Optimal Behavioral Health 11160 Highway 62, Suite B Eagle Point, OR 97524 (541) 826-0899 Fax (541) 826-2234

Authorization to Release Medical Information to/from Melanie Kabot-Sturos, PMHNP-BC, MSN or Curt Sturos, MD:

Patient Name	DOB	Former Name		
Current Address		City	State	Zip
Daytime Phone	Evening Phone		SSN	
I authorize information released to	/from:			
Physician/or third party named		Please send my records to/from: Optimal Behavioral Health PO Box 159		
Address		Shady Cov	ve, OR 97539	
City, State, Zip		OR Fax (5	41) 826-2234	
-OR- Specific Information Only: History and Physical Medications/Therapy	specify date			
☐ Lab, EKG		to		
Accident or injuryImmunizations onlyOther	dates from		_ to	
Protected or sensitive information: required by State/Federal law. BY IN				
DRUG ABUSE DIAGNOS	IS/TREATMENT	_ SEXUALLY TRAN	ISMITTED DISEASES	
ALCOHOLISM DIAGNOS	IS/TREATMENT	_ AIDS/HIV TEST I	RESULTS INCLUDING RE	LATED HIGH RISK BEHAVIOR
MENTAL HEALTH/TREA	TMENT	_ GENETIC TESTIN	NG	

- By signing this form, you are authorizing the use or disclosure of your protected health information as described above. This information may be redisclosed if the recipient is not required by law to protect the privacy of the information.
- You have the right to revoke this authorization at any time. If you revoke your authorization, the information described above may no longer be used or
 disclosed. The request to revoke must be in writing and must be received prior to release of information. Unless otherwise revoked, this authorization
 will expire 90 days from the date of signing.
- You are under no obligation to sign this form, and you may refuse to do so. Treatment and payment may not be conditioned on signing this authorization.