
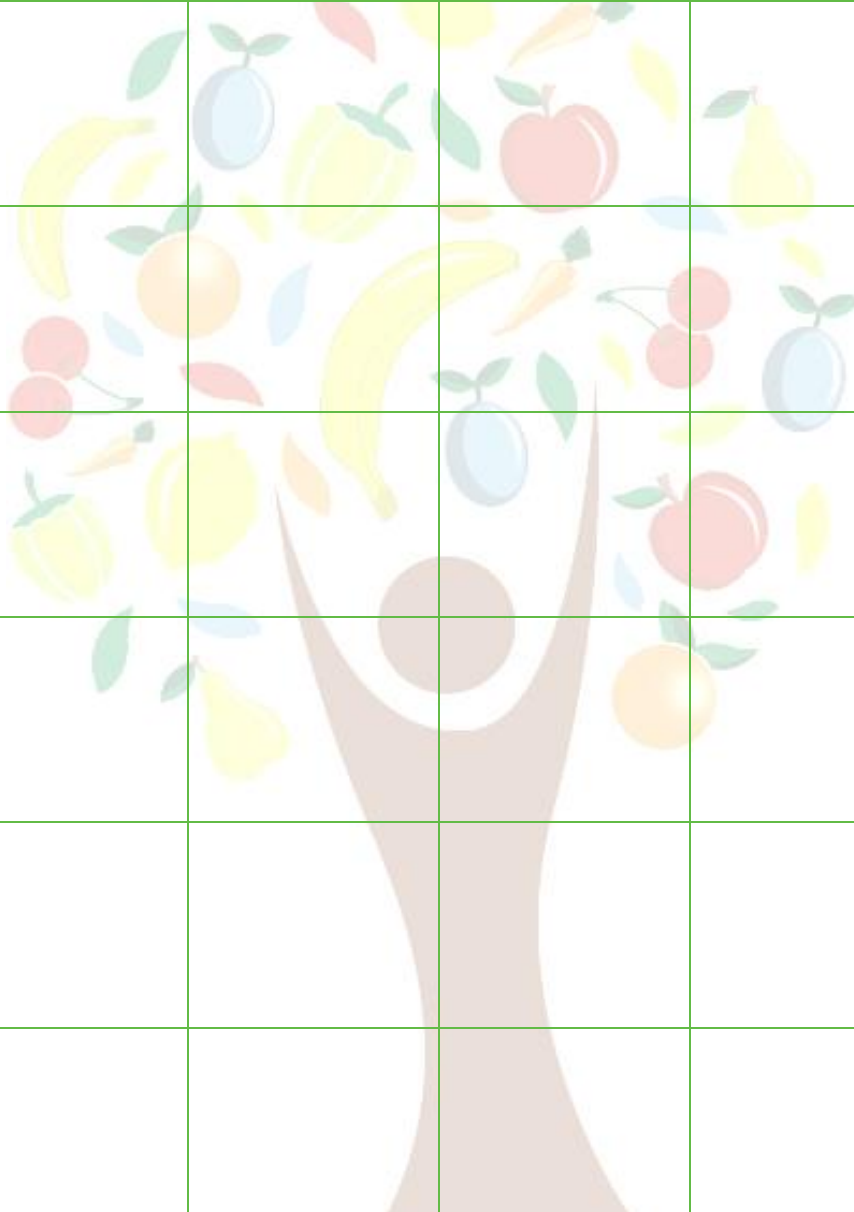






MEAL PLANNER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST 							
MORNING SNACK 							
LUNCH 							
AFTERNOON SNACK 							
DINNER 							
LIQUID 