

Tia Maria's European Café

// LUNCH MENU //

42 N. WATER STREET, NEW BEDFORD, MA 02740 || 508-993-8900

APPETIZERS

4 SHRIMP CAKES \$9.75

Made by Tia! Rissóis de Camarão - Deep fried croquettes filled with creamy shrimp filling

4 CODFISH CAKES \$9.75

Made by Tia! Pastéis de bacalhau - Deep fried and made up of potatoes, codfish, eggs & parsley

CHICKEN MOZAMBIQUE TENDERS \$11

Fried + dipped in a mild spicy saffron garlic sauce

CHOURIÇO BOMBEIRO \$11.50

Portuguese sausage served over an open flame

PORTUGUESE NACHOS \$13

Corn tortilla chips topped with green peppers, onions, tomatoes, mozzarella, red hot peppers & ground linguica

CALAMARI \$14

Deep fried & mixed with giardiniera pickles served with cocktail sauce

SHRIMP MOZAMBIQUE \$15

10 Shrimp in a mild spicy saffron garlic sauce Available gluten free - ADD \$1.45

AVOCADO FRIES \$12.75

Slices of avocado that are breaded and lightly fried to crispy golden brown perfection

SIGNATURE SOUPS

CUP \$4.50 - BOWL \$6.50

CALDO VERDE

Award winning! Shredded kale in a potato base with sliced chouriço - Gluten Free!

CHICKEN ORZO

Just like your Tia would make it! Tender pieces of chicken with carrots & orzo macaroni

KALE

Award winning! Kale with potatoes, carrots, onions, macaroni, beans & chouriço

TIA MARIA'S PICK TWO

SELECT TWO \$9

1/2 SANDWICH

Caçoila, Tuna Salad, Ham, Turkey, Egg Salad, BLT or Chicken Salad

CUP OF SOUP

Caldo verde, Kale or Chicken Orzo

SMALL GARDEN SALAD

Tomatoes, cucumbers, red onions & carrots

SALADS

ADD GRILLED CHICKEN, TUNA SALAD OR CHICKEN SALAD \$4

GARDEN SALAD SM \$5.50 LG \$9

Green leaf lettuce topped with cucumbers, red onions, tomatoes & carrots

GREEK SALAD \$11

Our large garden salad topped with olives & feta

CHEF SALAD \$15

Green leaf lettuce topped with cucumbers, red onions, tomatoes, sliced ham & turkey, mozzarella & hard boiled egg

FLATBREADS

PERSONAL SIZE FLATBREAD (10X6IN)
WITH MOZZARELLA + TOMATO SAUCE

PLAIN \$8

Just mozzarella, tomato sauce + nada mais

BUFFALO CHICKEN \$10.50

Grilled chicken tossed with buffalo sauce

PORTUGUESE \$12

Peppers, onions & your choice of linguica, chouriço OR morçela

PORTUGUESE HAWAIIAN \$11.50

Pineapple & your choice of linguica, chouriço OR morçela

CHOURIÇO & CHIPS \$11

Sliced chouriço & hand sliced fried potatoes

GREEK \$11

Olives, mozzarella, feta, spinach, & tomato

CHICKEN MOZAMBIQUE \$12

Chunks of chicken in a zesty saffron garlic sauce

SÃO JORGE PIZZA \$13

Ground linguica & thick slices of São Jorge cheese

VEGETABLE \$14

Spinach, broccoli, tomatoes, onions, green peppers & mushrooms

AVOCADO CHICKEN \$16

Bacon, tomato, grilled chicken + drizzled with chipotle aioli

Sandwiches

Served with potato chips and on your choice of bread: white, wheat, seeded rye, marble or a Portuguese roll

EGG SALAD \$8

Hard boiled egg mixed with mayo + parsley topped with lettuce + tomato Make it a BELT + add bacon \$2

BLT \$9.65

Bacon, Lettuce & Tomato with mayo

TUNA \$9

Light tuna mixed with mayo, pureed onion + celery topped with lettuce + tomato

CHICKEN SALAD \$9

Pulled chicken with mayo, pureed onion + celery topped with lettuce + tomato

HAM OR TURKEY \$8.85

Sliced deli meat with lettuce + tomato

PESTO TOMATO MELT \$8.85

Provolone, spinach & red onion

TURKEY PESTO \$10.50

Provolone, spinach & tomato

TURKEY AL FRESCO \$11

Provolone, spinach, sundried tomato, roasted red peppers & artichokes

THANKSGIVING \$11

Deli turkey, cranberry sauce, stuffing, lettuce & mayo best served on a Portuguese roll

BBQ CHICKEN SANDWICH \$12

Crispy chicken, cheddar, red onion + bbq sauce Best served on a Portuguese roll

HAM CRANBERRY MELT \$10

Deli ham, cranberry sauce + cheddar cheese

TIA'S CHICKEN SANDWICH \$13

Crispy Chicken, cheddar, pickles, lettuce, tomato + honey mustard - Best served on a Portuguese roll

FLORENTINE SANDWICH - YOUR CHOICE:

GRILLED CHICKEN \$11.50 OR TUNA \$10

Provolone, spinach, red onion & mayo

Award-winning photographer, Peter Pereira's favorite!

ADDITIONAL TOPPINGS \$1 EACH

Spinach, lettuce, onions, sliced olives, green peppers, hot peppers, pickles, pesto, tomatoes, artichokes, sundried tomatoes, roasted red peppers, egg, American, provolone, cheddar, swiss, feta, mozzarella or mushrooms

PORTUGUESE CHEESE \$3

São Jorge or Queijo da Serra

SUBSTITUTE CHIPS

Rodelas OR Rice \$2 - Pasta salad, vegetable OR garden salad \$3

SUBSTITUTE BREAD

Sweet bread, bolo lêvedo or bagel \$1 - Gluten free bread, Croissant or cheese roll \$2

MAKE ANY SANDWICH A WRAP \$1.45

Whole wheat wrap

TIA'S FLATBREAD YOUR WAY \$8

Add vegetables \$1 each: Spinach, onions, olives, green peppers, hot peppers, garlic, broccoli, tomatoes, artichokes, sundried tomatoes, roasted red peppers or mushrooms

Add meat \$2 each: Bacon, sausage, ham, pepperoni, linguica, chouriço or morçela

WRAPS

WHOLE WHEAT WRAP

VEGETABLE \$10.50

Spinach, lettuce, onions, tomatoes, roasted red peppers, artichokes, sundried tomatoes, cucumbers + olives tossed in balsamic vinaigrette served with chips

BUFFALO CHICKEN \$10.50

Grilled chicken tossed in buffalo hot sauce with bleu cheese & lettuce served with chips

CHICKEN CAESAR \$11

Grilled chicken, lettuce, parmesan cheese & caesar dressing served with chips

BALSAMIC CHICKEN \$11.50

Grilled chicken, red onion, lettuce, dried cranberries, feta + balsamic vinaigrette served with chips

CHICKEN MOZAMBIQUE + RICE \$11.50

Sautéed chicken in a mild spicy saffron garlic sauce & rice served with rodelas
Make it fried ADD \$2

CACOILA + RICE \$11.50

Stewed chunks of pork & rice served with rodelas

SPECIALTY SANDWICHES

SERVED ON A PORTUGUESE ROLL WITH RODELAS - FRIED SLICED POTATOES

LINGUIÇA OR CHOURIÇO \$10

Grilled Portuguese Sausage

CAÇOILA \$10

Chunks of stewed Pork

BIFANA \$10.50

Pan fried pork steak topped with hot peppers

CHOURIÇO & CHIPS \$10.50

Sliced Portuguese sausage & rodelas

MORÇELA & PINEAPPLE \$11

Grilled blood sausage & pineapple

CHICKEN MOZAMBIQUE \$11

Chicken breast in a mild saffron garlic sauce

STEAK SANDWICH \$13

Prego no Pão - Thinly sliced grilled steak with hot peppers

TOSTA MISTA \$8.75

Buttered + pressed Portuguese roll with thinly sliced deli ham + American cheese

1/2 POUND BURGERS

HAND PACKED 1/2LB BURGERS BEST SERVED ON A PORTUGUESE ROLL

CHEESEBURGER \$11.50

Lettuce, tomato, onion & your choice of cheese served with chips - Add bacon \$2

GREEK BURGER \$12.85

Spinach, tomato, feta & greek dressing served with chips

AVOCADO BBQ BURGER \$15

Lettuce, tomato, bacon + bbq served with chips

AZORES BURGER \$15.85

Lettuce, bacon, grilled pineapple & São Jorge cheese served on a grilled bolo levedo with rodelas

TIA'S BURGER \$15

Bacon, deli ham, cheddar, green + hot peppers & fried egg served with rodelas

PORTUGUESE BURGER \$17

A Phantom Gourmet favorite! Stacked with grilled linguica, rodelas, fried egg, & hot peppers served with rodelas

Entrees

All entrees served with two sides: rodelas, rice or vegetables
Add \$3 for pasta salad or garden salad

CAÇOILA PLATE \$16

Chunks of stewed pork

BIFANA PLATE \$17

Pan fried pork steak topped with hot peppers

CHICKEN MOZAMBIQUE \$17

Boneless chicken in a saffron garlic sauce Available Gluten Free - Add \$1.50

CHICKEN MARSALA \$18

Sautéed chicken in a marsala wine cream sauce with fresh sliced mushrooms

SHRIMP MOZAMBIQUE \$18

12 Shrimp in a mild saffron garlic sauce Available Gluten Free - Add \$1.50

PORTUGUESE FILETS \$20

Deep fried boneless codfish served with our house pickle tomato tartar sauce

BAKED CHOURIÇO SCROD \$21

Topped with bread crumbs, ground chourico & lemon butter

CAJUN SCROD \$20

Oven baked boneless scrod topped with breadcrumbs + cajun seasoning

PANKO SHRIMP \$17

Butterfly shrimp deep fried served with a sweet chili sauce on the side

JUNIOR STEAK \$18

Prego no Prato - 6 ounce steak topped with one egg & homemade gravy

MADEIRAN STEAK \$20

10 ounce steak smothered with mushrooms in a madeira wine sauce

PORTUGUESE STEAK \$20

A Phantom Gourmet Favorite! 10 ounce steak topped with 2 eggs, hot peppers & our homemade gravy

AZOREAN STEAK \$21

10 ounce steak smothered with hot peppers, spicy homemade gravy & topped with 2 eggs

TIA'S STEAK \$22

10 ounce steak topped with queijo da serra, grilled thick ham & an egg

SIDES

RICE \$4.50

Saffron with peas, carrots, tomato & onion

RODELAS \$4.50

Hand sliced fried potatoes

VEGETABLES OF THE DAY \$5

PASTA SALAD \$5

Mixed with cucumbers, olives & carrots

GARDEN SALAD \$5.50

Green leaf lettuce topped with cucumbers, red onions, tomatoes & carrots

** KITCHEN NOTES **

*Linguica [ling-gwee-sah]
Mild portuguese sausage*

*Chourico [shore-EE-so]
Sausage with a spiced flavor*

*Morçela [mor'sela]
Blood sausage*

*Portuguese Roll
Bulky, crusty & soft inside*

*Rodelas
Hand sliced round fried potatoes*

*A full wine + beer
list available upon request.*



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@TIAMARIAEUROPEANCAFE @TIAMARIASCAFE

CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.
BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF YOU OR A PERSON IN YOUR PARTY HAS A FOOD ALLERGY