

MEC LOWER MAINLAND: TRAIL RACE THREE, 15K/55K

Overall Finish List - 15 K

June 04, 2017

Results By TRIO Sport Events Ltd. TRIO Sport Events www.trioevents.ca

Female Finishers

Place	Name	Bib No	Age Group	Place	Total Time	Total Pace
1	Vanessa Wozman	45618	1 F 30-39		1:13:39	4:55/K
2	Alyssa Cantarutti	33184	1 F 20-29		1:18:28	5:14/K
3	Zoe Hackett	44436	2 F 20-29		1:21:36	5:26/K
4	Moira De Valence	44407	3 F 20-29		1:23:40	5:35/K
5	Heidi Bjornson	33169	4 F 20-29		1:25:43	5:43/K
6	Jennifer Leavitt	44463	5 F 20-29		1:26:06	5:44/K
7	Adele Wilson	45614	1 F 60-69		1:26:38	5:47/K
8	Marcia Marchenski	44481	1 F 50-59		1:27:51	5:51/K
9	Anna Bennett	33118	6 F 20-29		1:27:58	5:52/K
10	Stephanie Brisebois	33175	2 F 30-39		1:28:17	5:53/K
11	Amy Hendel	44443	3 F 30-39		1:30:15	6:01/K
12	Mary Murray	44496	4 F 30-39		1:30:57	6:04/K
13	Alexandra Driedger	44413	7 F 20-29		1:31:12	6:05/K
14	Gilda Gan	44426	1 F 40-49		1:31:31	6:06/K
15	Anna Charters	33188	2 F 40-49		1:31:35	6:06/K
16	Jennifer Marsh	44485	8 F 20-29		1:32:27	6:10/K
17	Shannon Sneddon	44556	3 F 40-49		1:32:33	6:10/K
18	Alice Kruchten	45631	9 F 20-29		1:33:10	6:13/K
19	Kara Power	44521	10 F 20-29		1:33:29	6:14/K
20	Florence Perrin	44516	4 F 40-49		1:33:37	6:14/K
21	Nichole Evans	44419	1 F 99-99		1:34:32	6:18/K
22	Jana Maria Hagspiel	44437	11 F 20-29		1:34:44	6:19/K
23	Joy Wang	44589	5 F 30-39		1:36:37	6:26/K
24	Danielle Burch	33177	12 F 20-29		1:36:54	6:28/K
25	Natalia Sudeyko	44563	13 F 20-29		1:36:59	6:28/K
26	Marie-Josée Ryan	44541	6 F 30-39		1:38:22	6:33/K
27	Lillith Foxx	44423	14 F 20-29		1:38:38	6:35/K
28	Lesley Robertson	44532	2 F 50-59		1:38:39	6:35/K
29	Mag Stroniarz	44561	1 F 0-19		1:38:59	6:36/K
30	Ann Harris	44442	5 F 40-49		1:39:50	6:39/K
31	Katie Hollett	45644	15 F 20-29		1:40:10	6:41/K
32	Buffy Bill	33168	6 F 40-49		1:40:14	6:41/K
33	Krystal Walker	45638	7 F 30-39		1:40:28	6:42/K
34	Alissa Reed	44529	8 F 30-39		1:40:53	6:44/K
35	Kyla Quong	45622	16 F 20-29		1:41:12	6:45/K
36	Carolyn Hubbard	45615	3 F 50-59		1:42:16	6:49/K
37	Nicola Chalke	33187	2 F 99-99		1:42:25	6:50/K
38	Sandra Rechsteiner	44527	7 F 40-49		1:42:57	6:52/K
39	Tara Nesbitt	45616	9 F 30-39		1:43:04	6:52/K
40	Christina Price	44522	8 F 40-49		1:44:14	6:57/K
41	Alexis Ahn	31929	17 F 20-29		1:44:22	6:57/K
42	Jessie Alder	31932	3 F 99-99		1:44:51	6:59/K
43	Jessica Dunkley	45617	10 F 30-39		1:44:53	7:00/K
44	Rebecca Jones	44452	9 F 40-49		1:45:00	7:00/K
45	Lauren Blackburn	45633	18 F 20-29		1:45:26	7:02/K

46	Olivia Fournier	44422	19 F 20-29	1:46:15	7:05/K
47	Paula Naylor	44499	4 F 50-59	1:46:15	7:05/K
48	Amanda Moore	44495	10 F 40-49	1:47:17	7:09/K
49	Megan Tait	44565	11 F 30-39	1:47:30	7:10/K
50	Paula Garcia	44427	5 F 50-59	1:47:37	7:10/K
51	Magee Walker	44588	12 F 30-39	1:47:41	7:11/K
52	Cindylee Wagar	44587	11 F 40-49	1:47:47	7:11/K
53	Kyla Edejer	44416	20 F 20-29	1:48:07	7:12/K
54	Jacqueline Symons	44564	13 F 30-39	1:48:20	7:13/K
55	Judith Marin	44483	14 F 30-39	1:48:24	7:14/K
56	Tik Campbell	33183	6 F 50-59	1:49:10	7:17/K
57	Kelly Ockeloen	45627	12 F 40-49	1:50:24	7:22/K
58	Dagmar Meachem	45628	13 F 40-49	1:50:25	7:22/K
59	Rochelle Yeoman	45607	15 F 30-39	1:50:54	7:24/K
60	Erin MacKenzie	44476	16 F 30-39	1:50:55	7:24/K
61	Stephanie Chiang	33192	21 F 20-29	1:51:15	7:25/K
62	Celia Chiang	33191	14 F 40-49	1:51:15	7:25/K
63	Tamar Koleba	44458	17 F 30-39	1:51:35	7:26/K
64	Heather Patry	44513	15 F 40-49	1:51:40	7:27/K
65	Christiane Boyce	33174	18 F 30-39	1:51:40	7:27/K
66	Michelle Cieslik	33194	22 F 20-29	1:52:05	7:28/K
67	Rhonda Hyslop	44448	19 F 30-39	1:52:24	7:30/K
68	Molly Lawlor	44462	16 F 40-49	1:52:26	7:30/K
69	Sandy Galpin	44424	20 F 30-39	1:52:45	7:31/K
70	Arezou Bahari	33110	4 F 99-99	1:54:48	7:39/K
71	Lina Saldarriaga	44543	5 F 99-99	1:54:49	7:39/K
72	Yuyu Chen	33189	17 F 40-49	1:55:05	7:40/K
73	Yumi Cross	44403	7 F 50-59	1:55:36	7:42/K
74	Rachel Lunn	44474	21 F 30-39	1:55:44	7:43/K
75	Wendy Rafuse	44525	22 F 30-39	1:55:44	7:43/K
76	Binder Dhaliwal	44411	23 F 30-39	1:56:16	7:45/K
77	Rebecka Forward	44421	23 F 20-29	1:57:12	7:49/K
78	Hilary Miller	45611	24 F 30-39	1:59:44	7:59/K
79	Sue Burkholder	33179	18 F 40-49	2:01:18	8:05/K
80	Connie Zhang	45637	19 F 40-49	2:02:29	8:10/K
81	Fely Levy	44466	8 F 50-59	2:03:20	8:13/K
82	Candice Ridyard	44530	25 F 30-39	2:04:08	8:17/K
83	Leanna Ho	44444	26 F 30-39	2:04:08	8:17/K
84	Michelle Grahame	44433	24 F 20-29	2:04:10	8:17/K
85	Melanie Jeffa	44450	20 F 40-49	2:05:04	8:20/K
86	Lorraine Douville	44412	9 F 50-59	2:06:19	8:25/K
87	Amy Agis	31910	21 F 40-49	2:06:27	8:26/K
88	Lydia Green	44434	22 F 40-49	2:06:28	8:26/K
89	Michelle Ziebart	45610	10 F 50-59	2:06:30	8:26/K
90	Lisha Li	44467	23 F 40-49	2:07:31	8:30/K
91	Lora Smith	44554	24 F 40-49	2:08:06	8:32/K
92	Veronika Smolik	44555	11 F 50-59	2:09:29	8:38/K
93	Paula Coutinho	33200	27 F 30-39	2:09:47	8:39/K
94	Lexi Thorne	44574	25 F 20-29	2:09:52	8:39/K
95	Kacey Thorne	44573	26 F 20-29	2:09:53	8:40/K
96	Nicole Peterson	44518	25 F 40-49	2:11:30	8:46/K
97	Nienke Van Houten	44581	26 F 40-49	2:11:56	8:48/K

98	Vanessa Palframan	44510	28 F 30-39	2:13:47	8:55/K
99	Kaetlyn Pass	44512	27 F 20-29	2:17:17	9:09/K
100	Alivia Maric	44482	2 F 60-69	2:18:23	9:14/K
101	Maki Nurusawa	44497	29 F 30-39	2:21:35	9:26/K
102	Alexandra Webb	44592	27 F 40-49	2:22:50	9:31/K
103	Nicole Sparkes	44558	28 F 20-29	2:24:08	9:37/K
104	Tania Kumar	44461	28 F 40-49	2:24:20	9:37/K
105	Christine Burnham	45630	29 F 40-49	2:27:43	9:51/K
106	Rachel Stroud	44562	30 F 40-49	2:35:01	10:20/K
107	Beki Tubbs	44576	30 F 30-39	2:36:23	10:26/K
108	Catherine Kang	45629	31 F 30-39	2:37:53	10:32/K
109	Lynne Johnson Mallari	44451	31 F 40-49	2:51:38	11:27/K

Male Finishers

Place	Name	Bib No	Age Group	Place	Total Time	Total Pace
1	Matt Ehrenreich	44418	1 M 20-29		1:06:10	4:25/K
2	Andrew Slack	44553	1 M 40-49		1:06:24	4:26/K
3	Coleman Pete	44517	2 M 20-29		1:06:25	4:26/K
4	Jesse Schuhlein	44546	2 M 40-49		1:07:44	4:31/K
5	Galen Lofstedt	44469	1 M 30-39		1:07:59	4:32/K
6	Gavin Bong	33172	3 M 40-49		1:11:18	4:45/K
7	Hugo Rochard	44533	3 M 20-29		1:11:26	4:46/K
8	Maxime Rochet	44534	4 M 20-29		1:12:04	4:48/K
9	Yoshi Stiegler	44560	1 M 0-19		1:12:08	4:49/K
10	Philip Wong	44599	2 M 30-39		1:12:52	4:51/K
11	Taylor Sharpe	45643	3 M 30-39		1:13:01	4:52/K
12	Trysten Scheidl	44544	2 M 0-19		1:13:26	4:54/K
13	Thomas Tartiere	44569	5 M 20-29		1:14:47	4:59/K
14	Stephen Hardy	44440	4 M 40-49		1:15:24	5:02/K
15	Leonid Dushyn	44415	4 M 30-39		1:16:56	5:08/K
16	Dane Low	44471	5 M 30-39		1:17:01	5:08/K
17	Matthew King	44456	5 M 40-49		1:17:58	5:12/K
18	Luck Favetta	45640	6 M 20-29		1:18:05	5:12/K
19	Travis O'Farrell	44504	1 M 99-99		1:18:34	5:14/K
20	Mael Guiheneuf	44435	6 M 30-39		1:18:37	5:14/K
21	Gorka Zabala	45608	2 M 99-99		1:18:39	5:15/K
22	Harvey MacKenzie	44477	7 M 20-29		1:18:47	5:15/K
23	Enrico Rechsteiner	44526	6 M 40-49		1:18:47	5:15/K
24	Evgeny Yagrushkin	45603	3 M 99-99		1:19:22	5:17/K
25	Connell O'Reilly	44505	7 M 30-39		1:20:02	5:20/K
26	Shawn McNaughton	44491	8 M 30-39		1:20:58	5:24/K
27	Ramon Lopez	44470	8 M 20-29		1:21:09	5:25/K
28	Christopher Reed	44528	9 M 30-39		1:21:13	5:25/K
29	Matt Colpitts	33197	7 M 40-49		1:21:25	5:26/K
30	Michael Liu	44468	8 M 40-49		1:21:49	5:27/K
31	Guillem Gonzalez Vilaseca	44432	3 M 0-19		1:21:54	5:28/K
32	Christopher Longden	45635	9 M 20-29		1:21:56	5:28/K
33	Norm Wong	45639	9 M 40-49		1:22:22	5:29/K
34	Glenn Sakamoto	44542	10 M 30-39		1:22:24	5:30/K
35	Adam Lee	44464	11 M 30-39		1:22:25	5:30/K
36	Scott Hurst	44447	12 M 30-39		1:23:33	5:34/K

37	John Woolgar	45636	1 M 50-59	1:23:49	5:35/K
38	Grahame Hall	45642	10 M 40-49	1:23:51	5:35/K
39	Fergus Knight	44457	13 M 30-39	1:23:59	5:36/K
40	Luca Raffaello	44524	14 M 30-39	1:24:06	5:36/K
41	Paul Farrow	45625	1 M 60-69	1:24:18	5:37/K
42	Nabil Valji	44580	11 M 40-49	1:25:20	5:41/K
43	Daniel Rudmin	45632	15 M 30-39	1:25:23	5:42/K
44	Keith Hamilton	44438	4 M 99-99	1:25:29	5:42/K
45	Ben Scott	44547	16 M 30-39	1:25:31	5:42/K
46	Gurpal Sekhon	44548	10 M 20-29	1:25:31	5:42/K
47	Adam Wrohan	45602	17 M 30-39	1:25:36	5:42/K
48	Lawrence Bernales	33159	5 M 99-99	1:25:36	5:42/K
49	Thomas Reneau	45646	18 M 30-39	1:25:38	5:43/K
50	Brian Shinner	45641	19 M 30-39	1:26:49	5:47/K
51	Robert Zelisko	45609	12 M 40-49	1:27:00	5:48/K
52	Joe Morrison	45623	11 M 20-29	1:27:51	5:51/K
53	Brendan Posehn	44520	4 M 0-19	1:28:03	5:52/K
54	Serguei Makarevski	44480	2 M 50-59	1:28:15	5:53/K
55	Jorge Roman Asensio	44536	20 M 30-39	1:28:26	5:54/K
56	Antonio Carasco Pinto	33185	13 M 40-49	1:28:26	5:54/K
57	Owen Davis	44406	3 M 50-59	1:29:05	5:56/K
58	Kin Fai Mak	45647	4 M 50-59	1:29:30	5:58/K
59	David Haist	45645	12 M 20-29	1:29:35	5:58/K
60	Steven Tsai	44575	21 M 30-39	1:29:53	6:00/K
61	Simon Couture	44401	14 M 40-49	1:30:27	6:02/K
62	Antoine Cabot	33181	22 M 30-39	1:30:29	6:02/K
63	Steven Pearce	44515	5 M 50-59	1:30:46	6:03/K
64	Joshua Alagao	31931	5 M 0-19	1:31:05	6:04/K
65	Eric Kang	44453	15 M 40-49	1:31:37	6:06/K
66	Paul Barbosa	33111	16 M 40-49	1:32:06	6:08/K
67	Ray Levasseur	44465	2 M 60-69	1:32:56	6:12/K
68	Justin Yan	45604	13 M 20-29	1:33:03	6:12/K
69	Bruce Taverner	44570	6 M 50-59	1:33:24	6:14/K
70	Pierre Depralon	44410	14 M 20-29	1:33:58	6:16/K
71	Tom Sherlock	45612	3 M 60-69	1:34:16	6:17/K
72	James Burris	33180	17 M 40-49	1:35:11	6:21/K
73	Jonathan Weresch	44593	18 M 40-49	1:35:42	6:23/K
74	James Palframan	44511	23 M 30-39	1:36:16	6:25/K
75	Tyler Burch	33178	15 M 20-29	1:36:41	6:27/K
76	Lorne Yawney	45605	6 M 99-99	1:37:28	6:30/K
77	Miguel Salas	45624	19 M 40-49	1:37:32	6:30/K
78	Johnathan McFarlane	44490	24 M 30-39	1:37:53	6:32/K
79	Thomas Faulkner	44420	16 M 20-29	1:38:00	6:32/K
80	Reece Dennison	45626	25 M 30-39	1:38:22	6:33/K
81	Sean McKnight	45648	26 M 30-39	1:39:21	6:37/K
82	Doug Keir	44454	20 M 40-49	1:39:25	6:38/K
83	Matthew Robertson	44531	27 M 30-39	1:42:08	6:49/K
84	Louie Martinez	44488	17 M 20-29	1:42:34	6:50/K
85	Dean Brenner	45613	21 M 40-49	1:44:13	6:57/K
86	Hendrik Van Vuuren	44583	28 M 30-39	1:44:23	6:58/K
87	Jeff Gan	44425	22 M 40-49	1:44:51	6:59/K
88	Michael Chiang	33193	29 M 30-39	1:44:53	7:00/K

89	Bryan Cuthbertson	44405	7 M 99-99	1:45:14	7:01/K
90	Julian Navaratnam	44498	23 M 40-49	1:45:53	7:04/K
91	Saul Azevedo	31975	8 M 99-99	1:46:06	7:04/K
92	Josã© Rodriguez	44535	7 M 50-59	1:46:15	7:05/K
93	Glen Gaupholm	44428	24 M 40-49	1:47:49	7:11/K
94	Norman Heu	45621	25 M 40-49	1:48:20	7:13/K
95	Rob Campbell	33182	8 M 50-59	1:49:11	7:17/K
96	Alexander Van Houten	44582	30 M 30-39	1:49:15	7:17/K
97	Jonathan Unrau	44579	26 M 40-49	1:52:08	7:29/K
98	Paul Yeoman	45606	31 M 30-39	1:53:24	7:34/K
99	Ryland Marshall	44486	9 M 99-99	1:54:07	7:36/K
100	Christopher Rozitis	44539	9 M 50-59	2:02:58	8:12/K
101	Ryan McWhirter	44494	27 M 40-49	2:12:27	8:50/K
102	Mathew Johnson	45634	28 M 40-49	2:46:22	11:05/K