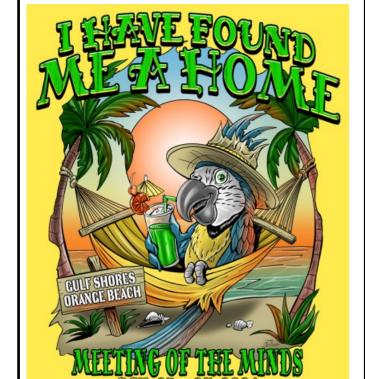


UPCOMING EVENTS

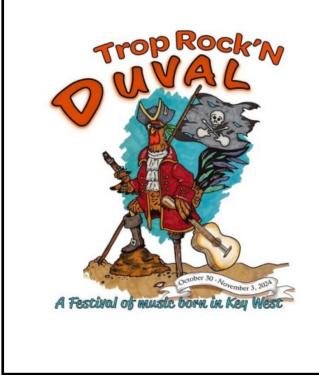
NO PHLOCKING IN JULY AS WE ALL TAKE A LITTLE REST!

MEETING OF THE MINDS 2024 October 23 - 27 Gulf Shores, Alabama Click on logo for information

and registration https.



TROP ROCK'N DUVAL 2024
October 30 - November 3
Key West, Florida
Click on logo to see a rough
entertainment schedule.
More information to follow!



Phins Up!
John and Amy

The LakeShark Bytes Newsletter

A Publication of the Heartland LakeSharks Parrot Head Club, P.O. Box 2302, Lake Placid, Florida 33862



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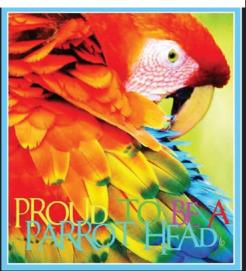
VOR - Barbara Nickels

Directors

Marilyn Cliff Milt Ellison Linda Sexsmith

HeartlandLakesharksPHC.com





JUNE 23RD PHLOCKING

The last Phlocking before our customary July break was attended by 39 LakeSharks and friends who donated an outstanding 640 pounds of items for Peace River Women's Shelter. Great job, thanks everyone!

Dave Signs and Beth Travers were at their best as they performed our favorites ranging from trop Rock, to good old rock and roll, with a little country thrown in. That's why we love these folks. We will see them again in October-November at Meeting of the Minds, or Trop Rock'n Duval or both. By the way, Dave Signs introduced us to the Docksidelive365 streaming platform. Check out the link on page 3.

The winners were: Marilyn Cliff \$123 in the 50/50 drawing; Sam Stegal - \$20 Caddy Shack gift certificate and Erv Cliff - a set of shark and flamingo necklaces.



















JUNE 23RD PHLOCKING - CONTINUED













WOMEN'S SHELTER DONATIONS AND DELIVERIES







WEBSITE OF THE MONTH

Our friend Dave Signs introduced us to this web site during the June 23rd Phlocking. Take a listen. Some Trop Rock, some Rock & Roll and some Country. And where you will find many of our Phlocking musical artists.

Click on the logo!



2024 PARTY WITH A PURPOSE FIRST HALF DONATIONS

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HEARTLAND HORSES

Need: \$\$ donations to sponsor a therapy horse. Their mission: To significantly improve the lives of individuals who are physically, emotionally, or developmentally challenged.

Collected \$805 in cash donations for Heartland Horses

VETERANS FOOD DRIVE

Need: Non perishable food items.

Collected 1,175 pounds of non-perishable food items for the Veterans Food Bank Project.

EASTER GOODIE BAGS FOR CHILDREN AT RCMA

Need: Chocolate bunnies or eggs, candy, Peeps, plastic grass, bubbles, small toys, puzzles, coloring books, colors, tooth brushes.

Collected Easter items for 80 kids at RCMA, Easter baskets plus fresh fruit for the 30 Ridge Area Arc residents, and an Easter basket filled with goodies for Heartland Horses.

RCMA

Need: Diapers size 4,5,6,7, Unscented wipes, Pull-up training pants for boys and girls size 4 & 5, Construction paper in assorted colors, balls, Puzzles, dot-a-dot markers, Underwear, socks, shoes for boys and girls size 3,4,5,7

Collected 380 pounds of items for RCMA.

TOILETRIES FOR VET'S DITTY BAGS

Need: Tooth paste, tooth brushes, dental floss, body soap, liquid hand soap, nail clippers, shampoo & conditioner, disposable razors, shaving cream, combs, hand sanitizer, lotion, mouthwash, body/baby powder.

Collected 232 pounds of items for Vet's Ditty Bags.

PEACE RIVER WOMEN'S SHELTER

Need: Toiletries such as hair products, oral hygiene products, deodorant etc. Clothing, shoes, socks and underwear, diapers, games, books. Special need for laundry detergent& pet food.

Collected 640 pounds of items for the Women's Shelter.

2024 PARTY WITH A PURPOSE SECOND HALF DONATIONS

	July											
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	NO PHLOCKING IN JULY
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SCHOOL SUPPLIES - HIGHLANDS COUNTY SCHOOLS	
Need: Folders, filler paper, pens, pencils, glue, crayons, Kleenex, back-packs, notebooks, any school items.	

	September											
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ITEMS FOR PAWSITIVE EFFECTS IN LP Need: Quality dog & cat food (Made in the USA), cat litter, leashes, collars, pet shampoo, flea/tick prevention, beds, blankets, toys, treats, pet crates.

	October										
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HEARTLAND FO	OOD BANK
	shable food items. (Peanut butter & jelly i. Heartland Food Bank supplies "42" food

November						
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NO PHLOCKING IN NOVEMBER

December						
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29	30	31				

Need: Wrapped toys for child you sponsor. \$\$ to purchase
toys for RCMA children and ARC home gift boxes. Any
unwrapped toys for children older than 4 will go to older
RCMA siblings.

TOY DRIVE

