

# Change the Game 2nd Annual Developmental Meet



**Hosted by:** Change the Game Track and Field Club

**Date:** April 22, 2017

**Site:** Steele Canyon High School  
12440 Campo Road  
Spring Valley, Ca 91977

**Time:** 7:00AM Packet Pick Up  
8:00AM Field and Running Events

**Meet Director:** Rodney Van, Sr.

**Assistant Meet Director:** Dewayne McBride, (619) 646-3997  
[mcbriededewaynectg@gmail.com](mailto:mcbriededewaynectg@gmail.com)

**Eligibility:** Boys and Girls in the following direction:  
7&up (400m only).....4/22/2017 (must be at least 7 on this date)  
8&under.....2010-2009  
9-10.....2008-2007  
11-12.....2006-2005  
13-14.....2004-2003  
15-16.....2002-2001

## MEET WILL TAKE PLACE RAIN OR SHINE

**Limitations:** 8&under through 11-12 are limited to 3 events. 13 and up are limited to 4 events.

**Surface:** All weather track and runway only 3/16 needle spikes allowed. No pyramid spikes allowed.

**Registration:** Will be open on [www.coacho.com](http://www.coacho.com) on April 17, 2017 & close on Thursday, April 20, 2017 at 11:59pm.

**Entry Fee:** \$8.00 per athlete. Team entries are to be paid in cash or club check when picking up packet. Unattached entries to be paid in cash or money order (NO PERSONAL CHECKS ACCEPTED).

**Sanction:** Meet is sanctioned by USATF-San Diego Imperial Association

**LATE Registration:** There will be **NO** day of meet registration



**Coaches Meeting:** 7:30am at the 50 yard line

**Awards:** Top 3 in all age groups will receive medals. 4<sup>th</sup>-8<sup>th</sup> place ribbons will be awarded.

**Concessions:** Food and drinks will be available for purchase.

**Meet Results:** Will be provided online at [www.sdusatf.org/youth.html](http://www.sdusatf.org/youth.html)

**Check-in:** All participants must check in at the Clerk of the Course when their events are called. Field event participants must report directly to the official on the field in charge of the event when called.

**Running Events Start Time: 8:00AM PROMPT, FIRST call 7:30AM**

1500m RW	8&U through 11-12 (G&B)
3000m RW	13-14, 15-16 (G&B)
100m Hurdles 33"	13-14, 15-16 (G&B)
80m Hurdles 33"	11-12 (G&B)
200m Hurdles	13-14 (G&B)
400m Dash	7 and up
100m Dash	ALL Divisions
1500m Run	ALL Divisions
4x100m Relay	ALL Divisions
800m Run	ALL Divisions
200m Dash	ALL Divisions
4x400m Relay	ALL Divisions

**Field Events Start Time: 8:00AM PROMPT, FIRST call 7:30AM**

Shot Put	15-16, 13-14, 11-12, 9-10, 8&U	(Girls then Boys)
Discus	15-16, 13-14, 11-12	(Girls then Boys)
Long Jump	15-16, 13-14, 11-12, 9-10, 8&U	(Girls north side/Boys south side)
High Jump	15-16, 13-14, 11-12, 9-10, 8&U	(Girls north side/Boys south side)
Mini Javelin	11-12, 10-9, 8&U	(Girls then Boys, contested on lower field)

**Additional Information:**

This meet will have automatic timing. No pets, peanuts or sunflower seeds allowed in stadium. No food or sugary drinks allowed on the infield (including Gatorade), water only. Warm up area is on the lower field. Canopies must be secured. Spectators are welcome to set chairs along the east and west side of track.