

2016 NHSGA SSI Tentative Timeline

Thursday May 19th Workout/Opening Ceremonies



Please bring your t-shirt that you want to exchange to the practice on Thursday- make sure you pick up a t-shirt coupon so you can get one during open stretch at Finals on Sunday.

****12:00(NOON)-3:30pm** Scheduled **Workout** at Estero Community Center- this is primarily a time to familiarize yourself with the equipment, **not to have a full workout.**

Each State (team) will be assigned approximately 15 minutes per event/per 6 competitors per 15 minute time slot.

****5:30pm** Arrive at Bootleggers (gymnasts and coaches only) -Must have bracelet from lead coach to attend.

****6:00-9:00 Opening Ceremonies Banquet:** Celebration of gymnasts /coaches/judges, dinner, raffles, ice breakers, important meet information.

****9:30** Coaches **and** Gymnasts Meeting at DiamondHead-Diamond Room near lobby. NHSGA Meeting- Immediately after coaches/gymnast meeting at DiamondHead (same room) Goodie bags distributed here.

****Coaches Social—Room TBA at Meeting-T-shirts/programs to be distributed here.**

Friday May 20th -Prelims and Team Competition

9:00 am Gym Opens

9:00-10:00 Open Stretch

10:10am March In and Opening Ceremonies

10:30 am Competition Begins



Coaches Social @ Diamond Head -Time and Place TBD

Saturday May 21st-Event Finals-

8:00 am Gym Opens-T-shirt exchange-first come first served, come early for best selections, remember your coupon

8:00-9:15 Open Stretch and Event Warm Ups

9:20 March In (ALL Teams/Competitors/Coaches March In)

9:30 Event Finals Begin