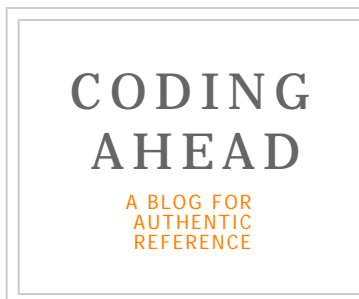


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Therapeutic Activities (CPT code 97530)

Therapeutic activities are considered medically necessary for patients needing a broad range of rehabilitative techniques that involve movement. Movement activities can be for a specific body part or could involve the entire body. This procedure involves the use of functional activities (e.g., bending, lifting, carrying, reaching, catching, and overhead activities) to improve functional performance in a progressive manner. The activities are usually directed at a loss or restriction of mobility, strength, balance, or coordination. They require the professional skills of a therapist and are designed to address a specific functional need of the patient. These dynamic activities must be part of an active treatment plan and be directed at a specific outcome.

In order for therapeutic activities to be covered, the following requirements must be met:

- the patient has a condition for which therapeutic activities can reasonably be expected to restore or improve functioning;
- the patient's condition is such that he/she is unable to perform therapeutic activities except under the direct supervision of a physician, optometrist or physical therapist; and
- there is a clear correlation between the type of exercise performed and the patient's underlying medical condition for which the therapeutic activities were prescribed.

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CPT codes for Chiropractic services

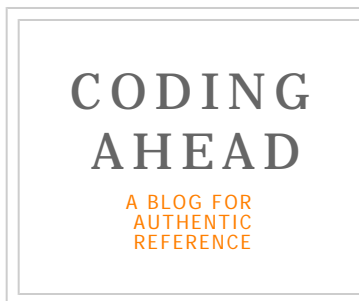
Chiropractic is a form of alternative medicine that emphasizes diagnosis, treatment, and prevention of mechanical disorders of the musculoskeletal system, especially the spine, under the hypothesis that these disorders affect general health via the nervous system. It is generally categorized as complementary and alternative medicine (CAM). Chiropractors monitor the patient's progress periodically and adjust treatment accordingly. Once the course of treatment is complete, the patient begins to feel active with increased flexibility and vitality for the muscles and ligaments that would subsequently improve the range of motion. The chiropractic treatment also improves blood circulation and releases blockages to improve the immune system. Some of the advanced modalities that includes TENS, Ultrasound, Traction etc would

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Time-Based Procedures

Most of the CPT codes that are used for therapy modalities, procedures, test and measurements specifies the direct (one-on-one) time that is spent in contact with the patient is 15 minutes. Some procedures, by definition, include a reference to time allocation. If more than one CPT code is reported for a single date of service, the total number of units that can be reported is based on the total treatment time.

For any single CPT code, bill a single 15-minute unit as follows:

- 1 unit = greater than 8 minutes and less than or equal to 23 minutes
- 2 units = greater than 23 minutes and less than or equal to 38 minutes
- 3 units = greater than 38 minutes and less than or equal to 53 minutes
- 4 units = greater than 53 minutes and less than or equal to 68 minutes

Example: If 24 minutes of 97112 and 23 minutes of 97110 were provided, the total treatment time was 47 minutes. Only three units should be billed for the treatment (2 units for 97112 and 1 unit for 97110).

Also see the list of all Chiropractic procedures

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Humana Bundled CPT codes list

Humana utilizes the following code-editing logic:

- CPT 78593 will not be separately reimbursed when submitted with CPT 78585.
- CPT 11101 will not be separately reimbursed when submitted with CPT

- CPT 97140 will not be separately reimbursed when submitted with CPT 98943.
- CPT 99070 will not be separately reimbursed when submitted with the following CPT codes:

A4550

J1100

J7050

- CPT 99215 will not be separately reimbursed when submitted with CPT 99396.

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LABELS: [CPT UPDATES](#), [HUMANA REIMBURSEMENT GUIDELINES](#)

Therapeutic Exercise (CPT code 97110)

Therapeutic exercise is performed on dry land with a patient either actively, active-assisted, or passively participating (e.g., treadmill, isokinetic exercise, lumbar stabilization, stretching, strengthening).

Therapeutic exercise is considered medically necessary if at least one of the following conditions is present and documented:

- The patient has weakness, contracture, stiffness secondary to spasm, spasticity, decreased range of motion, gait problem, balance and/or coordination deficits, abnormal posture, muscle imbalance; or
- The patient needs to improve mobility, stretching, strengthening, coordination, control of extremities, dexterity, range of motion, or endurance as part of activities of daily living training, or re-education.

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CPT codes for Chiropractic services

Chiropractic is a form of alternative medicine that emphasizes diagnosis, treatment, and prevention of mechanical disorders of the musculoskeletal system, especially the spine, under the hypothesis that these disorders affect general health via the nervous system. It is generally categorized as

complementary and alternative medicine (CAM). Chiropractors monitor the patient's progress periodically and adjust treatment accordingly. Once the course of treatment is complete, the patient begins to feel active with increased flexibility and vitality for the muscles and ligaments that would subsequently improve the range of motion. The chiropractic treatment also improves blood circulation and releases blockages to improve the immune system. Some of the advanced modalities that includes TENS, Ultrasound, Traction etc would maximize the therapeutic benefits. The CPT / HCPCS codes use to report Chiropractic services are as follows

Supervised Modalities - Do not require direct individual contact with the health care provider and are eligible only once per date of service.

97010 Application of a modality to one or more areas; hot or cold packs

97012 Application of a modality to one or more areas; traction, mechanical

97014 Application of a modality to one or more areas; electrical stimulation

97016 Application of a modality to one or more areas; vasopneumatic devices

97018 Application of a modality to one or more areas; paraffin bath

97022 Application of a modality to one or more areas; whirlpool

97024 Application of a modality to one or more areas; diathermy (e.g., microwave)

97026 Application of a modality to one or more areas; infrared

97028 Application of a modality to one or more areas; ultraviolet

Constant Attendance Modalities - Time-based and requires direct one-on-one individual contact with the health care provider.

97032 Application of a modality to one or more areas; electrical stimulation (manual), each 15 minutes

97033 Application of a modality to one or more areas; iontophoresis, each 15 minutes

97034 Application of a modality to one or more areas; contrast baths, each 15 minutes

97035 Application of a modality to one or more areas; ultrasound, each 15 minutes

97036 Application of a modality to one or more areas; Hubbard tank, each 15 minutes

97039 Unlisted modality (specify type and time if constant attendance)

Therapeutic Procedures

97110 Therapeutic procedure, one or more areas, each 15 minutes; therapeutic exercises to develop strength and endurance, range of motion and flexibility

97112 Therapeutic procedure, one or more areas, each 15 minutes; neuromuscular reeducation of movement, balance, coordination, kinesthetic sense, posture, and/or proprioception for sitting and/or standing activities

97113 Therapeutic procedure, one or more areas, each 15 minutes; aquatic therapy with therapeutic exercises

97116 Therapeutic procedure, 1 or more areas, each 15 minutes; gait training (includes stair climbing)

97124 Therapeutic procedure, 1 or more areas, each 15 minutes; massage, including effleurage, petrissage and/or tapotement (stroking, compression, percussion)

97139 Unlisted therapeutic procedure (specify)

97140 Manual therapy techniques (eg, mobilization/ manipulation, manual lymphatic drainage, manual traction), 1 or more regions, each 15 minutes

97150 Therapeutic procedure(s), group (2 or more individuals)

97530 Therapeutic activities, direct (one-on-one) patient contact by the provider (use of dynamic activities to improve functional performance), each 15 minutes

97532 Development of cognitive skills to improve attention, memory, problem solving (includes compensatory training), direct (one-on-one) patient contact by the provider, each 15 minutes

97533 Sensory integrative techniques to enhance sensory processing and promote adaptive responses to environmental demands, direct (one-on-one) patient contact by the provider, each 15 minutes

97535 Self-care/home management training (eg, activities of daily living (ADL))

and compensatory training, meal preparation, safety procedures, and instructions in use of assistive technology devices/adaptive equipment) direct one-on-one contact by provider, each 15 minutes

97537 Community/work reintegration training (eg, shopping, transportation, money management, avocational activities and/or work environment/modification analysis, work task analysis, use of assistive technology device/adaptive equipment), direct one-on-one contact by provider, each 15 minutes

97542 Wheelchair management (eg, assessment, fitting, training), each 15 minutes

97545 Work hardening/conditioning; initial 2 hours

97546 Work hardening/conditioning; each additional hour (List separately in addition to code for primary procedure)

Electrical Stimulation Procedures (unattended)

G0281 Electrical stimulation, (unattended), to one or more areas, for chronic Stage III and Stage IV pressure ulcers, and venous stasis ulcers not demonstrating measurable signs of healing after 30 days conventional care, as part of a therapy plan of care

G0282 Electrical stimulation, (unattended), to one or more areas, for wound care other than described in G0281

G0283 Electrical stimulation (unattended), to one or more areas for indications other than wound care, as part of a therapy plan of care.

Most of these codes are Time based procedures and submission of appropriate units helps in correct reimbursement. [Know more](#)

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