

CASE MANAGEMENT



Step By Step's intensive case management begins with the development of an individual support plan to outline goals that our clients would like to achieve over the course of their work with us. In addition to individual work with our clients, our case managers are responsible for care coordination with outside providers and regular family communication. We encourage regular team meetings with all outpatient providers involved in treatment as well as input and participation from family members.

Some tasks that are often covered in case management include but are not limited to:

- Financial management including creating and implementing an individualized budget
- Assistance with developing structure through productive activity
- Weekly meal planning and rotation of groceries
- Time management support
- General apartment organization and maintenance
- Advocating for needs and obtaining additional outside benefits when needed
- General daily support and coaching
- Support with doctor appointments
- Assistance with learning public transportation
- Other supports to assist in fostering independence and autonomy

Step By Step Supportive Services, Inc. is a private, non-profit organization relying on client fees and tax-deductible contributions