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FEBRUARY 2022

Vol 13, Issue2

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High number of employmentbased visas available

There are an exceptionally high number of employmentbased visas available this fiscal year (October 2021 through September 2022). In partnership with the U.S. Department of State, we are committed to attempting to use all these visa numbers. There are many more visas available in the first (priority workers) and second (workers with advanced degrees or of exceptional ability) employment-based categories than pending adjustment of status applications pending with USCIS.

If you are eligible, please consider applying in the first or second employment-based preference categories. If you have a pending adjustment of status application based in the third employment-based preference category but also have a pending or approved petition and an available visa in the second employment-based preference category, we strongly encourage you to request that USCIS "transfer the underlying basis" of your pending application to the second employment-based preference category.

For more information, please see the section called "Transfer of Underlying Basis" on the Green Card for Employment-Based Immigrants page on our website. For more information

https://www.uscis.gov/green-card

Netflix: Why the world's biggest streaming service is frustrated with India

In February 2018, Netflix CEO Reed Hastings told a global business summit in Delhi that the streaming giant's next 100 million subscribers would be "coming from India" because of expanding and cheap internet.

Three years later, Mr Hastings doesn't sound so upbeat. On an investor call last week, he bemoaned the California-based firm's lack of success in India.

"The great news is in every single other major market, we've got the flywheel spinning. The thing that frustrates



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us is why we haven't been as successful in India. But we're definitely leaning in there," he said.

India's \$2bn (£1.4bn) streaming market is fuelled by some 100 million subscriptions, according to Media Partners Asia, a media consultancy. Since launching six years ago, Netflix is sputtering here.

With an estimated 5.5 million paying subscribers, the world's biggest streamer is lagging way behind its main rivals, Disney+ Hotstar (46 million) and Amazon Prime Video (19 million), according to industry estimates.

Netflix created a splash in 2018 with Sacred Games, a sprawling and gritty gangster epic. Studded with Bollywood A-listers and helmed by two of India's finest filmmakers, the Cont'd ...Page

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Mirza Pervaiz Baig **Charminar Connection** Dallas, TX

British 'hitman' found guilty of plotting to kill Pakistani activist

A British "hitman" has been found guilty of conspiring to kill a Pakistani dissident in the Netherlands.

A court in London heard Muhammad Gohir Khan was offered £100,000 (about \$134,000) to carry out the murder in Rotterdam last year.

However he failed to track his target down, and was arrested on his return to the UK.

Now a jury has given a unanimous guilty verdict of conspiracy to murder and he is set be sentenced in March.

The intended victim, Waqass Goraya, has told the BBC he is sure the Pakistani intelligence services were ultimately behind the plot and that it forms part of a wider crackdown on dissenting voices both inside and outside

Gohir Khan, from east London, had racked up debts of more than £200,000 whilst running a cargo company. He was working as a delivery driver for a supermarket, but reacted enthusiastically when he was contacted about a "job" in Europe by a contact in Pakistan.

Khan claimed in court that he initially did not know what the job entailed, but he used fishing analogies in a WhatsApp conversation with a middleman man named as Muzzamil who was to take 20% of the fee.

"Is it a deep sea fish or just tuna?" Khan asked. Muzzamil, who was also known as "Papa" because of his resemblance to cartoon character "Papa Smurf", replied, "just tuna, but not uk tuna, european tuna".

Their grim intent was made clear when Khan discussed needing a "tool" or gun for the job, whilst at another point Muzzamil wrote about the target: "It's not a SHARK... A little fish... Little knife / hook / worm with a string is

The man they planned on killing was Waqass Goraya, a prominent social media activist and critic of the Pakistani military and government, living in Rotterdam in the Netherlands. He was abducted and tortured whilst visiting Pakistan in January 2017 by suspected members of the intelligence services, and told the BBC he was convinced they had now attempted to have him killed in Europe.

"They don't like being called out for enforced disappear ances or their torture cells," he said, adding: "It shows their cowardice. They are scared of people talking. People who are unarmed, with nothing but a pen or keyboard. They are more scared of them than the people with guns."

Pakistan's powerful military did not respond to requests for comment, whilst the country's information minister refused to discuss the case.

Government officials claim there is no clampdown on freedom of speech in Pakistan and the army denies

interfering in politics, but human rights groups have repeatedly raised concerns about a series of violent attacks in Pakistan on journalists and activists who accuse the military of manipulating the country's electoral system.

The threat to Pakistani dissidents extends to those outside the country too.

Ayesha Siddiqa is an academic who has written extensively about the Pakistani military. In January 2019 she received a visit and letter from police in Britain warning of "credible information" that her life was in danger if she travelled back to Pakistan.

Dr Siddiqa shared the letter with the BBC, and said her own inquiries had led her to find out, "there was a contract on my head given to some Afghan warlords to be eliminated on return to Pakistan... if the temperature was raised I could be targeted in the UK as well."

Like Mr Goraya, Dr Siddiqa told the BBC she believed the Pakistani intelligence services were behind the threat.

"I have no one else to suspect."

Three other Pakistanis living in the UK confirmed to the BBC they had contact with the police over the possibility of them being targeted in Britain.

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Seven Colors of Love

(Pramod Rajput - Pramod.rajput@gmail.com)

Raj turned back to look at Gauri. Her hair was disheveled. Her face was not glowing as before. For the first time, he saw a common girl in her and no longer an angel. Gauri was unable to see the tears in his eyes from that distance. Raj cried his heart out all the way home. The road was deserted, except for his sobs, which reverberated against the surrounding hills and rocks, turning into an echo that only his soul could hear. It was the echo of a broken heart that Raj heard for the first time.

In September 2019, I published my first book Aa Jee Lein Zara which is the collection of 100 ghazals and nazms. In early 2020, when we all got confined in our home due to the pandemic Corona, I was becoming restless in this confinement and then to keep myself motivated I decided to publish my 2nd book. The obvious choice was to go for another poetry book for which I already had 75% material ready but then I decided to challenge myself and write a novel this time. Since a poet had been living in me since my childhood, I knew that I could express the emotions of Love better than any other subject. So, the canvas was ready, and I had to paint it with color of Love but then there were abondance of romantic novels already there in this world. My biggest challenge was what new I could give to romance readers. I knew Love has many different emotions like first love, love at first sight, expressing your love, Rejection, acceptance, struggles, heartbreaks etc. I decided to pick few of these unique emotions as different colors for my canvas. And this is how the foundation of my first novel, Seven Colors of Love was created. I wanted to publish it in both the languages English as well as Hindi and thus Saat Rang Pyaar Ke came.

Seven Colors of Love is a rainbow of seven different experiences of Love which the protagonist, Raj, goes through during his lifetime. But at the end, the love conquers. All these seven experiences have been nicely arranged in seven chapters Feeling of First Love, Love is Not Easy, Pythagorean Love, I Wish, Is This Really Love, Too Late to be Hero and The Echo of a Broken Heart.

As first-time novelist, when I first thought to paint this rainbow of Love, I thought to use seven different stories with seven different protagonists, one for each color of this rainbow. But that would have been little easier therefore I decided to chal-

lenge myself by using the same protagonist going through all these seven experiences. Being a romance reader myself, I knew that I was taking a risk by doing this because now whatever I do, I will have to shade the hero of my novel with little grey and some readers may not like it. But that is the beauty of novel writing. The canvas is not limited like in poetries. My challenge was to make sure that Raj, the Hero of my novel remains Hero in the end. Now after about a year when I see, in over 100+ review on amazon, the rating is still close to 4, I think that I did a decent job in my first novel. The first two chapters were little easy for me because it was inspired by my own love story with my wife for rest of the chapters I had to fly with my imagination. I had to make sure that I keep my readers engaged all the time. It seems I did justice with my first work as a first-time novelist. My daughter Rashmi designed the cover for the English version.

If you like to read romance novel, then you should not miss Seven Color of Love and if you are not romance reader then you must read it because you may start liking romance. This novel is going to touch some part of your heart, and everyone will be able relate oneself with any of these seven experiences. This is available on Amazon in paperback as well as on kindle. It is a long novel with 300+ pages but I can assure you that you are going to like every color of this rainbow.

Enjoy my following old ghazal which was written way back in 2001.

Ye haadisaa toh faqat bahaana tha Tune yuN bhii toh chhoD jaana tha

Tumne sab kuchh hiN le liya hai naya Apna rishta bhii toh puraana tha

Main bhalaa cheekh kar bhii kya karta Tune toh faislaa sunaanaa tha

Sach phir ik baar chaDh gayaa sooli JhooTh ke saath phir zamaana tha

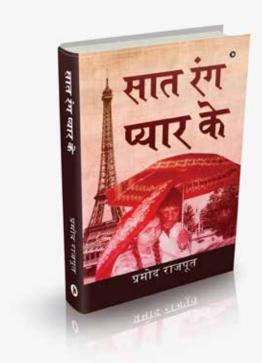
Teri meri baraabarii thii kahaaN Tune yuN bhii toh jeet jaana tha

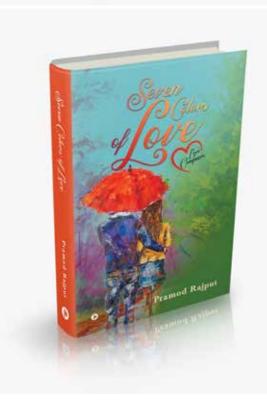
uski chhaT pe hiN sab huii baarish Jiska miTTii ka aastaana tha

Chaandanii se raha wohii mahroom Jo yahaaN chaand ka diwana tha

Ab tu baitha hai yaar KyoN rone Dil zaraa soNch ke lagaanaa tha







Gunman in Texas synagogue standoff

About 10 days before taking four hostages at the Congregation Beth Israel synagogue in north Texas, Malik Faisal Akram had a heated exchange with officials at the Islamic Center of Irving and was eventually escorted from the property, according to the organization's chief legal counsel.

Khalid Hamideh of the Islamic Center told CNN on Tuesday that Akram, 44, arrived at the mosque to pray, but became belligerent after asking mosque employees if he could sleep inside the building and they refused, citing city ordinances prohibiting overnight guests.

"He was hostile because he was told that he would have to leave the mosque, that he couldn't spend the night," Hamideh said. "He became agitated and almost confrontational, telling the folks there that 'you'll be judged by the Lord Almighty for, you know, not helping out a fellow Muslim brother."

Hamideh said the mosque official who interacted with Akram did not wish to speak publicly, but told the Islamic Center's leadership that

Akram presented erratic behavior, although at that time there was no indication of any kind of potential violence.

Hamideh said Akram returned the next day, apologized for his previous behavior and asked for permission to pray. Hamideh said the center does not turn anyone away who wants to pray, and Akram left on the second day without any issues.

The mosque official told Hamideh that the eventual hostage-taker seemed to be a different person when he returned the following day, "acting like he's your best friend." Hamideh described Akram's demeanor as a "flip flop in the behavior in the extremes."

The latest revelation helps authorities construct a clearer timeline of Akram's movements in the days leading to the hostage-taking at the synagogue in Colleyville, which is about 15 miles from Irving.

Akram, a British national, arrived in the US via a flight to New York in late December and was

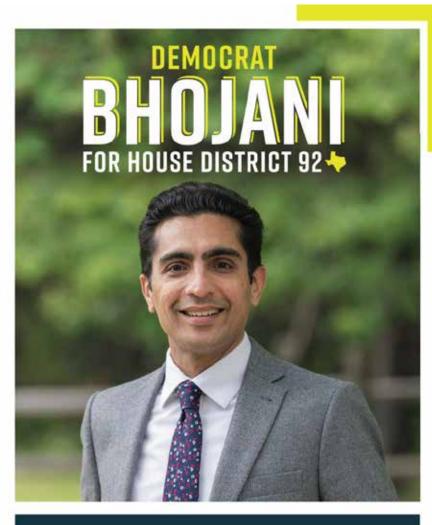
act that can justify going into a holy place of worship and holding people hostage," said Khalid Hamideh of the Islamic Association of North Texas. "I don't care what your motivation is, it's entirely wrong and unjust."



not on any US government watch list, a US law enforcement source told CNN. He arrived in the US legally, and cleared vetting before his arrival, a separate US federal law enforcement source said.

Investigators are looking into how Akram traveled from New York to Texas.

By Josh Campbell, Amir Vera, Dan Przygoda, Jason Hanna, Nick Paton Walsh and Kelly Mc-Cleary, CNN



Our diversity is our greatest strength.
I'm running for State House because
WE ALL DESERVE A REAL VOICE IN AUSTIN."

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After immigrating to North Texas as a teenager, Salman Bhojani worked his way up from convenience store cashier to successful business owner and attorney. In 2018, Salman Bhojani overcame racist attacks from rightwing Republicans and made history as the first minority member of the Euless City Council.

Contact the campaign: team@bhojanifortexas.com

To learn more about Salman Bhojani, visit BhojaniForTexas.com or scan here.



EARLY VOTING FEBRUARY 14-25 - DEMOCRATIC PRIMARY MARCH 1

Junaid Ahmed, Democratic candidate from Illinois with Mohammed Abdul Hameed President- Hyderabad Society Of North Texas at a fundraiser in Dallas



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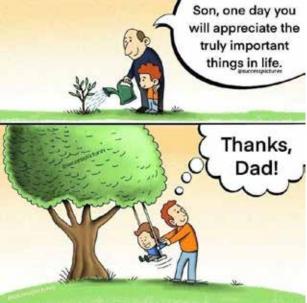
Above Pic:

Weekly Friday lecture at Bayyinah Institute by Noman Ali Khan on 28 Jan. Each Friday evening the lecture is about one Prophet starting with Prophet Adam PBUH. This series will continue until the beginning of Ramadan. All these speeches are based on the stories in Quran

Bayyinah Institute is the brainchild of Ustadh Nouman Ali Khan, a pioneering, influential American Muslim who grew up in New York City, with the aim of spreading the universal message of Islam. Above right Pic:

Tariq Quadeer and Sh. Noman Ali Khan







FUNDRAISING APPEAL



Alhamdulillah, ICQC has signed a contract to purchase 5.77 acres of land for \$2.35 million.

> Northwest Corner of Lebanon Rd & Batsford Dr, Frisco, TX 75035

To complete the land purchase, ICQC needs to raise \$2.35 million in the next 90 days.

The Prophet Mohammad (SAW) said: "Whoever builds a mosque, desiring thereby Allah's pleasure, Allah builds for them a house in Jannah" (Sahih Bukhari).

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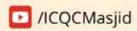
> **CONTACT US** (972) 503-9956

- Current challenges: 1. Current lease expires in 15 months 2. Current parking is an issue due to
- adjacent businesses

 3. Unable to start any other programs due to space and parking limitations

We humbly request individuals and families to contribute towards this blessed cause! We need your Dua and support!

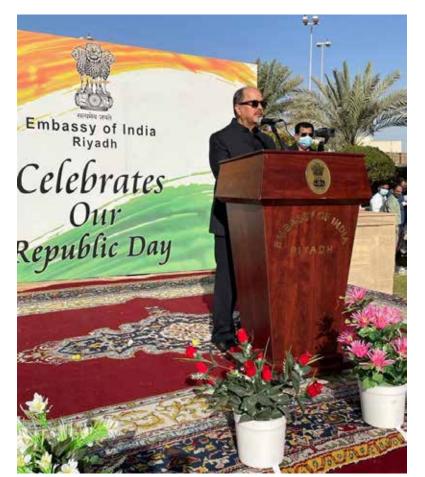
ICQCMASJID.ORG







Dr. Mohammed Anas S/O Dr. Mohammed Ashraf Valima dinner reception at City Convention centre





Syed Faiz Ahmad urf Faiz Al Najdi with his friends in Riyadh upon his 2nd Coming to Riyadh

On the joyous occasion of the 73rd Republic Day of India, HEH Ausaf Sayeed extended warm greetings and felicitations to all Indian nationals, Persons of Indian Origin, and Friends of India in the Kingdom of Saudi Arabia.

This year's Republic Day coincides with the ongoing celebrations of 'Azadi Ka Amrit Mahotsav', commemorating 75 years of India's independence and its achievements.

We are also commemorating 75 years of the establishment of diplomatic ties between India and the Kingdom of Saudi Arabia.

Sikander Abdul Aziz Bawazeer (Hakeem Saab) Cell: 9347814688



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IFTEKHAR SHAREEF PAGE





Happy 73 rd Republic Day, being celebrated at our moms Begum's India Garden, Shamshabad, Hyderabad. Thanks everyone especially all parties representatives. Especial thanks to Assistant Commissioner of Police V Bhasker ji, circle inspector Vijay Kumar ji and others. Followed by lunch at my residence, thanks Mahendar Reddy Kolan, Venkatesh Goud, Rafi Quadri, Syed Mohd Aslam Quadri, Taj Baba Mohammed and others







Left:
Must take care of our neighbourhood businesses and be friendly with all . Last night had the opportunity to visit some restaurants and shops in my area Shamshabad, Hyderabad. Along with few friends and met lots of people from Shamshabad. Wish them all good lucks , especially Taj Restaurant and Taj Pan Shop , I happen to inaugurated this restaurant four years before.

January 21 st Friday in theatres movie release of an Indian Movie "PHAS GAYA YARO " with Hyderabadie actors Saleem Pheku and Aziz Nasir, a movie with horror story, action, drama and Masala of what a movie should be . Thanks the producer from Surat, Gujarat Navin Govil bhai for giving a slight touch of Hyderabad, Thanks Syed Hussain the director from hyd for coordinating with Rajshri Distribution.



surprise visit of Right To Information (RTI) Commissioner Govt.of Telangana Mohammed Amir at my residence, along with former Minority finance Corp chairman Telangana State, thanks Syed Noor, young Cricketer of Haryana Abdul Jabbar, Jafer Patel, Mohd Azmath Khan Trs, Faiz Quadri, Feroz Khan Cool dude and others. Had a simple Hyderabadie dinner.



inauguration of Indian Mandi House Restaurant at LB Nager, Sagar Raod, Hyderabad. Nice of Amir Khan & brothers to invite me for launch including Waseem Ali, Syed Noor and Syed Akbar Hussain, Mukesh Patel, Mohsin Mohd Mohd boxer and others.

Syed Wajahat Abedi recognized as a distinctive board member by IAPD

In his own words

I was elected to the Plainfield Park District as a Commissioner in 2019. I was instrumental in passing a resolution promoting DEI.

https://www.plfdparks.org/plainfieldpark-district-board-approves-resolutionsupporting-diversity-inclusion/

The Plainfield Park District formed a committee called Diversity, Equity, and Inclusion (DEI) and I was appointed as the Chair.

On January 29th 2022, at the Illinois Association of Park Districts (IAPD) annual event at Hyatt, I received the Distinctive Board Member Award.

In 2019, I was appointed by Governor Pritzker to be a Member of the IL Housing Task Force.

Plainfield Park District Board Approves Resolution Supporting Diversity, Inclusion

The Plainfield Park District Board of Commissioners has approved a resolution affirming its commitment to promoting diversity and inclusion following the death of George Floyd.

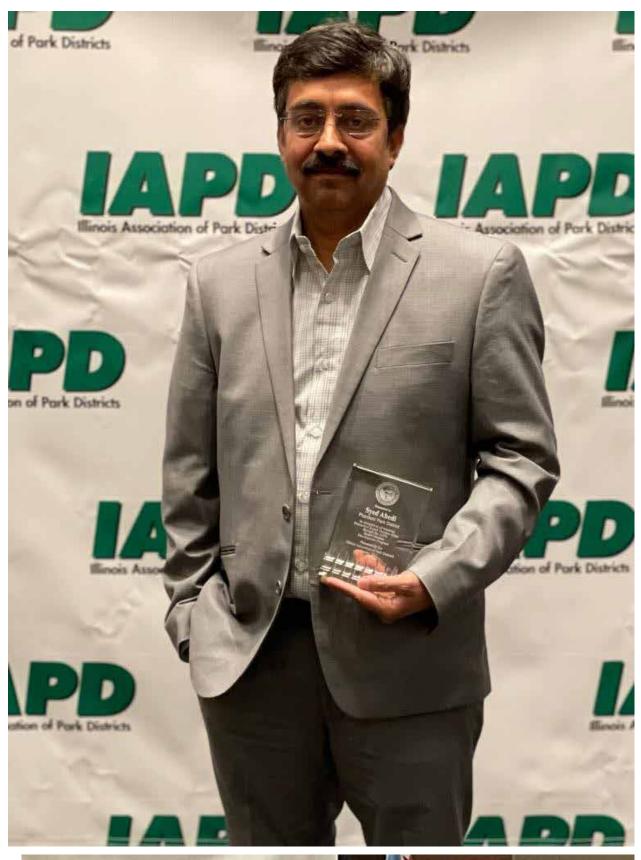
Park District Board Commissioner Syed Abedi urged the board to pass the resolution, citing the need to address entrenched, systemic inequality facing people of color throughout the communities that make up the Plainfield Park District.

Commissioner Abedi hopes that following the passage of the resolution, the board will take a proactive approach in the future to solve issues related to injustice, racism, and oppression for its residents.

"The mission of the Park District is to enhance the lives of our residents through quality recreation opportunities," said Commissioner Abedi.

"As an agency, we have to make sure that those opportunities are available to everyone."

Executive Director Carlo Capalbo said that the District is currently in the process of creating a diversity and inclusion taskforce for internal staff that will eventually include a platform for public input.









Kadar Sodagar

Asif Saleem

GEET &



Parwaz

Ekram

Sheena Dwlwedi



Celebrating 80th Birthda "King of Ghazal - Jagjit Singh" WITH CHAZAL MAESTRO

A Tribute to the King Of Ghazals



Asif Hafeez

FRIDAY 2022

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Mohd Waseem 6306961071

Hema Shastri 6303980356

Tahira Ali 7739779772



Hitesh Gandhi, Sunil Shah and others attended 73rd Republic Day celebration at Consul General office Chicago on 26th January, 2022 !!!

Federation of Indian Associations Chicago IL Pays Glowing Tribute to FIA Director Mir Ali

Asian Media USA ©

Chicago IL: Federation of Indian Associations [FIA] Chicago IL, paid glowing tributes to its team member Mir Ali to honor his life and his contributions and hosted a virtual event, 'FIA Tribute to Director Mir Ali' via zoom, on Jan 08, 2022 at 2:00 PM (CT) from Schaumburg IL. Mr Mir Ali had suffered a massive and fatal heart attack, on Jan 07, 2022 at 6:30am at his residence where he passed away.

This condolences ceremony was presided by FIA Chairman Sunil Shah and President Hitesh Gandhi, Founding Member Neil Khot and anchored & moderated by Gen Secretary Richa Chand. This event was also supported by the entire Team FIA, Advisory Board Members, Friends & Supporters of FIA: AAEIO, Mall of India, Outland-media and Asian Media USA. The event was very well attended by Team FIA members, several leaders, thinkers, artists and friends and family. And originally scheduled to be just one hour long, but it took 3 hrs to complete, since all present at the event wanted to share their grief and sorrow....and such is the greatness of this noble human being.

The event started with the Shanti Mantras and Prayers offered by Anu Malhotra and opening condolences speeches by Sunil Shah and Hitesh Gandhi. A tribute video was played, capturing the precious moments in Mir Ali ji's life (Video Credit: Harry Siddhu, CEO Outland group of Companies). Prominent leaders who also spoke were Neil Khot, Rita Shah, Mukesh Shah, Dhitu Bhgwakar, Smita Shah, Keerthi Reevori, Suresh Bodiwala, Ajeet Singh, Harry Siddhu, Mujeeb Ahmed, Gurmeet Singh Dhalwaan, Vinita Gulabani, Abir Maru, Richa Chand, Ila Chaudhari, Pika Munshi, Jitendra Balsara, Dr Fawaad Ahmad, Malti Pandhi, Monalisha Borghain, Manmeet Kaur, Vidya Joshi, Vikas Kalwani, Chandni Kalra, Dr Afroz Hafeez and many more friends

who gave their heartfelt condolences to the cherished friend and colleague that they lost all too sudden. Song video clips of Mir were played several times in between the speeches, that made everyone feel teary eyed, at the same time reminded them of what a fine artist and human being he was.

Mr Mir Ali (Apr 20, 1962 - Jan 07, 2022), hailed from Hyderabad India, and migrated to the USA, and lived with his family, in Carol stream IL. His old mother also lived with them. Mr Mir Ali, fondly known as Mir Bhai, by his friends and contacts was a very well-known name in our community here in Chicagoland.

By profession, he was a Banker, but by heart he was a passionate musician. He loved singing and was very famous as the 'Voice of Mukesh', and was a huge fan of Late legendary Bollywood singer, Mukesh. He was also trained in playing classical instruments, Tabla and Harmonium. He hosted several successful musical events with his team, 'Mir Ali and Group' and provided opportunity and platform to many new and upcoming artists. He was always on the lookout for the new talent and promoted them wholeheartedly and also helped many of the existing artists to showcase their singing, dancing and event management skills. He supported a lot of needy people financially by taking care of their education and wedding expenses, just like his own family. He also encouraged many of his friends to start their own musical companies and helped them get established.

He was also serving as Director in Team FIA and his contributions to Team FIA will be forever remembered. With his charismatic personality, he always made FIA events more special, and FIA expresses deep sorrow and despair at the untimely demise of Mir Bhai. In February,



he was going to receive an award from another prominent community organization, MEATF and he was scheduled to travel to Saudi Arabia for an invitational musical tour, but his journey of life ended too soon. Now even though he is no longer with us, he will continue to live on in our memories and hearts forever. He is survived by his wife, Farkhunda Jabeen Ali, son Nazar Ali & daughter Nida Ali.

Whilst our hearts cannot let go of the memories that we cherish dearly for our dear friend Mir Ali Bhai, we bid a tearful sad farewell to himWe are still in a state of shock and cannot believe that Mir Bhai has already left us for heaven, aur yeh bhi kitna sach saabit hua hai ki Allah apne nek aur pyaare bando ko sabse pehale bula lete hain....We will miss you Mir Bhai... and there will be no other "Voice of Mukesh" like yourself....Pure & soulful ... you will never be forgotten...

FIA thanks all the participants who were able to attend this Tribute zoom event and we hope wherever Mir Bhai is, he is listening to our prayers and watching us all from up there.

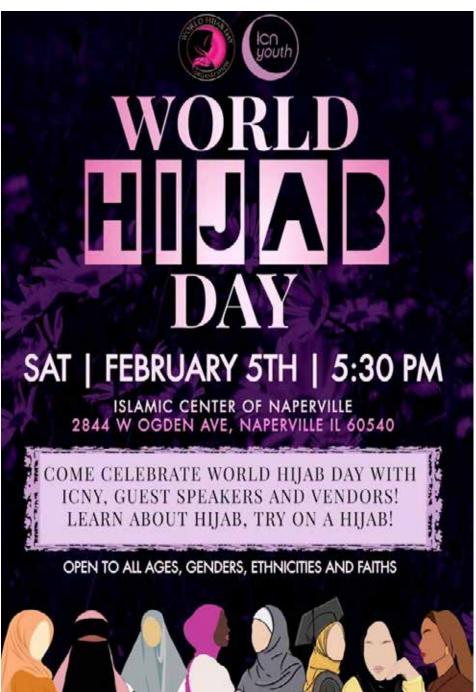
Press release by: FIA Team Photographs by: Asian Media USA

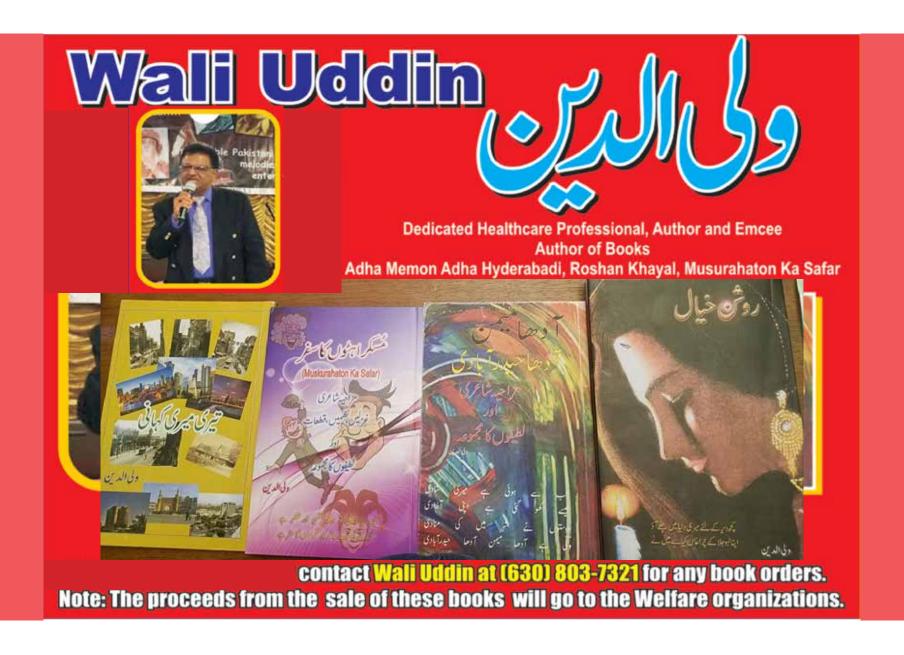


Waliuddin and Roshan with Farooq's family at Clifton Karachi



Wali with cousin Mumtaz in Dallas Texas before Traveling to Karachi...







PRESENTS

Celebration of Love

Välentine Musical 2022

Feb 12th , 7pm Onwards Big Suchir Restaurant & Banquet



1734 Ogden Avenue, Downers Grove IL 60515 Ticket: \$35 (Dinner Included)





Avni Singh



Parwaz Ekram



Syed Lateef



Minhaj Siddiqui



Shirley Kalvakota

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OA GI

Lori Lightfoot Promised to Change Chicago Crises Keep Piling Up.

Days into a dispute between Mayor Lori Lightfoot and the Chicago Teachers Union, labor leaders outlined what they described as a grand compromise. Students, who had been receiving no instruction after teachers voted to stop reporting to classrooms amid a coronavirus surge, would attend a few days of online school, followed by a full, inperson return.

Lightfoot was having none of it.

Within minutes, she and the head of the school district released a statement that accused union leadership of not listening. "We will not relent," they said, calling instead for a swift return to in-person classes. Days later, it was the union that largely relented: Students returned to school buildings earlier than teachers had wanted, with some additional COVID safeguards in place.

The highly public, acerbic dispute with the teachers this month was characteristic of Lightfoot's stewardship of Chicago. In nearly three years marked by a pandemic, soaring rates of violence and frequent labor battles, Lightfoot has shown herself to be a blunt orator and an unflinching negotiator. But her lofty campaign promises to "bring in the light," reduce violence and overhaul governance in America's third-largest city have repeatedly run up against an overwhelming news cycle, decades of inertia and her uncanny ability to make political enemies.

"Her style is a top-bottom approach, very different from what she campaigned on," said Alderman Byron Sigcho-Lopez, whom Lightfoot once referred to as a "jackass" in hundreds of pages of her frank text messages that were obtained by the Chicago Tribune.

Those texts revealed a mayor with a hands-on management style who repeatedly snapped at critics, colleagues and even political allies. She said one alderman was "full of crap," told another he was "bush league" and told Gov. J.B. Pritzker, a fellow Democrat, that his administration was being "petty."

As a gay Black woman who grew up in Ohio and had never before held elective office, Lightfoot stood apart from previous mayors, and her inauguration in 2019 was seen by some as a potential moment of change for the city. She won all 50 City Council wards in the runoff election while decrying corruption and the infamous Chicago political machine. She also vowed to address the racial and economic disparities that have long defined Chicago, where the downtown and North Side have often prospered while disinvestment and violence have plagued many neighborhoods on the South and West Sides.

But Lightfoot's tenure has been shaped by a series of crises, some within her control, others not. About 800 people were killed in the city last year, the most in a generation. Downtown has struggled to bounce back from the pandemic. And clashes with the unions representing police officers and teachers have proved destabilizing.

Lightfoot, a former federal prosecutor who worked in the administration of Mayor Richard M. Daley, and who led a police disciplinary board under Mayor Rahm Emanuel, has defended her record. At the time of her election, she said this month, "Nobody had in their mind's eye that we would be shortly thereafter laboring under a massive global pandemic and all of the consequences."

She added: "Nobody thought that we would be suffering from one of the biggest economic meltdowns that we've seen since the Great Depression. Nobody thought that we would see this massive uptick nationwide in violence."

She also noted that her outspoken demeanor was not a new trait at City Hall.

"I personally get asked this question of, 'Well, Mayor, you know your relationships with City Council, shouldn't you be nicer?' Which I have to laugh at," Lightfoot said. "When I think about who my predecessors were — I worked for Rich Daley and I was around Rahm a lot, it's not like they won contests for Mr. Congeniality."

Lightfoot is expected to seek another term next year, and it is unclear how voters will respond. Though some highprofile critics have been rumored as potential opponents, the field of challengers remains largely unformed and there is no reliable public polling on the mayor's job approval.

But the chief criticism her eventual opponents will deploy — of a mayor who makes enemies instead of allies, who stokes ill will instead of brokering compromise — already seems clear.

"She does not know how to play well with others" and "she's never mastered the idea of a group project," said Stacy Davis Gates, the vice president of the teachers' union. "And that is the issue because she's the common denominator in every single scenario that has discord."

But if Lightfoot seemed like a figure whose ability to upend the status quo was an asset, she was also battling an old image of a Chicago mayor, said Elizabeth Taylor, a co-writer of "American Pharaoh," a biography of former Mayor Richard J. Daley — once the city's longest-serving mayor until his son Richard M. Daley came along.

An apt comparison to Lightfoot, Taylor said, is Jane Byrne, the only other woman to serve as Chicago's mayor, who challenged the city's stereotypical vision of a leader when she swept into office in 1979.

"They both came in on a wave of reform," Taylor said, "and then quickly were on the defensive."

Lightfoot's distinctly brusque leadership style has been embraced at moments. When the pandemic hit, her unsmiling face was turned into a meme, Photoshopped into famous Chicago scenes — the lakefront, Millennium Park, a Seurat painting on display at the Art Institute — silently warning residents to stay in their homes. And even as crises have piled up, some have noted the scale of the challenges she inherited and the uncertainty wrought by the pandemic.

"The compassion part of it speaks to me — you can see that it's genuine," said Joseph Gilmore, whose 33-year-old son, Travell, was among the hundreds killed in Chicago last year.

Gilmore said he and his son, a bartender with an outgoing personality who doted on his young daughter, talked regularly about the city's seemingly inescapable violence. But despite the tragedy in his own family, Gilmore said that he remained an enthusiastic supporter of Lightfoot, and that it was not fair to expect her to single-handedly fix the violence.

"The stuff she is saying to you, it doesn't sound like a whole bunch of smoke," Gilmore said. "She comes off like the authority she is."

Lightfoot inherited a city that has held steady in population — growing nearly 2% from 2010 to 2020, to about 2.75 million residents — while several other Midwestern cities had steep declines. Since taking office in 2019, she has won praise for pouring resources into affordable housing in Chicago and her work on Invest South/West, an initiative to develop pockets of the South and West Sides that have languished for decades. Last summer, the minimum wage in Chicago was raised to \$15 for most workers, an effort Lightfoot championed.

But she has faced criticism for her handling of the Chicago Police Department, an issue that also vexed her predecessors.

Lightfoot apologized after police officers raided the wrong home in February 2019, forcing Anjanette Young to stand naked and handcuffed while her apartment was searched. Chicago's inspector general said this month that officials in



Lightfoot's office had made false or unfounded statements about the incident, which occurred not long before her administration took office, and that city agencies had "prioritized communications and public relations concerns over the higher mission of city government."

The fatal shooting of a 13-year-old boy, Adam Toledo, by a Chicago police officer last year generated nationwide outrage. Miles from the scene of the shooting, protesters marched in Lightfoot's neighborhood on the Northwest Side.

Carlos Ramirez-Rosa, a Chicago alderman, described Lightfoot's tenure as "chaotic."

"One of the hallmarks of her approach has been to take things very personal," he said, "and to engage in combat when, in fact, there is a path toward collaboration."

She has seen high turnover among key advisers at City Hall, and aides have grumbled about a difficult work environment and a testy mayor who is known to berate subordinates. Despite the city's mounting problems, Lightfoot has left crucial administrative positions vacant, including her deputy mayor of public safety, a job that was left unfilled for months until last May.

And last fall, the head of Chicago's largest police union openly defied Lightfoot on her order that all city employees report their vaccination status — a conflict that laid bare the tensions between the mayor and rank-and-file officers.

Violence in Chicago is a pressing concern, as carjackings, shootings and homicides all spiked in 2020 and 2021.

On Wednesday night, a police officer on patrol downtown shot a man. Authorities said that the man was inside a vehicle taken in a carjacking, and that someone in the car had fired at the police. Days earlier, an 8-year-old girl was shot and killed while crossing a street with her mother in the Little Village neighborhood; a 16-year-old was later charged with murder.

Donovan Price, a pastor who goes to shooting scenes to assist victims' families, said his work felt particularly bleak in the past year.

"The amount of children shot in general, the amount of mass shootings, just the feel that things were out of control," said Price, who lives on the South Side.

Price said that trust between the police and residents had not improved, and that Lightfoot had not placed enough of a priority on reducing violence and restoring order.

"It's a wild scene," he said. "And when it's this wild and people are getting shot at this frequency, of all ages, then you have to look and say, 'Well, what is being done about it?'"

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INTERNATIONAL PAGES

Netflix...Cont'd from Page 1

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sleek thriller immediately won acclaim. The Economist magazine raved that Netflix's first original series proved that there was a future for "new combinations of old-school Hindi film talent, Hollywood values and Silicon Valley's billions".

Except it hasn't really turned out that way. India is a vast entertainment market. More than 200 million households own TV sets, and pay TV is as cheap as \$4 a month. Films, sports and news are what most consumers continue to turn to for entertainment.

A monitor displays a "Little Things" page on the Netflix Inc. website in an arranged photograph at the Pocket Aces Pvt studio in Mumbai, India, on Monday, July 29, 2019

With some 5.5 million paying subscribers, Netflix is lagging behind its main rivals

Consumers have also begun to binge-watch shows based on true stories - Scam 1992, a thriller based on a rogue stock trader, streamed last year on SonyLIV and quickly became a much-talked about show.

Also grabbing eyeballs are dark heartland thrillers laced with violence and profanity - something Indians did not typically watch on TV with inter-generational families at home. "Consumers want value for money and time," says Vikram Malhotra, CEO of Abundantia Entertainment, a leading producer.

Netflix has tried hard to woo customers in India. It has slashed plan prices up to 60% - a mobile-only monthly plan now costs 149 rupees (\$2). It has invested more than \$400m to produce more than 50 films - including more than 30 Hindi-language films - and shows.

This, say experts, generated headlines and little else. "None of these creators had experience making

streaming shows. And most of them flopped," one top industry executive, who preferred to remain unnamed, told me.

Mihir Shah, vice president of Media Partners Asia, said: "Netflix needs to go more local and deeper on its regional content offering while also assuring a steady cadence of fresh content." Netflix in India says it is "proud" of what it has produced since it launched in 2016. "We remain focused on entertaining our members with best-in-class stories across genres and formats - from drama to comedy, thrillers to romance, fiction to non-fiction," a company spokesperson said.

Netflix was also "investing in more diverse stories from all corners of the country, to bring joy to members who speak different languages", he added. Last

month, it released Minnal Murali, a Malayalam-language superhero film which, according to one critic, could give a lesson to Marvel superhero films.

India's streaming market, according to industry estimates, is expected to more than double by 2026. But adding millions of customers will mean Netflix will have to look at a wider range of content - in other words, go more local.

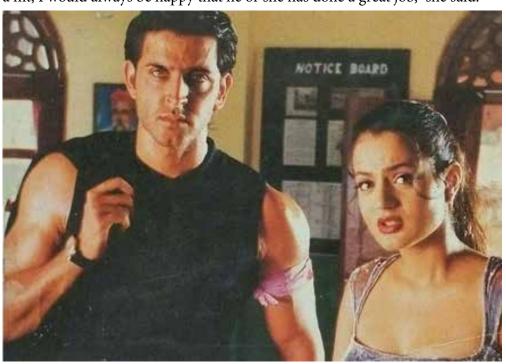
It won't be easy. India has more than 75 streaming services already. There are few hits and many failures. Of the 225 shows launched in Indian languages - 170 of them in Hindi - on streaming services last year, only "15-20 were successful", says Mr Kapoor. "Everyone is producing quantity and experimenting. But remember, India is a complex market."



Ameesha made her acting debut with Hrithik Roshan on his father's Kaho Naa Pyaar Hai in 2000. Later, she starred in films such as Gadar and Humraaz. Her film career, however, could not soar to the heights that we expected of her initially.

Speaking to Pinkvilla, Ameesha addressed how the media treated her in the early days of her career. "I was portrayed as arrogant and snobbish and this typical south Bombay rich brat. Because on the sets, I would not indulge in idle gossip and bitching about people or talking them down. Someone else has a hit, I would always be happy that he or she has done a great job," she said.





www.Asia Times.US

MATRIMONY Mubarak Rishte

FEMALE Hijabi :no Name: F Age: 26 Height: 5'4 Residence : Florida

Education: 2 bachelor's degrees Profession: nurse (last semester of nurs-

ing)

Legal Status: U.S born citizen Marital status : un married

Ethnicity: punjabi

Religious Sect: Muslim sunni Family: parents and 2 brothers Relocation: yes, only in U. S

Language: speaks English, understands

urdu

Hobbies: reading, traveling

LOOKING FOR: Age : under 34 Height: 5'4 and up Residence: U.S Education: any Profession: any

Legal Status: U.S citizen or legal resident

of U.S

Marital Status: un married Religious Sect: Muslim sunni

Ethnicity: any Contact : mother Cell :954 243 9034

Home:

Email: shazian@bellsouth.net

Age: 24 years Height: 5'2

Marital status: Unmarried

Legal Status: US B1/B2 -& F1 under process for TU-

US in MS Oral Health Sciences

Education: Bachelor of Dental Surgery from India. Profession: Dental Surgeon at clinic in Jeddah KSA Residence: Madinah & Makkah since age of six months and schooling in Madinah / Makkah &

Religious Sect: Sunni Hanafi

Language: English, Urdu, Arabic, & Hindi

Ethnicity: Indian Family:

Father: Mechanical Engineer

Working as Site Manager at Haram Makkah &

Masjid Al Nabvi Sharif Madinah. Mother: Electronics Engineer Working as Maths Teacher in Makkah

Younger Brother: Unmarried residing in USA Status

Mechanical Engineering from Temple University

LOOKING FOR: MALE Beard: Flexible Age: 26-28 years Height: 5'5 and above Marital Status: Unmarried Legal Status: Any

Education: Any Professional Graduate or

Master's degree

Profession: Any decent profession. Residence: Any preferably USA. Religious Sect: Sunni Hanafi Ethnicity: Indian

Admin: 2055676126

Gender: Female Name: AA Height: 5' 5" Age: 34

Residence: Milwaukee Education: Post Grad

Profession: Doctor Cardiologist Legal Status: U.S. Citizen Marital status: Never married

Ethnicity: Indian

Family: Parents, Brother, Sister

Language: English

Hobbies: Travel, Community Service, Art,

LOOKING FOR:

Educated professional, from good family

and a caring nature.

Age: 34-38 Residence: U.S. Education: Bachelors + Profession: Any

Legal Status: U.S. Citizen, raised here.

Marital Status: Never married

Ethnicity: Any

Contact: 2055676126

Hijaabi: Yes

Age: 23years(D.O.B.03/06/1998)

Height:5 feet

Marital Status: Never married Legal Status: Indian citizen

Education:B.E.(Computer science and Engineering), Currently Studying MTEC Computer Science at MJCET Hyderabad.

Profession:Computer Engineer Residence: Hyderabad,India Religious Sect: Sunni

Ethnicity:

Looking for MALE Beard : Yes Age: 26 to 29 years

Height: 5'4" to 5'7" Marital status: Never married Legal Status: Indian citizen or any Education:B.E/B.Tech/M.E/M.Tech/

Profession:Computer Engineer/I.T. Pro-

fessional

Residence: Preferably Hyderabad Religious Sect:Sunni Muslim

Language: Urdu Ethnicity: Family:

WhatsApp #2055676126

FEMALE

Hijabi : No Age: 31 Height: 5-4

Marital status: Never married Legal Status: US citizen Education: MPA Profession: Federal Job

Residence: New York Originally India Religious Sect: Sunni Muslim Language: English, Urdu

Ethnicity:Indian

Family: Father, Mother and 2 brothers

LOOKING FOR: MALE

Beard: No Age: 30 to 35 Height: above 5-5

Marital Status: Never married

Legal Status: no preference. Should be in lawful status

Education: Masters and above Profession: Prefer IT, computer engineer-

Residence: No preference Religious Sect: Sunni Muslim

Ethnicity: India, Pakistan etc Contact:

WhatsApp #2055676126

Hijabi :No

Age: 26(July 95) Height: 5:2

Education: Masters in Data Science (IT) Undergraduate Degree in Public Health Science from the University of Maryland. No student loans. Profession: Program Analyst for US Government

Residence: Maryland Legal Status: Citizen (US Born) Religious Sect: Muslim, Sunni Language: Urdu, Hindi, English

Ethnicity: Family is from India (UP, Aligarh, Luc know). Extended family is settled in throughout the East coast.

Family: Father is Biomedical Research Scientist PhD at the National Institutes of Health in Bethesda, MD

Mother: Physical Therapist

Younger Brother: Product Manager in San Francisco working for Nextdoor. He graduated with a degree in Computer Science

Younger Sister: Honors student at the University of Maryland studying Computer Science and Finance

LOOKING FOR: MALE Beard: Doesn't matter Age: 26 - 32

Height: 5'6 and above Education: Degree holder (Masters / Bachelors),

from a highly educated family

Profession: Any established professional field (ex: medicine, technology, finance) and doing well in

Residence: US

Legal Status: US resident Marital Status: Never married Religious Sect: Sunni Ethnicity: Any

Contact:

WhatsApp #: 2055676126

FEMALE

B1/B2 USA visa holder

Hijabi / Beard: Age: 22

Height: 5'7

Marital status: Never Married

Legal Status:

Education: Bachelor's in Business Admin-

istration, Hyderabad

Profession: Analyst at Deloitte Residence: Hyderabad Religious Sect: Sunni

Language: Urdu, English

Ethnicity: Indian Family: 3 siblings, all are married and

settled abroad.

LOOKING FOR: MALE

Hijabi / Beard: Age: 25-29 Height: 5'8 - 6'0

Marital Status: Never Married Legal Status: USA, Uk, Canada

Education:

Profession: Engineer, Doctor, MBA Residence: Looking for USA, UK, Canada

citizens or Green Card holders Religious Sect: Sunni

Ethnicity: Indian Contact:

WhatsApp #2055676126

FEMALE

Hijabi : Yes Age: 1996 Height: 5.3"

Marital status: never married

Legal Status: B1B2

Education:BDS (doctor)Slamic studies Quraan with tajweed Alhamdulellah

Profession:Doctor Residence: UAE and US

Religious Sect: sunni

Language: Arabic English Urdu French Ethnicity: Indian Hyderabadi

Family: Father mother and siblings 2 brothers living in US

Elder sister married and all are well educated and settled in UAE

LOOKING FOR: MALE

Beard: Yes Age: 25—32 Height:5-8"and above

Marital Status: never married Legal Status: H1B green card holder or

Canada PR Education: MS MDS DDS MD Engineers

Profession:any Residence:any Religious Sect: sunni Ethnicity: Indian Contact: mother

WhatsApp #2055676126

Desi Mubarak Rishte

www.Asia Times.US

MATRIMONY Mubarak Rishte

Beard: Yes

Age: 29 (Born in Sept 1992)

Height: 6 ft

Marital status: Never Married Legal Status: H1B, Indian Place of Birth: Hyderabad

Education: Master's from New Jersey Insititute of Technology, Newark - NJ

Profession: Cloud DevOps Engineer (IT) Residence: Pennsylvania, USA Religious Sect: Sunni, Hanafi Language: English, Urdu Ethnicity: Indian

Family:

Father - Vice President, State bank of Mauri-

tius, Hyderabad - Telangana Mother - M.Com (Homemaker) Sister - Studying M.Pharm

LOOKING FOR: FEMALE

Hijabi: Yes (Non Hijabi is also ok), should be

religious Age: 23 - 27

Height: 5'4 and above

Marital Status: Never Married

Legal Status: US Citizen/GC holder/Gulf

Education: Professional degree or Master's

Profession: Any Residence: USA/India Religious Sect: Sunni Ethnicity: Indian Contact:

WhatsApp # 2055676126

MALE

Age: 28 Height: 5.10 Marital status: single Legal Status: H1

Education:masters in computer assurance

Profession:software developer Residence: fairfax,va Religious Sect:Muslim Language: English Hindi Urdu

Ethnicity: Indian

Family:

LOOKING FOR: FEMALE

Beard: Yes /No Age: 20-29 Height:5.2 and up

Marital Status:single never married Legal Status:any if from India ,others

citizen or gc Education:any Profession:any Residence:anywhere Religious Sect:Muslim Ethnicity: any

Contact:

WhatsApp #2055676126

MALE

Beard : Yes Age: 29 Height: 5'6

Marital status: Single Legal Status: H1 Education: Masters

Profession: DevSecOps Engineer

Residence: Tampa, FL Religious Sect: Sunni Language: Urdu, English Ethnicity: Hyderabad, India

Family:

Father: Late Mohammed Asgar

Mother

Elder sister: Married (settled in abu-

dhabi)

LOOKING FOR: FEMALE

Hijaabi: Yes /No Age: 21-26 Height: 5'0 - 5'4 Marital Status: Single

Legal Status: US citizen/Green card/Gulf

born with US Visa Education: Graduate Profession: any Residence: any Religious Sect: any Ethnicity: any Contact:

WhatsApp: 2055676126

MALE Beard: No Age: 34 years Height: 6'1

Education: Masters in Computer Science. Profession: Senior Software Engineer,

Microsoft.

Residence: Houston, USA. Legal Status: Citizen of USA Marital status: Divorced (no kids) Religious Sect: Sunni Hanafi. Language: English, Urdu. Ethnicity: Hyderabadi, Indian. Family: Parents and Siblings.

LOOKING FOR: FEMALE

Hijabi: Yes Age: 24-30 years. Height: 5'4 above.

Education: Any (preferred Doctor/Engi-

Profession: Any.

Residence: Indian or USA or Canada. Legal Status: Indian or US or Canada. Marital Status: Never Married or Di-

Religious Sect: Sunni. Ethnicity: Hyderabadi, Indian.

Contact: 2055676126

Gender :Male

In USA since 2017

Name: JM Age: 29 Height: 5'6 Residence : USA

Education: B.E MS

Profession:Working as a Software Developer in Dallas,

Hafiz from Jeddah Alhamdulillaah

Legal Status: H1b Marital status : Never Married Ethnicity: Indian , Hyderabadi Religious Sect: Sunni, Islam

Family:

Father: (System Engineer), RESCO Jed-

Mother: (worked as a Teacher in International Indian School Jeddah, KSA) Sisters: (2).

Language: English , Urdu , Hindi , Arabic LOOKING FOR:

Age : 21-27 Height:5'2 - 5'4 Residence: USA Education: Any Graduate Profession: Professional

Legal Status: any Marital Status: Never Married Religious Sect:Sunni ,Islam

Ethnicity: Hyderabadi, Indian contact

2055676126

Male

Beard: No Age: 36 yrs Height: 5'8"

Education:Orthopaedic surgeon; MCH;FRCS currently in england Profession:Professional Orthopedic sur-

Residence: London, england. Legal Status: Work visa Marital status: Never Married Religious Sect: Sunni Muslim Language: Urdu, English,Hindi; Ethnicity: Maharashtra,India Family: Parents are in India LOOKING FOR: FEMALE Hijabi: It doesnt matter

Age: 24 to 31Yrs

Height: 5'4"& above

Education:Bachelors/ Masters

Profession: Any

Residence: india; USA; England

Legal Status: any

Marital Status: Never Married

Religious Sect: Sunni Muslim

Ethnicity: Indian; USA; England

Contact: 2055676126

Male

Beard: No Age: 27 yrs Height: 5'8"

Education:Masters in Energy Management and Systems Technology (Residing

in USA since 6 years)

Profession:Production Engineer Residence: New Jersey, USA Legal Status: H1 B Visa Marital status: Never Married Religious Sect: Sunni Muslim

Language: Urdu, Telugu,English,Hindi Ethnicity: Andhra Pradesh,India Family: Parents are in India

LOOKING FOR: FEMALE

Hijabi: No Age: 24 to 27Yrs Height: 5'4"

Education:Bachelors or Masters

Profession: Any Residence: USA

Legal Status: US Citizen, greencard, H1 B

visa

Marital Status: Never Married Religious Sect: Sunni Muslim Ethnicity: Andhra Pradesh, India Contact:

WhatsApp :+1 (205) 567-6126

Gender:Male

2: Initials of your name:SOJ

3:DOB:May 4:Age:1988

5:Height:5-8"

6:Hobbies :love to watch sports all time, going out, eat halal food. Watch TV documentary. Pray namaz, keep Ramzan fasting, have all Islamic values in a real life.

7:Current marital status:Never Married.

2 EDUCATION

1:Qualification:Done BS in IT from Information Technology NJIT University. Currently pursuing Masters Degree in Cybersecurity from NJIT.

2:University:NJIT NewJersey.

1: Rank/Postion:Cyber Security Analysts

2: Nature of Job:Cyber Security Analyst

3: Legal status : US Citizen

4 RELIGION

1: Religion:Islam Muslim

2: Sect:Sunni/ Syed Sunni

1: Father's Occupation : SAP ERP Const.

2: Mother's Occupation:BS

3: siblings:One Sister, 2 brothers.

6 ADDRESS

1: Current residence:Dallas 2: Home Town:Dallas, TX.

7 OTHER CONSIDERATIONS

1: Age range:25-30, height 5-2""

2: Caste: sunni/ Indian

3:Qualifications: Masters or Professional. 4: Residence :Must be open to relocate to Dallas.

ADMIN 2055676126

Desi Mubarak Rishte

Noureen earns fame in US with fine art of Mehndi

Noureen Sultana always believed in taking little steps consistently which eventually helped her in building a hope of greater accomplishments. Against all Odds She started following her Passion by creating a new theme of design using HENNA/MEHNDI as a tool to express her art form every day back in Hyderabad city in India. She was able to Bag 7 Gold Medals in various Art Competitions. She is a ambidextrous Artist which is very difficult to find these days.

After landing in America just having certificates/awards on Henna/Mehndi was not enough. Every night she would practice drawing, by keeping in mind that if she stopped practicing, she would've lost her art. Never had a Paint which was beyond her reach she had to constantly battle her way out in term of Financial Burdens, so she continued using Henna/Mehndi. But her husband, Waheed Khan noticed her Passion every single day and conveyed his support as he believed in her hard work and wanted Noureen to Exhibit her artwork to the world. Noureen didn't have colors, she decided to use Henna/ Mehndi to portray her art which took everyone by surprise even to the most experienced in Art Gurus who were impressed to see the various Designs. She shared that her real passion is with Arabic/Persian Qatati (Arabesque Pattern's) artwork and Painting, but Henna was to complement the same. Noureen Says "I'm very grateful for my husband, my kids, and especially Henna/Mehndi for bringing color to my life. They say that color speaks all languages and understand all feelings breaking all the barriers".

Brief Profile

Noureen Sultana was born and raised in the City of Pearls, Hyderabad, the home to India's

leading Artists and Poets. She is a Ambidextrous Artist She has earned her fame in New England with the fine art of

Mehndi (Henna), her main expertise is hand painting, she has taken this form of art to

the next level by making paintings inspired by Indian, Moughal, Turkish & Persian motifs.

Noureen completed her Civil Draftsmanship and Architecture from the Indo British

Academy in 1990 and has learned various forms of art from her mother, such as Water color Painting, Emboss Painting, Nib Painting and Glass Painting, all types of stitching and

Henna (Mehndi)

She holds 7 Gold Medals from the All India Industrial Exhibition in various Categories:

Henna (Mehndi), Embroidery, Water color painting, Oil Painting & Fabric Painting.

Noureen Design House is also a proud recipient of various International Recognition Awards from Boston Common wealth Museum and other Organizations .

ABOUT PAINTING & ART WORKS

Noureen creates the majority of her paintings using the ancient Indian, Persian, Turkish &

Mughal techniques and motifs. Such special techniques and unique motifs are used

especially in Persian carpets, rug designs as well as traditional Persian attire.

She had used a variety of patterns such as the Paisley pattern, the Turkman pattern, the

Allover Pattern, the Tree Pattern, the Spiral Pattern, and lastly, the famous stones and

Peacock pattern.

Such exquisite paintings take above 25 - 30 days to make a painting depending on the

size through the Designing to Final Finishing process.

Inspiration Behind Mastering various Art Forms

Noureen Design House is a family owned business which mostly driven by the Passion of Art in the our family. There are many forms of art that my family has been in for generations, I mainly specialize in paintings, I use my expertise in painting and incorporate such designs into my henna artwork. I grew up seeing this many times in my childhood, therefore, this art has been a great part of my life since my early age. As time passed by, I began to realize that color and design is a passion for me. You know people do things and are creative sometimes, out of necessity. For me, this has been a passion of mine. After moving to the United states of America, I

kept this passion alive and began to impress not only the South Asian community here in New England but also non-South Asian communities alike. I took my inspiration from art museums, art galleries, art exhibits, animals and nature (greenery, birds, etc.) I got a lot of love and appreciation from the community here and my creativity began to flourish. I also give credit to my beloved mother, Zaheer Unisa Begum and my grandmother, Mehmooda Khatun for giving me this art, My Father Ahmed Shareef who was the fuel behind the family also I would not have reached where I am today without the motivation and support of my Husband Waheed Khan who stood behind the entire thicks and thin of my life.

Continuing the Family Heritage

Both my sons Danish Khan and Mahid Khan who are in their teens showed interest in various creative activities at a very early stage in their life. Something I would say, they got this talent from our family culture. Regardless of age, I began to realize that my sons have been naturally gifted with art. Of course, the moment I realized I supported and put efforts to encourage and boost up their talents in different forms of art.. I would also emphasize that confidence plays a pivotal role when it comes to becoming very creative. Therefore, I always take my sons to many social events where they would show their work of art and would get appreciation and inspiration from the community. This has been one of the major factors for my sons to contribute equally in this business. And you know, kids are creative and they give you surprises. So, yes, both my sons surprises me with their creativity and originality in their paintings, henna and other forms of artwork

Entrepreneurship

America is a melting-pot. It is a diverse society which incamposses incredible cultures and ethnicities. The environment itself is one of the major factors which gave me encouragement to revive and rebrand our business and introduce it to the new England community.

Connecting Communities via Art & Culture

I have been involved in the community for many years. One of the things I like to share is that representing our culture through the work of art has been a greater achievement in this community. Most of the time, I travel to different events to represent our traditions and values through the work of art. In my case I choose different forms of arts from south asian culture and communities to express and show my own uniquity in such South Asian Culture and communities. I love this work and gives inspiration and strength to carry it on further.



received several recognitions and proclamations from Governor of Massachusetts, Senator Elizabeth Warren office and State Representatives Office. It was a pleasure to see many government officials

and also Mayor of City of Framingham Ms Yvonne Spicer at our Events We do facilitates 2 Major Events Free Events in New England where we get around 1800-2000 People for Eid ul Adha and Eid ul Fitr Also we arrange events for Dewali and Karwachaut

Aspirations and Beyond

With a Humble beginning my best is yet to come with a Big Dream of expansion and continuation of this business at a broader level, One of the immediate priority is to expand geographical foot prints, though. America is big and there is a bigger community in other parts of the US. I hope that one day, I can achieve my fathers dream, I aim to expand our family business in other areas of the world and hold exhibitions in places such as the UK, Dubai, India, and other countries. And also would like to open a Art School in Massachusetts It may be a long and hard path but I am very committed to walk on it.

Awards and Recognition

Proclamations from Governor of Massachusetts (Governor Davel Patrick & Governor Charles Baker)
Recognitions from Senator Elizabeth Warren
Proclamations from State Representative
Recognition from Mayor of Framingham Ms. Yvonne

Special Recognition's and awards from Boston Common Museum

Family Business Awards from Northeastern University

Continuing the Legacy

By the grace of God Noureen Design's have achieved a lot but as a part of continuing and spreading this form of Art Noureen wants to train and develop young budding female creative brains who have the spark by providing a platform to settle their rainbows which they are carrying over their head by the form of art. This is her way to give back to the society irrespective of any communities

IS YOUR AIRBAG DEFECTIVE?

Nearly 70 million Takata airhag inflators, in approximately 42 million vehicles, are or will be under recall in the United States by 2020.

Even a minor fender bender can cause these airbag inflators to rupture, spraying metal shrapnel into drivers and passengers.

DON'T RISK INJURY OR DEATH, CHECK YOUR VEHICLE TODAY.

Here's How:

Find it

Write down your Vehicle Identification Number (VIN) or take a photograph of your license plate.

 Look for your VIN on the driver-side dashboard by the windshield or on your insurance card.



Search it

Visit AirbagRecall.com to upload a photo of your license plate or to look up your 17-digit VIN.

Then follow the on-screen instructions to prove you are not a robot.

Upload a photo

or

Enter a license plate or VIN manually



If you see text that reads recall incomplete...

YOUR AIRBAG INFLATOR WILL BE REPLACED FOR FREE.



Schedule an appointment at your automaker's local dealership as soon as possible.

If you see text that reads **remedy not available**, call a dealer anyway. Make sure
your contact information is up to date so they
can notify you as soon as parts are available
for your repair.





FEBRUARY 2022 Monthly Horoscope

Aries (March 21 – April 19)
Even when you say you don't care about
Valentine's Day, you secretly do, dear ram.
Make sure that your crush or partner
knows that; they can't read your mind.
Thanks to help from rational Aquarius and
the communication Mercury, that should
be no problem, though. February ends
with a very erotic transit that lights your
bedroom on fire, so let's hope you saved
some energy after Valentine's Day, hot
Aries.

Taurus (April 20 – May 20)

When February begins, darling Taurus, thanks to big moves from Juno, the asteroid of marriage, you reflect on how much you appreciate stability in your love life. The only problem is that you don't always express your needs to others. However, when a rare cosmic event occurs later in the month, in conjunction with the start of emotional Pisces season, you're successfully able to share your feelings (so keep the tissues handy)

Gemini (May 21 – June 20)

Once again, heartbreaker Gemini, the stars are asking you not to lead anyone on this month, especially around Valentine's Day. However, while the first half of the month sees you trying to please friends and lovers, the second half of February gives you a big, warm, cosmic hug and brings welcome intimacy into all of your relationships. Just double-down on sleep and self-care if anxiety flares up once sensitive Pisces season begins.

Cancer (June 21 – July 22)

Cancer, you're full of artistic talents, even if you don't always show them off. So when a bright full moon brings abundance your way mid-month, thanks to your creative efforts, say yes to the check. And, as for romance and Valentine's Day, despite what an exceptional caretaker you are, why don't you let someone else do the work this year.

Leo (July 23 – August 22)

February kicks off with a new moon that asks you to reflect on boundaries, Leo. Are you holding your own and respecting others? At the risk of calling a majestic lion such as yourself out again, February, and cosmic events which occur precisely on Valentine's Day, ask you to put aside short-term pleasure for the sake of the long game. That means putting more emotional effort into your current relationships and spending less time creeping on your ex.

Virgo (August 23 – September 22) Don't worry about feeling selfish this month; the stars ask you to be. As the healer of the zodiac, you tend to focus on others, especially when holidays such as Valentine's Day take your attention. But you're also represented by the hermit card in tarot. It would help if you stepped into your cave once in a while for your mental health. When Mercury squares (a high tension aspect between two planets) the eccentric planet Uranus later in the month, you may find yourself feeling anxious. So, express your needs to others and sleep in as much as you want

Libra (September 23 – October 22) Great news, Libra: Pleasure is a massive theme for you this month, so whether it's given by your favorite sex toy or your favorite person, expect orgasms galore. But regardless of your relationship status, you need to make alone time this month. Of course, as the sign of partnerships and balance, you always want to connect with others. But to do so, Libra, you need to get in touch with your desires.

Scorpio (October 23 – November

Valentine's Day is a special day for Scorpios because even though it's during Aquarius season, anyone conceived during this time (yes, that includes you) turns out to be a Scorpio. Lean into the rational influence of air sign Aquarius this month, Scorpio, because you tend to get carried away with your emotions. During February, both in love and money, cooler heads prevail

Sagittarius (November 22 – December 21)

February asks you to grab your bow and arrow, archer because you're ready for battle. This could mean ending a deadend relationship or accepting a proposal in a healthy one, but either way, expect a change or two. Either way, it's for the best because the stars sprinkle your love life with fairy dust just in time for Valentine's Day. However, there is one catch: You can't dominate the conversation, Sag. Instead, February asks you to listen.

Capricorn (December 22 – January 19)

You usually think with your head more than your heart, Capricorn, but February sees you tapping into your emotional side, and don't worry, it's a good thing. The first half of the month is so buzzy with romance that you may want to catch up on sleep on Valentine's Day. And, despite your penchant for science, open your mind to psychic messages in dreams during Pisces season later in the month, as they're coming your way

Aquarius (January 20 – February

It's still your season for the first half of the month, Aquarius, including during Valentine's Day. But, even if you find the holiday a corny commodification of love, your romantic side comes out thanks to the communication Mercury entering your sign, encouraging you to express your feelings. Plus, whether it's a raise of a proposal, you're in for an abundant surprise mid-month

Pisces (February 19 – March 20) While the early days of February might leave you feeling slightly lonely, your happiness soars mid-month when you reconnect with friends, perhaps over Valentine's Day. So not only does the second half of February bring the start of your season, Pisces, but prosperous news for your career is on the way.

We begin with a new moon in detached

- Aries (March 21 April 19)
- Taurus (April 20 May 20)
- Gemini (May 21 June 20)
- Cancer (June 21 July 22)
- Leo (July 23 August 22)
- Virgo (August 23 September 22)
- Libra (September 23 October 22)
- Scorpio (October 23 November 21)
- Sagittarius (November 22 December 21)
- Capricorn (December 22 January 19)
- Aquarius (January 20 February 18)
- Pisces (February 19 March 20)

Aquarius on Tuesday, February 1. As a reminder, dark new moons are a time for new beginnings, so use this night to set intentions for the month ahead. As this lunation falls in humanitarian Aquarius, you may feel drawn to issue bigger than yourself, such as joining a grassroots organization fighting climate change or supporting Black-owned businesses.

On this same date, Tuesday, February 1, Juno, a planetary body known as "the asteroid of marriage," enters aloof Aquarius. For some, this may leave love feeling a bit icy and unemotional. However, for others (especially the water signs), applying more logic to your relationship approach can be healthy, and your relationships will benefit from this cosmic influence. Communicating within your long-term commitments, whether with lovers or friends, becomes more manageable when messenger Mercury ends its retrograde and goes direct in Capricorn on Thursday, February 3. While Aquarius isn't the most romantic placement for Mercury, it will help you stick to the facts, making it easier not to get the bombardment of cupid-themed posts get to you.

The chatty planet Mercury re-enters rational Aquarius on Monday, February 14, exactly on Valentine's Day. While Aquarius

isn't the most romantic placement for Mercury, this will help you stick to the facts, making it easier not to get the bombardment of cupid-themed social media posts get to you. And, if you are happy in love, you'll be able to express your feelings to one another directly. Cheers for communication. But save some of your energy — as sexy as Valentine's Day can be, a full moon in attention-loving Leo on Wednesday, February 16, leaves you ready for more pleasure, whether it's at the hands of your partner or favorite sex toy. When the sun enters sensitive Pisces on Friday, February 18, the detached air of Aquarius leaves us in favor of Pisces season activities, such as crying in fake eyelashes and masturbating in the bathtub. Not only does this time of year bring out your emotional side, but it's a highly creative season, so keep a pen nearby to jot down ideas as they come to you. Pisces is also a wise and psychic sign, so pay extra attention to messages in dreams. Spend the rest of the month devoting time to passion projects, allowing yourself to feel your feelings, and enjoying pillow talk. See you in March, and keep reading to see what's specifically in store for your sign.



Palestinian family speaks of pain of eviction

A Palestinian family whose home was torn down by Israeli authorities this week in the flashpoint East Jerusalem area of Sheikh Jarrah have spoken of their ordeal.

Israeli police evicted the Salhiyeh family before dawn on Wednesday (January 19). Then a bulldozer tore the house down. Activists and family had maintained a vigil

Sheikh Jarrah has become an emblem; witness to clashes between Israeli settlers and Palestinian families threatened by eviction.

Days earlier, Mahmoud Salhiyeh surrounded himself with gas canisters on the roof of the house, threatening to blow it

During the eviction, Mahmoud says, he was terrified the police would hurt his

children.

"At 2am, my son woke me up and said that the army were entering the house. I couldn't leave the room, they came in and arrested me. They stepped on my back and the officer said: "I told you I'd come and evict you and I'll make you leave your house like a dog, barefoot." He stepped on my back and told me: "Put your head down." I told him I never put my head

Nine-year-old Aya worries about the cats. They were inside when they demolished the house, she says.

No, they ran away, for sure, her father tells

Yasmeen is 19. She managed to save some childhood toys. 'They hold my memories,' she says.

"My heart is broken. I don't know how to express myself. The house that I was raised in is now torn down. Everything in the house is gone. The feeling is so hard, to see my father's hard work of 25 years demolished. Our memories, my father's heritage on this land, everything is gone."

Jerusalem authorities have expropriated the plot on which the house stood, in an area of the city Israel occupied in 1967 and later annexed.

They and the police said the family were given 'countless opportunities" to hand over the land after an evacuation order



Palestinian President Mahmoud Abbas called Wednesday's demolition a "war crime" and urged Washington to compel Israel, quote, "to stop the policy of ethnic cleansing against the Palestinian people". Yahoo News

Your health: Don't sugar coat the risks posed by diabetes

Ah, how I miss the holidays already. I already miss the merriment, gift exchanges and the delicious pies, tarts and other sweet goodies. In my case, my weakness my mother-in-law's finger-lickin' molasses cookies. What we don't ever think about — rightfully so — is the massive amount of sugar we are consuming, and that is of course not just during the holidays. Sugar — we cannot live without it. As a matter of fact, our brain requires glucose (the body's form of stored energy) to function. But too much blood sugar leads to diabetes. Diabetes is a chronic disease that affects how your body processes blood sugar. Diabetes is split into two categories — Type 1 and Type 2. Type 1 diabetes is genetic, and can start at any age in life — although it most often appears in childhood or in adolescent years. We will mostly talk about Type 2 diabetes because it is preventable.

The No. 1 cause of Type 2 diabetes is obesity and an inactive lifestyle. Symptoms of diabetes include the following: increased thirst, frequent urination, extreme hunger, irritability, blurred vision, slow-healing sores and fatigue. These symptoms typically start in pre-diabetes (a precursor to

diabetes). They gradually increase in frequency, as the blood sugar is uncontrolled.

We discussed earlier that obesity is a biggest risk factor, but family history, environmental factors, your age and even geography can play a role. Diabetes that is severely uncontrolled can lead to kidney damage, nerve damage, eye damage and many other complications. This is why prevention and treatment are so impor-

So, now that I have scared you, I can assure you that diabetes is very preventable. Eat healthfully — choose foods high in fiber and low in fat. Fruits and veggies are key! Get more exercise — walk more, work out a couple times a week — ideally 150 minutes per week. Aim to lose weight and focus on permanent changes; do not focus on fad diets. Motivate yourself by joining a workout program or pairing up with a buddy to go walking.

Treatment for diabetes is vast and very tailored to the specific individual. If you start having any of the symptoms above and/or have a family history of diabetes, I greatly

encourage you to make an appointment with your doctor.

There are oral medications such as metformin that can help lower your blood sugar. Insulin is one of the greatest medications of all time as it has saved countless lives. It is injectable and lowers the blood sugar quickly — Type 1 diabetics rely on insulin

as the standard choice of medication but many Type 2 diabetics use it, too. Many new medications that you may have seen on TV include Ozempic and Trulicity.

The single most important piece of advice I can give is to check your blood sugar. Without knowing where you stand it is hard to determine what your treatment will be. Your doctor may check your A1C (for healthy individuals the goal is less than 5.7%). This is ever so important I cannot emphasize it enough!

If you got to the end of this article, I applaud you, because diabetes is serious. Far too many people not only lose their

lives because of this disease, but they are disabled because of it. Rethink your diet,

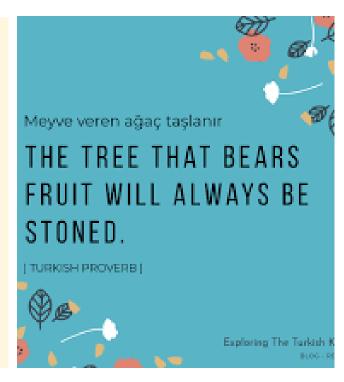


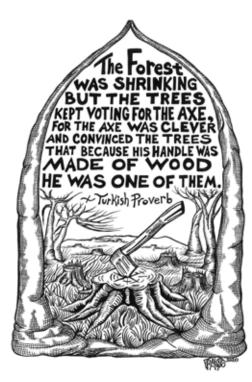
rethink your lifestyle, and make 2022 your year of getting healthy!

Krutika Simon is a pharmacist based in Bloomington with a focus on health and wellness and specialty medications. You can contact her at KrutikaSimon@gmail.

This article originally appeared on The Herald-Times: Your health: Don't sugar coat the risks posed by diabetes Krutika Simon Yahoo news







Readymade babies': Taslima's tweets on surrogacy create a row

Writer Taslima Nasreen was slammed on Twitter as she questioned the feelings of women who attain motherhood through surrogacy and said surrogacy is possible only because there are poor women in

Writer Taslima Nasreen's opinion on surrogacy, as Priyanka Chopra and Nick Jonas welcomed their first baby via surrogacy, has created a flutter on social media. The writer slammed the process of surrogacy and questioned the feelings of mothers who attain motherhood via surrogacy. Social media users criticised the writer's comment.

How do those mothers feel when they get their readymade babies through surrogacy? Do they have the same feelings for the babies like the mothers who give birth to the babies?" the writer tweeted. Surrogacy is possible because there are poor women. Rich people always want the existence of poverty in the society for their own interests. If you badly need to raise a child, adopt a homeless one. Children must inherit your traits---it is just a selfish narcissistic ego.

How do those mothers feel when they get their readymade babies through surrogacy? Do they have the same feelings for the babies like the mothers who give birth to the babies?

Surrogacy is possible because there are poor women. Rich people always want the existence of poverty in the society for their own interests. If you badly need to raise a child, adopt a homeless one. Children must inherit your traits---it is just a selfish narcissistic ego," the writer said.

Social media users commented that it is the choice of the individual and in many cases, people may opt for surrogacy because of medical reasons.

Though Taslima did not mention Priyanka Chopra's name, the tweets come after Priyanka Chopra and Nick Jonas announced on Saturday midnight that they have become parents via surrogacy. Reports said the celebrity couple have welcomed a baby girl who was born 12 weeks premature.

Surrogacy is a medical process in which the egg of a woman is fertilised with the sperm of a man in a medical process and the embryo is then planted in the uterus of the surrogate mother who carries the baby in the

HINDUSTAN TIMES



Intel CEO discusses how he plans to bolster the chip industry by creating 'the largest silicon manufacturing location on the planet'in Ohio

Intel CEO Patrick Gelsinger plans on making the world's largest semiconductor manufacturing site.

Gelsinger spoke with Time about Intel's plans to build up the chip supply chain in Ohio by 2025.

Intel's plans call for a \$20 billion complex spanning 1,000 acres near Columbus.

Intel CEO Patrick Gelsinger's plans for addressing the global chip shortage call for building the world's largest semiconductor manufacturing plant — on US soil.

In an interview with Time, Gelsinger said his aim in developing a \$20 billion complex in New Albany, Ohio, near Columbus - which was announced Friday at a news conference with President Joe Biden was to rebuild "a complete supply chain" for semiconductors in the US.

"When we look to 2030 and beyond, we could be at a dramatically different view of our national supply chains," Gelsinger

told Time. "And, as we've said, COVID has induced us to think about these things differently."

The complex, which the company hopes will be operational in 2025, is expected to include two semiconductor fabrication plants for Intel to research, develop, and manufacture computer chips. The effort is expected to employ about 3,000 people to produce the chips, which power everything from cars to gadgets like iPhones, gaming consoles, and computers.

Companies like Intel had been plagued by supply-chain shortages and constraints around chips even before the coronavirus pandemic, though factory shutdowns and increased demand exacerbated the problem.

According to Gelsinger, the best way to alleviate the crunch is to bring the supply chain stateside. The CEO told Time that Intel planned to implement its most cutting-edge technology at the 1,000-acre complex, which he added could expand

beyond that size.

"Our expectation is that this becomes the largest silicon manufacturing location on the planet," Gelsinger said.

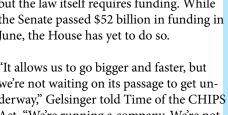
Though Ohio may seem like an unexpected choice for Intel, whose main hubs are located primarily on

the West Coast, Gelsinger told Time that Intel's move to the Midwest was strategic. "Ohio has a great reputation as a manufacturing site," Gelsinger said. "For other industries, it's been well leveraged in that regard — manufacturing is hard work. It is just very disciplined execution."

The Associated Press described Intel's announcement as the largest private-sector investment in Ohio history. Gelsinger has repeatedly met with various leaders in Washington, DC, to discuss the CHIPS for America Act, a law meant to help develop semiconductor manufacturing in the US.

The CHIPS Act authorizes federal investments to incentivize chipmakers in the US, but the law itself requires funding. While the Senate passed \$52 billion in funding in June, the House has yet to do so.

"It allows us to go bigger and faster, but we're not waiting on its passage to get underway," Gelsinger told Time of the CHIPS Act. "We're running a company. We're not running a political process. We're getting going." Emily Walsh Yah00 Finance



Rejected by New Zealand, reporter turns to Taliban for help

WELLINGTON, New Zealand (AP) — A pregnant New Zealand journalist says she turned to the Taliban for help and is now stranded in Afghanistan after her home country has prevented her from returning due to a bottleneck of people in its coronavirus quarantine system.

In a column published in The New Zealand Herald on Saturday, Charlotte Bellis said it was "brutally ironic" that she'd once questioned the Taliban about their treatment of women and she was now asking the same questions of her own government.

"When the Taliban offers you — a pregnant, unmarried woman — safe haven, you know your situation is messed up," Bellis wrote in her column.

New Zealand's COVID-19 Response Minister Chris Hipkins told the Herald his office had asked officials to check

whether they followed the proper procedures in Bellis's case, "which appeared at first sight to warrant further explanation."

New Zealand has managed to keep the spread of the virus to a minimum during the pandemic and has reported just $52\ virus\ deaths$ among its population of 5 million.

But the nation's requirement that even returning citizens spend 10 days isolating in quarantine hotels run by the military has led to a backlog of thousands of people wanting to return home vying for spots.

Stories of citizens stranded abroad in dire circumstances have caused embarrassment for Prime Minister Jacinda Ardern and her government, but Bellis's situation is particularly striking.

Last year, she was working for Al Jazeera covering the withdrawal of American troops from Afghanistan when she gained interna-



tional attention by questioning Taliban leaders about their treatment of women and girls.

In her column Saturday, Bellis said she returned to Qatar in September and discovered she was pregnant with her partner, freelance photographer Jim Huylebroek, a contributor to The New York Times.

Europe's energy reliance on Russia is a crucial shield for Putin

Cracks in the NATO alliance regarding sanctions for Russia should President Vladimir Putin order troops into Ukraine are in large part based on energy supply concerns.

Why it matters: Russia holds tremendous leverage over some European countries because it provides roughly 40% of Europe's natural gas supply. In Germany, this figure is greater than 50%.

Should Russia choose to cut off the supplies in the middle of winter in response to the imposition of Ukraine-related sanctions, energy costs would skyrocket and millions could shiver amid power outages.

This would put pressure on political leaders to weaken the sanctions.

Between the lines: "It's going to be an incredibly hard sell in any European country, to say that you have a 10 times higher energy bill and we feel as though our supply is not plentiful enough, because of Ukraine," Kristine Berzina, of the German Marshall Fund's Alliance for Securing Democracy.

"That is what is going to break [NATO] unity," Berzina, a senior fellow with the group, told Axios.

Driving the news: In order to diminish Russia's energy leverage, the U.S. is working overtime to boost commitments to deliver liquefied natural gas for Europe from around the world.

According to CNN as well as reports in Bloomberg and FT, the Biden administration is scouring the globe for companies and countries — including LNG export heavyweight Qatar — to add more deliveries to Europe in the event of any shortages.

In securing more natural gas for Europe, the U.S. is hoping to shore up allies' resolve in the face of potential Russian aggression.

Yes, but: With the White House warning the Russian military could begin action against Ukraine at any moment, the gas may not arrive in time to stave off shortfalls

Threat level: There's already an energy crunch in Europe, due to global factors

and recent Russian actions.

The region currently has the record lowest level of stored natural gas supplies for this time of year, and electric power prices have already climbed steeply.

Germany, which has long viewed Russia as a reliable provider of natural gas despite policy differences, is a

key country to watch given its vulnerability to supply disruptions.

According to the International Energy Agency, European gas markets show signs of "artificial tightness," noting that Russia reduced its gas exports to Europe during the fourth quarter of last year compared to 2020, despite higher market prices in 2021.

Berzina said the current crisis is one that "Russia has laid the groundwork for."

The big picture: A Russian invasion of Ukraine and the U.S. and an allied country response would have ripple effects beyond Europe, exacerbating inflation and roiling global energy markets.

There's potential for boosting LNG supplies into Europe if the Ukraine crisis causes reduced flows or supply interruptions, but it's not a silver bullet.

What they're saying: "Europe has already taken in a lot of U.S. LNG, although some of it still goes to Asia. There is some LNG exported from Africa that is going to Asia; that could be rerouted to Europe," Nikos Tsafos, an energy expert with the Center for Strategic and International Studies, said via email.

"The big balancer is Qatar: 83% of December exports went to Asia. That's the gas Europe will try to grab. There are limits to how much can be rerouted, but even a modest shift could make a big difference," adds Tsafos, who charted recent global

Goldman Sachs analysts say record high northwestern Europe LNG imports this month don't offset reduced Russian inflows, "underscoring that the supply shortfall in the region has not been resolved."

"[S]hould tensions between Russia and the Ukraine escalate, the initial uncertainty around its impact on gas flows would likely lead the market to once again add a significant risk premium to European gas prices," they said in a note.

The bottom line: "There's no magic wand," an unnamed U.S. official tells the FT, citing LNG companies' contractual obligations with Asian buyers and other constraints.

Go deeper: State Department orders evacuation of U.S. diplomats' families from Ukraine Andrew Freedman Yahoo News



Bollywood actor Shah Rukh Khan thanks Egyptian fan for helping 'fellow Indian'

Ashwini Deshpande's 'heartwarming' story about the actor's Egyptian fan went viral online

Bollywood superstar Shah Rukh Khan thanked an Egyptian fan for helping "fellow Indian" Ashwini Deshpande who was having trouble transferring money to him.

Deshpande, who is a professor of Economics at a prestigious Indian university, first wrote about the travel agent who came to her aid, on 31 December 2021 in a Twitter post.

She wrote: "Needed to transfer money to a travel agent in Egypt. Was having problems with the transfer. He said: 'You are from the country of Shah Rukh Khan. I trust you. I will make the booking, you pay me later. For anywhere else, I wouldn't do this."

Confirming he had transferred the money

on her behalf, Deshpande said she was able to meet the travel agent on her subsequent trip to Egypt and tweeted pictures with him on 10 January 2022.

Addressing Khan's Mumbai-based film production company Red Chillies Entertainment, Deshpande also added that the actor's fan would be "delighted" with an autographed picture, addressed to the Egyptian national's daughter.

On Saturday (22 January), Deshpande shared an update on her story about the travel agent, writing Khan had sent three signed photographs – "one with the nicest message for the Egyptian travel agent, one for his daughter and one for mine – via his manager Pooja Dadlani."

Khan's message read: "Thank you for being kind to my fellow Indian. Very gracious and generous of you."



"May your kind of good souls multiply," the 56-year-old actor said.

Khan's fans joyously reacted to Deshpande's post, celebrating the actor's "kind"

spirit. Khan, one of Asia's highest paid actors, has fans all over the world who regularly tweet to him. Maanya Sachdeva INDEPENDENT

Beaten and humiliated by Hindu mobs for being a Muslim in India

Unprovoked attacks on Muslims by Hindu mobs have become routine in India, but they seem to evoke little condemnation from the government.

Last month, a video that went viral on social media showed a terrified little girl clinging to her Muslim father as a Hindu mob assaulted him.

The distressing footage showed the 45-year-old rickshaw driver being paraded through the streets of Kanpur, a city in the northern state of Uttar Pradesh, as his crying daughter begged the mob to stop hitting him.

His attackers asked him to chant "Hindustan Zindabad" or "Long Live India" and "Jai Shri Ram" or "Victory to Lord Ram" - a popular greeting that's been turned into a murder cry by Hindu lynch mobs in recent years.

He complied, but the mob still kept hitting him. The man and his daughter were eventually rescued by the police. Three men arrested for the attack were freed on bail a day later.

A few days later, another viral video surfaced showing a Muslim bangle-seller being slapped, kicked and punched by a Hindu mob in Indore, a city in the central state of Madhya Pradesh. The attackers could be heard abusing Tasleem Ali and telling him to stay away from Hindu areas in future.

In a police complaint, he later alleged that he had been "beaten by five-six men who hurled communal slurs at him for selling bangles in a Hindu-dominated area and robbed him of money, his phone and some documents".

But in a strange turn of events, Ali himself was arrested the next day after the 13-year-

old daughter of one of his alleged attackers accused him of molesting her. His family and neighbours have strongly denied the accusation. They said it was inconceivable that the father of five would do something like that.

And eyewitnesses, quoted in the Indian press, said he was attacked because of his religious identity and the molestation accusation against him seemed to be an afterthought.

The two attacks were among several instances of anti-Muslim violence in August, but the last month by no means was cruellest for India's biggest religious minority group, with a population of more than 200 million.

Similar attacks were reported in the preceding months too - and many made headlines.

In March, a 14-year-old Muslim boy who had entered a Hindu temple to drink water was violently assaulted

In June, a vendor was beaten up in Delhi for trying to sell fruit in a Hindu locality "The violence is overwhelming. It's rampant and common and also very acceptable," says Alishan Jafri, a freelance journalist who's been documenting attacks on Indian Muslims for the past three years.

He says he comes across "three-four such videos every day" but is able to verify only one or two which he then shares on social media.

Religious faultlines have existed in India for a long time but, critics say, anti-Muslim violence has risen since 2014 under the Hindu nationalist government of Prime Minister Narendra Modi.

"Communal violence is not a recent phenomenon, but it grows in sync with the

strategies of those in power and political mobilisation," Prof Tanvir Aeijaz, who teaches politics science at Delhi University, told the BBC.

The distrust was always there but cleavages have been sharpened now by religious nationalism and ethno-nationalism."

During Mr Modi's first term in power, there were numerous incidents of Muslims being attacked by so-called "cow vigilantes" over rumours that they had eaten beef, or that they were trying to smuggle cows - an animal many Hindus consider holy - for slaughter.

The prime minister did not condone such attacks, but was criticised for not condemning them quickly or strongly enough either.

Prakash Javadekar, a senior BJP leader, told the BBC that "the government believes that lynching is bad, wherever it happens. But law and order is a state subject and it is their responsibility to deal with it".

He then went on to accuse the media of "biased and selective journalism" by focusing on attacks on Muslims.

"If you look at official data, there were 160 Hindus among the 200 people who were lynched. People of all faiths were targeted," he said, but did not give details of where the data could be found. India does not gather such data.



counted "hate crimes" in India reported that more than 90% of victims in the past 10 years were Muslims.

And the perpetrators of the attacks remain unpunished amid accusations that they enjoy political patronage from Mr Modi's Bharatiya Janata Party after a government minister garlanded eight Hindus convicted for lynching a Muslim.

"Such attacks have become so common in our country today only and only because of the impunity these thugs enjoy," says Hasiba Amin, a social media co-ordinator for the opposition Congress party.

"Today hate has gone mainstream. It is cool to go attack Muslims. The hate mongers are also rewarded for their actions." By Geeta Pandey BBC News, Delhi

Biden nominee would be 1st Muslim woman to serve as federal judge

President Joe Biden announced the nomination of Nusrat Jahan Choudhury to the federal judiciary Wednesday, who, if confirmed by the Senate, would become the first Muslim American woman to serve as a federal judge. She is also the first Muslim American woman to be nominated to the federal judiciary.

Choudhury was nominated to sit on the United States District Court for the Eastern District of New York and is also the first Bangladeshi American to be nominated to the federal bench. She would be the second Muslim American appointed to a federal judgeship, according to the White House announcement.

"These choices also continue to fulfill the President's promise to ensure that the nation's courts reflect the diversity that is one of our greatest assets as a country," the statement read.

Choudhury is currently the legal director at the Illinois division of the American Civil Liberties Union and previously served as the deputy director of the national ACLU Racial Justice Program. She is a graduate of Yale Law School, Columbia University and Princeton University. The other nominees include Arianna Freeman, who would be the first African American woman to serve on the Third Circuit Court of Appeals; Ana Isabel de Alba, who would be the first Latina to serve on the Eastern District of California; and Nina Nin-Yuen Wang, who would be the second Asian American to serve the United States District Court. Tiffany Cartwright, Robert Steven Huie, Natasha Merle and Jennifer Rearden round out the president's first set of nominees for 2022 and the 13th of his presidency.

The selections align with Biden's goal of nominating more women and people of

color to serve on the bench, jobs that come with a lifetime appointment. The trend is in stark contrast to his predecessor.

Former President Donald Trump's nominees were 85% white and 76% of them were men, according to the Alliance for Justice advocacy group. To date, 78% of Biden's confirmations have been women and 53% have been people of color, according to the White House.

Democrats have pushed Biden to make federal court nominations a priority after Trump and former Senate Majority Leader Mitch McConnell made a concerted effort to shape the nation's courts.

Over the course of one term, Trump had 245 judges confirmed compared with



confirmed judges across two terms according to the United States Courts.

As of Jan, 1, however, Biden had gotten the most federal judges confirmed in a president's first year in office since former President Ronald Reagan.

ERIC FAYEULLE

Archeologists discover 2 giant sphinxes at the lost 'Temple of a Million Years' built by a great pharaoh in Egypt 3,300 years ago

Archeologists found two large sphinx statues during the restoration of a temple in Luxor, Egypt.

The "Temple of Millions of Years" was a vast funerary temple of King Amenhotep III, who ruled about 3,300 years ago.

The limestone statues measured around 26 feet in length and depict the Pharoah in the form of a sphinx.

Archeologists discovered two colossal sphinx statues while restoring the ancient Egyptian funerary temple of King Amenhotep III, according to the Egyptian Ministry of Tourism and Antiquities.

King Amenhotep III was a pharaoh who ruled Egypt around 3,300 years ago when it was rich in gold and oversaw a peaceful period of prosperity and growing international power.

The limestone statues measure around 26 feet in length and depict King Amenhotep III in the form of a sphinx – a mythological creature with a lion's body and a human head – wearing a mon-

goose headdress, a royal beard, and a wide necklace, the ministry said.

An Egyptian-German archeological mission found the statues half-submerged in water inside the Luxor temple, known as the "Temple of Millions of Years."

The team also found three black granite busts of the goddess Sekhmet, a goddess of war also associated with healing which is often depicted as a part lion.

Remains of the walls and columns were decorated with inscriptions of ceremonial and ritual scenes, the ministry said.

Dr. Horig Sorosian, head of the Egyptian-German mission, said in a statement that the large sphinxes indicated the location of a procession road used to celebrate festivals.

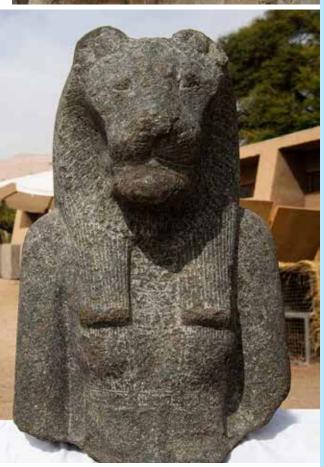
After the statues underwent cleaning and restoration, archeologists found an inscription that said "the beloved of the god Amun-Re" across the sphinx's chest, referring to the sun god often depicted as a sphinx.

The vast funerary temple, built close to the Nile river by King Amenhotep III, was destroyed by an earthquake that swept Ancient Egypt.

The mortuary temple's main purpose was as a place for offerings for Amenhotep III for after his death and movement into the afterlife.

The project to restore the temple and the Colossi of Memnon, two massive stone statues of the pharaoh, began in 1998 under the supervision of the Egyptian tourism ministry, it said in a statement. Alia Shoaib





Covid: New Zealand PM Ardern cancels wedding amid Omicron wave

New Zealand's Prime Minister Jacinda Ardern has cancelled her wedding after announcing new Covid restrictions.

The entire country is set to be placed under the highest level of Covid restrictions after an outbreak of the Omicron variant.

The restrictions include a cap of 100 vaccinated people at events and mask wearing in shops and on public transport.

New Zealand has recorded 15,104 Covid cases and 52 deaths.

Ms Ardern confirmed to reporters on Sunday that her wedding to television host Clarke Gayford would not be going ahead.

"I am no different to, dare I say it, thousands of other New Zealanders who have had much more devastating impacts felt by the pandemic, the most gutting of which is the inability to be with a loved one sometimes when they are gravely ill," she said. "That will far, far outstrip any sadness I experience," she added.

New Zealand to reopen to vaccinated visitors

Men caught sneaking KFC into lockdownhit Auckland

The new restrictions come into force at midnight on Sunday local time (11:00 GMT).

It comes after a cluster of nine Omicron cases were confirmed.

A family who had attended a wedding in Auckland tested positive after returning home to the South Island. A flight attendant also contracted the virus. Officials say the level of community transmission from the group is expected to be high.

Indoor hospitality venues and events will

have their capacity capped to 100 vaccinated people or 25 if vaccine passes are not being used. This also includes gyms and weddings, the New Zealand Herald reports.

Students including year four and above will be required to wear masks in school.

New Zealand has operated under strict Covid rules since the start of the pandemic, al-

lowing it to keep deaths to a minimum. It was one of the first countries in the world to close its borders and quashed earlier outbreaks with lockdowns.

But since the emergence of the Delta variant, Ms Ardern has switched from a total Covid elimination strategy to pushing for higher vaccination rates and treating the virus as endemic.



It's thought that about 94% of the country's population over the age of 12 is fully vaccinated and 56% of eligible people have had their boosters.

Last year, the country announced plans to reopen borders as part of a staged reopening. Foreign travellers will be the last group to be granted entry into the country, from 30 April.

Jacinda Ardern

Yahoo News



HEALTH

How to stay strong and coordinated as you age

Strength training isn't just for 20-somethings getting ready for the beach. Keeping your muscles strong and healthy is important for older adults, too. With strong muscles, you can enjoy a high quality of life for years to come — swinging your golf club, playing with your grandchildren, taking a walk in the woods, or hitting the dance floor.

Strength and Power Training for Older Adults, a Special Health Report from the experts at Harvard Medical School, shows you the safest and most effective ways of strengthening your muscles — without spending a lot of time or money.

This information-packed report highlights the many benefits of stronger muscles, such as:

better balance and stability, which reduces your chances of falling a healthier weight stronger bones and reduced bone loss improved blood sugar control lower cholesterol levels, reducing your chances of heart disease stronger back muscles, which prevent or reduce lower back pain reduced arthritis pain and greater joint mobility

greater confidence and sense of wel-lbeing. Strength and Power Training for Older Adults gives you everything you need to strengthen your muscles, safely and correctly, including:

19 fully illustrated strength and power exercises and two complete workouts that help you gradually improve your level of muscle fitness, with little or no equipment needed

10 illustrated stretching exercises, and two balance exercises, to go with your strength workouts.

tips on what to ask your doctor before you start your exercise program.

expert advice on how to avoid injury when working out.

detailed answers to frequently asked questions about exercise.

a workout calendar, so you can plan your exercises in advance. 12 ways to help you stay motivated as you work toward your fitness goals

a helpful progress chart so you can track your improvement

tips on how to increase the intensity of your workouts, safely and correctly five additional exercises

plus other kinds of equipment, to add variety to your workouts. you'll learn the right way to strengthen your muscles and get

back to the life you love. So many physical abilities decline with normal aging, including strength, swiftness, and stamina. In addition to these musclerelated declines, there are also changes that occur in coordinating the movements of the body. Together, these changes mean that as you age, you may not be able to perform activities such as running to catch a bus, walking around the garden, carrying groceries into the

house, keeping your balance on a slippery surface, or playing catch with your grandchildren as well as you used to. But do these activities have to deteriorate? Let's look at why these declines happen — and what you can do to actually improve your strength and coordination.

Changes in strength Changes in strength, swiftness, and stamina with age are all associated with decreasing muscle mass. Although there is not much decline in your muscles between ages 20 and 40, after age 40 there can be a decline of 1% to 2% per year in lean body mass and 1.5% to 5% per year in strength. The loss of muscle mass is related to both a reduced number of muscle fibers and a reduction in fiber size. If the fibers become too small, they die. Fast-twitch muscle fibers shrink and die more rapidly than others, leading to a loss of muscle speed. In addition, the capacity for muscles to undergo repair also diminishes with age. One cause of these changes is decline in muscle-building hormones and growth factors including testosterone, estrogen, dehydroepiandrosterone (better known as DHEA), growth hormone, and insulin-like growth factor.

By Andrew E. Budson, MD,



Back pain is considered chronic if it lasts three months or longer. It can come and go, often bringing temporary relief, followed by frustration. Dealing with chronic back pain can be especially trying if you don't know the cause.

Back pain rehabilitation specialist Andrew Nava, M.D., offers insights into common chronic back pain causes and nonsurgical treatment options—and advises not to give up hope.

Common Causes of Chronic Back Pain Chronic back pain is usually age-related, but can also result from a prior injury. The most common causes include:

Arthritis of the spine —the gradual thinning of the cartilage inside the spine Spinal stenosis —narrowing of the spinal canal that may lead to nerve pain Disc problems, such as a herniated or bulging disc

Myofascial pain syndrome—unexplained muscle pain and tenderness
In some cases, it's difficult to pinpoint the cause of chronic back pain. "If your doctor has exhausted all diagnostic options, it's time to seek a second opinion from a back pain specialist," recommends Nava. It's important not to make rushed decisions or undergo extensive medical procedures

or undergo extensive medical procedures until the origin of the pain is found. Not only may they not help; they could make the pain worse, warns Nava.

If the source of the pain is not known or can't be treated, your best option may be to work with your doctor on reducing the flare-ups and making the pain manageable with nonsurgical treatments.

Nonsurgical Treatments for Chronic Back Pain

Physical Therapy

Exercise is the foundation of chronic back pain treatment. It's one of the first treatments you should try under the guidance of your physician and spine physical therapist. However, the same set of exercises doesn't work for everyone, says Nava. The exercises have to be tailored to your specific symptoms and condition. Maintaining the exercise routine at home is also a big part of success.

Physical therapy for chronic back pain may include:

Retraining your posture Testing the limits of pain tolerance Stretching and flexibility exercises Aerobic exercises Core strengthening Mindfulness and Meditation Chronic back pain is straining both physically and emotionally. To manage the frustration, irritability, depression and other psychological aspects of dealing with chronic pain, you may get referred a rehabilitation psychologist. This specialist may recommend meditation, yoga, tai chi and othercognitive and relaxation strategies to keep your mind from focusing on pain

Diet

Some diets are highly inflammatory, especially those high in trans fats, refined sugars and processed foods. Consult with your doctor to see if your diet could be

contributing to your chronic back pain and how you could change it. Maintaining a healthy weight could also help lessen your back pain by reducing the pressure on your spine.

Lifestyle Modifications When you have chronic pain, it's important to accept

your limitations and adapt. "Listen to your body and learn to pace yourself," suggests Nava. Take a break when mowing the lawn, or make several trips when carrying groceries. Take note of the activities that worsen your pain and avoid them if possible. Not only could this help your back feel better, it could also prevent the underlying condition from advancing. Another important lifestyle change to try is giving up smoking. Nicotine is scientifically known to accentuate pain and delay healing.

Injection-based Treatments
Nerve blocks, epidural steroid injections, nerve ablations and other types of injection-based procedures are available for chronic back pain. They are used when the source of the pain is known and can sometimes help rule out certain causes if the treatment doesn't work. Injections may stop or lessen pain for a certain period of time, but are not intended as long-term solutions and shouldn't be used in isolation.

Alternative Treatments Acupuncture, massage, biofeedback therapy, laser therapy, electrical nerve



stimulation and other nonsurgical spine treatments can also make a difference for chronic back pain. Talk to your spine specialist about alternative treatments that could benefit you.

Pharmacologic Treatments
Analgesics, anti-inflammatory drugs,
muscle relaxants and other medications
can be used to help control chronic back
pain. However, most come with unwanted
side effects and are not intended for prolonged use.

"Opioid medications generally shouldn't be used as the first, the only or the long-term line of treatment for chronic back pain," recommends Nava. Many of them are addictive and don't address the underlying cause of your pain. Opioids should be prescribed only after a thorough exam by a specialist and if other drugs have failed to provide relief. If you find yourself relying on opioids to get through the day, it may be time to seek a second opinion.

When is Surgery a Good Idea for Back Andrew Manuel Nava, M.D

RECIPES Spaghetti & Meatballs

www.Asia Times.US

If you're looking for a super simple, comforting, no-frills bowl of spaghetti and meatballs, you've come to the right place. And if you're feeling adventurous, it's also a great jumping off point for your own version of this classic dish!

When it comes to sauce, you've got options. For an even speedier dinner, you can totally go with jarred marinara sauce. Or, if you've got some time on your hands, we love this simple Marcella Hazan-inspired spaghetti sauce. Feel free to try your own favorite herbs and spices, tasting as you go!

The same goes for meatballs. We've got tons of recipes, from cheesy Tex-Mex Meatballs to spicy Harissa Meatballs; don't be afraid to experiment with your mix-ins, there are so many delicious meatball flavor combos just waiting for you to discover them. However you flavor them, make

sure not to crowd the pan while frying. If needed, fry in batches, so that each meatball gets a chance to form a delicious golden crust.

INGREDIENTS

1 lb. spaghetti

1 lb. ground beef

1/3 c. bread crumbs

1/4 c. finely chopped parsley

1/4 c. freshly grated Parmesan, plus more

for serving

1 large egg

2 garlic cloves, minced

Kosher salt

1/2 tsp. red pepper flakes

2 tbsp. extra-virgin olive oil 1/2 c. onion, finely chopped

1 (28-oz.) can crushed tomatoes

1 bay leaf

Freshly ground black pepper
This ingredient shopping module is cre-

ated and maintained by a third party, and imported onto this page. You may be able to find more information about this and similar content on their web site.

In a large pot of salted boiling water, cook pasta until al dente. Drain.

DIRECTIONS

In a large bowl, combine beef with bread crumbs, parsley, Parmesan, egg, garlic, 1 teaspoon salt, and red pepper

flakes. Mix until just combined then form into 16 balls.

In a large pot over medium heat, heat oil. Add meatballs and cook, turning occasionally, until browned on all sides, about 10 minutes. Transfer meatballs to a plate. Add onion to pot and cook until soft, 5 minutes. Add crushed tomatoes and bay

leaf. Season with salt and pepper and bring to a simmer. Return meatballs to pot and cover. Simmer until sauce has thickened, 8 to 10 minutes.

Serve pasta with a healthy scoop of meatballs and sauce. Top with Parmesan before serving.

by LENA ABRAHAM



I experimented for many years before developing this recipe. It's bits and pieces of hints I had heard over the years. I have had many compliments on this chicken. Most of this recipe is dependant on your own taste. It's more a matter of preparation and cooking method Ingredients

Ingredient Checklist

1 (4 -- -- -- 1) -l-: -l-- --

1 (4 pound) chicken, cut into pieces

1 cup buttermilk

2 cups all-purpose flour for coating

1 teaspoon paprika

salt and pepper to taste

2 quarts vegetable oil for frying

DirectionsInstructions Checklist Step 1

Take your cut up chicken pieces and skin them if you prefer. Put the flour in a large

plastic bag (let the amount of chicken you are cooking dictate the amount of flour you use). Season the flour with paprika, salt and pepper to taste (paprika helps to brown the chicken).

Step 2

Dip chicken pieces in buttermilk then, a few at a time, put them in the bag with the flour, seal the bag and shake to coat well. Place the coated chicken on a cookie sheet or tray, and cover with a clean dish towel or waxed paper. LET SIT UNTIL THE FLOUR IS OF A PASTE-LIKE CONSISTENCY. THIS IS CRUCIAL!

Step 3

Fill a large skillet (cast iron is best) about 1/3 to 1/2 full with vegetable oil. Heat

until VERY hot. Put in as many chicken pieces as the skillet can hold. Brown the chicken in HOT oil on both sides. When browned, reduce heat and cover skillet; let cook for 30 minutes (the chicken will be cooked through but not crispy). Remove cover, raise heat again and continue to fry until crispy. Step 4

Drain the fried chicken on paper towels. Depending on how much chicken you have, you may have to fry in a few shifts. Keep the finished chicken in a slightly warm oven while preparing the rest.

By Elaine O



Crispy Parmesan Chicken

with Garlic Scallion Couscous & Lemony Roasted Carrots

Consider plain chicken a thing of the past. In this recipe, the cutlets get gussied up thanks to a gorgeous golden breadcrumb topping with paprika and Parmesan cheese. You'll roast them alongside the lemony carrots on the same baking sheet—once they're in the oven, the only thing left to do is boil the pearl couscous and toss it with the garlicky butter. Simple, satisfying, and supercharged with flavor—what more could you ask for?

Ingredients

Carrots12 ounceCarrots

Scallions2 unitScallionsLemon

1 unit Lemon

Panko Breadcrumbs

¹/₄ cup

Panko Breadcrumbs

ContainsWheat)

Parmesan Cheese

¼ cup

Parmesan Cheese (ContainsMilk)

Hot Smoked Paprika

1 teaspoon

Hot Smoked Paprika Chicken Cutlets

10 ounce

Chicken Cutlets Sour Cream

2 tablespoon

Sour Cream

(ContainsMilk)

Israeli Couscous 2.5 ounce

Israeli Couscous (ContainsWheat)

Garlic

1 clove

Not included in your delivery

Olive Oil 4 teaspoon Olive Oil

Salt

tablespoon SaltPepper

Butter

(ContainsMilk)

Instructions

Adjust rack to middle position (middle and top positions for 4 servings) and preheat oven to 425 degrees. Bring a medium

pot of salted water to a boil. Wash and dry produce. • Trim, peel, and halve carrots lengthwise; cut crosswise into 2-inch-long pieces. Trim and thinly slice scallions, separating whites from greens. Peel and mince or grate garlic. Zest and quarter lemon.

Coat Chicken

2

• In a small bowl, combine panko, Parmesan, paprika, a large drizzle of olive oil, and a pinch of salt and pepper. • Pat chicken* dry with paper towels; season all over with salt and pepper. Place on one side of a baking sheet (for 4 servings, spread out across entire sheet). • Spread tops of chicken with sour cream. Mound with panko mixture, pressing to adhere (no need to coat the undersides).

Roast Chicken & Carrots

3

• Toss carrots on opposite side of sheet from chicken with a large drizzle of olive oil, salt, and pepper. (For 4 servings, toss carrots on a second sheet.) • Roast on middle rack until chicken is cooked through and carrots are browned and tender, 15-20 minutes. (For 4, roast chicken on middle rack and carrots on top rack.)
• Transfer chicken to a plate to rest. TIP: If carrots are done before chicken, remove from sheet and continue roasting chicken.

• While chicken and carrots roast, add couscous to boiling water. Cook until tender, 6-8 minutes. Drain thoroughly. • Melt 2 TBSP butter (3 TBSP for 4 servings) in empty pot over medium heat. Add scallion whites and garlic; cook until softened, 1 minute. • Return cooked couscous to pot and stir until coated. Taste and season with salt and pepper. Turn off heat.

Finish Carrots

5

• Once carrots are done roasting,



WORDS SEARCH

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ALERT	CLEAN	HARDY	PURE
BOLD	CLEAR	HEALTHY	RECENT
BRACING	COOL	INVIGORATING	SASSY
BRAZEN	CRISP	LIVELY	SPARKLING
BRIGHT	CURRENT	MORDERN	SWEET
BRISK	DARING	NATURAL	VITAL

GLOWING

CHEEKY

ORIGINAL

VIVID

Important Recall Info That MAY Affect **Your Vehicle**

NHTSA Recall ID Number: Manufacturer: Corp. Micro Bird, Inc. Subject: Emergency Exit Release Handle Obstructed/FMVSS 217 Make Model Model Years MICRO BIRD G5 2013-2021 NHTSA Recall ID Number: 21V00F Manufacturer: General Motors, LLC Subject: Rear Toe Links May Fracture Make Model Model Years BUICK LACROSSE 2010-2013 BUICK REGAL 2012-2013 CHEVROLET MALIBU 2013 NHTSA Recall ID Number: 21V00J Manufacturer: Mercedes-Benz USA, Subject : Disabled Emergency Call System Make Model Model Years MERCEDES-BENZ EQS450 2022 MERCEDES-BENZ 2022 S500 MERCEDES-BENZ 2022 S580 NHTSA Recall ID Number: 21V00K

Manufacturer: Hyundai Motor Ameri-

Subject : Illegible Instrument Cluster Display/FMVSS 101

Make Model Model Years HYUNDAI SANTA FE HYBRID

2022 SANTA FE PLUG-IN HYUNDAI

HYBRID 2022 NHTSA Recall ID Number:

21V00M

Manufacturer: Hyundai Motor Ameri-

Subject : Inadequate Windshield Bonding Make Model Model Years HYUNDAI **ELANTRA** 2021 SANTA FE 2020-

HYUNDAI 2021 SONATA HYUNDAI 2021

NHTSA Recall ID Number: 21V00N

Manufacturer: PACCAR Incorporated Subject: Methane Detection System May Fail

Make Model Model Years KENWORTH T270 2020 KENWORTH T280 2021 KENWORTH T440 2018-2020 2016-2022 KENWORTH T680 2017-2021 KENWORTH T880 PETERBILT 536 2021-2022 2016-2022 **PETERBILT** 567 2016-2022 **PETERBILT** 579

NHTSA Recall ID Number:

22V001

Manufacturer: Rosenbauer America Subject: Fuel Tubes May Crack and Leak Fuel

Make Model Model Years

ROSENBAUER COMMANDER 2018-2021

ROSENBAUER COMMERCIAL 114SD 2020-2022

ROSENBAUER WARRIOR 2018-

2020 NHTSA Recall ID Number:

22V002

Manufacturer: LGS Industries, Inc. Subject: Rear Door Winch Cable May Break

Make Model Model Years LGS INDUSTRIES AFTER-

SHOCK 2014-2021 LGS INDUSTRIES **CARGO** SPORT 2014-2021

LGS INDUSTRIES **JOURNEY**

2014-2021

LGS INDUSTRIES **PREMIER**

RACE 2014-2021

LGS INDUSTRIES **SHADOW**

2014-2021

NHTSA Recall ID Number:

22V003

Manufacturer: Forest River, Inc. Subject: Unsealed Cooktop May Cause Burner Flames to Invert

Make Model Model Years

COACHMEN CATALINA 2021-

FOREST RIVER AURORA 2021-

NHTSA Recall ID Number:

22V004

Manufacturer: Forest River, Inc. Subject : Tire Belt Separation Make Model Model Years

CONTINENTAL CARGO CONTINEN-TAL CARGO 2021-2022

FOREST RIVER CARDINAL 2021-2022

PRIME TIME CRUSADER 2021-2022

PRIME TIME SANIBEL 2021-

NHTSA Recall ID Number:

22V005

Manufacturer: Lakota Corporation Subject : Tire Belt Separation

Make Model Model Years LAKOTA **BIGHORN**

2022 LAKOTA **CHARGER** 2021-

2022

NHTSA Recall ID Number:

Manufacturer: Oshkosh Corporation Subject: Fuel Tubes May Crack and Leak

Fuel Make Model Model Years

OSHKOSH S-SERIES 2019-2022

NHTSA Recall ID Number:

21V948

Manufacturer: Carson Trailer, Inc. Subject : Stove Saddle Valves May Leak Gas

Make Model Model Years CARSON FUN RUNNER 2018-

NHTSA Recall ID Number:

21V964

Manufacturer: Seagrave Fire Appara-

Subject: Fuel Tubes May Crack and Leak

Model Model Years Make **SEAGRAVE ATTACKER** 2019-

2021 **CAPITAL SEAGRAVE** 2019-

2021 **MARAUDER** SEAGRAVE 2019-2021

NHTSA Recall ID Number:

21V970

Manufacturer: TOURIG

Subject: Electronic Control Center Cir-

cuit Board May Short

Make Model Model Years **TOURIG MERCEDES-BENZ**

SPRINTER 2017 NHTSA Recall ID Number:

21V972

Manufacturer: Daimler Vans USA.

Subject : Software May Cause Uninten-

tional Vehicle Movement

Model Model Years

FREIGHTLINER SPRINTER 1500 2019-

FREIGHTLINER SPRINTER 2500 2019-FREIGHTLINER SPRINTER 3500 2019-

FREIGHTLINER SPRINTER 4500 2019-2021 **MERCEDES-BENZ SPRINTER**

1500 2019-2021 **MERCEDES-BENZ SPRINTER**

2500 2019-2021 **SPRINTER MERCEDES-BENZ** 3500 2019-2021

MERCEDES-BENZ SPRINTER 2019-2021

NHTSA Recall ID Number:

21V974

Manufacturer: Arrow Manufacturing,

Subject : Brake Line Routing May Cause Brake Fluid Leak

Make Model Model Years ARROW MANUFACTURING RAM

2019-2021 ARROW MANUFACTURING 2019-2021

NHTSA Recall ID Number:

21V981

2021-

Manufacturer: Terex Advance Mixer,

Subject: Fuel Tubes May Crack and Leak Fuel

Make Model Model Years

TEREX ADVANCE FRONT DIS-**CHARGE MIXER** 2016-2022 NHTSA Recall ID Number:

21V984 Manufacturer: Bugatti

Subject: Cracks in Rear Tires Make Model Model Years

BUGATTI CHIRON PUR SPORT 2021-2022

NHTSA Recall ID Number:

Manufacturer: General Motors, LLC Subject: Spare Tire Incompatible with Accessory Wheels

Make Model Model Years **CHEVROLET** SILVERADO 1500 2019-2021

2019-2021 GMC SIERRA 1500 NHTSA Recall ID Number:

21V989

Manufacturer: Mercedes-Benz USA,

Subject: Power Steering Assist May Fail Make Model Model Years **MERCEDES-BENZ** CLA250 2020

NHTSA Recall ID Number: 21V990

Manufacturer: Mercedes-Benz USA,

Subject: Front Axle Carrier May Corrode Make Model Model Years

MERCEDES-BENZ A220 2019-2020

MERCEDES-BENZ AMG GLB35 2021

MERCEDES-BENZ GLB250 2020 NHTSA Recall ID Number:

21V995

Manufacturer: Van Hool N.V. Subject : Fuel Tubes May Crack and Leak

Fuel Make Model Model Years VAN HOOL CX45 2020-2021 TDX25 2021 VAN HOOL

NHTSA Recall ID Number:

21V996

VAN HOOL

Manufacturer: Crane Carrier Company Subject : Fuel Tubes May Crack and Leak Fuel

TX45

2020-2021

Make Model Model Years

CRANE CARRIER LET2 2019-

NHTSA Recall ID Number:

21V998

Manufacturer: Altec Industries, Inc. Subject: Incorrect Hydraulic Plumbing to Lift Cylinders

Make Model Model Years ALTEC AERIAL DEVICE2017-2021 NHTSA Recall ID Number:

21V999 Manufacturer: Daimler Trucks North

America, LLC Subject: Bus May Move with Wheelchair Lift Deployed

Make Model Model Years THOMAS BUILT BUSES MINOTOUR

NHTSA Recall ID Number:

21V00A

21V00G

Manufacturer: Chrysler (FCA US,

Subject: Rearview Image May Not Display/FMVSS 111

Model Model Years Make GRAND WAGONEER 2022 **JEEP JEEP** WAGONEER 2022 NHTSA Recall ID Number:

Manufacturer: Alamo Group Inc. Subject: Debris May Accumulate Against **Exhaust System**

Make Model Model Years **SCHWARZE** A7 CNG STREET 2012-2021 SWEEPER **SCHWARZE** A8 CNG STREET

SWEEPER 2012-2021 **SCHWARZE** A9 CNG STREET **SWEEPER** 2012-2021

NHTSA Recall ID Number: 21V00H

Manufacturer: Daimler Trucks North America, LLC

Subject: Damaged Circuit Board Affects **Lighting Functions**

Model Model Years Make FCCC XBP 2018 FCCC XBR 2017-2020 FCCC XBS 2017-2022 FCCC XCL 2016-2019 FCCC XCM 2016-2023 FCCC XCP 2017-2021

2016-2023 FCCC XCR

FCCC XCS 2017-2023

FEBUARY 2022 Hindu Festival & Holidays

Festivals	Date
Basant Panchmi, Saraswati Puja	5 February 2022, Saturday
Mahashivratri	1 March 2022, Tuesday
Holika Dahan	17 March 2022, Thursday
Holi	18 March 2022, Friday

18 March 2022, Friday

Basant Panchami/Saraswati Puja

Significance of Basant Panchami/Saraswati Puja: Known as the king of all seasons, the festival of Basant Panchami celebrate the Spring in all its glory and colours. According to the Hindu mythology, it was on the day of Basant Panchmi that Goddess Saraswati appeared from the 'kamandal' of Lord Brahma

It is believed that Goddess Saraswati was born on Basant Panchami and since then the day became a celebration of her birth and importance. According to another legend, it was on Basant Panchami when Goddess Saraswati granted wisdom to the classical poet Kalidas.

During the puja, people choose to wear yellow traditional clothing and accessories to honour the goddess. A third reason is a belief that the colour yellow signifies knowledge, learning and happiness in Hindu culture.

Sometimes a peacock is shown beside the Saraswati gazing at her. The peacock changes according to weather that symbolizes the fickleness of human mind. It also represents the arrogance and pride. In Hindu mythology, Saraswati is the wife of the great god Brahma. However, according to some traditions, she was first the wife of Vishnu. The latter, though, already had his hands full with two other wives and so he gave Saraswati to Brahma. Goddess Saraswati is imbued with all white. The colour white signifies purity, true knowledge and divine wisdom. Water on which Her lotus seat is erected symbolises perennial flow of knowledge. It commemorates a battle between good and evil. Saraswati is an important goddess in Balinese Hinduism. She shares the same attributes and iconography as Saraswati in Hindu literature of India - in both places, she is the goddess of knowledge, creative arts, wisdom, language, learning and purity.

Is Saraswati daughter of Shiva? Image result

Maa Saraswati is called the mother of all Vedas. ... In the eastern part of India, Maa Saraswati is considered the daughter of Lord Shiva and Maa Durga. Goddess Lakshmi, Lord Ganesha and Karthikeya are considered as her siblings. In Buddhist iconography, Maa Saraswati is considered as the consort of Manjushri.

Gayatri (SanskritIAST:gāyatrī) is the personified form of Gayatri Mantra, a popular hymn from Vedic texts. ... According to many texts like the Skanda Purana, Gayatri is another name of Saraswati or her form and is the consort of Lord Brahma. Basant Panchami marks full blooms, vibrance, energy, and health, and happiness. People wear yellow on this day. If not yellow, you can also wear related bright color like oranges and other bright shades, even pure white. Do not wear dark shades like black, blue, brown on this day. Panchami is celebrated every year on the fifth day of the bright half of the Hindu lunisolar calendar month of Magha, which typically falls in late January or February. Spring is known as the "King of all Seasons", so the festival commences forty days in advance. It is generally winter-like in northern India, and more spring-like in central and western parts of India on Vasant Panchami, which gives credence to the idea that spring is actually in full bloom 40 days after the Vasant Panchami day.

The festival is particularly observed by Hindus in the Indian subcontinent, notably India and Nepal. It has been a historical tradition of Sikhs as well In southern states, the same day is called Sri Panchami. On the island of Bali and the Hindus of Indonesia, it is known as "Hari Raya Saraswati" (great day of Saraswati). It also marks the beginning of the 210-day long Balinese Pawukon calendar Saraswati Puja Vasant Panchami is a festival that marks the beginning of preparations for spring season. It is celebrated by people in various ways depending on the region. Vasant Panchami also marks the start of preparation for Holika and Holi, which occur forty days later. For many Hindus, Vasant Panchami is the festival dedicated to goddess Saraswati who is their goddess of knowledge, language, music and all arts. She symbolizes creative energy and power in all its form, including longing and love. The season and festival also celebrate the



agricultural fields' ripening with yellow flowers of mustard crop, which Hindus associate with Saraswati's favorite color. People dress in yellow saris or shirts or accessories, share yellow-colored snacks and sweets. Some add saffron to their rice and then eat yellow cooked rice as a part of an elaborate feast.

Many families mark this day by sitting with babies and young children, encouraging their children to write their first words with their fingers, and some study or create music together. The day before Vasant Panchami, Saraswati's temples are filled with food so that she can join the celebrants in the traditional feasting the following morning. In temples and educational institutions, statues of Saraswati are dressed in yellow and worshiped. Many educational institutions arrange special prayers or pujas in the morning to seek the blessing of the goddess. Poetic and musical gatherings are held in some communities

in reverence for Saraswati. In Nepal, Bihar and eastern states of India such as West Bengal including north-eastern states like Tripura and Assam, people visit her temples and worship her (Saraswati Puja). Most of the schools arrange special Saraswati puja for their students on their premises. In Bangla-

desh, all major educational institutes and universities observe it with a holiday and a special puja.

In the state of Odisha, the festival is celebrated as Basanta Panchami/Sri Panchami /Saraswati Puja. Homas and Yagnas are done in schools and colleges across the state. Students celebrate Saraswati puja with great sincerity and fervor. Usually, children four and five years old start learning on this day in a unique ceremony named 'Khadi-Chuan' or 'Vidya-Arambha'.

In southern states such as Andhra Pradesh, the same day is called Sri Panchami where "Sri" refers to her as another aspect of the one goddess Devi



The Richest Countries In The World Might Not **Be What You Expected**

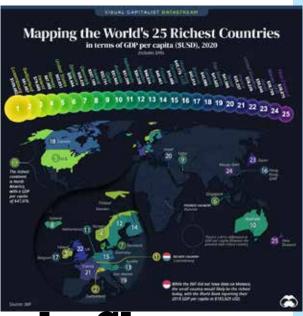
Despite a large and robust economy, the United States is not the richest country in the world, at least not in terms of Gross Domestic Product (GDP) per capita. That value is used to determine all of a country's wealth divided by its population. GDP per capita has long been used to determine the actual stand of living by country. In 2019, a disproportionate amount of wealth is held by 1% of the population but GDP per capita is still a standard measurement of wealth by country. Let's see which countries lead the way and you might be surprised to see where the USA lands on this list.

The United Kingdom — GDP per capita:

The United Kingdom just squeaks into our

top 20 with a per capita GDP of \$45,491. The UK has been experiencing a wealth boom for the past few decades due in part to rising housing prices and pension entitlements, combined with rising homeownership, which started to increase in the '80s and '90s.





Jonas Baby! Nick Jonas and Priyanka Chopra Welcome First Baby Via Surrogate: 'We Are Overjoyed'

We are overjoyed to confirm that we have welcomed a baby via surrogate. We respectfully ask for privacy during this special time as we focus on our family," Chopra announced on Instagram The actress, 39, and Jonas Brothers musician, 29, tied the knot in two glamorous ceremonies at the Umaid Bhawan Palace in Jodhpur, India, in front of 225 guests.

While the happy couple first wed in Jodhpur, they had two ceremonies over the course of five days — one Hindu and one Christian — to honor each of their cultures, which they blended during each celebration.

From their Mehndi (where they were both adorned with henna tattoos) and a Sangeet that night in which both families performed elaborate musical numbers with choreography and costumes, to their ceremonies, Priyanka told PEOPLE exclusively, "It was literally what dreams were made of."

"Walking out and seeing him standing at the altar for the first time with the sun behind him was just something out of a fairytale for me," she detailed. "I could not have planned for how perfect that sky was or how the birds flew when the music started or what the string quartet sounded like or what he looked like. Everything was perfect."

The feeling was mutual for Nick. "From

the moment I saw her walk out and a million other moments, 'Wow' is the only word that came to mind," said the actor and "Cool" singer.

Throughout both ceremonies, Nick admitted he was surprised to see "how similar the different religions actually are and the ceremonies themselves have a lot of heart," he said. "That allowed us to really connect with our families and with each other, which is the most important thing." When asked about starting a family after their joyous nuptials, Priyanka told PEOPLE they were taking it day by day. "I always say, 'Man proposes, God disposes.' So I'm not taking any chances," the actress

"We definitely want kids, and when the time is right, it will happen," she noted.

Priyanka has been open about her excitement for motherhood. As the actress told PEOPLE in June 2018, "I am a very 'live in the today,' maximum 'live in the next two months' kind of person."

"But [in] 10 years, I definitely want to have kids," she added. "That is, it's going to happen in the next 10 years. Well, hopefully, earlier than that. I'm very fond of children and I want to be able to do that." Priyanka also told InStyle in June 2019

zon when the time was right: "I want my existence to have meant something. I want my kids to turn around and be like, 'Yeah, that was my mom.'

Nick and Priyanka's newborn joins a trio of cousins to play with, including Kevin Jonas' daughters Valentina Angelina, 5, and Alena Rose, 7, plus Joe Jonas and Sophie Turner's baby girl Willa, 1, whom they welcomed on July 22, 2020.

While it's clear that Nick and Priyanka's relationship has remained steady ever since they began dating in 2018, the couple isn't afraid to poke fun at one another, like the Matrix Resurrections actress did in Netflix's comedy special, Jonas Brothers Family Roast, which hit the streaming service on Nov. 24.

"Nick and I have a 10-year age gap, we do," she said. "And there are many '90s pop culture references he doesn't understand, and I have to explain them to him... He teaches me how to use TikTok, for example, and I teach him what a successful acting career looks like."

between the two hasn't affected how the couple is more in love than ever before. In December, Priyanka and the "Levels" singer took to Instagram to share sweet tributes to one another to celebrate their third wedding anniversary.

"3 years," Nick captioned a video showing his and his wife's romantic anniversary date together, which consisted of roses, candles, and champagne while surrounded by large light-up letters that spelled out the word "forever."

Priyanka also shared a glimpse of their special celebration on her Instagram, captioning a picture of their dreamy night in, "Living the dream."

Yahoo entertainment

Arnold Schwarzenegger Involved In Serious **Car Accident**

The actor was in a crash while driving his Yukon SUV near his home in Los Angeles at around 5PM PT on Friday, as seen in photos obtained by TMZ.

The 74-year-old's Yukon SUV was photographed on top of a red Prius. TMZ reports that his SUV rolled on top of the Prius and then also continued rolling into a Porsche Cayenne.

The outlet reports the driver of the Prius sustained injuries and was "bleeding heavily from her head" and was taken to the hospital in an ambulance.

The former Governor of California is doing ok but is "deeply concerned" about the injured driver and a source told TMZ that he wants to check up on her personally.

In photos from the scene, the actor is shown speaking with others near the scene of the crash, as well as standing near officials.



China population: demographic window of opportunity 'will shut soon' as births drop

A demographic crisis arising from China's unprecedented low number of newborns is being compounded by an elderly population that is ageing faster than ever, and experts warn that this might be an irreversible trend that could result in older people being relied on to drive consumption and even fill the labour pool.

Mothers in China gave birth to just 10.62 million babies last year, an 11.5 per cent drop from 2020, which contributed to an overall population increase of just 480,000, while the number of people aged over 60 expanded.

"The number of our newborns is declining. As a matter of fact, the proportion of children aged zero to 14 [in the total population] will continue to drop while the share of the elderly population will rise rapidly," said Song Jian, a professor with the Population Development Studies Centre at Renmin University.

Do you have questions about the biggest topics and trends from around the world? Get the answers with SCMP Knowledge, our new platform of curated content with explainers, FAQs, analyses and infographics brought to you by our award-winning team.

"China is still benefiting from the window of opportunity of its demographic dividends, but the window will shut soon," added Song during a National Health Commission press conference China therefore could soon lose its demographic dividend, which is characterised by economic development driven by a high proportion of the working-age population.

China's working-age population aged be-

tween 16 and 59 last year stood at 882.22 million, representing 62.5 per cent of the population.

Last year, China had 267.36 million people aged over 60, representing 18.9 per cent of the population, up from 264.02 million a year earlier, with 200.56 million aged over 65 in 2021, up from 190.64 million in 2020.

Beijing has relaxed its strict family planning rules over the last decade in response to the declining working-age population which was caused by China's notorious one-child policy, which contributed to the falling birth rates.

In 2016, Beijing allowed couples to give birth to two babies, with a third allowed from last year in response to the results of the seventh national population census in 2020.

But an easing of the number restrictions, plus a host of measures introduced on both local and central levels including cutting the cost of child care, more parental leave and making education, housing and other resources more accessible, have not been able to turn the tide of plunging birth rates. And the decline of China's birth rate, which fell to a record low of 7.52 births for every 1,000 people in 2021, from 8.52 in 2020, is mainly due to the influence of socioeconomic factors, according to Cai Fang, director of the Institute of Population and Labour Economics at the Chinese Academy of Social Sciences, in a paper published in 2020.

"Whether it's a result of social and economic development or repercussions of

the policy, the declining birth rate and population ageing are irreversible," Cai said.

"Therefore, the second demographic dividend can never be created through a rebound in birth rate. [China] must learn how to 'dance with' population ageing, how to adapt to the new backdrop and proactively avoid its negative effects."

China's ageing population could pose two major threats to the economy, namely a shrinking workforce and decreased spending power, Cai added.

The government should train and equip the elderly popula-

tion with skills that help them better adapt to industrial demands and also come up with incentives to encourage them to work after reaching their legal retirement age, rather than cutting the pensions by postponing the age they can retire, Cai said.

In response to its ageing population, the central government confirmed last year that it will start to raise the retirement age by a few months every year. China's mandatory retirement age has remained unchanged at 60 for men and 55 for women - or 50 for blue-collar female workers - for the past 40 years.

A stable income, in addition to a more universal pension system, would increase the spending power of the elderly as China struggles with weak consumption against economic headwinds.

An estimate by the Chinese Academy of

Sciences in 2019 projected that China's state pension fund would run out of money by 2035, while last year, plans were announced to set up a state pension company with registered capital of 11.15 billion yuan (US\$1.76 billion).

A slowing or even negative population growth has been a shared dilemma in developed countries, especially in Asia, where countries and regions are struggling against the world's lowest birth rates and worst ageing crisis.

In Japan, the number of people aged over 65 accounted for 29.1 per cent of its total population in 2021, with more than one in four still working in 2020.

In South Korea, 34.1 per cent of people aged over 65 are still in the labour market, according to data published in November.

How Rich is Priyanka Chopra?

Priyanka Chopra, 39, is an Indian model, actress, singer and beauty pageant queen - and also a real estate investor and philanthropist. To many Americans, she is best known for her portrayal of Alex Parrish in the ABC TV series "Quantico," — but in India, she is recognized as one of the most popular Bollywood icons. She and husband Nick Jonas have just welcomed their first child together. While the couple has not revealed the sex or name of their baby, it was reported that the baby came via surrogate. She has appeared in films such as "The White Tiger" and "The Matrix Resurrections," and lent her voice acting talents to "Cars 2."

Her husband's estimated net worth is \$70 million, per CelebrityNetWorth. However, CelebrityNetWorth claims that Chopra earns about \$10 million per year, making her and Jonas a true power couple. In 2019, she earned \$45 million in a particularly lucrative year.

Priyanka Chopra: From Model to Actress to Author

In 2000, Chopra earned the titles of Miss India and Miss World. From there, she switched gears from modeling to acting and appeared in her first film in 2002, titled "Thamizhan." She went on to star in Bollywood films such as "The Hero: Love Story of a Spy," "Andaaz," "Aitraaz," "Krrish," "7 Khoon Maaf," "Barfi!," "Mary Kom" and "The Sky Is Pink."

In 2016, she crossed the pond to star in American TV thriller "Quantico."
The same year, she created Purple Pebble Pictures — an enterprise aiming to produce regional films in multiple languages. Discover: Paris Hilton Earns \$1 Million Per Appearance as a DJ — What Is Her Net Worth? In addition to her acting work, she also has a singing career and continues to do modeling work.

In 2021, Chopra released her memoirztitled "Unfinished." Early Life

Priyanka Chopra was born to Indian Army physicians Ashok and Madhu Chopra on July 18, 1982, in Jamshedpur, Bihar. Her family often moved around India, and at age 13, Chopra moved to the United States, living with her aunt. While stateside, she lived in Queens, New York; Newton, Massachusetts; and Cedar Rapids, Iowa. She developed a further interest in theater and music while living in the US

When Chopra returned to India for her high school senior year, she became interested in beauty pageants. She started competing locally and ended up going from Miss India to Miss World in 2000.

After her wins, she was approached to appear in Indian TV shows and movies. Chopra married Nick Jonas, member of the famous Jonas Brothers band, in December of 2018. On Jan. 21, 2021, the couple announced that they had welcomed their first child.

Chopra is a very active philanthropist, particularly focused on causes related to her native India. She has been reported to donate 10% of her income to charity, and is responsible for the creation of The Priyanka Chopra Foundation for Health and Education.

She owns parcels of land or residential properties in Mumbai and Goa, including five properties in the iconic Raj Classic building in Mumbai, per CelebrityNet-



Worth.

Learn: Blue Ivy, North West and 58 More of the Richest Celebrity Children Explore: Celebrity Net Worths That Will Surprise You

Chopra owns an apartment in New York City, however she and her husband live in a 20,000 square foot home in Encino that they bought together — at a cost of \$6.6 million — in 2018.

More From GOBankingRates Yahoo Finance Michelle Tompkins

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Binaca Geetmala Annual List (1958)

		a manage & and to see	-				
	Hai Apanaa Dil To Aavaaraa, Na Jaane Kis Pe Aayegaa	Hemant Kumar	Sacl	hin Dev Burman		er, Dev Anand, eda Rehman	
You 4.43 - 993 votes		Solva Saal (1958)	Majı	rooh Sultanpuri	Roma Great	ntic Songs, All Time	
			Rav	i	Kisho	re Kumar, Nutan	
IMAGE COMING SOON 2	C A T Cat Mane Billi You Willow 3.97 - 152 votes	Dilli Ka Thug (1958)	Maj	rooh Sultanpuri	Funny Kids	/ Songs, Songs for	
	Bol Ri Kathputli Dori Kaun Sang Bandhi (Sad Version)	Lata Mangeshkar	Shankar Jaikishan		Vyjay	antimala	
	You 4.34 - 173 votes	Kathputli (1957)	Sha	Shailendra		Sad Songs, Title Song	
	Meri Ja Meri Ja, Pyar Kisi Se, Ho Hi Gaya Hai	Lata Mangeshkar	Shankar Jaikishan		Dilip Kumar, Meena Kumari		
	You 4.34 - 225 votes	Yahudi (1958)	Shailendra		Filmfare Awards Nominee, Romantic Songs		
The second secon	Suhana Safar Aur Ye Mausam Hasin	Mukesh	Sali	Salil Chowdhury		Dilip Kumar	
5	You 4.51 - 1502 votes	Madhumati (1958)		Shailendra		Mausam Songs	
	Tera Teer O Bepeer Dil Ke Aar	Lata Mangeshkar	Sha	ınkar Jaikishan	Kumk	um, Kishore Kumar	
COMING SOON	COMING SOON Paar Ha You Will \$\square 4.40 - 159 votes		Shailendra		Dance Songs, Romantic Songs		
	Dil Sa Tuikka Ba Dili Hai Va	Mukesh	Sha	ınkar Jaikishan	Dilip I	Kumar	
7	Dil Se Tujhko Be Dili Hai, Ye Mera Diwanapan Hai You	Yahudi (1958)	Sha	Shailendra		Filmfare Awards Winner, Filmfare Awards Nominee, Sad Songs	
Chal Ud Ja Re Panchhi, Ke Ab Ye Desh Hua Begana (Part 2) COMING SOON 8			mmed Rafi Chitragupt		Pandhari Bai, Balraj Nanda		
		Bhabhi (1957)		Rajinder Krishan		Sad Songs	
	Chali Chali Re Patang Meree Chali Re	Mohammed Rafi, Lata Mangeshkar		Chitragupt		Nanda, Jagdeep	
9	119 votes ★ 4.06 - 119 votes	Bhabhi (1957)		Rajinder Krishan		Masti Bhare Geet	
	Yun To Hamane Laakh Hasin	Mohammed Rafi		O P Nayyar		Shammi Kapoor, Am	
10	Dekhe Hain You **Market** ** ** ** ** ** ** ** ** ** ** ** **	Tumsa Nahin Dekha (1957)		Sahir Ludhianvi		Romantic Songs	
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Pakistani convicted murderer takes top school score, wins scholarship

KARACHI, Pakistan (Reuters) - A Pakistani inmate serving a life sentence for murder in an overcrowded Karachi prison has won a scholarship for further study after taking one of the highest scores in the city's higher secondary school exams last year.

Syed Naeem Shah, 35, scored the highest in the general high school exams among private candidates - that is, among nontraditional students - last year in Pakistan's largest city, winning a scholarship for further studies from the Institute of Chartered Accountants of Pakistan (ICAP).

"What I have achieved while languishing in jail is not possible if one does not have conviction," Shah told Reuters in an interview in Central Prison Karachi, built by the British in 1899 in the port city in southeastern Pakistan.

The prison, like many others in the country, is notorious for being overcrowded,

holding nearly 6,000 inmates in space meant for 2,400. Pakistan prisons overall are at 130% of capacity and are poorly ventilated, with insufficient beds and limited access to medicines, safe water and bathing facilities, according to Amnesty International.

Speaking in a classroom inside the prison grounds, Shah said he enjoyed school as a child but that his family could not afford to continue his education. In jail, older inmates who were also taking classes motivated him and helped him prepare for exams.

Shah is one of 1,200 inmates studying in Central Prison Karachi, but his success is unparalleled, said Saeed Soomro, deputy superintendent of the prison.

"His results are (also) tantamount to our success," Soomro said, in giving him the opportunity to study and providing him with books and materials.

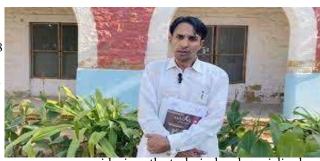
Shah was sentenced to life -25 years in Pakistan - in 2018 for the shooting and killing of another man in a personal disagreement in 2010. Years spent as a prisoner on trial, plus time off for academic achievements, good behaviour and blood donations,

leaves him with about six years to serve.

Shah still has to pass an entrance exam to formally take up the scholarship, an ICAP official said, requesting anonymity as he is not authorised to talk to media.

The scholarships, of 1 million rupees or about \$5,700, are offered to students earning the top four scores in intermediate exams, regardless of whether "they are in jail or outside", the ICAP official said.

"I feel it will be very difficult for me to pursue this scholarship from prison," Shah



said, given the technical and specialised subjects he will be pursuing.

Even before his exam success, Shah said he had filed an appeal against his conviction that is pending in a high court in the southern province of Sindh.

"I appeal to the president of Pakistan, prime minister and chief executive of Sindh province to consider my case for remission." Sved Raza Hassan Yahoo News

Birju Maharaj, legend of India's Kathak dance, dies at 83

Maharaj – an icon of Indian classical dance – was a recipient of the Padma Vibhushan, India's second-highest civilian award. Birju Maharaj, a legend of classical Indian dance and among the country's most well-known performing artists, has died. He was 83.

Maharaj was suffering from a kidney ailment and was undergoing dialysis and likely died of cardiac arrest, his granddaughter Ragini Maharaj told the Press Trust of India news agency Known as Maharaj Ji by his many fans, he was considered an icon of Kathak, classical Indian dance, and was a recipient of the Padma Vibhushan, India's second-highest civilian award.

He was born into a family of renowned Kathak dancers and trained under his uncles and father, Acchan Maharaj, before giving his first performance at the age of 7.

Kathak uses dance and facial expressions to help tell a story, with many dance pieces inspired by ancient Indian epics.

Maharaj was known for his animated facial expressions and light-footed movements, accompanied by the sound of bells he wore around his ankles. He would often draw inspiration from his own life in his perfor-





mances and was a skilful storyteller.

He was also an acclaimed teacher of Kathak and taught students at some of the country's premier dance institutions. In the late 1990s, Maharaj opened his own dance school, Kalashram, in the capital New Delhi.

In a tweet, Prime Minister Narendra Modi said he was "deeply saddened" and that his death was an "irreparable loss to the entire art world".

"Very few artists have been equally good as performers and as teachers. Maharaj Ji certainly scaled new heights in both roles," Indian classical dancer Geeta Chandran posted on Facebook.

"His contribution to the world of dance is indeed historic, and will certainly be carried forward by his absolutely amazing tribe of disciples and students."

"We have lost an unparalleled institution in the field of performing arts. He has influenced many generations through his genius," singer Adnan Sami said.

Al Jazeera

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36k salary candidate has been appointed as relationship Manager(World Tripco)

Organised By: Mannan Jah

Sponsored By:K.K Medical System (Hashim Ali Khan).-

Karwan Under patronage: Mr Md. Saif Ullah Khan MMR Properties Builders and Developers.

Malakpet Under patronage: Mr.Mushtaq Hussain Chairman pariwar group of Restaurant India and Canada.-

Chief Guest are Mr.Syed Abul Hasan Sadiq Owner Of Happy Family Banquet Hall and General Secretary World Human Rights Protection Association, & Prince Nasser Khan(NRI).-

Guest of Honors are Mr.Azam Ali Senior Politician Congress Party, Mr.Muqthar Hussain Managing Director Of Pariwar Group Of Restaurants in India And Canada, Mr.Mohd Azmath Khan Senior Politician Trs Party, Mr.Mansoor Ali Retd.Major, & many miore to be seen in pics at Woodbridge Hotel, Lakadi Ka Pul, Hyderabad.-IQNEWS



Khan Ather, Iftekhar Shareef and others after Friday prayers in Shamsabad





Helping 2 Hands The AR Foundation & Siddham celebrated 73 Republic Day at Girls Children's Rescue Home Kachiguda distributed Dresses and Snacks





Doctorate from MANUU; Dr. Fazlur Rahman Khurram Managing Director Dawn School Malakpet, Janab Taher Faraz Cef CEO CEF, Janab Irfan Qureshi Founder President OTA can be seen in Pics;



Sri Tridandi Chinna Jeeyar Swamy has called on the Hon'ble Governor Dr. Tamilisai Soundararajan, at Raj Bhavan in Hyderabad on 25.01.2022.-IQNEWS

List of Bollywood films of FEBRUARY 2022

4	Looop Lapeta	Aakash Bhatia	Taapsee Pannu · Tahir Raj Bhasin	
	Before You Die	Suvendu Raj Ghosh	Puneet Raj Sharma · Kavya Kashyap · Zarina Wahab · Mukesh Rishi · Pradip Chopra · Mushtaq Khan · Arha Mahajan · Badshah Moitra · Rita Dutta · Lovekansh Garg	
11	Gehraiyaan	Shakun Batra	Deepika Padukone · Siddhant Chaturvedi · Ananya Panday · Dhairya Karwa	
	Major ^[a] Sashi Kiran Tikka		Adivi Sesh · Sobhita Dhulipala · Saiee Manjrekar · Prakash Raj · Revathi · Murali Sharma	
	Mere Desh Ki Dharti	Faraz Haider	Divyenndu Sharma · Anant Vidhaat · Anupriya Goenka · Inaamulhaq · Brijendra Kala · Rajesh Sharma · Atul Shrivastava · Farrukh Jaffar · Avantika Khattri	
18	Gangubai Kathiawadi	Sanjay Leela Bhansali	Alia Bhatt · Shantanu Maheshwari · Vijay Raaz · Indira Tiwari · Seema Pahwa	
25	Jayeshbhai Jordaar	Divyang Thakkar	Ranveer Singh · Shalini Pandey · Boman Irani · Ratna Pathak Shah · Deeksha Joshi	

'Looop Lapeta

You aren't alone if you have been wishing for a stellar comedy to distract you from the outside world for a bit. It looks like our prayers have been answered in the form of Looop Lapeta, a wacky Bollywood comedy with drama to spare.

Starring Taapsee Pannu and Tahir Raj Bhasin, the film's trailer dropped earlier today and, going by the looks of it, it promises to make for a refreshing watch. The film revolves around Savi and her boyfriend, Satya, who feels that winning in gambling will one day change their lives. Chaos ensues when he loses 50 lakhs betting in a casino and has gangsters pursuing him to extract their money.

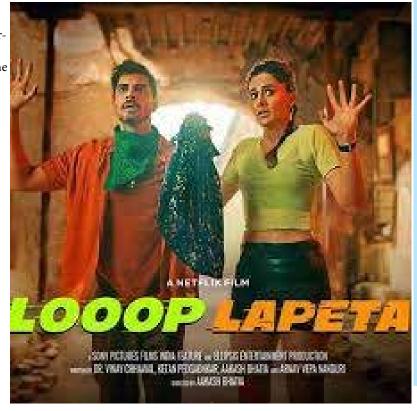
As Taapsee's character takes matters into her own hands to help her boyfriend out, she realises that she is stuck in an endless loop and only she can save Satya's life. You can watch the trailer here:

The film is a remake of 'Run Lola Run' Based on Tom Tykwer's 1998 German film, Run Lola Run, the upcoming Bollywood film also stars Shreya Dhanwanthary, Dibyendu Bhattacharya and others.

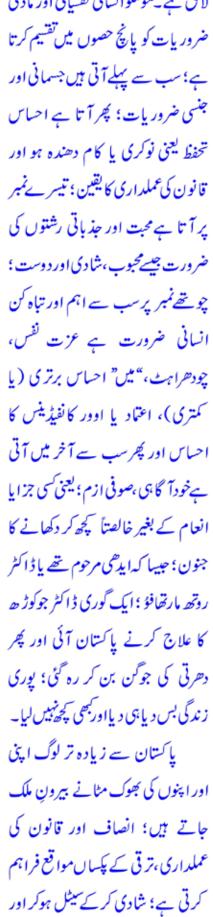
Speaking about it, Taapsee said in a statement, "This compelling story was extremely enjoyable to make along with my director, Aakash and co-star, Tahir. I cannot wait for fans and audiences to watch this edge-of-the-seat film and enjoy it as much as we loved making it." Interestingly, the actor had been wary of signing this movie, as she revealed in an Instagram post. "From entering the narration with the idea to say 'No,' to leaving it with an immediate 'Yes', thanks to these gentlemen for hanging by a solid script and concept for years and being more sure of me being Savi than I was. P.S-I guess in the end an actor has to 'run' behind for a good script," she wrote.

Looop Lapeta releases on Netflix India on February 4 and will have Taapsee and

Tahir Raj Bhasin sharing screen space for the first time.



ڈاکٹرراؤ کامران علی



دھرتی کی جو گن بن کر رہ گئی؛ یوری زندگی بس دیا ہی دیااور بھی کچھنہیں لیا۔ یا کستان سے زیادہ تر لوگ اپنی اور اپنوں کی بھوک مٹانے بیرون ملک جاتے ہیں؛ انصاف اور قانون کی عملداری، ترقی کے پکسال مواقع فراہم کرتی ہے؛ شادی کر کے سیٹل ہوکر اور بہت سا پییہ کما کر اب پہلی تینوں ضرورتیں بوری ہونے کے بعد،موسلو کی "چوتھی ضرورت" ہڑ بڑا کر بیدار ہوجاتی ہے کہ اس دولت کا کیا فائدہ اگر لوگ جهك كرسلام نه كرين؛ پيچيے چھوڑے

لائق ہے۔موسلوانسانی نفسیاتی اور مادی ہوئے رشتہ دار متاثر نہ ہوں، بل ہے ۔ دعوے کرتے یہ "سُوڈو" سیاستدان ہر ضروریات کو پانچ حصوں میں تقسیم کرتا " بے لنہ ہولیکن ظاہر ہے کہوہ بیسب برملاتو كهه نبيل سكتے تواس' ضرورت' کے اوپر خدمت کا لبادا چڑھایا جاتا ہے کہایئے وطن اورعوام کی خدمت کرنے واپس جارہے ہیں؛ امریکہ اور پورپ میں جاکر وہاں جو کچھسکھا ہے اس کا اطلاق یا کتان میں کر کے اسے بھی ترقی یافتہ بنائیں گےلیکن نمک کی کان میں نمک کے مصداق یہاں آ کراعظم سواتی کی طرح سرکاری زمین پرقبضہ کر کے، غریوں پرظلم کرکے، جا گیردار بننے کی جو پوری زندگی آرز ور ہی ،اس حسرت کو اورا کرتے ہیں۔افسوس میہ ہوتا ہے کہ سواتی جیبا انسان ٹیکساس جیسی سخت جنون؛ جيبا كهايدهي مرحوم تھے يا ڈاكٹر رياست ميں وكيل (ڈاكٹر آف جیورسپروڈنس) رہاہے اور اسے بیہ پتاہی کہایۓ گھر سے ایک قدم زائد جگہ پر باڑ لگانے پرکیسی سخت سزا ہے، پھر بھی یانچ کنال سرکاری زمین پرقبضه کرلیااور ا پنی اصل اوقات دکھا دی؛ دولت سے خریدی جا گیرداری اور سیاست کا لباده اوڑھ کربھی اندر سے وہی قانون شکن اور حچوٹاا نسان نکلا۔

> به محض اعظم سواتی ہی نہیں ؛ ہر ضلع يا تحصيل ميں كوئى نەكوئى" فارن پلك" يا توخود اسمبلی میں بیٹا ہے یا کوئی ہرکارہ بٹھا رکھا ہے جو حجنڈ ہے والی گاڑی اور دو پولیس گارڈ کا انظام کرکے سرخرو ہوجاتا ہے۔ خدمت کے بڑے بڑے

بات میں نقص تو انگریزوں کی طرح نکالتے ہیں لیکن اپنی جیب سے خرچ نہ کرنے کی "یرم پرا" شُدھ دیسیوں کی طرح نبھاتے ہیں اور سرکاری مال اڑاتے ہیں۔ ان لوگوں پر خدا کا کتنا احسان ہے اور تقذیر کتنی مہربان ہے کہ سب کچھ ملالیکن ا نکا خود پرظلم بیہ ہے کہ یه موسلوکی" چوهمی استیج" پراٹک کررہ گئے اور طاقت کے نشکی بن گئے۔اگر بیر ذرا شکرادا کرکے اور حوصلہ کرکے پانچویں سیرهی پر قدم رکھ دیں تو دنیا ایکے قدم چوہے گی اور تاریخ کے یے انکا ذکر سونے کے الفاظ سے لکھیں گے۔ گزشتہ سال امریکہ کی ایک بے نام ریاست آئیڈاہو Idaho کے ایک چھوٹے سے قصبے بلیک فوٹ کے ایک چھوٹے سے اسپتال میں اپنے دوست فہیم رحیم کے ساتھ عبدالستار ایدھی کی دیو قامت تصویر لگی دیکھ کر موسلو کی تھیوری کی یانچویں اللیج پر یقین آگیا۔ دنیا کے کونے کونے میں انکی عزت ہے اور رہے گی لیکن جولوگ طاقت کی ہوس میں چوتھی اٹنج پر ہی اٹک گئے وہ اعظم سواتی کی طرح بے نقاب ہوتے رہیں گے۔ ***

اپنے بچوں کواُردو پڑھائے اُردوایک زندہ زبان ہے ال کی تشہیر کیجئے

حکایت ہے کہایک شہزادی اپنی کنیز کے ساتھ جنگل میں سیر کر رہی تھی کہ ایک نوجوان مُسافر کو دیکھا جو بھوک سے نڈ ہال اور قرب المرگ تھا۔شیز ادی نے اسے کھانا دیا اور وہ اٹھیں نظر انداز كركے كھانے يرثوث يڑا۔ شام ڈھلے شہزادی نے کنیز کو کہا کہ چلواس بیجارے کواورکھانا دے آتے ہیں؛ کنیز، جہاں دیدہ تھی، اس نے شہزادی کورو کنے کی کوشش کی لیکن جب شہزادی نے اصرار کیا تو کہا کہشہزادی آپ رکیں، میں کھانادے آتی ہوں۔ کنیز کھانادیے گئ تو سافر نے اسکی آبروریزی کردی، بیچاری روتی پیٹتی واپس آئی اورشهزادی کو بتایا۔شہزادی نے تاسف سے کہا کہ صبح تو کتنا شریف لگ ربا تھا، ہاری طرف آنکھ اٹھا کرنہیں دیکھا؛ کنیز نے تاریخی جمله بولا، "جب پیٹ خالی ہوتو صرف روٹی یانی پرتوجہ ہوتی ہے؛ ہوس کی بھوک، پیٹ کی بھوک مٹنے کے بعد جاگتی ہے"؛ اور یہاں سے موسلو کی انسانی ضروریات کی درجه بندی کی

مشہورز مانہ تھیوری جنم لیتی ہے۔

ابراہم موسلو کا شار امریکہ کی

تاریخ کے بڑے ماہر نفسیات میں ہوتا

ہے، وہ ایک یہودی تھااور دوسری جنگ

عظیم کے دوران تباہی بربادی کے بعد

انسانی نفسیات پراسکی تحقیق پڑھنے کے

حضرت شاہ بوعلی قلندر اور حضرت خواجہ مجھے حضور صلی اللہ علیہ وآلہ وسلم کی بچہری نظر آئے آتا صلی اللہ علیہ وآلہ وسلم نے آگے بیٹھے تھے آتا صلی اللہ علیہ وآلہ وسلم نے

مخدوم محمرعثان حيدرشاه الشافعي المرتضوي

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نظام الدین اولیاء کا زمانہ ایک تھا۔حضرت مبارک میں پہنچا دیں میں خود اپنے شیخ کو فرمایا،اس ہے اوپر کی کچبری میں فرمایا،آپ بھی پردہ ہٹا ویں پردہ ہٹایاتو شاہ بوعلی قلندر کے ہاں ہر جعرات کو مخل ہوا ڈھونڈ لول گا۔انکوحوصلہ ہو گیا۔ایک دن پھر جاؤ۔اویر تیسری کچبری میں پنچے تو پھر آ قا حضرت سیدنا شیخ عبدالقاور جیلانی رح کرتی تھی۔حضرت خواجہ نظام الدین اولیاءً حضرت بوملی شاہ قلندرؓ نے بیہ بات خود چھیڑی مسلی اللہ علیہ وآلہ وسلم تشریف فرما ہیں اوراس متھے۔ جب حضرت خواجہ امیرخسرورح نے نے اپنے ایک مرید سے فرمایا کہ حضرت شاہ کہ خسر اوتم نے بات نہیں کی تھے اپنے شیخ سے او نچے درجے کے اولیاء موجود ہیں۔ پھر اپنے شیخ کو دیکھا تو لیکے اپنی شیخ کے قدموں بوعلی قلندر ؒ کے ہاں ہر جمعرات کو جو مخفل ہوتی ہے جو بات هم نے کہی تھی؟ حضرت خواجہ دیکھتے ہیں حضرت نظام الدین اولیا ،نظرنہیں میں گرنے کے لیے، بس لیکے ہی تھے تو ہے وہاں جاکر بیٹھا کرو، وہ مرید تھے امیرخسروؓ نے فرمایا کی تھی بات انہوں نے آئے۔آقا صلی اللہ علیہ وآلہ وسلم نے حضرت شاہ بوعلی قلندررح نے سینے سے ہاتھ حضرت خواجہ امیر خسروں ایک وقت گزر فرمایا کہ بتم حضرت بوعلی شاہ قلندر سے کہنا یوچھا،خسرو کے دیکھتے ہو؟ یارسول الله صلی اٹھالیا۔ آنکھ کھل گئی تو وہیں حضرت شاہ بوعلی گیا۔۔۔ایک روز حضرت بوعلی شاہ قلندر 👚 کہ آپ مجھے حضور صلی اللہ علیہ وآلہ وسلم کی اللہ علیہ وآلہ وسلم ایٹ شیخ کوتلاش کررہا ہوں 📑 کلندررح کی محفل میں بیٹھے تھے وجد میں آ نے فرمایا: خسر تھم نے تمہارے شیخ کوحضور سی پجری مبارک میں پہنیا دیں میں خوداینے پرنہیں نظرآئے آقاصلی اللہ علیہ وآلہ وسلم نے گئے۔ پھر چل پڑے واپس اپنے شیخ کو صلی الله علیہ وآلہ وسلم کی کچبری مبارک میں شیخ کو ڈھونڈ لوں گا۔حضرت بوعلی شاہ قلندر اللہ مایا،اس ہاویر کی کچبری میں جاؤ؟اویر ملنے۔ وجد کی کیفیت میں فاری کا کلام تبھی نہیں دیکھا۔ یہ بات س کرحضرت امیر نے فرمایا ٹھیک ہے آٹکھیں بند کرو۔ ایک پہنچ تو پھر آ قاصلی اللہ علیہ وآلہ وسلم تشریف کھیا: نمی دانم چیمنزل بودشب جائے کہ من خسر وگا دل ٹوٹ گیا۔ انہوں نے محفل میں سینے پر ہاتھ رکھااور حضرت خواجہ امیر خسر وگو فرما ہیں اور اس سے او نیچے درجے کے اولیاء بودمبہر سورقص بسل بود شب جائے کہ من آ ناتونہیں چھوڑالیکن اسکے بعد بچھے بچھے ہے حضور صلی اللہ علیہ وآلہ وسلم کی کچہری مبارک موجود ہیں اسطرح چوشی میں گئے یانچویں بود مجھے نہیں معلوم کہ وہ کون ہی جگاں خاموش رہنے گئے۔ جب حضرت نظام میں پہنچا دیا۔ دیکھا کچہری لگی ہے اولیاء میں گئے چھٹی میں گئے وہاں بھی نہیں ملے تو کل رات میں تھا، ہرطرف وہاں رقص بسمل الدین اولیائے کے بال جاتے تو تب بھی بیٹے ہیں یہ دروازے پر کھڑے ہیں اور پریشان ہو گئے، دل ڈو بنے لگا آ قاصلی اللہ ہور ہاتھا کہ جہال میں کل رات کوتھا۔ یری خاموش اور پریشان حال سے لگتے۔اپنے ایک ایک ولی کے چرے کوتک رہے ہیں کہ علیہ وآلہ وسلم نے فرمایا، آخرے کچبری میں پیکرنگاری ،سروقد ، لالہ رخساریسرایا آفت اندر کی کیفیت، پریثانی،اضطراب کااظہار میرے شیخ کہاں ہیں؟ کچھو برآ قاصلی اللہ جاؤ ساتویں کچہری میں جاؤ۔اور ساتویں دل بود شب جائے کہ من بودمپری کےجسم نہیں کرتے تھے۔ کئی دن گزر گئے حضرت علیہ وآلہ وسلم بھی دیکھتے رہے خاموش رہے، میں پہنچے گئے، دیکھتے رہے دیکھتے رہے وہاں جیساایک محبوب تھا،اس کا قدسر و کی طرح تھا نظام الدین اولیاء جو النے شیخ تھے انہوں کچھ دیرگزری ان کوایے شیخ نظرنہیں آئے تھی نظرنہیں آئے۔ بہت پریثان ہو گئے کہ اور خسار لالے کی طرح ، وہ سرایا آفتِ ول نے بھانب لیا اور یو چھا،خسروکیا بات ہے آ قاصلی اللہ علیہ وآلہ وسلم نے یو چھا،خسرو پتو آخری کچبری تھی،آ قاصلی اللہ علیہ وآلہ تھاکل رات کہ جہال میں تھا۔رقیبال گوش کیوں پریشان یو؟ کئی دنوں سے پریشان کے دیکھتے ہوکیا تلاش کرتے ہو؟ فرمایا آقا وسلم نے یوچھا،خسرو کے دیکھتے ہو؟ یارسول بر آواز ، او در نازمن تر سال بخن گفتن ، جیہ د کیتا ہوں تنہیں! جب آپ نے اصرار کیا تو صلی اللہ علیہ وآلہ وسلم اپنے شیخ کو تلاش کرر ہا الله صلی اللہ علیہ وآلہ وسلم اپنے شیخ کوڈھونڈ رہا مشکل بود شب جائے کہ من بود مرقیب آواز حضرت خواجهامیر خسروؓ نے بیان کردیا کہ، ہوں۔آتا صلی اللہ علیہ وآلہ وسلم نے ہوں اورآخری پجہری میں پہنچ گیا پرنہیں نظر پر کان دھرے ہوئے تھے،وہ ناز میں تھااور آپ کے کلم ہے میں جہاں بیٹھتا تھااور ابھی فرمایا،اس سے اوپر کی کچہری میں آئے۔ایک بزرگ پردہ ڈال کرنیچے کرکے میں خوف زدہ تھا۔ وہاں بات کرنا کس قدر بھی جاتا ہوں۔حضرت بوعلی شاہ قلندرؓ نے جاؤ۔اوپر پہنچتو پھرآ قاصلی اللہ علیہ وآلہ وسلم اللہ علیہ وآلہ وسلم کے قریب سب مشکل تھا کل رات کہ جہاں میں تھا۔خداخود فرمایا تھا: خسر توھم نے تمہارے شیخ کوحضور تشریف فرما ہیں اوراس ہے اونچے درجے ہے آگے بیٹھے تھے۔آ قاصلی الله علیه وآله میرمجلس بود اندر لامکال خسر ومحم شمع محفل بود صلی اللہ علیہ وآلہ وسلم کی کچہری مبارک میں 🕒 اولیاء موجود ہیں۔پھر دروازے یہ 🛛 سلم نے فرمایا بھی پردہ ہٹا کر چھپے بھی دیکھ 👚 شب جائے کہ من بود مائے خسرو، لا مکال تجھی نہیں دیکھا! حضرت خواجہ نظام الدین سکھڑے ہو کے دیکھ رہے ہیں ، آقاصلی اللہ لیا کرو! جب انہوں نے پر دہ ہٹا یامڑ کر دیکھا میں خداخو دمیرمجلس تھااور حضرت محمد سالٹھا آپیلم اولیاءً نے فرمایا خسروًاس میں پریثانی کی کیا علیہ وآلہ وسلم نے یو چھا،خسر و کسے دیکھتے ہو تو حضرت خواجہ نظام الدین اولیاء رح اس محفل کی شمع تھے:کل رات کہ جہاں میں تھا بات ھے،تم ذکر کردیتے۔آپ نے فرمایا کیا تلاش کرتے ہو؟ یارسول الله صلی الله علیہ تھے۔اور ایک بزرگ پردہ ڈال کراو پر آقا کہتم حضرت بوعلی شاہ قلندر ﷺ کہنا کہ آپ و آلہ وسلم اپنے شیخ کو تلاش کررہا ہوں پرنہیں صلی اللہ علیہ وآلہ وسلم کے پہلو میں سب سے

گل بو کی حکای<u>۔۔</u> سدا بہار سبق آ موز مذہبی ُساجی واخلاقی بنیادوں کاانمول ونا درخزانه

ڈاکٹرتو فیق انصاری احمد شكا گو،امريكه





دانائے مشرق ،بلبل شیراز، حضرت شیخ کتابوں گلستاں اور بوستاں نے لازوال عالمی سعدتی شیرازی طینهایه فارس زبان کے عالمی شہرت حاصل کی اور حضرت سعدی کے مقام کو شهرت یافته ادیب شاعر سیاح و دانشور بلندوبالا کرکے اوج کمال پر پہنچادیا۔ گلتال گزرے ہیں۔آپ کی پیدائش تقریباً آٹھ سو اور بوستاں کی بنیاد قرآن،حدیث، سال قبل سادات کے اک معزز گھرانے میں تربیت، اخلاقیات، تجربات، دور ری اور

سیاحوں میں ابن بطوطہ کے سواشیخ سعدیؓ ہے۔ نثر کا ترجمہ اُردونٹر میں اور فارسی نظم کا ترجمہ اُردو بڑھ کرکوئی اور سیاح نہیں۔انہوں نے سیاحت نظم میں کیا گیا ہے۔ گل ہو کی حکایت کے کے دوران بڑی صعوبتیں اٹھائیں اور بڑے عنوان سے ہم گلتاں و بوستاں کی حکایات کو تجربے حاصل کئے۔ایک اندازے کے عوامی استفادہ کی خاطر''ایشیاٹائمز کی الکٹرانک مطابق شیخ سعدیؓ کی تصانیف تیس سے متجاویز اشاعتوں میں ثواب جاریہ کی نیت سے سلسلہ

اورایک سے بڑھ کرایک ہیں لیکن ان کی دو وارشائع کررہے ہیں۔(ادارہ)





أردو حكايت: ايك منصف بادشاه سيدها سادهالباس يهنتا تهااوروه رعيت سے مالیہ نہیں لیتا تھا کہ اُس کو تحت و تاج کی زینت پر صرف کرے۔وہ ریشمی کیڑے پہن کر شمن کا مقابلہ نہیں کرنا چاہتا تھا۔وہ کہتا تھا کہ خزانے پرسب کاحق ہے۔جوسیاہی بادشاہ سے خوش نه ہووہ ملک کی سرحدوں کی حفاظت نہیں کرسکتا اورا گرایک ظالم، دہقان کا گدھا دھاندلی سے چھین لے تو بادشاہ کو دہقان سے ٹیکس وصول کرنے کا بھی حق نہیں ہے۔

فارسی شعر:

مخالف خرش برد سلطاں خراج چه اقبال ماند درآن تخت و تاج

حاصلِ كلام:

جس ملک میں دہقان کا گدھا دشمن جبر سے چھین لے اور ادھر بادشاه اس سے مالیہ وصول کرے تواس کوا قبال کیسے نصیب ہوسکتا

منظوم ترجمه:

جس ملک میں دہقاں کا گدھا چھین لے ظالم أس ملك مين انصاف، و خوشحالي نه ہوگی مظلوم سے گر مال دبویے گا نہ حاکم جھولی جو خزانے کی ہے، وہ خالی نہ ہوگی

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ذیابطیس کے مریض کیلئے احتیاطی تدابیر

وُنیا بھر میں 46 کروڑ ہے زائدلوگ ذیابطیس کے مرض کا شكار بين اور لا كھوں اس بياري ميں مبتلا ہونے کے خطرے سے دو جار ہیں۔اس بیاری کے شکار افراو کو ا پنی حالت سنجالنے اور پیچید گیول ہے بیخے کے لیے سلسل دیکھ بھال اور مدد کی ضرورت ہوتی ہے۔ لہذا، ذیابطیس کے شکار تمام افراد کو دوائیال، ٹیکنالوجی، مدد اور ملهداشت وستياب مونى عايي، جن کی انہیں ضرورت ہے۔

اگر کسی گھر میں ذیابطیس کا مریض موجود ہوتو گھر والول کی یہی کوشش ہوتی ہے کہ اس کی بہت اچھی طرح و مکھے بھال کی جائے اورا کے کھانے نہ بنائے جا کیں جس ے مریض کے کھانے میں میٹھے کا اضافہ ہو اوروہ بدیر ہیزی کرنے کی وجہ سے مشکل کا شكار موجائ مريض چونكداي مرض كي وجہ ہے جھنجھلایا رہتا ہے یا لبعض اوقات مریض سے بے احتیاطی یا دوا کا ناغہ ہوجا تا ہے۔اس لیے گھر کے افراد کی بیز مدداری ب كدوه ذيابطيس كے مريض سے صرف نظرندكري اورنه بي مريض كوكسي قتم كي ب احتیاطی کرنے ویں، خاص طور پر ایسے مريضول كاخاص خيال ركفين جوزا ندعمراور

ہدایت کےمطابق دوا

جارے ہیں۔

ذیابطیس کے مریض کومعالج کی ہدایت کے مطابق دوا وقت پر دینا ضروری ہے۔ اگر مریض دوا کھانے میں سستی یا پس و پیش ے کام لے گا تو امراض قلب، اعصابی نقصان اور دیگر پیجیدہ بیاریاں لاحق ہونے کا خطرہ بڑھ جاتا ہے۔ڈاکٹر کی ہدایت کے

ا بنا خیال خودر کھنے سے قاصر ہیں۔اس صمن

میں ذیل میں چند مشورے پیش کیے



مریض کے وزن اور خون میں شوگر

کا ریکارڈ بنائیں تا کہ گھروالوں کومعلوم

بعد کھند کھانا ہوتا ہے مگر کیااور کے کھانا

لکھ لیں عموماً ذیابطیس کے مریضوں کے

ذیابطیس کے مریضوں کی صحت برقرار

مطابق دوا یا انسولین کے لیے نظم وضبط کامیاب حاصل ہوسکتی ہے۔ اوروقت کی یابندی کرنی لازی ہے۔ کھانے بینے کاریکارڈ

تمبا کونوشی سے پر ہیز

تمباكونوشى سے نه صرف ذیابطیس كا کنٹرول میں رکھنے کے لیے اس کے کھانے مرض بڑھتا ہے بلکہ بیاس سے منسلک ہر مسئلے کو پیچیدہ بنادیتا ہے۔ تمباکو نوشی خون ہوسکے کہ مریض کو کب کیا گھانے کو دینا میں گلوکوز کی سطح کو بڑھاتی ہے، جوذیابطیس ہے۔ بیمل شوگر کنٹرول کرنے میں مدد گار کے مریضوں کے لیے خطرناک ہوسکتی ہے۔ ثابت ہوتا ہے۔ مریض کو ہر کچھ و قفے کے

کھانے میں احتیاط

: ذیابطیس کا مریض جب کئی گھنٹے کھانا ہے یا کتنا کھایا؟ بیسب آپ ایک کا بی پر نہیں کھا تا تواس کا جسم خود بخو د توانا کی کے لیے مریض کے جگرے گلوکوز جاری کرتا ہے لیے نیوٹریشن ڈائٹ جارٹ ترتیب دیتے ۔ مسالے داراور چنخارے دار ناشتہ مریض ہیں،اس پڑمل کرنازیا دہ بہتر ہے۔ کے گلوکوز کی سطح میں اضافہ کرسکتا ہے۔ با قاعد گی سے ورزش ذیابطیس کے مریض کو ہوٹلوں اور فاسٹ فوڈ ریستوران وغیرہ کا کھانا دینے سے رکھنے کے لیے ان کا ورزش کرنا نہایت اجتناب کریں کیونکہ باہر کے کھانے میں ضروری ہے۔ با قاعدگی سے ورزش وزن بہت زیادہ کیلوریز اور فیٹس ہوتے ہیں۔ میں کمی، خون میں گلوکوز کے کنٹرول، گھر والے جب ذیابطیس کے مریض انسولین کی سطح اورجسم کی چر بی میں کی کے کے لیے کھانا یکا کیں توان میں مختلف اجزاء لیے بہترین ہوتی ہے۔ ہفتے میں یا کچ ون ڈالتے وقت مریض کے حماب سے خیال 30منٹ کے لیے ورزش کرنا جسمانی ر کھیں۔ کوشش کریں کہ ذیابطیس کے صحت کے لیے اہم ہے۔ معالج کے مریض کو کام پر جاتے وقت گھر کا کھانا مشورے سے ذیابطیس کا مریض تیرا کی ضروردیں۔اس سے ذیابطیس کے مریض اور سائیکلنگ وغیرہ بھی کرسکتاہ۔ کی شوگر کنٹرول کرنے میں کافی حد تک وانتوں کی صحت

ذیابطیس دانتوں کے ليے بھی سائل پيدا كرتی ب- جب مريض كے تفوك میں گلوکوز کی معمولی سطح بڑھ جاتی ہے تو اس کے جسم میں شوگر کی سطح بھی بڑھ جاتی ہے۔شوگرمشکل افلیشن کے خلاف مزاحت كرتا ہے جس ہے مریض کے مسور هول کی بیاری بڑھ سکتی ہے۔ صحت مند دانتول اور مسورهول

کے لیے مریض کو فلورائیڈ ٹوتھ پیٹ استعال کرتے ہوئے دن میں دو مرتبہ دانت صاف کرنے چاہئیں۔ ياؤل كى دېچھال

ذيابطيس ايك اعصالي مرض بھي بن سكتا ہے۔ ذیابطیس کے مریض کے یاؤں کی اچھی طرح ویکھ بھال کرنا ضروری ہے۔ مريض كو جاہے كەروزانداينے ياؤل كرم یانی ہے دھوئے (بہت زیادہ گرم یانی نہ ہو) اور ساتھ ہی تولیہ کی مدد سے انہیں اچھی طرح صاف کرے۔ اس کے علاوہ، مریض آرام دہ جوتا استعال کرے اور یاؤں پر کوئی معمولی سا زخم بھی نہ آنے وے۔ایہا ہونے کی صورت میں فوری طور يرمعالج يرجوع كرب مريض كواي یاؤں کے بارے میں بہت زیادہ مخاط ہونے کی ضرورت ہے۔ ماہرین طب کے مطابق ذیابطیس کے مریض کو اینے بورے جسم میں سب سے زیادہ یاؤں کی و مکیرہ بھال کرنی جاہے۔

نوف: ذیابطیس کے مریض کی ادویات اور انولین کے معاملے میں صرف معالج کی ہدایات پرعمل کریں۔ کوئی بھی غیر معمولی چیز سامنے آنے پرفوری معالج سے رجوع کریں۔

عششی کپورا پنی یادگارا دا کاری کے لیے ہمیشہ یا در کھے جائیں گے

ششی کیور کی شبہ جب بھی فلمی شائقین کے ذہنوں میں ابھرتی ہے تو ہندی فلموں سویر اسٹار امیتا بھ بچن کیساتھ فلم دیوار کا وہ منظر اور ڈائیلاگ بے جن میں سے 61 فلموں میں وہ واحد تنها اداکار اختیار یاد آجائے ہیں جو کہ ایک ایماندار پولیس تھے۔ جبکہ 55 فلمیں دیگر اداکاروں (ملی افسر (ششی کپور) این ایم ایم ایر بھائی (ایتابھ اسٹارر) فلموں میں کام کیا تھا اور 21 فلموں میں



بكن) كربتاميكه" بعائى تم ان كاغذات يرسائن كروك يانبين"؟ يا پھرائ فلم كاايك مشہورز ماند ڈائیلاگ بھی قلمی شاتقین کے ذہنوں پر آج بھی هش ہے کہ جب وجنے (امیتابھ بچن) اینے پولیس انسکٹر بھائی روی (ششی کپور) ہے یو چھتے ہیں کہ دیکھوآج میرے پاس پیسے، بنگلہے، گاڑی ہے، نوکر ہیں، بینک بیلنس ہے، تمہارے یاس کیا ہے؟ تب عشی کپور معصوم اور پخته لہجہ میں یہڈائیلاگ بولکرسینماہال کے شاتھین کی سیٹیاں اور تالیال بٹور لیتے ہیں کہ" میرے یاس مال ہے۔ ششى كيور 18 مارى 1938ء كوكولكت ميس پيدا ہوئے تھے۔انہوں نے بطوراداکارا پی زندگی کی ابتداء چارسال کی عمر میں اینے والد، پروڈ یوسر اور ہدایت کار پرتھوی راجکیور کے ساتھ ڈرامول میں ادا کاری کی تھی۔ ششی کیور کو ادا کاری بول تو ورشہ میں ملی تھی اور ان کے خون میں ہی ادا کاری رچی بی تھی۔ کیونکہ وہ اینے زمانے کے مشہور تاریخی ادا کار والد پرتھوی راج کیور کے تیسرے فرزند تھے ان سے بڑے بھائی تمی کیور بھی ایک شوخ و چچل اداکار کی حیثیت ےمشہور رو ملے ہیں اور ا تح بڑے بھائی راجگیو رتوقلی دنیا کے قطیم شومین تھے۔ چر 1940ء کے عشرہ کے آخری برسول میں انہوں نے فلمول میں ایک چائلڈ اسٹار کے طور یر بھی کام کرنا شروع کر دیا تھا۔انہوں نے بطور جائلد ایکٹر ایے ہدایت کار، پروڈ یوس ادا کار بھائی راج کپورکی قلم آگ (1948) آواره (1951) اورفلم سنكم (1950) مين اداکاری کی کھی۔ ششی کیورنے 1960ء کے دہ میں ہدایت کاررویندرویو کےاسٹنٹ ڈائرکٹر کی حیثیت فلم پوسٹ باکس (سنیل دت)، گیٹ باوس (1959) فلم دلها دلهن اورفلم شريمان

ستیادادی کام کیا تھا۔ششی کپور کی پہلی فلم دھرم پترا تھی انہوں نے زائداز 150 فلموں میں کام کیا تھا

شی کیورنے بطورمعاون ادا کارکام کیا تھا۔جبکہ 7 فلمول میں ششی کیورنے بطور مہمان خصوصی کام کیا تھا۔ شقی کیور نے اپنی منفرد اداکاری کے ذريعه 1960ء اور 1970ء كے دے اين اداکاری کاسکہ جماتے ہوئے نوجوانوں کے دلوں پرراج کیا تھا اور پیسلسلہ 1980ء کے وسط تک بھی قائم رہا۔ششی کیورنے انگلینڈ کی ادا کار دجنیفر کیڈل سے 1958ء میں شادی کی تھی ان دونوں کی پہلی ملاقات 1956ء میں کلکتہ میں ہوئی تھی جو كه بعد ازال وه پرتفوي تھيٹر كا حصه بن كئيں جن كاكينسركى بيارى =7 حبر 1984 وكولندن ميں انقال ہوگیا۔جنیفر کیور نے 1981ء میں ہندوستانی فلموں 36 چورٹی لین (1981) باہے ٹاکیز (1970)،جنون 1978ء اور ہیٹ اینڈ وست 1983ء میں ادا کاری کی تھی سے سی کیور اورجنیفر کیور کے دو بیٹے کنال کیور، کرن کیوراور ایک بین جنا کور ہیں۔ ششی کیورے فرزند کنال کیور نے فلم جنون ،آہتہ آہتہ، وجینا، اُتسواور ترى كال جيسي فلمول ميس ادا كارى بھي كى تھي۔وہيں ششی کیور کے ایک اور فرزند کرن کیور نے بھی فلم جنون، 36 چورتگی لین،سلطنت،لو ہااورافسرجیسی ملنی اسٹاررفلموں میں کام کیا ہے۔جبکہ ششی کیور کی دختر سنجنا کپورنے بھی اپنے والد کی قلم 36 چورگل لین میں اپنی مال اور بھائی کرن کپور کیساتھ اہم كردارادا كيانقا يبخنا كيورني اييغ والدحتثي كيور بى كى قلم اتسو ميں بھى كام كيا تھاليكن بالى ووۋ ميں نجنا کپورکوللم ہیروہیرالال(1988) **سے** پھ<u>ا</u>ن ملی تھی جو کہ ایک حیدرآ بادی پس منظر والی فلم اور حيدرآ بادي آنو ڈرائيور كى زندگى پرمشمل تھى۔اس فلم کے ہیرونصیرالدین شاہ تھے۔

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ڈرامے سے نکالے جانے پر بہت خوش ہوئی تھی: حیا بخاری

یا کتان شوبزانڈسٹری کی معروف اداکارہ ہوچکا ہے، میں نے پراجیک سائن کرلیا تھااور حبا بخاری نے انکشاف کیا ہے کہ اُنہیں ایک میں بعد میں پچھتا رہی تھی۔ حبا بخاری نے کہا ڈرامے سے نکال دیا گیا تھاجس پرانہیں بہت کاس وقت کھے ہوایوں کہ مجھے اُس پراجیکٹ

ہے نکال ویا گیا تھا اور مجھے اس پر بہت خوشی ہوئی تھی۔اداکارہ نے کہا کہ جب أنہوں نے اپنی والدہ کو بتایا کہ اُنبیں ڈرامے ہے نکال



گفتگوی _دوران انٹرو یومیز بان نے حبا بخاری دیا گیا ہے تو وہ بھی بہت خوش ہوئی تھیں اور ے سوال کیا کہ کیا بھی ایسا ہوا ہے کہ آپ نے انہیں خوشی میں اپنی گودیس بی بٹھالیا تھا۔ تاہم کوئی پراجیٹ سائن کرلیا ہولیکن شوٹنگ کے حبا بخاری نے ڈرامے کا نام بتانے سے گریز دوران آب کو اینے فیلے پر افسوس ہوا کیا۔واضح رہے کہ حما بخاری حال ہی میں ہو؟ میزبان کے سوال کا جواب دیتے ہوئے حبا اداکارہ آریز احمد کے ساتھ رشت از دواج میں بخاری نے کہا کہ جی بال! میرے ساتھ ایسا سلک ہوئیں ہیں۔

شنیر انے کراچی والوں سے کوئی اپیل کی؟

قومی کرکٹ ٹیم کے سابق لیجنڈری نامناسبرویداختیارکرنے ہے گریزکریں۔



كركٹر وسيم اكرم كى اہليه شيرانے كراچى ميں أنہوں نے كہاكه يادر كھيں كه وہ اپنے كام پر ریستوران بند ہونے پر شہر یول سے اپیل بہت فخر کرتے ہیں اور اگرچہ وہ آپ کی خدمت کردی۔ مائیکرو بلاگنگ سائٹ ٹوئٹر پر جاری کرتے ہیں، وہ کسی بھی صورت میں آپ کے کیے گئے پیغام میں شنیر ااکرم نے کہا کہ' کرا چی نظام نہیں ہیں۔'واضح رہے کہ ملک کے سب میں ایک بار پھر اِن ڈور ریستوران بند کردیے سے بڑے شہر کراچی میں گزشتہ 24 گھنٹوں گئے ہیں جس کی وجہ سے عملے کوایک بار پھر بے کے دوران 2 ہزار 895 افراد میں کورونا وائرس روزگاری کے خطرے کا سامنا ہے۔ شغیر انے کی تصدیق ہوئی ہے۔ شہر قائد میں کورونا کہا کہ میں یہاں ایک یادو ہانی کرنا چاہوں گی وائرس کے کیسر شبت آنے کی شرح 45 کہ براو کرم! آپ عملے کے ساتھ برتمیزی اور اعشار پد 14 فصد کی سطح پر جا پہنچی ہے۔

تابش ریحان

غزل



FEBRUARY 2022

وتىالدين كماني كاذريعه

سونے کے واسطے نہ جگانے کے واسطے میں شعر سا رہا ہوں ہسانے کے واسطے نہ آپ کے لئے نہ زمانے کے واسطے مُلّ بنا ہوں صرف کمانے کے واسطے ***

انگڑائی

انگرائی بھی وہ نہ لینے پائے اٹھا کے ہاتھ پھڑی جونس تو چھوڑ دیئے شیٹا کے ہاتھ سائن نکاح نامہ یہ بڑے شوق سے کئے اب کیوں کوتے ہو قسمت کو اُٹھا کے ہاتھ

ملانى

طبیعت یوں تو کھانے کو کباب بریانی کرے سوچ کرمرچ گرم مصالح دل پریشانی کرے اس عمر می وتی کو مسلمان بنا رہی ہے بیکم یوں کرے بات جیسے کوئی ملانی کرے

عابدجعفري

غزل

کون تھا جو دست قاتل کے لئے تیار تھا ایک میں ہی برم اہل خواب میں بیدار تھا بھر لیے ہیں تیرگی سے گھر کی دیواروں کے گھاؤ كيا نيا سورج جارك واسط آزاد تها خشک نہروں سے صدائے تشکی آتی رہی اور سمندر موج بے آواز سے سرشار تھا آ رہے تھے موسموں کے نام پھولوں کے پیام تم نه سے تو موسم گل بھی نگه میں خار تھا دے دیا گھر کے چراغوں کو ہوا کی گود میں

لوگ کہتے تھے کہ اک سامیہ پس دیوار تھا

اب بھی یوں لگتا ہے جیسے ہر خبر ہو آج کی

اس کے برسوں پرانا میز پر اخبار تھا

حمزه يعقوب

غزل

اسلوب یقینا ہے جداگانہ خدا کا پڑھتا ہوں تھے جان کے افسانہ خدا کا طالب کی طلب وسعت دامن سے جڑی ہے ہم رند سجھ کتے ہیں پیانہ خدا کا دن رات لیتے ہیں مری آنکھ سے آنسو خالی نہیں ہوتا کبھی مے خانہ خدا کا آیا ہے کوئی شخص دل زار میں رہے دیکھا ہے کسی نے مجھی ویرانہ خدا کا کیا شیخ کو آداب فضیلت نہیں آتے کینے ہے کبھی دست کبھی شانہ خدا کا بوسہ بھی اسے دول گا جو معیار یہ اترے ہر آگ میں جاتا نہیں پروانہ خدا کا جاتے ہیں طبیعت کی روانی جہال لے جائے مخصوص پتہ ہے کوئی میرا نہ خدا کا بے رونقی خالق کو بھی اچھی نہیں لگتی رگوں سے بھرا رہتا ہے بت خانہ خدا کا

حمزه ليعقوب

غزل

گلے ملتے ہوئے واپس پلٹ جائے گا صاحب غبارہ دھوپ میں جاتے ہی بھٹ جائے گا صاحب ہمارے دل پہ جتنے لوگ قابض ہو رہے ہیں یہ پتھر تو کئی فکڑوں میں بٹ جائے گا صاحب مصیبت میں سہارے کی طلب کس کونہیں ہے اندھیرا روشیٰ سے خود لیٹ جائے گا صاحب دلوں میں رہے والے کل لبوں پر آ رہیں گے بدن کا خون آنکھوں میں سٹ جائے گا صاحب ہارے شر سے کوئی چیز کیے کی سکے گ مجھے لگتا ہے یہ جنگل بھی کٹ جائے گا صاحب خدا اور آدمی میں یادری کی جا نہیں ہے ے خانہ بہت دور ہے ان آئھول سے لیکن افق سے ایک دن یہ ابر حیف جائے گا صاحب محبت میں اناڑی ین بہت نقصان دہ ہے یہ جھولا پہلے چکر میں الٹ جائے گا صاحب اگر کچھ یوچھنا ہے اپنے صحراؤل سے بوچھیں سمندرآپ کے رہتے ہے ہٹ جائے گا صاحب

نورين طلعت عروبه

ادهر دریا میں اک طوفال کھڑا تھا ادهر سوہنی تھی اور کیا گھڑا تھا ہمیں حد ادب نے مار ڈالا کہ وشمن عمر میں ہم سے بڑا تھا وہ جن کے گھر کو بارش لے گئی تھی انبیں ساون بہت مہنگا پڑا تھا اندهیری شام روشن ہو گئی تھی افق کی آنکھ میں ہیرا جڑا تھا وہ بنتے بنتے رخصت ہو رہے تھے جارا امتحال تھا اور کڑا تھا علاقه تھا ہمارا اور اس میں تمہارے نام کا جینڈا گڑا تھا کہیں کھولوں سے یگڈنڈی سجی تھی كبيل اك راسته سونا يرا تها لیك كر رو دئے ہم ال شجر سے کہ جس کا آخری یتا جھڑا تھا

آج کا جو کام تھا کل پر اٹھا کر رکھ دیا میں نے یوں ہر قیمی موقع گنوا کر رکھ دیا جس طرف بھی دیکھیے بس جوکروں کی بھیڑ ہے آپ نے تو ملک کو سرکس بنا کر رکھ دیا لر رہا تھا ظلمت شب سے اکیلا اک چراغ سر پھری آندھی نے اس کو بھی بجھا کر رکھ دیا کیے ہوگی سرخ رو دنیا میں آخر الی قوم جس نے احکام البی کو بھلا کر رکھ دیا کیوں میں تیرے عشق کا ہر سو ڈھنڈورا پیٹتا فیمتی سامان تھا دل میں چھپا کر رکھ دیا آ رہے ہیں اب وہ اقرار مجت کے لئے دوستوں نے جب مجھے نہلا دھلا کر رکھ دیا پیٹ کی خاطر کسی نے 👸 ڈالی آبرو آج اس منظر نے تابش کو ہلا کر رکھ دیا

ظهير پرويز

غزل

تظهری ہوئی یادوں کا جہاں کیوں نہیں جاتا مدت ہوئی آنکھوں سے دھوال کیوں نہیں جاتا امید کی شاخوں میں شمر کیوں نہیں آتے مرجهائے ہوئے دل میں گمال کیوں نہیں جاتا گلشن کے ہراک گوشے میں ہے جش بہارال دل سے گر احساس خزاں کیوں نہیں جاتا ان سے تو ذرا پوچھے بازار وفا سے به سلسلهٔ سود و زیال کیول نہیں جاتا شیشوں کے چھنے کا سال کیوں نہیں جاتا الجھے ہوئے حالات کی محتفی نہیں تھلتی ناخن سے مرے قرض گرال کیوں نہیں جاتا

فيضان اسعد

غزل

زندگی بھر دوڑتا ہے بیٹھ جا غُم کہاں کب بولتا ہے بیٹھ جا پہلی بارش دکھے کر برسات کی جانے کیا تو سوچتا ہے بیٹھ جا اس قدر لے کر چلا بار حیات راستہ ہی بولتا ہے بیٹھ جا یاؤں کھنچا ہے ترا احباب نے کیوں سہارا ڈھونڈھتا ہے بیٹھ جا طشت میں لاشیں سجی ہیں خون ہے یہ سای ناشتہ ہے بیٹھ جا جھوٹ کی دنیا میں سب الجھے ہیں تو بات سچی بولتا ہے بیٹھ جا اک دے نے جل کے طوفاں سے کہا مجھ سے ڈر کر کانیتا ہے بیٹھ جا ننھے بیجے کو تلاوت سے نہ روک کان میں رس گھولتا ہے بیٹھ جا د کیے اسعد اجنبی اک شخص سے رشة جال جوڑتا ہے بیٹھ جا

ساعاسسيدها علاقات مولاناروم رح فرماتے شیں

ا بک بادشاہ نے اپنے بہنوئی کی سفارش پرایک شروع ہوئی اور پھر بارش بھی الیں کہ خدا کی شخص کو موسمیات کا وزیر لگا دیا۔ ایک روز پناہ۔ ہر طرف کیچیڑ اور دلدل بن گئی۔ بادشاہ بادشاہ شکار پر جانے لگا تو روانگی ہے قبل اپنے اور مصاحب کو سارا شکار بھول گیا۔ جنگل یانی وزیر موسمیات سے موسم کا حال یو چھا۔وزیر سے جل تھل ہو گیا۔ایسے میں خاک شکار ہوتا۔

بادشاہ نے واپسی کا سفر شروع کیا اور برے

حالوں میں واپس محل پہنچا۔ واپس آ کر دو کام

کیے۔ پہلا بیکہوزیرموسمیات کو برطرف کیااور

دوسرا میہ کہ کمہار کو دربار میں طلب کیا۔ اسے

انعامات سے نوازا اور وزیر موسمیات بننے کی

پیشکش کی ۔ کمہار ہاتھ جوڑ کر کہنے لگا' حضور!

کہاں میں جاہل اور ان پڑھ شخص اور کہاں

سلطنت کی وزارت ۔ مجھے توصرف برتن بنا کر

بھٹی میں یکانے اور گدھے پر لا دکر بازار میں

فروخت کرنے کے علاوہ کوئی کام نہیں آتا۔

مجھے توموسم کا رتی برابر پیتنہیں۔ ہاں البتہ پیہ

ہے کہ جب میرا گدھاا پنے کان ڈھلے کر کے

ینچے لڑکائے تو اس کا مطلب ہے کہ بارش ضرور

ہو گی۔ یہ میرا تجربہ ہے اور کبھی بھی میرے

گدھے کی بیپیش گوئی غلط ثابت نہیں ہوئی۔

بادشاہ نے کمہار کے گدھے کواپناوز پرموسمیات

.....

ابتداتب ہے ہوئی۔



نے کہا کہ موسم بہت اچھا ہے اور اگلے کئی روز تک اسی طرح رہے گا۔ بارش وغیرہ کا قطعاً کوئی امکان نہیں۔ بادشاہ اینے لاؤلشکر کے ساتھ شکار پرروانہ ہو گیا۔ راستے میں بادشاہ کو ایک کمہار ملا۔اس نے کہاحضور! آپ کا اقبال بلند ہو آپ اس موسم میں کہاں جارہے ہیں؟ بادشاہ نے کہا شکار پر۔ کمہار کہنے لگا' حضور! موسم کچھ ہی دیر بعد خراب ہونے

اور بارش کے امکانات بہت زیادہ ہیں۔ بادشاہ نے کہا' ابے او برتن بنا کر گدھے پر لا د نے والے تم کیا جانوموسم کیا ہے؟ میرے وزیر نے بتایا ہے کہ موسم نہایت خوشگوار ہے اورشکار کے لیے نہایت موز وں اورتم کہدرہے ہو کہ بارش ہونے والی ہے؟ بادشاہ نے ایک مصاحب سے کہا کہ اس بے یرکی چھوڑنے والے کمہار کو دو جوتے مارے جائیں۔ بادشاہ کے حکم پرفوری عمل ہوا اور کمہار کو دو جوتے نقتر مار کر بادشاہ شکار کے لیے جنگل میں داخل ہو گیا۔ابھی تھوڑی ہی دیر گزری تھی کہ گھٹا ٹوپ بادل چھا گئے ۔ایک آ دھ گھنٹہ بعد گرج چیک

کے دروازے پر پہنچ کر چراغ والاشخص رک گیا ہوں کہ تو بغیر گرے مسجد تک پہنچ جائے۔ نمازی اسے وہیں جھوڑ کرمسجد میں داخل ہو گیااور

ایک شخص مسجد میں نماز ادا کرنے کیلئے نماز ادا کرنے لگا بنماز سے فارغ ہوکر وہ مسجد اندھیری رات میں گھر سے نکلا اندھیرے کی سے باہرآیا تواس نے دیکھا چراغ والاشخض اس وجہ سے ٹھوکر لگی اور وہ منہ کے بل کیچڑ میں گر کا منتظر ہے تا کہ اسے دوبارہ چراغ کی روشنی گیا کیچڑ سے اٹھ کر وہ گھر واپس گیا اور لباس سمیں گھر تک جچھوڑ آئے۔جب نماذی گھر پہنچ گیا تبدیل کر کے دوبارہ مسجد کی طرف چل دیا .ابھی تونمازی نے اس اجنبی سے یو چھا۔آپ کون چند قدم ہی چلاتھا کہ دوبارہ ٹھوکر لگی اور وہ دوبارہ ہیں ؟اجنبی بولا تیج بتا وَں تو میں ابلیس ہوں کیچڑ میں گر گیا۔ کیچڑ سے اٹھ کر وہ ایک بار پھر سنمازی کی حیرت کی انتہا نہ رہی ..اس نے یو حیصا گھرواپس گیااورلباس تبدیل کر کےمسجد جانے سمجھے تو میری نماز رہ جانے پرخوش ہونا چاہئے تھا کیلئے دوبارہ گھر سے نکل آیا۔اینے گھر کے مپھر تو چراغ کی روشنی میں مجھے مسجد تک کیوں دروازے پراہےایک شخص ملا جواینے ہاتھ میں لایا؟ابلیس نے جواب دیا جب تجھے پہلی ٹھوکر لگی ایک روشن چراغ تھاہے ہوئے تھا۔ چراغ والا تو اللہ نے تیرے عمر بھر کے گناہ معاف فرما نخص چپ جاپ نمازی کے آ گے آ گے مسجد کی دیئے جب دوسری ٹھوکر آگی تو تیرے سارے طرف چل دیا ۔اس بار حراغ کی روشنی میں 🛮 خاندان کو بخش دیا مجھےفکر ہوئی کہابا گرتو ٹھوکر نمازی کومسجد تک پہنچنے میں کسی دشواری کا سامنا سمھا کر گرا تو کہیں اللہ تیرے سارے گاؤں کی نہ کرنا پڑا اور وہ بخیریت مسجد تک پہنچ گیا ۔مسجد سمخفرت نہ فرما دے اس لئے چراغ لے کر آیا

(حکایت مولا نارومی رحمة الله علیه)

فلسطین کے ایک سکول میں استانی نے بچوں سےٹیسٹ میں پہلی یوزیشن حاصل کرنے والوں کوانعام کا وعدہ کیا کہ جو بھی فرسٹ آیا اس کو نیا جو تا ملے گا۔ ٹیسٹ ہواسب نے بکسال نمبر حاصل کیے اب ایک جوڑاسب کودینا ناممکن تھااس لیے استانی نے کہا کہ چلیں قرعداندازی کرتے ہیں جس کا بھی نام نکل آیا اس کو یہ نیا جوتا دیں گے اور قرعدا ندازی کے لیےسب کو کاغذیرا پنانام لکھنے اور ڈیے میں ڈالنے کو کہا گیا۔ استانی نے ڈیے میں موجود کاغذ کے کلڑوں کو کس کیا تا کہ کسی کی حق تلفی نہ ہوجااور پھرسب کے سامنے ایک نکزااٹھا یا جونہی کھلاتواس پرلکھاتھاوفا عبدالکریم سب نے تالیاں بجائیں وہ اشکبارآ نکھوں ہے اُٹھی اور ا پناانعام وصول کیا۔ کیونکہ وہ پھٹے پرانے کپڑوں اور جوتے سے تنگ آ چکی تھی۔ والد کا سامیسر سے اٹھ گیا تھااور ماں لا چارتھی اس لیے جوتوں کا بیانعام اس کے لیے بہت معنی رکھتا تھا۔ جب اسانی گھرگئی تو روتی ہوئی بیرکہانی اینے شوہر کوسنائی جس پراس نے خوشی کا اظہار کیا اور ساتھ رونے کی وجہ دریافت کی تو استانی پھوٹ کھوٹ کررونے لگی کہ مجھے رونا وفاعبدالکریم کے جوتوں سے زیادہ دیگر بچوں کے احساس اورا پنی بے حسی برآتا ہے۔ جب میں نے ڈی میں موجود دیگر کاغذ کے تکروں کو چیک کیا توسب نے ایک ہی نام لکھ دیا تھا" وفا عبد الکریم" ان معصوم بچوں کو وفا عبد الکریم کے چبرے پر موجود لا جاری کے درداور کربمحسوں ہوتا تھالیکن ہمیں نہیں جس کا مجھے افسوں ہے۔میرے ایک استاد بتایا کرتے تھے کہ مقرر کر دیا۔ سنا ہے کہ گدھوں کو وزیر بنانے کی انجوں کے اندراحساس پیدا کرنا اورعملاً سخاوت کا درس دیناسب سے بہترین تربیت ہے۔ ہمارے کی اسلاف کے بارے میں کتابوں میں موجود ہے کہ وہ خیرات، صدقات اور زکوۃ اپنے ہاتھوں سے نہیں دیتے بلکہ بچوں کودے کران سے تقسیم کرواتے تھے جب پوچھا گیا تو یہی وجہ بتانی کہاس سے بچوں کے اندر بجين سے انفاق كى صفت اور غريبول ولا چاروں كا احساس پيدا ہوتا ہے۔

FEBRUARY 2022

Why did Novak Djokovic pay for his flight to Australia with a Mastercard?

Because his Visa didn't work.

I arrived early to the restaurant and the manager asked, "Do you mind waiting a bit?"

I replied, "Not at all."

"Good," he said, "Take these drinks to table nine."

A customer sat down at a table in a smart restaurant and tied a napkin around his neck. The scandalized manager called a waiter and instructed him, "Try to make him understand, as tactfully as possible, that that's not done."

Said the thoughtful waiter to the customer: "Pardon me, sir, shave or haircut?"

Dear Paranoid People who check behind their shower curtains for murderers...

If you do find one, what's your plan?

After learning the Lamaze method of natural childbirth, I was admitted to the delivery room with my wife.

.....

It seemed like an eternity before the doctor finally announced, "I've got the head now; just a few more minutes."

"Is it a girl or boy?" I asked excitedly.

The doctor replied, "I don't know. It's hard to tell by the ears."



A five year old boy went for a weekend trip with his grandparents. On the way home, they stopped at a country restaurant for lunch.

The little boy left the table to use the restroom by himself. A moment later he returned with a confused look on his face. He says, "Grandpa, am I a rooster or a hen?"

At the final stop of a bus line, a reporter is taking a poll. She approaches a man and asks him, "When you are sitting in the bus and an elderly person enters, do you get up and give up your seat?"

The man responds with emphasis, "No way!"

Surprised the reporter asks, "Well, why not?"

The man answers, "I'm the driver."

Hey, have you heard about the latest anonymous sperm bank being established by the State of Indiana?

It will be called "Hoosier Daddy!"

When I was a kid, I wanted to play the guitar badly.

And after years of hard work, practice and dedication, I can now play the guitar... badly.

Police officer: Sir, I pulled you over because I have been following you for a while and you went through a stop sign without stopping, went through a red light AND you didn't yield for the pedestrians on a crosswalk. So let me ask you, did you see the red light?

Driver: Yes I did.

Police Officer: Did you see the stop sign?



Driver: Yes I did.

Police officer: Did you see the pedestrians?

Driver: Yes I did.

Police officer: SO WHY DIDN'T YOU STOP???

Driver: Because... I didn't see YOU.

I was kidnapped by mad scientist who experimented on me, replacing my limbs with animal ones.

If I ever see him again I'll tear him apart with my bear hands.

I never actually lose weight anymore.

Apparently, I just loan it out and it comes back with interest.

And lately, I have been getting great rates of return!

David called his son-in-law Mike on their third marriage anniversary to congratulate them. As Mike picked up the phone, David said, "Congratulations Mike, on your marriage anniversary! What are you doing?"

With a heavy sigh, Mike replied, "Tolerating, Sir."



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