

Good morning! Lots of games tonight! Some districts start/continue playoffs tonight and some are finishing up the 'regular' season! Have fun!

So the clip from yesterday.....[here](#) it is again. A couple extensions on this for today.....

First of all, it was a definite foul on white 14. He pushed his defender away...team control foul so not free throws if blue were in the bonus.

Next, we have to remember what an offensive player (*usually* a post player) is permitted to do while sealing his/her defender. He/she is permitted to extend his/her arms without penalty *unless the defender is trying to get through his/her arm* (to front the player or just go around him/her). The offensive player must stay within his/her vertical space (cylinder is the word used in NCAA) when contact is made in order to be legal.

Imagine a player on the perimeter who stands with his/her arms straight out and a defender runs into those arms (clotheslined by the offensive player). This is an obvious foul on the offense for having the arms out and making contact with the defender. The defender has a right to going in any line to defend except going through the torso of the offensive player. Similarly, a screen set with arms bent, first together in front of the chest and elbows extended out to the sides is a foul on the screened if the player being screened makes contact with the extended elbows. There is no difference in the post, although for some reason we allow it to happen in many cases.

Again, if we have this type of foul, it is a team control foul and no shots if the defensive team is in the bonus!

Have a great game tonight, a great weekend and stay well!

Tim