzle 1/3 cup caramel sauce over the ice cream sandwich layer and sprinkle with 1/3 cup chopped pecans.

Layer remaining ice cream sandwiches over the pecan layer, cutting sandwiches as necessary to make another even layer. Drizzle with 1/3 cup caramel sauce and sprinkle with 1/3 cup chopped pecans.

Spread whipped topping evenly over second pecan layer. Drizzle remaining 1/3 cup caramel sauce over whipped topping layer and sprinkle with remaining 1/3 cup chopped pecans. Cover with foil and place in the freezer for at least an hour before serving. Store any leftovers in the freezer.



2019 Party with a Purpose First Half Donations

GREAT JOB EVERYONE—THANK YOU!

Su	Mo	Tu	We	Th	Fr	Sa	JAN "Peace River Women's Shelter" Need: Toiletries such as hair products, oral hygiene products, deodorant etc. Clothing, shoes, socks and underwear, diapers, games, books. Collected \$950 worth of clothing, toiletries and toys!
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

Su	Mo	Tu	We	Th	Fr	Sa	FEB "Veterans Services Admin Food Drive" Need: Non perishable food items. Collected 500 lbs. of non-perishables!!
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3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28			

Su	Mo	Tu	We	Th	Fr	Sa	MAR "Easter Baskets for kids" Need: Chocolate bunnies or eggs, candy, Peeps, plastic grass, bubbles, small toys, puzzles, coloring books, colors, tooth brushes. Collected items for making 30 Easter baskets which were then stuffed on March 29 for delivery to Children in Foster Care and RCMA
					1	2	
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10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							

Su	Mo	Tu	We	Th	Fr	Sa	APR "RCMA" Need: Diapers size 4,5,6,7, Unscented wipes, Pull-up training pants for boys and girls size 4 & 5, Construction paper in assorted colors, balls, Puzzles, dot-a-dot markers, Underwear, socks, shoes for boys and girls size 3,4,5,7 Collected \$1,200 worth of items
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					

Su	Mo	Tu	We	Th	Fr	Sa	MAY "Toiletries for Vet's Ditty Bags" Need: Tooth paste, tooth brushes, dental floss, body soap, liquid hand soap, nail clippers, shampoo & conditioner, disposable razors, shaving cream, combs, hand sanitizer, lotion, mouthwash, body/baby powder, small packages of treats, Kleenex, pens/notepads. Collected ditty bag items valued at \$1,000 for the vets. Great Job Parrot Heads!
			1	2	3	4	
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19	20	21	22	23	24	25	
26	27	28	29	30	31		

Su	Mo	Tu	We	Th	Fr	Sa	JUN "School Supplies" Need: Folders, filler paper, pens, pencils, glue, crayons, Kleenex, back-packs, notebooks, any school items.
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							

Note: = PHLOCKING DATES