

ONE ISLAND FAMILY

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JANUARY 2025

JANUARY SERVICES AT ONE ISLAND FAMILY:

5 **Habitat for Humanity (Hannah Edwards)**

Come learn about this wonderful support and outreach in our community!

12 **Rev. Doug Slagle, "Welcoming Congregation"**

We will have our official Welcoming Congregation ceremony during the service!!

19 **Geoff Kaufman "Give Light: Finding Hope in Dark Times"**

Geoff returns to offer a palette of dark and light through song as we all navigate what feels like a dark time for us and our nation. Songs and stories can help us see where we have been in order to shed light on where we are and guide us to the hope we need to carry on.

26 **ANNUAL MEETING**

Please plan to stay for lunch and our meeting!!

We welcome our **UUA AFFILIATE MINISTERS** on a regular basis:

Rev. Bob Murphy and Rev. Doug Slagle

PRESIDENT'S NOTE

Happy New Year One Island Family!

I hope everyone has had a safe, happy holiday season. Whether you celebrate Solstice, Chanukkah, Christmas, Kwanzaa or any other of this season's traditions, I hope your holidays have been joyous and that you all have a Happy New Year.

First, let me remind everyone that our Annual Meeting will be held on January 26th, 2025. We will be having an abbreviated service and then our annual meeting. We are in the process of compiling the Annual Report and other necessary Annual Meeting Materials which will be distributed by email on January 9th, 2024. All members and friends are encouraged to attend. All members who have made a financial contribution for 2025 by January 11, 2025, are eligible to vote at the Annual Meeting. Please contact Dave Arnold, our treasurer, or the One Island Family office if you haven't yet made a 2025 financial contribution.

There are several key votes being held at the meeting:

- The congregational budget for 2025
- Update and Approval of the "Change For Change" Recipient List
- Election of Officers, Directors and Nominating Committee

As we move into a new year, I inevitably look back at the year just passed and this year I am overwhelmed with gratitude. I started to write my thoughts as I looked back and forward but I had to keep deleting them. Too much information, too little information, just wrong... So I looked for inspiration and I found the words of former UUA president Rev Susan Fredrick Gray in her notes for January 2025 for the UU Congregation of Bloomington. Her comments resonated with me, and I hope they do with you as well.

From Rev. Susan

"Living with Intention"

One of my husband and my New Year's traditions is to spend time reflecting on the year that has been and the year to come. We do a kind of inventory, sharing some of our highlights from the previous year and remembering the challenges and difficulties we experienced. We remember really significant things - like life changing events or times of worry and hardship, and we also remember more mundane things like the best or worst movie we saw or meal we ate. Once we feel like we have had a good inventory of the last year, we begin to imagine the New Year ahead. We share our hopes for the New Year, the intentions we hope to bring forward, and we consider any major changes that might be ahead.

The New Year is a time that invites contemplation - it is a natural time for reflection. January is named for the God Janus, the god of beginnings and transitions who is often featured with two faces, one looking forward and one looking back. This time of contemplation and reflection is an invitation to be more intentional and

thoughtful in how we hope to move forward into the New Year. This is where the tradition of setting New Year's Resolutions comes from. In my younger days, I would often set New Year's resolutions and would probably break them by February (if not January!). Now, I have come to understand the value in setting intentions that I hope to bring forward into the New Year. Rather than being rooted in things I judge about myself, they are rooted in practices and values that I actually hold - and the intention is a reminder to hold these more present in the year.

I hope to see you all soon!

In peace,

Karen Blackwell

ANNUAL CFFK UNSUNG HERO:

One Island Family Board member **Dave Arnold** strives to meet each need of One Island Family and the community at large. Dave is the long-serving Treasurer for One Island Family. In addition to bean-counting duties, this year Dave oversaw complex construction projects on our building, and handled many smaller concerns himself. Yes -- Dave climbed up and chased critters out of the attic! He spearheads congregational participation in roadside cleanups (at MM14-16), and with his partner Liz Levi, keeps us informed and involved in wide-ranging social justice and environmental concerns. Dave truly "walks the walk" of Unitarian Universalism!

Sign up to join us for this annual luncheon and celebration upcoming on February 7, 2025: see the sign up in the coffee area. \$65/seat. If you need help with that amount, please see Joy Taylor.

WITH GREAT THANKFULNESS!

One Island Family is blessed! We have matched the initial grant monies and can happily report \$10,000 in funding raised toward our building improvement expenses!! THANK YOU TO ALL WHO WERE ABLE TO CONTRIBUTE!!

CHANGE FOR CHANGE RECIPIENTS:

It is time to review our list and choose recipients for 2025 during our Annual Meeting. Here is the current list:

1. **Cooking with Love**
2. **Habitat for Humanity Key West and the Lower Keys**
3. **Keys to Be the Change**
4. **Boys and Girls Clubs of the Keys**
5. **Bahama Village Music Program**

THIS WILL BE OPEN TO DISCUSSION AND CONGREGATIONAL VOTE AT THE ANNUAL MEETING.

INTERFAITH MINISTERIAL ALLIANCE MLK DAY SCHOLARSHIP PRAYER BREAKFAST AT ST. PAUL'S EPISCOPAL CHURCH

[Interfaith Ministerial Alliance MLK Day Scholarship Prayer Breakfast](#)

Time: Monday, January 20, 2025, 9:00 AM - 11:00 AM

MARTIN LUTHER KING JR. BIRTHDAY CELEBRATION & MARCH:

Monday, January 20, 2025

This is a rolling street closure. March begins at 5pm at Catherine & Thomas Streets, right on Amelia, down Duval Street, left on Southard, left to Whitehead and back to Catherine & Thomas Streets. The Celebration is at Nelson English Park from noon-4pm.

YOGA SCHEDULE IN OUR SANCTUARY:

Jan Bergh	Mindfulness Meditation Sangha	TUE	5.30 PM
Carl Ferrette	Yoga	MON, THU	6.00 PM
Mike Mulligan	Mindful Movement	TUE, THU	10 AM
Marjorie Paul-Shook	Gentle Pilates	WED, SAT	10 AM

MUSIC AND THEATER UPDATES

Opening on December 18th and running through January 11th at the Red Barn Theatre - **The Foreigner**, starring David Black as the foreigner. This very funny and also scarily relevant play will leave you laughing and wondering - about the present and the future. Behind the scenes, I have been collecting all the props and food that are integral to the story of a small fishing lodge in Georgia, where big things happen.



Tickets at <https://redbarntheatre.com> or call 305-296-9911.

ALL are invited to sing with the One Island Family choir. We meet on Sundays at 10:15 at 801 Georgia Street. No experience necessary, just bring your desire to sing. Contact me for more information, or to let me know that you are back in town and want to join the choir. 3nancy3@gmail.com or 207-939-0301.

OUR LAND ACKNOWLEDGEMENT ADOPTED 11/10/24

WE ACKNOWLEDGE THAT THE LAND THAT ONE ISLAND FAMILY NOW STANDS ON AND THE WATERS SURROUNDING KEY WEST, WERE THE TRADITIONAL HOMES UNDER THE STEWARDSHIP OF THE MASCOGO, SEMINOLE, TEQUESTA, CALUSA AND TAINO PEOPLES. WE COMMIT TO SHARING THE HERITAGE OF OUR UNIQUE FLORIDA KEYS ENVIRONMENT, AND TO PROMOTING ITS PRESERVATION FOR FUTURE GENERATIONS



We welcome diversity of race, color, ethnicity, national origin, culture, citizenship status, sexual orientation, sex, gender identity, gender expression, family status, religious background, socioeconomic status, education, political perspective, age, and abilities.



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