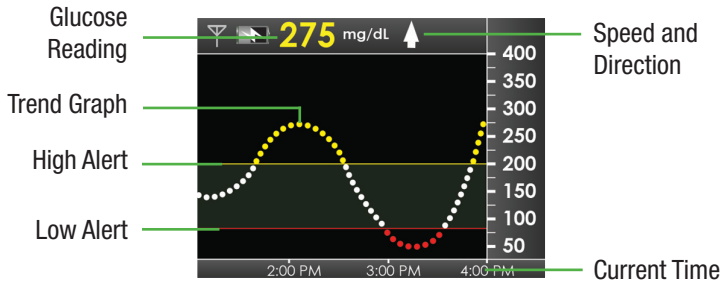


What is Real Time Continuous Glucose Monitoring (CGM)?

CGM is a tool that tracks and trends your diabetes patterns. With the Dexcom G4 PLATINUM CGM System you will see sensor readings every 5 minutes for up to 7 days. These readings allow you to see where your glucose levels have been, which direction they are heading, and how fast they are rising or falling. This information will help you understand how your body responds to activities and food in your daily life.



- ➔ **Constant:** Glucose is steady
- **Slowly rising:** 30-60 mg/dL rising in 30 minutes
- ⬆ **Rising:** 60-90 mg/dL rising in 30 minutes
- ⬆⬆ **Rapidly rising:** 90 or more mg/dL rising in 30 minutes
- **Slowly falling:** 30-60 mg/dL falling in 30 minutes
- ⬇ **Falling:** 60-90 mg/dL falling in 30 minutes
- ⬇⬇ **Rapidly falling:** 90 or more mg/dL falling in 30 minutes

CGM measures the mg/dl per minute, the above chart is a calculation of what that could mean per 30 minutes.

Your CGM Information

Name _____ DOB _____

Your high alert is set at _____ Your low alert is set at _____

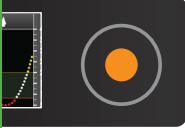
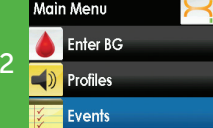
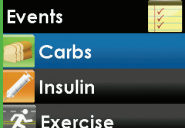
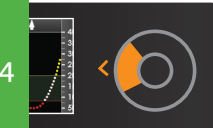
When? Start Date _____ End Date _____ Return to clinic _____

Why? A1c not at goal Hypoglycemia assessment Hyperglycemia assessment
 Basal rate adjustment Monitoring new therapy Other _____

Things to Do Over the Next Week

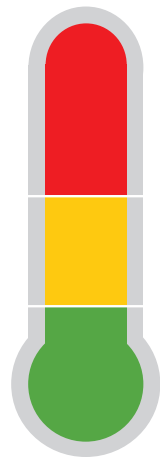
1. Test with blood glucose meter 4x/day or _____ x/day
2. Calibrate 2x/day (once every 12 hrs OR at _____ am and _____ pm)
3. Remember to keep receiver within 20 feet of you at all times
4. Do not take acetaminophen (Tylenol[®] or similar products) this week.
5. Enter events: Carbs/Food Insulin Exercise Health

To Enter Events:

1		From the trend graph, press the SELECT button (highlighted in orange) to display the main menu.	2		Highlight "Events" and press the SELECT button.
3		Choose the Event you want and press the SELECT button. Enter your Event information and press SELECT to confirm entry.	4		Press the LEFT button (highlighted in orange) until you get back to the trend screen.

FOR TECHNICAL SUPPORT CALL: (888) 738-3646 - 24 hours, 7 days a week

Your A1c is Your Blood Glucose Average Over the Past Three Months

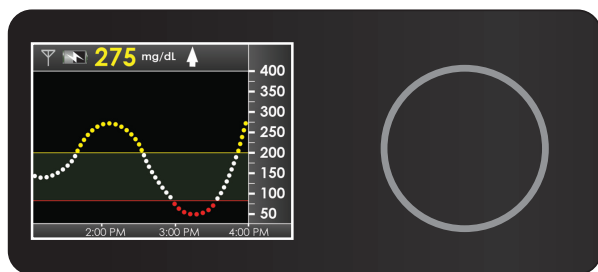


	A1c Value (%)	Estimated Average ¹ Glucose (mg/dL)
Seriously Elevated Levels	12	298
	11	269
	10	240
Monitor Closely	9	212
	8	183
In Control	7	154
	6	126

CGM has been proven to reduce your A1c over time and help you keep it there.²

Your Blood Glucose Meter and Dexcom CGM May Not Match

That is OK. Readings can be different and still be considered accurate.



Example: a 275 mg/dL CGM reading and a 228 mg/dL glucose meter reading = a 17% difference (this is still considered accurate)

You Can Own Your Own Dexcom G4 PLATINUM

98% of commercial insurance plans have coverage for personal CGM.³

Contact us to find out if Dexcom G4 PLATINUM is covered by your insurance.

Come and discover the CGM that is made for you.

FOR A FREE INSURANCE INVESTIGATION CALL: (888) 738-3646

Next Appointment: On your next appointment we will download the receiver, review CGM data for patterns and trends and adjust medication/nutrition as needed. We can discuss your personal CGM options then.

BRIEF SAFETY STATEMENT

The Dexcom G4 PLATINUM Professional Continuous Glucose Monitoring System is a glucose monitoring device indicated for detecting trends and tracking patterns in persons (age 18 and older) with diabetes. The system is for multiple patient use. **CONTRAINDICATIONS:** Remove the Dexcom G4 PLATINUM System before MRI, CT scan, or diathermy treatment. The device is MR Unsafe. Do not bring any portion of the device into the MR environment. Taking acetaminophen while wearing the sensor may falsely raise your sensor glucose readings. **WARNING:** Do not use the Dexcom G4 PLATINUM for treatment decisions. The Dexcom G4 PLATINUM does not replace a blood glucose meter. All parts of the system should be considered potentially infectious and are capable of transmitting blood-borne pathogens between patients and healthcare professionals. The transmitter should be cleaned and disinfected after use on each patient. The receiver requires a receiver shield to be replaced for each patient. If a sensor breaks and no portion of it is visible above the skin, do not attempt to remove it. Seek professional medical help if you have infection or inflammation. Report broken sensors to Dexcom Technical Support. The Dexcom G4 PLATINUM is not approved for use in children or adolescents, pregnant women or persons on dialysis. Sensor placement is not approved for sites other than under the skin of the belly (abdomen). Contact Dexcom Toll Free at 877-339-2664 or www.dexcom.com for detailed indications for use and safety information.

1. Adapted from American Diabetes Association. Standards of medical care in diabetes-2011. Diabetes Care. 2014; 34(Supp1):S11-S61, table 8.

2. JDRF Study Group. New Engl J Med 2008; 359: 1464-1476.

3. Dexcom internal data on file, 2013.