

Cultivate Your Innate Strengths

1 Day Professional and Personal Development Workshops

Builders use blueprints, accountants use formulas, and scientists use models to be successful in their work. Wouldn't it be great to have a blueprint, a formula, or a model to help you fully recognize the innate strengths you were born with that shape who you are and how you behave as a team member, a leader, a partner, or a parent? And wouldn't it be great to know what conditions diminish and what conditions maintain or expand your innate strengths?

Temperament theory, in existence for over 2,000 years, is a tool to help you recognize these inborn tendencies. In a world filled with unique personalities, there are four different temperament types, each inclined to develop certain talents or **Super Powers**. Your upbringing, life circumstances, and personal choices can impact the full development, use, or effectiveness of these talents. Being aware of your Super Powers – what they are, where and when they are most useful, and how to support their development – helps you thrive both personally and professionally.

SuperPowers at Work

Increase your effectiveness in the workplace, lead with your strengths, manage your potential blind spots, build productive relationships

September 12, 2018 - Norfolk VA
September 18, 2018 - Gaithersburg/
Washington, DC North



SuperPowers at Home

Cultivate more satisfying relationships with your significant other and family members and understand the different learning styles of each temperament

September 13, 2018 - Norfolk VA
September 19, 2018 - Gaithersburg/
Washington, DC North

In each 1 day workshop participants will:

1. Learn how to recognize the 4 temperament patterns in themselves and in others
2. Identify the natural talents or Super Powers of each
3. Recognize conditions that weaken their Super Powers and those that strengthen or revive them
4. Become aware of each temperament's challenges and shortcomings
5. Practice engaging effectively with people that possess Super Powers complimentary to their own

Designed and led by
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Master Practitioner

For more information, to register,
or to request a private group rate –
email lboucher@up.net or go to
the-laurel-company.com
and click on the
SuperPowers tab