

# **DISCIPLESHIP: 2019** PNCC FUTURE DIRECTION - ACTION PLAN FOR PNCC PARISHES BASED ON THE EFFORTS OF THE 24<sup>TH</sup> & 25<sup>TH</sup> PNCC GENERAL SYNODS

Develop and emphasize Discipleship through 2019: *Our purpose is to strengthen all members in their following of our Lord and Savior Jesus Christ. Getting back to basics. Discipleship is who we are – all this flows from being a disciple of Jesus.* Please see the monthly Future Direction messages regarding this effort with concrete actions.

January – The Call to Discipleship "Follow Me"

Logo to be used during the entire year - Calling all to Discipleship <u>Projected Outcome</u>: Church members will have a deeper insight into the true nature of Discipleship, which will serve as the foundation for the rest of the year.

**February** – The Disciple: Teaching by Example (Living the Virtues in our lives) *Series refresher on Catechism* – Soup, Sandwich & Sermon (Presentation) or Wine and spirit presentation format – see below for more information

<u>Projected Outcome</u>: Church members will honestly reflect on themselves and come up with one way by which they can role model the life of Christian discipleship that month at home, at work, in school, etc.

March – The Disciple: Repentance and Overcoming Temptation

<u>Projected Outcome</u>: Church members will develop a better understanding of what it really means to repent <u>and</u> have a practical strategy to engage this and overcome temptations when they come.

April – The Disciple: Called to Serve (The Mandatum)

<u>Projected Outcome</u>: Church members will be inspired to choose one way to personally serve another person/other people within their everyday lives that month--at home, at work, in school, etc.

May – The Disciple: Living the example of our Blessed Mother – Saying Yes to God <u>Projected Outcome</u>: Church members will be inspired to say Yes to God by a choice they make each week during this month choosing God's Will for them and not their own. June – Clergy Appreciation Weekend & Sacred Vocations Month

The Disciple: Living the Great Commission - Disciples making Disciples

<u>Projected Outcome</u>: Church members will better understand their own roles as promoters of Sacred Vocations and come up with one practical way for them to personally do that during the month of June.

July – No Vacation for the Disciple: Living God's Word

<u>Projected Outcome</u>: Church members will recognize that the life of discipleship is ongoing – even during the summer months – and they will be encouraged to continue regular Mass attendance on Sundays, even while away from home or during travel.

August – Let the Children Come to Me – Discipleship of and with our youth

<u>Projected Outcome</u>: Adult Church members will take an opportunity to speak with a young member of the Church to acknowledge the dignity and value of their place within the Church and to help them discern how might God want them to live out their discipleship in the new school year.

September – Disciples – ambassadors of Love and Mercy

*Series refresher on Gospels* – Soup, Sandwich & Sermon – Wine & Cheese Gather – Book Club (Presentation)

<u>Projected Outcome</u>: Church members will genuinely live the two commandments of love and come up with a concrete way that they can show their love of God and neighbor during each week of this month.

October – The Cost of Discipleship

<u>Projected Outcome</u>: Church members will more fully understand that Christian discipleship means being willing to "take up our crosses" to follow Jesus and what this means in our every day lives.

November - The example of Saints and giving Thanks

Select Saints that have influenced folks in your parish and make a collage of them. Also, Time in quiet prayer and meditation in front of the Blessed Sacrament.

<u>Projected Outcome</u>: Church members will be more aware of the many gifts God has given them—especially those not typically acknowledged as such—and more clearly understand that the best way to express gratitude for them is to share them with others <u>OR</u> Church members will take the time to research the life of their patron Saint or another Saint as a means of being inspired in their own life of discipleship.

December – Fruits of Discipleship

<u>Projected Outcome</u>: Church members will reflect on their journey during the year and articulate two ways in which they have grown in their discipleship and two areas in which they still need to focus on with the help of the Holy Spirit.

## **Special Masses**

Have at least two Special Masses and open them to the community. This would be in addition to our Sunday Mass. During Lent have a Mass for Healing and invite all those who are ill, hurting spiritually or emotionally to attend and spend time in prayer, to hear God's Word and receive Christ in the Eucharist and the Sacrament of Anointing. Use the Mass for Healing during Lent – this will be emailed to all clergy as a reminder at the beginning of Lent.

In the fall (November) have a Mass to Salute those who Serve - for your first responders/those in military service and Veterans. This Mass could be followed by a meal to honor those who serve/who have served. You could also have a Mass in time of tragedy when the need may arise in your community or our nation. These could be followed by a time of fellowship and food at the parish.

Welcome the community to these Masses by promoting them in your local media and newspaper, as well as fliers and social media. Invite other local groups to join you for these Masses.

# Create a Business Free Zone

For 10-15 minutes prior to the celebration of Holy Mass have a time where the pastor is unavailable for Church business and that no other things are being discussed but a focus on the Holy Sacrifice of Mass. This will bring an enhanced spirituality and reverence for the Eucharist to our parishes. Encourage use of the introductory pages of the Mass booklet – *especially page 8* as well as prayers from our Prayer Book preparing for Holy Mass and Confession.

## Adult Continuing Education via a New Forum

### Wine and Cheese Club or Soup, Sandwich and Sermon

In the spring have a series reviewing our Catechism - the teachings of our Church, and then in the Fall a series on reviewing the Gospels – specifically the teachings of Jesus. This can be done via the Soup, Sandwich and Sermon Concept, Wine and Cheese Gatherings concept (based on the Pub Theology: Beer, Conversation and God), using a Book Club format or even via online.

### Social Media Presence

Short two minutes messages by various members speaking to our Year of Discipleship on YouTube. Continue to post monthly messages to our Facebook page and videos to YouTube and ask our members to share them. We hope more will be reached and encouraged to participate in these efforts. Parishes should have a presence of Social Media to promote their Special Masses and events. Consider streaming Holy Mass live on the internet and use these tools to promote the work of the parish. Pastors are also encouraged to record and share their Masses and Para Liturgical Services.

# Two Days of Spiritual Retreat

Lent and one other (Advent) Pick a day during the seasons of Lent and one other time in 2019 to spend in retreat and prayer. This can be done on either a parish or seniorate level. Ideas for the Retreat include: Mass of the Day, special Lenten/Advent service of Penance, Scripture Readings/Reflections and Meditations, Benediction of the Most Blessed Sacrament; For Lent: Stations of the Cross, Sorrowful Lamentations, etc. This can be open and advertised to the local community.

#### Complete at least six community service projects

It is important that the six projects be done in the local community of the parish so that these efforts will create a greater presence of the parish in the community.

Various options include but are not limited to: blood drives, a project to aid an assisted living facility, or other care facility i.e. nursing home, group home; volunteering for a special needs event; having a Mass or event for your local widow's group; aiding a family crisis center, food drives, serving a free meal for the community, providing a community breakfast/meal for First Responders – for Veterans; prayer blanket ministry, clothing drive for the community, sponsoring a local family in need, and/or responding to a particular need in the local community, etc.

The 5 Themes for the Future Direction of our Holy Church from the 24 <sup>th</sup> PNCC General
Synod and further expanded upon at the 25 <sup>th</sup> PNCC General Synod

I.	Growth and Membership	II.	Increase Spirituality
III.	Lifelong Learning	IV.	Sacred Vocations
	V. Community Involvement		