

Sweetie Pies



847-213-0900

bakery • cakery • café

8042 Lincoln Ave. Skokie, Illinois 60077

www.sweetiepiesbakery.com

www.sweetiepiesbakery.com

E-mail us: abcd@sweetiepiesbakery.com

Hours of Operation:

Monday	CLOSED
Tuesday – Thursday	7am – 4pm
Friday	7am – 6pm
Saturday	8am – 6pm
Sunday	10am – 3pm



Wheat FREE!

Flourless Chocolate or Black Bottom Cupcakes – Classic chocolate or with our signature Black Bottom filling (cream cheese & chocolate chips baked inside), topped with our homemade chocolate ganache!

\$4 each, 6 for \$21

Banana Carrot Walnut, Double Berry, Lemon Blueberry Cupcakes with cream cheese frosting

\$4 each, 6 for \$21

Monster Cookie – oats, raisins, peanut butter, and chocolate all in one cookie! **\$2 each, \$20/dozen**

French Macarons – various flavors available, call for details or to place a custom order.

\$2 each, \$24/dozen

(Minimum 2 dozen/flavor, for orders)

Coconut Macaroons

Dipped in Chocolate **\$2 each**

Flourless Chocolate Cake – topped with our rich, homemade chocolate ganache (9" serves ~10) **\$30**

(Add an inscription, at no charge

& turn this delicious cake into a cake for any celebration!)

Almond Torte* - Almond lovers cake, homemade almond flour using fresh ground almonds, topped with buttery slivered almonds (8" cake, serves ~6-8) **\$15**

*Available by order only, please allow 7+ days advance notice



Gluten, Dairy, Soy, and Refined Sugar Free!

Muffins – Banana Carrot Walnut**, Lemon Blueberry**, Cranberry Orange**, Double Berry**, Ginger Peach (seasonal), Apple Pecan (seasonal), Pumpkin Pecan (seasonal), Chocolate Banana (seasonal), Spiced Pear (seasonal)

\$3.50 each, 6 for \$18

Decadent Paleo Chocolate Brownie**

\$3.50 each, \$36/dozen

Paleo Pumpkin Cookie**

\$2 each, \$20/dozen

Paleo Granola - \$5 per ¼ #**

Coconut Macaroons

Plain **\$18/dozen**, Dipped in Chocolate **\$24/dozen**

Chocolate Cake - \$50 (8" serves ~10), \$90 (1/4 sheet serves ~25) – with a Vanilla Maple frosting

Pumpkin or Sweet Potato Pie - \$35

Apple Crisp, Cranberry Apple Crisp, Blueberry Crisp, or Cherry Crisp \$38

**Available in store, call ahead for larger quantity orders as supplies are limited daily

What is “Gluten Free”?

Gluten is a protein found in grains, such as wheat. Gluten-free products do not contain any wheat grain, such as all-purpose wheat flour, rye or barley flour. Many people are sensitive to gluten; those who are allergic are considered to have celiac disease, which can cause extreme pain and nausea.

[We do have wheat & therefore gluten in our facility, however all of our gluten free items are always produced on clean, sanitized equipment and we do our best to ensure that we keep gluten free items from cross-contamination]

What is “Paleo”?!

The general definition of Paleo means: older or ancient, especially relating to the geological past. As in "Paleolithic"

All of our “Paleolithic” (aka PALEO) treats are made in line with the “Paleo Diet” and therefore, do not include any grains, dairy, soy, or refined sugars. The Paleo Diet is based on ingredients that were available to our caveman and woman ancestors. Depending on which of our Sweetie Pies “Cavewoman Bakery & Cakery line” you choose, the PALEO baked goodies DO INCLUDE:

- Nuts (pecans, almonds, walnuts, & most nuts!)
- Fruits (apples, dates, pumpkin, bananas)
- Veggies (carrots)
- Coconut oil, palm oil, olive oil
- 100% unsweetened chocolate (cocoa mass)
- Paleo products are sweetened with 100% pure & natural maple syrup or honey
- Paleo items often contain eggs and therefore are not necessarily vegan

Other things that are OK for the Paleo Diet include:

- *Protein, in the form of lean meats, poultry, seafood, eggs, and things we (or others) could hunt/catch/spear.*
- *Carbohydrates, in the form of vegetables and some fruit. Lots and lots of colorful, nutritious vegetables.*
- *Fats, in the form of coconut oil or coconut milk, nuts, seeds, avocado, olive oil, (clarified butter-for some).*
- *All kinds of herbs and spices.*