

Coach Glynn Holiday Carnival

Wednesday, December 28, 2016 9:30 A.M.

Ocean Breeze Track Complex, Staten Island, N.Y.

****IMPORTANT MEET INFORMATION****

Welcome to the Coach Glynn Holiday Carnival – We are offering events for your entire team in one meet. The Varsity Events will have FAT timing.

1. In order to enter the meet you **MUST** go to NJ Milesplit and enter your team rosters and enter at least 1 event for boys & girls on the site. You will be given 3 labels for athlete on your roster. You **STILL MUST** turn your event card when called to the Clerks!!!
2. We can not enter the building until 8:30 A.M. – the first event will start at 9:30 A.M. – Check in is at 9:10 AM.
3. The hurdles and dash will be run on the infield while events are on the 200 meter track. **3200 meters runners must be able to run 11:00-Boys – 13:00-Girls – Top 25 only will be accepted.**
4. A NOVICE athlete is one who has not won a VARSITY individual medal in Indoor or Outdoor Track. All individual winners of novice competitions should be moved up to the open division for the next meet. (Let's make the Novice Competition better)
5. You can enter as many individuals and relay teams(**except varsity relays – one team**) as you wish. Please bring your own batons and pins.
6. Awards: Six deep in every event.
7. The Track is a 200 meter Mondo surface. ¼ Spikes only
8. Please advise your athletes when crossing the track that there is a meet going on to avoid problems.
9. Please be advised that this is an entry fee, not a participation fee. Entry fee must be paid regardless of participation, since we turn schools away for this meet.
10. Here is the link to the new track facility for directions:

<http://www.nycgovparks.org/parks/ocean-breeze-park>

Questions? – call Mike Glynn 845-735-7514 Brian Rodak 973-831-2412
Tom Zaccone 201-529-8217

Entries Due: December 18, 2016

Coach Glynn Holiday Carnival

Wednesday, December 28, 2016

Staten Island 9:30 A.M.

Order of events:

1.	Varsity Boys	3200 m (25 only)	1.	Frosh Boys	55 hurdles
2.	Varsity Girls	3200 m (25 only)	2.	Novice Boys	55 hurdles
3.	Varsity Boys	3200 meter relay	3.	Varsity Boys	55 hurdles
4.	Varsity Girls	3200 meter relay	4.	Frosh Girls	55 hurdles
5.	Novice Boys	3200 meter relay	5.	Novice Girls	55 hurdles
6.	Novice Girls	3200 meter relay	6.	Varsity Girls	55 hurdles
7.	Frosh Boys	3200 meter relay	7.	Frosh Boys	55 meter dash
8.	Frosh Girls	3200 meter relay	8.	Novice Boys	55 meter dash
9.	Varsity Boys	800 meter relay	9.	Varsity Boys	55 meter dash
10.	Varsity Girls	800 meter relay	10.	Frosh Girls	55 meter dash
11.	Novice Boys	800 meter relay	11.	Novice Girls	55 meter dash
12.	Novice Girls	800 meter relay	12.	Varsity Girls	55 meter dash
13.	Frosh Boys	800 meter relay			
14.	Frosh Girls	800 meter relay			
15.	Varsity Boys	600 meter dash			
16.	Varsity Girls	600 meter dash			
17.	Varsity Boys	200 meter dash			
18.	Varsity Girls	200 meter dash			
19.	Novice Boys	200 meter dash			
20.	Novice Girls	200 meter dash			
21.	Frosh Boys	200 meter dash			
22.	Frosh Girls	200 meter dash			
23.	Varsity Boys	1000 meter run			
24.	Varsity Girls	1000 meter run			
25.	Novice Boys	800 meter run			
26.	Novice Girls	800 meter run			
27.	Frosh Boys	800 meter run			
28.	Frosh Girls	800 meter run			
29.	Varsity Boys	1600 meter relay			
30.	Varsity Girls	1600 meter relay			
31.	Novice Boys	1600 meter relay			
32.	Novice Girls	1600 meter relay			
33.	Frosh Boys	1600 meter relay			
34.	Frosh Girls	1600 meter relay			

<u>Shot Put #1</u>	<u>Shot Put # 2</u>
Varsity Boys	Novice Girls
Varsity Girls	Novice Boys
Frosh Boys	Frosh Girls

<u>High Jump # 1</u>	<u>High Jump # 2</u>
Varsity Boys(5-6)	Varsity Girls(4-6)
Novice Boys(5-0)	Novice Girls(4-0)

<u>Pole Vault # 1</u>	<u>Pole Vault # 2</u>
Varsity Boys-10-0	Varsity Girls – 8-0
Novice Girls – 6-0	Novice Boys – 7-0

<u>Triple Jump</u>	<u>Long Jump</u>
Varsity Girls	Varsity Boys
Varsity Boys	Varsity Girls
Novice Girls	Novice Boys
Frosh Girls	Frosh Boys
Novice Boys	Novice Girls
Frosh Boys	Frosh Girls

2016 Coach Glynn Holiday Carnival Entry Form:**12/28/16**

School _____ Coach's E-mail _____

Coach _____ Cell Phone _____

AD's Fax Number _____

Do NOT enter the names on the entry blank, simply the number of entries in each event.
 Unlimited entries in every event. **(Except Varsity Relays – one per school)**

Event	Open Boys	Open Girls	Novice Boys	Novice Girls	Frosh Boys	Frosh Girls
55 meter hurdles						
55 meter dash						
200 meter dash						
600 meter dash			XXXXXXXX	XXXXX	XXXXXX	XXXXXXX
800 meter run	XXXXXX	XXXXXXX				
1000 meter run			XXXXXXXX	XXXXX	XXXXXX	XXXXXXX
3200 meter run Boys 11:00 Top 25 Girls 13:00			XXXXXXXX	XXXXX	XXXXXX	XXXXXXX
800 meter relay						
1600 meter relay						
3200 meter relay						
Shot Put						
Pole Vault					XXXXX	XXXXXX
High Jump					XXXXX	XXXXXX
Long Jump						
Triple Jump						

Entries Close: **December 18, 2016**

Mail To: Brian Rodak
 1 Adobe Drive
 Wayne, NJ 07470

_____ X \$7.00 (individual per event) = _____

_____ X \$25.00 per relay = _____

Total Entry = _____

NO COVER PAGES
FAX # 973-907-2642

Make Checks Payable to: **Bergen Track & Field LLC (FED ID # 45-0600026)**

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Meet Information

Please Read!!!!

- * The hurdles and the dash will be run at the same time as events on the oval track .
- * The Varsity Girls Pole Vault will start after the hurdles and dash on the infield
- * All Field Events need cards to check in.
- * There will be **finals** in Varsity Field Events only
- * Medals are Six deep in all events, please pick-up when called.
- Spikes are allowed
- * **No Coaches on the Infield due to the size of the meet.**

Please keep your athletes off the infield unless they are competing

This meet has been named after Coach Mike Glynn who coached at Paramus Catholic and Ridgewood High School in New Jersey from 1965 to 2014. Staten Island was where it all began for Coach Glynn. He is a native Staten Islander and this is where he began his own running career back in the early 50's.

NEW MEET ENTRY NEWS

BECAUSE OF THE INTEREST OF TEAMS RUNNING AT NEW STATEN ISLAND COMPLEX - MAGEMENT HAS MET AND ESTABALISHED PARTICTIPATION NUMBERS FOR EACH OF THE MEETS WE RUN.

IN THE PAST, WE HAVE ALLOWED ALL TEAMS THAT HAVE ENETERED ON TIME TO PARTICPATE. NOW WE HAVE DELEVLOPED THE FOLLOWING NEW STANDARD.

ONCE THE MEET HAS REACHED THE DESIRED SIZE, NO FURTHER ENTRIES WILL BE ACCEPTED, EVEN IF THE ENTRY DEADLINE HAS NOT BEEN REACHED.

WE KNOW THAT YOU WILL AGREE AND UNDERSTAND.

**PLEASE CHECK THE ACCEPTED
SCHOOL LIST ON BERGENTRACK.COM**

Question? njbta@aol.com Brian Rodak

PLEASE BE ADVISED THAT THIS IS AN ENTRY FEE, NOT A PARTICIPTION FEE. ENTRY FEE MUST BE PAID REGARDLESS OF PARTICAPTION, SINCE WE TURN SCHOOLS AWAY FOR THIS MEET.