

January

2020

Athena Montessori Academy

January Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
		Taco Tuesday, Soft beef tacos beans, rice fruit Veg: bean tacos	PIZZA Salad Fruit	Spaghetti & meatballs, garlic bread veggie meatballs & GF pasta Fruit	Turkey burger with all the fixings, fries veggie burgers Fruit	
12	13	14	15	16	17	18
	Grilled cheese chicken noodle soup, carrots & celery & ranch fruit	Taco Tuesday, Soft beef tacos beans, rice fruit Veg: bean tacos	Chicken & Rice Casserole Broccoli/Cauliflower Fruit	Beef lasagna garlic bread broccoli veggie lasagna Fruit	Grilled chicken sandwich with fixings sweet potato fries grilled veggie sandwich Fruit	
19	20	21	22	23	24	25
	MLK Day No school	Taco Tuesday, Soft beef tacos beans, rice fruit Veg: bean tacos	Fish Sticks Roasted Broccoli Mac & Cheese Fruit	Chicken and waffles carrots & celery w/ranch tofu and waffles Fruit	Sloppy Joes with pickles, corn on the cob, green beans, veggie Sloppy Joes Fruit	
26	27	28	29	30	31	
	Beef chili, cornbread, roasted veggie veggie chili	Taco Tuesday, Soft beef tacos beans, rice fruit Veg: bean tacos	PIZZA Salad Fruit	King Ranch casserole, beans salad veggie King Ranch Fruit	Hamburgers with fixings, tater tots veggie burgers Fruit	