

RECOMMENDED READING LIST & RESOURCES

SEXUAL ADDICTION

- Carnes, P. (2002). Facing the shadow: Starting sexual and relationship recovery. Carefree, AZ: Gentle Path Press.
- Carnes, P., Delmonico, D., Griffin, E., (2002). In the shadows of the net: Breaking free of compulsive online sexual behavior. Carefree, AZ: Gentle Path Press.
- Carnes, P. (1992). Out of the shadows. Carefree, AZ: Gentle Path.
- Carnes, P. (1991). Don't call it love: Recovery from sexual addiction, New York, Bantam Books.
- Carnes, P. (1989). Contrary to love: Helping the sexual addict. Center City, Minnesota: Hazelden.
- Carnes, P. (1991). A gentle path through the Twelve Steps. Carefree, AZ: Gentle Path Press.
- Corley, M.D., & Schneider, J.P. (2002). Disclosing secrets. Carefree, AZ: Gentle Path Press.
- Earle, R. & Crow, G. (1989). Lonely all the time: Recognizing understanding and overcoming sex addiction for addicts and co-dependents. New York: Simon and Schuster.
- Kasl, C. (1989). Women, sex, and addiction New York: Ticknor & Fields.
- Ferree, M. C. (2003). No Stones: Women Redeemed from Sexual Shame. Carefree, AZ: Gentle Path Press.
- Schneider, J. & Weiss, R. (2001). Cybersex exposed: Simple fantasy or obsession? Center City, Minnesota: Hazelden.
- Waltz, W. & Waltz, L. (2010). The Porn Trap: A Guide to Healing from Porn Addiction, for Sufferers and Their Loved Ones. NY, NY: Harper.

SEXUAL ANOREXIA

- Carnes, P. (1997). Sexual anorexia: Overcoming sexual self-hatred. Center City, Minnesota: Hazelden.

PARTNERS OF SEX ADDICTS/CO-ADDICTS

- Beattie, M. (1986). Codependent no more. Center City, MN: Hazelden
- Claudia Black and Cara Tripodi (2012). Intimate Treason: Healing the Trauma for Partners Confronting Sex Addiction
- Black, C. (2009). Deceived: Facing sexual betrayal, lies and secrets. Center City, MN: Hazelden.
- Blankenship, R. S.A.R.A.H., Spouses of Addicts Rebuilding and Healing.
- Carnes, P. (1997). The betrayal bond: Breaking free of exploitive relationships. Deerfield Beach, Florida: Health Communications, Inc.
- Stefanie Carnes, Mari A. Lee and Anthony D. Rodriguez (2012). Facing Heartbreak: Steps to Recovery for Partners of Sex Addicts
- Carnes, S. (2008). Mending a shattered heart: A guide for partners of sex addicts. Carefree, AZ: Gentle Path Press.
- Melody, P. (1989). Facing codependence: What it is, where it comes from, how it sabotages our lives. San

Francisco: Harper

Melody, P. (1992). Facing love addiction: Giving yourself the power to change the way you love. San Francisco: Harper

Payson, E.D. (2002). The wizard of oz and other narcissists: Coping with the one way relationship in work, love and family.

Schaeffer, B. (1997). Is it love or is it addiction? (2nd Ed). Center City, MN: Hazelden.

Schneider, J. (1988). Back from betrayal: Recovering from his affairs. New York: Ballantine.

Schneider, J. (1999). Sex, lies, and forgiveness: Couples speak on healing from sex addiction. Second Edition, Tucson, AZ: Recovery Resources Press.

Steffans, B. & Means, M. (2009). Your sexually addicted spouse: How partners can cope and heal.

COUPLES IN RECOVERY

Carnes, P. (2000). Open Hearts - Renewing relationships with recovery, romance & reality. Carefree, AZ: Gentle Path Press.

Schneider, J. (1999). Sex, lies, and forgiveness: couples speak on healing from sex addiction. (2nd Ed.). Tucson, AZ: Recovery Resources Press.

WEBSOURCES

www.sexhelp.com

Dr. Patrick Carnes' official website. Resources for Sex Addiction and Recovery - basic information on sex addiction, self-tests, books, articles, links to other resources

www.iitap.com

International Institute for Trauma & Addiction Professionals. Certified Sex Addiction Therapist (CSAT®) Certification Program and trainings. IITAP's mission is to provide cutting-edge training and promote the highest level of professional standards among practitioners worldwide that treat those individuals with sex addiction and associated disorders.

www.cybersexualaddiction.com

Information about addiction to internet pornography and other computer-related sexual activities - features self-tests, articles, books, links to other resources.

www.loveandaddiction.com

A site focusing on love and relationship addictions - consists of background information, self-assessments, stories.

Sex and Love Addicts Anonymous

<http://www.slaafws.org/>

Sex Addicts Anonymous

<http://www.sexaa.org/>

Sexaholics Anonymous

<http://www.sa.org/>

Partners of Sex Addicts Anonymous

<http://www.sanon.org/>

Recovering Couples Anonymous

<http://www.recovering-couples.org/>