

Posture and Postural Tendencies: What's the Difference?

Length: 2 Hours

Description:

Did you know that people can be supported in beautiful postural alignment with wheelchair seating, but without a beneficial postural tendency, the seating system may fail? What does this mean? Can someone have an anterior pelvic tilt with a posterior tendency? What is the only favorable postural tendency? What is posture and what is tendency, and how do we address both in wheelchair seating? Answers to these and many other nagging questions will not only be suggested, but likely debated, experienced, and celebrated in this workshop.

Objectives:

1. Participants will be able to prioritize wheelchair seating goals relative to rest, fine motor and gross motor function.
2. Participants will be able to differentiate between posture and postural tendencies.
3. Participants, as a group, will recite the three postural tendencies observed in sitting.
4. Participants, as a group, will identify the one desirable postural tendency for resting postures.
5. Participants will verbally demonstrate knowledge of the 2 primary postural responsibilities of a back support.
6. Participants will understand the key differences between orthotic/prosthetic and immersion/envelopment wheelchair cushion design.

Instructional Level: Intermediate to Advanced

Credits: 2.0 CCU / 0.2 CEU

TPTA approval pending

TOTA approval pending

Presenter:

Rich Salm, ATP, Director of Sales and Education at Ride Designs

Rich began his career in the durable medical equipment industry in 1983 and has been involved with complex rehab technology (CRT) since 1991. His long career has spanned working for small mom and pop shops, owning and operating his own CRT company, and sales leadership roles in both Numotion and NSM. Along the way, he has served on the RESNA Professional Standards board and as NRRTS Director as well as the Colorado Medicaid DME Advisory Committee. He has also been a committed and successful advocate in policy and legislation for CRT and in 2014, lead efforts to successfully pass a CRT bill in Colorado. In his spare time, Rich enjoys spending time with his wife and stepdaughter, playing guitar, salsa dancing, cycling and roasting coffee.