

## COACHES QUICK FACTS

Team	YOB	Ages	Call-ups	Game Nights	Fields	Game Duration	No. per team (including goalie)	Ball Size	Offsides	Event/Tourney Day
U4&U5 Forest Green	2013 & 2014	3, 4 & 5	N/A	Tuesday	6-7pm NDCC Founders (Large Field No Lights) - 2 games played sideways; pop up nets	25 min practise; 2x10 min game	6 (this can vary depending on size of teams)	3	No	Weekend July 21st
U4&U5 Silver										
U4&U5 Gold										
U4&U5 Red										
U4&U5 Burnt Orange										
U4&U5 California Blue										
U4&U5 Kiwi										
U4&U5 Royal Blue										
U4&U5 Navy										
U4&U5 Kelly Green										
U6 Red										
U6 Black	2012	5 & 6	N/A	Tuesday	6 to 7 pm NDCC Intermediate- 2 fields played sideways with portable goals	20 min practise; 2x15 min game	6 plus a goalie	3	No	Weekend July 21st
U6 Gold										
U6 Lime Green										
U8 MIXED Red										
U8 MIXED Black	2010 & 2011	6,7&8	N/A	Mondays	6 to 7 pm & 7 to 8pm NDCC Intermediate- 3 fields played sideways with portable goals	2x25 mins	7 plus a goalie	4	No	Weekend July 21st
U8 MIXED Gold										
U8 MIXED Lime Green										
U8 MIXED Orange										
U8 MIXED Silver										
U10 GIRLS Red										
U10 BOYS Black	2004 & 2005	8 & 9	U8	Wednesday	Location varies check schedule (usually start time is 7:00 pm)	2 x 25 mins	8	4	Yes	Weekend of Aug. 11th
U10 BOYS Red										
U10 BOYS White										
U12 GIRLS Red	2006 & 2007	10,11&12	U10 Girls Red	Tuesday	Location varies check schedule (usually start time is 7:00 pm)	2x30 mins	11	5	Yes	Weekend Aug. 18th
U12 GIRLS Black										
U12 BOYS Red	2006 & 2007	10,11&12	* U10 Boys Red	Thursday	Location varies check schedule (usually start time is 7:00 pm)	2x30 mins	11	5	Yes	Weekend Aug. 20th
U12 BOYS Black										
U12 BOYS White										
U14 GIRLS Black	2004 & 2005	12,13&14	* U12 Girls Black	Monday	Location varies check schedule (usually start time is 7:00 pm)	2x35mins	11	5	Yes	Weekend Aug. 11th
U14 GIRLS Red										
U14 BOYS Black	2004 & 2005	12,13&14	U12 Boys Red, Black & White	Wednesday	Location varies check schedule (usually start time is 7:00 pm)	2x35mins	11	5	Yes	Weekend Aug. 11th
U17 GIRLS Black	2001 to 2003	14,15,16&17	* U14 Girls Black	Wednesday	Location varies check schedule (usually start time is 7:00 pm)	2x40mins	11	5	Yes	Built into League Season
U17 GIRLS Red										
U17 BOYS Red	2001 to 2003	14,15,16&17	U14 Boys Black	Monday	Location varies check schedule (usually start time is 7:00 pm)	2x40mins	11	5	Yes	Built into League Season
U21 GIRLS Red	1997 to 2000	17 to 21	U17 Girls Red & Black	Thursday	Location varies check schedule (usually start time is 7:00 pm)	2x45mins	11	5	Yes	Built into League Season
U21 BOYS Red	1997 to 2000	17 to 21	U17 Boys Red	Thursday	Location varies check schedule (usually start time is 7:00 pm)	2x45mins	11	5	Yes	Built into League Season

\* There will be situations where this will need to be flexible (to be discussed further at the draft)