

SEEKING ANSWERS

**Providing support for youth (ages 16-21)
with substance use issues or questions.**

Seeking Answers is a support group where you can:

- Interact with other young people
facing the same types of issues and questions
- Learn from the experiences of others
- Obtain accurate information about alcohol and other drugs
- Discover healthy alternatives
- and find ways to control your life

We are here to help give you the assistance, support and
knowledge that you need with topics like:

Problem Solving
Stress Management
Goal Setting
Peer Pressure
Substance Use Effects
and Many More!!

Eligibility: Ages 16-21

When: Every Wednesday evening from 5:00 pm to 6:00 pm

Location: Perry County Community Task Force Office

21 South Main Street, Perryville, Missouri

Cost: Free