



Tualatin United Methodist Church

Hilltop Highlights

May 2018

Tualatin United Methodist Church

20200 SW Martinazzi Ave.
Tualatin, OR 97062-9369
503-692-1820
tualatinumc@gmail.com
www.tualatinumc.org

Sunday Worship
10:00 am.

Sunday School
Sunday School available
during the worship hour

Nursery
available during worship
Infants to 5 years old

Church Office Hours
Monday to Thursday
9:00 am. - 3:00 pm.

FROM THE PASTOR

by Rev. Amy Overton-Harris

Friends! Thank you so much for all of your ideas so far after our Earth Day Celebration in worship. We are going to keep on the Earth Day theme and caring for the whole earth together!

Guess What!!

After Worship, John Bartholomew told me that before winter he installed a substantial amount of new insulation in his attic. And he said they have saved HUNDREDS of dollars already. He said it cost a couple hundred dollars to buy the insulation and he rolled it out in the attic. GO FOR IT!!

AND Vic and Karen Miglioretto are going to purchase wood coffee stirrers for our church to use!! YAY YAY YAY!

AND Lori Thacker emailed me this morning and said she has an idea for giving water bottles to homeless folks who come by the church. She is going to donate 6 reusable, collapsible water bottles for us to try out. We will fill them and encourage the folks to fold them up for future use. What a great thing to try instead of plastic water bottles!! Yes! Yes!

AND Tom Kroen mentioned a way that we ALL can be part of the WASTE PLASTIC SOLUTION. Agilyx is located at 7904 SW Hunziker St. in Tigard. Phone # 503-217-3160. Bring your recycle #6 plastics (INCLUDING STYROFOAM) to Agilyx now. They have a drop box in their parking lot. Woo Hoo!

Some common items to bring:

- Solo cups
- Coffee cup lids
- Cookie sleeves/trays
- Foam food service items, such as cups, plates and clam-shells
- Block foam packaging
- Seed start trays

Keep the ideas coming!!

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For Your Prayers

- Megan Harrell continues her course of chemotherapy
- Rev. Dr. Penny is recovering well after foot surgery. Bet she would love a card! 3862 SE Bentley, Hillsboro, OR 97123
- Myron Carpenter is feeling a bit better
- New Members! Lynn Lind, Bill Lind and Leona Ulberg
- Renee Dubarko is looking forward to some test results
- Tim Henderson on his new travels!
- Alysia Hill waiting to hear about her new job
- Rachel Elliot's sister Bonita is recovering from a fall
- Selinda Smith's mom recovering from a TIA
- Michael Stansfield, running for office

Did we miss a prayer joy or concern for you??? Let us know and we can send out an email on your behalf!



And I found a destination for your next road trip!

There is a winery southwest of Salem called Illahe. Look them up at illahevineyards.com. The name Illahe (ill-uh-hee) comes from a local Chinook word meaning "earth," "place," "soil." My source for this information is from their website.

Of course, I don't know if you are a wine drinker, but this would be a great place to check out in any event.

Illahe's goal is to make wine as naturally as possible from soil to bottle. They work by hand on small lots with age-old techniques and materials. They do not use enzymes or additives. Some of their wines are made entirely by hand, with no electricity or modern mechanization. They use a gentle wooden basket press and age the Pinot Noir in French and Oregon oak.

For them, wine starts with quality fruit in the vineyard of course. And they say that like their friends in the Deep Roots Coalition, which is committed to dry agriculture and responsible water practices, they DO NOT IRRIGATE mature plants. And as one of Oregon's few horse-powered vineyards they utilize a team of Percheron draft horses to mow and to deliver grapes to the winery at harvest. And they ride bicycles to power the transfer of wine from a tank to a barrel. WOW!!

We can do this together!!! (Isaiah 42:1-6} "God says, the one who created the heavens, the one who stretched them out, the one who spread out the earth and its offspring, the one who gives breath to the people and life to those who walk on the earth, I the Lord have called you for a good reason, I will grasp your hand and guard you, and give you as a covenant to the people, as a light to the nations."

Bless you all!
Rev. Amy



Here are 22 Preposterous Facts About Plastic Pollution:

- In the Los Angeles area alone, **10 metric tons of plastic fragments**—like grocery bags, straws and soda bottles—are carried into the Pacific Ocean *every day*.
- Over the last ten years we have produced more plastic than during the whole of the last century.
- 50 percent of the plastic we use, we use just once and throw away.
- Enough plastic is thrown away each year to **circle the earth four times**.
- **We currently recover only five percent** of the plastics we produce.
- The average American throws away approximately **185 pounds of plastic** per year.
- Plastic accounts for around 10 percent of the total waste we generate.
- The production of plastic uses around eight percent of the world's oil production (**bioplastics** are not a good solution as they require food source crops).
- Americans throw away 35 billion plastic water bottles every year (source: Brita)
- Plastic in the ocean breaks down into such small segments that **pieces of plastic from a one liter bottle** could end up on every mile of beach throughout the world.
- Annually approximately 500 billion plastic bags are used worldwide. More than one million bags are used every minute.
- 46 percent of plastics float (EPA 2006) and it can drift for years before eventually concentrating in the ocean gyres.
- It takes 500-1,000 years for plastic to degrade.
- **Billions of pounds of plastic** can be found in swirling convergences in the oceans making up about 40 percent of the world's ocean surfaces. 80 percent of pollution enters the ocean from the land.
- Virtually every piece of plastic that was ever made still exists in some shape or form. The Great Pacific Garbage Patch is located in the North Pacific Gyre off the coast of California and is the largest ocean garbage site in the world. This floating mass of plastic is twice the size of Texas, with plastic pieces outnumbering sea life six to one.
- Plastic constitutes approximately 90 percent of all trash floating on the ocean's surface, with 46,000 pieces of plastic per square mile.
- One million **sea birds** and 100,000 marine mammals are killed annually from plastic in our oceans.
- 44 percent of all seabird species, 22 percent of cetaceans, all sea turtle species and a growing list of fish species have been documented with plastic in or around their bodies.
- **In samples collected in Lake Erie**, 85 percent of the plastic particles were smaller than two-tenths of an inch, and much of that was microscopic. Researchers found 1,500 and 1.7 million of these particles per square mile.
- Plastic chemicals can be absorbed by the body—**93 percent of Americans age six or older test positive for BPA** (a plastic chemical).
- Some of these compounds found in plastic have been found to alter hormones or have other potential human health effects.

Hilltop Community Garden

Our garden is flourishing and the bees are very happy!



If you are interested in helping at the Hilltop Garden, contact Vic or Karen Miglioretto directly or by email, migletvk@gmail.com.

FELLOWSHIP, UMW AND GROUP DISCUSSIONS

Women's Fellowship

Come join us mid-week for a time of recharging and regrouping.

We meet on Wednesday mornings at 10 am in the church library.

Our current book study:

"A Bigger Table, (Building Messy, Authentic, and Hopeful Spiritual Community)" by John Pavlovitz.

Men's Fellowship

The Men's Group meets each Wednesday, 10 a.m. in the nursery. We support each other, pray for each other, have a few service projects including creating and donating food packages for the congregation to deliver to needy folks.

We are currently reading [The Road to Character](#) by David Brooks.



Annual Spring Tea Saturday, May 5, 11:00 a.m.

All men and women are invited to attend our annual Spring Tea! Our speaker this year is Tracy Smith from the Tualatin Schoolhouse Food Pantry. A freewill offering will be collected, all going to the pantry

Men, grab a hat to wear! Women, put on your fancy bonnet and join us! Extra hats and bonnets will be available at the tea.



Update on Ministry Evaluation Feedback

The following is a short summary of question #2 responses we received from the Ministry Evaluation in Jan/Feb 2018.

QUESTION TWO

**“What qualities present in preaching and worship are most helpful or inspiring to you?
What might enhance our church worship?”**

Preaching and worship were viewed as helpful / inspiring.

Helpful:

- Amy's insights into Biblical translations, original languages/traditions
- Relating scripture to everyday life
- Worship reflections offered with Humor and Compassion
- A pearl of wisdom for the week ahead
- Our pastor's worship leadership style that is friendly and welcoming

Inspiring:

- The warmth of our congregation and Pastor Amy's sermons
- Our music ministry inspires with their talents and dedication
- Old hymns - they touch my heart
- The seasonal and special service banners offer colorful and spiritual inspiration
- Love One Another is Always Present at our Church; We are God's Hands
- Special presentations: solos, duets, instrumental, signing (Cathy Robart)
- The sermons tie the various scriptures to real life in ways that educate and at the same time inspire

Some heartfelt stand outs:

I like that Amy preaches about what is happening in our world today and how we all have the responsibility to stand up for injustice

I notice little things that make me feel like I belong here (e.g. the benediction is Creator, Redeemer, Sustainer instead of Father, Son, Holy Spirit; communion is for “the transformation of the world” in place of “forgiveness of sins”)

I enjoy the sermons/reflections as they're tied to current events bringing relevance to how scripture applies to modern times and crises

Preaching and worship thoughts that might **enhance** church worship.

- Silent Prayer, giving enough time for quiet reflection
- Vary the sermon type. Use of video. Alternate “scripture then reflection” within the sermon.
- When using congregational songs less verses - easier to sing. In general, less repetition of choruses
- Consider occasionally using a retired or guest pastor when Amy is away from the pulpit
- Increase the times when the organ is played – possibly guest organist

Experiences during the service to connect with each other - like the time Claire handed out numbers and had us all stand up and move

Tie together today's realities with the teachings of Jesus – more “let's go to work”.

Hit the “refresh” button in terms of music perhaps by inviting some budding musicians and singers from nearby schools to share their gifts

Reminder . . .

When we greet folks at church saying something like, “Hi, I am so glad to see you!” is a good choice for everyone. Some folks don’t attend every week for a vast number of reasons.

Even though we may mean well when we say things like:

- We haven’t seen you in ages
- We thought you fell off the earth (even if you see it as joking)
- Be sure to come back next Sunday
- Maybe your kids could opt out of sports on Sunday

. these expressions most often create a feeling of guilt or actually turn people away. That is not who we are of course. Always choose LOVING HOSPITALITY, grace and genuine interest in folks, just because you love and care for them which is what we all crave when we are here.

Our support of the United Methodist Committee on Relief is ongoing.

To learn more about UMCOR, visit

<http://www.umcor.org>



Lifeline Screening

Life Line Screening will be at Tualatin UMC on **Monday, May 21, 2018** offering safe, painless, non-invasive preventive health screenings that are typically not a part of a routine physical.

VISIT: www.lifelinescreening.com/communitycircle

There are flyers on the chest in the narthex that you may take to share with your friends and neighbors.

Scrip Ordering

May 6 June 3 July 8

Each vendor donates money to TUMC when the Scrip gift cards are purchased through our church.

A few examples:

		Vendor Donation to our church:
Fred Meyer, Safeway	\$50 card =	\$2.00
Starbucks Coffee	\$25 card =	\$1.50
Regal Cinemas	\$15 card =	\$1.05
Kaady Car Wash	\$7 card =	\$1.54
Powell's Books	\$10 card =	\$0.80

Check and cash orders may be turned in during office hours (Monday-Thursday, 9 a.m.—3 p.m.) and Sunday mornings before worship.
Credit card orders will be on the Sunday morning of the order date.



MAY CALENDAR

TUESDAY, May 1

No Activities

WEDNESDAY, May 2

10:00 am Men's Fellowship

10:00 am Women's Fellowship

4:45-7:30 pm Weight Watchers in Koch Hall

THURSDAY, May 3

5:30 pm Handbells

6:30 pm Chancel Choir

7:45 pm Praise

8:00 pm Tualatin NA Meeting

FRIDAY, May 4

11:30 am-1:30 pm AA Steppers

SATURDAY, May 5

11:00 am Spring Tea

SUNDAY, May 6

SCRIP Sales

10:00 am Worship & Sunday School

1:00 pm Nancy Brown Recital

7:00-9:00 pm New Me Al-Anon and Who Me AA

MONDAY, May 7

10:00 am Book Group

6:30 pm Kathy Jensen Recital

TUESDAY, May 8

No Activities

WEDNESDAY, May 9

10:00 am Men's Fellowship

10:00 am Women's Fellowship

4:45-7:30 pm Weight Watchers in Koch Hall

THURSDAY, May 10

6:30 pm Chancel Choir

7:45 pm Praise

8:00 pm Tualatin NA Meeting

FRIDAY, May 11

11:30 am-1:30 pm AA Steppers

SATURDAY, May 12

No Activities

SUNDAY, May 13

10:00 am Worship & Sunday School

7:00-9:00 pm New Me Al-Anon and Who Me AA

MONDAY, May 14

10:00 am Book Group

TUESDAY, May 15

6:30 pm Ministry Team Meeting

WEDNESDAY, May 16

10:00 am Men's Fellowship

10:00 am Women's Fellowship

4:45-7:30 pm Weight Watchers in Koch Hall

THURSDAY, May 17

5:30 pm Handbells

6:30 pm Chancel Choir

7:45 pm Praise

8:00 pm Tualatin NA Meeting

FRIDAY, May 18

11:30 am-1:30 pm AA Steppers

SATURDAY, May 19

No Activities

SUNDAY, May 20

10:00 am Worship & Sunday School

7:00-9:00 pm New Me Al-Anon and Who Me AA

MONDAY, May 21

8:30 pm Lifeline Screening

10:00 am Book Group

TUESDAY, May 22

No Activities

WEDNESDAY, May 23

10:00 am Men's Fellowship

10:00 am Women's Fellowship

4:45-7:30 pm Weight Watchers in Koch Hall

THURSDAY, May 24

9:00 am Newsletter Team

5:30 pm Handbells

6:30 pm Chancel Choir

7:45 pm Praise

8:00 pm Tualatin NA Meeting

FRIDAY, May 25

11:30 am-1:30 pm AA Steppers

SATURDAY, May 26

No Activities

SUNDAY, May 27

10:00 am Worship & Sunday School

7:00-9:00 pm New Me Al-Anon and Who Me AA

MONDAY, May 28

Church Office is Closed

TUESDAY, May 29

No Activities

WEDNESDAY, May 30

10:00 am Men's Fellowship

10:00 am Women's Fellowship

4:45-7:30 pm Weight Watchers in Koch Hall

THURSDAY, May 31

5:30 pm Handbells

6:30 pm Chancel Choir

7:45 pm Praise

8:00 pm Tualatin NA Meeting

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