

# C/FST Quarter 4 Report

# (April, May, June)

## Survey breakdown:

Adult Mental Health - 53 surveys were completed with 20 individuals

Adult Drug & Alcohol – 20 surveys were completed with 9 individuals

Family/Children – 29 surveys were completed with 17 individuals

**Total participants 55 Total of completed surveys** 128

# **Demographics & Community Resources Questions:** There was a total of **55 individuals** that participated in **Quarter 4 surveys**.

1. Age of participants:

Under 17	12 individuals
18 - 24	0 individual
25-44	19 individuals
45-64	22 individuals
65+	2 individuals

2. The question in regards to homelessness and/or at risk. Of the **55** individuals that participated, **55** stated that they were NOT homeless or at risk of homelessness.

3.	Do you use the local food banks?	38 NC	(69.1%)	17 YES (30.9%)
4.	Do you use MATP services? (Med-	Van)	46 NO (83.6%	b) 9 YES (16.4%)
5.	Are you satisfied with MATP? (Mea 43 DOES NOT APPLY (78.		8 YES (14.5%)	) 4 NO (7.3%)
6.	Do you have a family doctor?	54 YE	S (98.2%)	1 NO (1.8%)

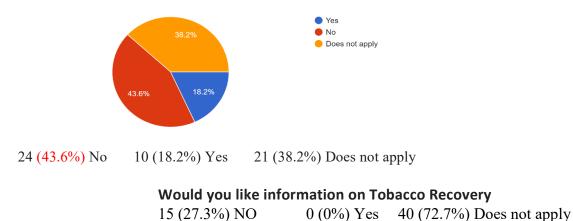
7. Are there any barriers that prevent you from keeping your Mental Health and/or D&A appointments? 55 NO (100%) 0 YES (0%) 0 DOES NOT APPLY (0%)



# Specific questions regarding education from providers.

#### **Tobacco Recovery**

Has your provider offered you information on Tobacco Recovery resources to help you quit? <sup>55</sup> responses



# During your initial intake were you offered information on Advance Directives?" <sup>55</sup> responses <sup>9</sup> Yes <sup>9</sup> No <sup>9</sup> Can't remember <sup>9</sup> Does not apply <sup>39</sup> (70.9%) Yes <sup>3</sup> (5.5%) No <sup>12</sup> (21.8%) Can't remember

## Would you like information on Advance Directives?

0 (0%) Yes 17 (30.9%) No 38 (69.1%) Does not apply

Above 85% Benchmark- Meets Expectations Between 84%-80% - Satisfaction Below 79% - Requires Action No data available

Mental Health Advance Directive



# Questions regarding the specific level of care:

**1.** After your intake, were you offered an appointment with your prescriber within 90 days? *(med management only)* 

MH Adult	25 YES (100%)	0 NO (0%)
MH Family/Child	10 YES (100%)	0 NO (0%)

**2.** After your intake visit, were you offered an appointment with your therapist within 30 days? *(IOP therapy only)* 

MH Adult	23 YES (100%)	0 NO (0%)
MH Family/Child	10 YES (100%)	0 NO (0%)

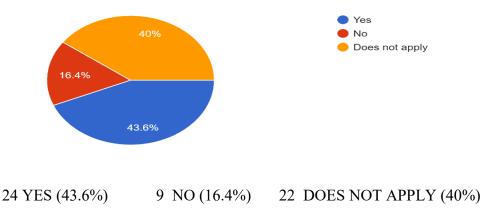
3. After your intake, were you offered an appointment within 30 days? (BCM, CPS, CRS)

Adult CPS	15 YES (100%)	0 NO (0%)
Adult CRS	1 YES (100%)	0 NO (0%)
Adult BCM	14 YES (100%)	0 NO (0%)
Family/Child BCM	0 YES (0%)	0 NO (0%)

**4.** Does the provider meet you in your home or another location that is most convenient for you? (*BCM*, *CPS*, *CRS*)

Adult CPS	7 YES (100%)	NO (0%)
Adult CRS	1 YES (100%)	NO (0%)
Adult BCM	10 YES (100%)	NO (0%)
Family/Child BCM	2 YES (100%)	NO (0%)

Did seeking Mental Health and/or Drug & Alcohol treatment services help you obtain or maintain employment? (Because I obtained services I can now maintain my employment or get a job) <sup>55</sup> responses





Managed Care Questions: There was a total of 55 individuals that participated in Quarter 4.

1. Before completing this survey, did you know that you can call the Magellan member call center 24/7? 54 YES (98.2%) 1 NO (1.8%)

**2.** If you had questions about your benefits or treatment options, do you know how to contact Magellan? 54 YES (98.2%) 1 NO (1.8%)

3. Have you ever called Magellan member call center?1 YES (1.8%)53 NO (96.4%)1 Does not apply (1.8%)

**3a.** If you answered yes, were you satisfied with the outcome? 1 YES (1.8%) 54 DOES NOT APPLY (96.4%)

4. Are you aware of how to file a complaint with Magellan? 53 YES (96.4%) 2 NO (3.6%)

> **4a.** Have you ever filed a complaint with Magellan? 1 YES (1.8%) 54 NO (98.2%)

> > **4b**. If you answered yes, were you satisfied with the outcome? 1 YES (1.8%) 54 DOES NOT APPLY (98.2%)

5. Are you aware of how to file a grievance with Magellan? 52 YES (94.5%) 3 NO (5.5%)

> 5a Have you ever filed a grievance with Magellan? 0 YES (0%) 53 NO (96.4%) 2 DOES NOT APPLY(3.6%)

> > 5b. If you answered yes, were you satisfied with the outcome?
> > 0 YES (%)
> > 0 NO (0%)
> > 55 DOES NOT APPLY (100%)

**Demographics trend results:** There are no trends at this time.



## State Questions: 43 Adult individuals were surveyed during Q4

In the last 12 months were you able to get the help you needed?

Yes (ALWAYS)	43	(100%)
Sometimes	0	
No (NEVER)	0	

Were you given the chance to make treatment decisions?

Yes (ALWAYS)	43	(100%)
Sometimes	0	
No (NEVER)	0	

What effect has the treatment you received had on the quality of your life? The quality of my life is:

Much Better	41	(74.5%)
A Little Better	2	(3.6%)
About the Same	0	(0%)
A Little Worse	0	(0%)
Much Worse	0	(0%)

Child/Family State Questions: 12 Child/Family individuals were surveyed during Q4

In the last 12 months did you or your child have problems getting the help he or she needed?

Yes (ALWAYS)	0	(0%)
Sometimes	2	(2.6%)
No (NEVER)	10	(18.2%)

Were you and your child given the chance to make treatment decisions?

Yes	12	(100%)
Sometimes	0	
No (NEVER)	0	

What effect has the treatment you received had on the quality of your (or your child's) life?

Much Better 10 (18.2%)



A Little Better	2	(3.6%)
About the Same	1	(1.8%)
A Little Worse	0	
Much Worse	0	

Q4 MH Adult Survey Questions Breakout: 53 surveys were completed with 20 individuals Q4

## \*Outpatient Med Management (25) \* Outpatient Therapy (23)\*

- 1. Are the services provided sensitive to your race, religion, and ethnic background? 48 YES (100%) 0 NO
- 2. Do you feel that you can talk freely/openly to the provider? 48 YES (100%) 0 NO
- Do you feel that your provider instills hope for you regarding your future?
   48 YES (100%)
   0 NO
- 4. Do you feel that the provider listens to you? 48 YES (100%) 0 NO
- 5. Are staff respectful and friendly? 47 YES (97.9%) 1 NO (2.1%)
- 6. Are you given a chance to ask questions about your treatment? 47 YES (97.9%) 1 NO (2.1%)
- 7. Are your medications and their possible side effects clearly explained?
   33 YES (68.8%)
   0 NO
   15 Does not apply (31.3%)
- 8. If you had a problem with your provider would you feel comfortable filing a complaint 48 YES (100%)
   0 NO
- 9. Do you feel that you are getting the help that you need? 48 YES (100%) 0 NO
- 10. Are you satisfied with the provider? 47 YES (97.9%) 1 NO (2.1%)

### \* Blended Case Management (14) \* Peer Support (15) \*Crisis (0)\* D&A Recovery Specialist (1) 0\*

- 1. Are the services provided sensitive to your race, religion, and ethnic background? 30 YES (100%) 0 NO
- Do you feel that you can talk freely/openly to the provider?
   30 YES (100%) 0 NO
- Do you feel that your provider instills hope for you regarding your future? 30 YES (100%) NO
- 4. Do you meet with the provider enough to meet your needs? 30 YES (100%) NO



- 5. Do you participate in your treatment planning goals? 30 YES (100%) NO
- 6. Does this provider encourage you in making your own choices and being responsible for those choices?

17 YES (100%) NO

- 7. Does this provider encourage you to advocate for yourself? 17 YES (100%) NO
- 8. Do you feel that this provider is knowledgeable about the resources and supports in the community?

30 YES (100%) NO

- 9. If you had a problem with this provider would you feel comfortable filing a complaint? 30 YES (100%) NO
- 10. How long have you had this service?

   1-11 months = 2 (6.7%)

   1-3 years =15 (50%)

   11. Do you feel that this service is helping?

   30 YES (100%)
   0 NO
- 12. Are you satisfied with this provider? 30 YES (100%) 0 NO

# \* D&A Partial (0) \* Psych-Rehab (1) \* AMH Partial (1) \*

1. Did you wait longer than 30 days for your initial appointment? 2 NO (100%) YES (%) 2. Do you feel that the provider listens to you? 2 YES (100%) 0 NO 3. Are staff respectful and friendly? 2 YES (100%) 0 NO4. Do you feel that your provider instills hope for you regarding your future? 2 YES (100%) 0 NO5. Are the services provided sensitive to your race, religion, and ethnic background? 0 NO2 YES (100%) 6. Does the provider give you the chance to ask questions about your treatment? 2 YES (100%) 0 NO 7. Do you feel that you are getting the education that you need to understand your illness? 2 YES (100%) 0 NO8. Are you learning coping skills that help you manage your symptoms? 2 YES (100%) 0 NO 9. Do you feel that this provider is a safe place to express yourself? 2 YES (100%) 0 NO



10. Do you feel that the group sessions are helpful? 2 YES (100%) 0 NO11. Do you feel that the provider is knowledgeable about the resources and supports in the community? 2 YES (100%) 0 NO12. If you had a problem with your provider would you feel comfortable filing a complaint? 2 YES (100%) 0 NO13. Do you feel that this service is helping you? 2 YES (100%) 0 NO 14. Are you satisfied with this provider? 2 YES (100%) 0 NO15. How long have you had this service? 1-11 months = 2 (100%)1-3 years = 0 over 3 years = 0

# \*MH Inpatient (0)\*

- 1. Are the services provided sensitive to your race, religion, and ethnic background?
- 2. Do you feel that the provider listens to you?
- 3. Are staff respectful and friendly?
- 4. Do you feel that your provider instills hope for you regarding your future?
- 5. Does the provider give you the chance to ask questions about your treatment?
- 6. Does the provider clearly explain your medications and their possible side effects?
- 7. Are you learning coping skills that help you manage your symptoms?
- 8. Do you feel that this is a safe place to express yourself?
- 9. Are group sessions offered?
- 10. If you had a problem with the provider would you feel comfortable filing a complaint?
- 11. Do you feel that this service is/has helped you?
- 12. Are you satisfied with this provider?

Adult Mental Health Summary: There are no trends at this time.



D&A Adult Survey Breakout: 20 surveys were completed with 9 individuals Q4

## \*D&A Outpatient (3) \* Methadone (bundled) (14) \* Suboxone (2) \* Vivitrol (0)

- 1. Are the services provided sensitive to your race, religion, and ethnic background? 19 YES (100%) 0 NO 2. Do you feel that the provider listens to you? 0 NO19 YES (100%) 3. Are staff respectful and friendly? 19 YES (100%) 0 NO 4. Do you feel that your provider instills hope for you regarding your future? 19 YES (100%) 0 NO 5. Does the provider give you the chance to ask questions about your treatment? 19 YES (100%) 0 NO 6. Does the provider talk to you about how medications are working for you? 16 YES (100%) 0 NO **3 DOES NOT APPLY** 7. Does the provider clearly explain your medications and their possible side effects? 19 YES (100%) 0 NO **3 DOES NOT APPLY** 8. How often do you participate in therapy? 12 (63.2%) - ONCE A MONTH (0%) TWICE OR MORE A MONTH 5 (26.3%) - ONCE A WEEK 2 (28.6%) DOES NOT APPLY 9. How long have you been receiving this service? 7 (36.8%) 1-3 YEARS 1 (5.3%) 1-11 MONTHS 11 (57.9%) OVER 3 YEARS 10. If you had a problem with your provider would you feel comfortable filing a complaint? 19 YES (100%) 0 NO 11. Are you satisfied with your provider?
  - 19 YES (100%) 0 NO

### CRS



1. Are the services provided sensitive to your race, religion, and ethnic background? 1 YES (100%) 0 NO2. Do you feel that you can talk freely/openly to the provider? 1 YES (98%)  $0 \, \mathrm{NO}$ 3. Do you feel that your provider instills hope for you regarding your future? 1 YES (98%) 0 NO 4. Do you meet with the provider enough to meet your needs? 1 YES (98%) 0 NO 5. Do you participate in your treatment planning goals? 1 YES (98%) 0 NO6. Does this provider encourage you in making your own choices and being responsible for those choices? 1 YES (100%) 0 NO 7. Does this provider encourage you to advocate for yourself? 1 YES (100%) 0 NO 8. Do you feel that this provider is knowledgeable about the resources and supports in the community? 1 YES (100%) 0 NO 9. If you had a problem with this provider would you feel comfortable filing a complaint? 1 YES (100%) 0 NO 10. How long have you had this service? 1-11 months = 01-3 years = 0 over 3 years = 111. Do you feel that this service is helping? 1 YES (100%) 0 NO12. Are you satisfied with this provider? 1 YES (100%) 0 NO

# **D&A** Partial

- 1. Did you wait longer than 30 days for your initial appointment?
- 2. Do you feel that the provider listens to you?
- 3. Are staff respectful and friendly?
- 4. Do you feel that your provider instills hope for you regarding your future?
- 5. Are the services provided sensitive to your race, religion, and ethnic background?
- 6. Does the provider give you the chance to ask questions about your treatment?
- 7. Do you feel that you are getting the education that you need to understand your illness?
- 8. Are you learning coping skills that help you manage your symptoms?
- 9. Do you feel that this provider is a safe place to express yourself?
- 10. Do you feel that the group sessions are helpful?
- 11. Do you feel that the provider is knowledgeable about the resources and supports in the community?



- 12. If you had a problem with your provider would you feel comfortable filing a complaint?
- 13. Do you feel that this service is helping you?
- 14. How long have you had this service?
- 15. Are you satisfied with this provider?

Adult D&A Summary: There are no trends at this time.

MH Child/Family Survey Breakout 26 surveys were completed in Q4

### **Outpatient Med Management (5) \* Outpatient Therapy (11) \***

- Are the services provided sensitive to your race, religion, and ethnic background? 16 YES (100%) 0 NO
- Do you feel that you can talk freely/openly to the provider? 16 YES (100%) 0 NO
- Do you feel that your provider instills hope for you regarding your future? 16 YES (100%) 0 NO
- 4. Do you feel that the provider listens to you? 16 YES (100%) 0 NO
- 5. Are staff respectful and friendly? 16 YES (100%) 0 NO
- 6. Are you given a chance to ask questions about your treatment? 16 YES (100%) 0 NO
- 7. Are your medications and their possible side effects clearly explained? 5 YES (100%) 0 NO 11 DOES NOT APPLY
- If you had a problem with your provider would you feel comfortable filing a complaint? 16 YES (98%) 0 NO
- 9. Do you feel that you are getting the help that you need?
  - 16 YES (100%) 0 NO
- 10. Are you satisfied with the provider? 16 YES (100%) 0 NO

# \*MH Inpatient (1) \* MH CRR (0) \* MH RTF (0) \*

- Were you offered an appointment within 7 days of discharge from MH inpatient?
   0 YES 1 NO (100%)
- 2. Were you re-admitted within 30 days of your discharge?

0 YES 1 NO (100%)



3. Are the services provided sensitive to your race, religion, and ethnic background? 1 YES (100%) 0 NO 4. Do you feel that the provider listens to you? 0 YES 1 NO (100%) 5. Are staff respectful and friendly 1 YES (100%) 0 NO 6. Do you feel that your provider instills hope for you regarding your future? 0 YES 1 NO (100%) 7. Does the provider give you the chance to ask questions about your treatment? 1 YES (100%) 0 NO 8. Does the provider clearly explain your medications and their possible side effects? 1 YES (100%) 0 NO 9. Are you learning coping skills that help you manage your symptoms? 1 YES (100%) 0 NO 10. Do you feel that this is a safe place to express yourself? 1 YES (100%) 0 NO 11. Are group sessions offered? 1 YES (100%) 0 NO 12. If you had a problem with the provider would you feel comfortable filing a complaint? 1 YES (100%) 0 NO 13. Do you feel that this service is/has helped you? 1 YES (100%) 0 NO 14. Are you satisfied with this provider? 1 YES (100%) 0 NO

### \*Blended Case Management (2) \* Crisis (phone) () \* Crisis (face to face) (1)\*

- Are the services provided sensitive to your race, religion, and ethnic background?
   3 YES 100% 0 NO
- Do you feel that you can talk freely/openly to the provider?
   3 YES 100% 0 NO
- Do you feel that your provider instills hope for you regarding your future? 3 YES 100% 0 NO
- 4. Do you meet with the provider enough to meet your needs?
  - 3 YES 100% 0 NO 4 DOES NOT APPLY
- Do you participate in your treatment planning goals?
   2 YES 100%
   0 NO
   1 DOES NOT APPLY
- Does this provider encourage you in making your own choices and being responsible for those choices? 2 YES 100% 0 NO 1 DOES NOT APPLY



- Does this provider encourage you to advocate for yourself?
   2 YES 100% 0 NO 1 DOES NOT APPLY
- Do you feel that this provider is knowledgeable about the resources and supports in the community?
   3 YES 100 %
   0 NO
- 9. If you had a problem with this provider would you feel comfortable filing a complaint?
   3 YES 100%
   0 NO
- 10. How long have you had this service?

1-11 MONTH = 1 (100%) 1-3 YEARS = 1 (100%) DOES NOT APPLY = 1

11. Do you feel that this service is helping?

2 YES (99%) 1 NO (1%)

12. Are you satisfied with this provider?

3 YES (100%) 0 NO

# \*Partial (0) \* Partial Hospitalization (0)\*

- 1. Did you wait longer than 30 days for your initial appointment?
- 2. Do you feel that the provider listens to you?
- 3. Are staff respectful and friendly?
- 4. Do you feel that your provider instills hope for you regarding your future?
- 5. Are the services provided sensitive to your race, religion, and ethnic background?
- 6. Does the provider give you the chance to ask questions about your treatment?
- 7. Do you feel that you are getting the education that you need to understand your illness?
- 8. Are you learning coping skills that help you manage your symptoms?
- 9. Do you feel that this provider is a safe place to express yourself?
- 10. Do you feel that the group sessions are helpful?
- 11. Do you feel that the provider is knowledgeable about the resources and supports in the community?
- 12. If you had a problem with your provider would you feel comfortable filing a complaint?
- 13. Do you feel that this service is helping you?
- 14. How long have you had this service?
- 15. Are you satisfied with this provider?

# \*IBHS/BHT (5) \* IBHS/BC (3) \* Family Based (0) \*ASP (1) \*SP (0) \*Mobile Therapy (0) \*MST (0) \*

1. Does the provider return your call in a timely manner?



7 YES (77.8%) 2 NO (22.2%)
2. Are staff respectful and friendly? 9 YES (100%) NO
<ul> <li>3. Do you feel that your provider instills hope for you regarding your future?</li> <li>7 YES (77.8%) 2 NO (22.2%)</li> </ul>
<ul> <li>4. Are the services provided sensitive to your race, religion, and ethnic background?</li> <li>9 YES (100%) 0 NO</li> </ul>
<ul> <li>5. Do you feel that the provider listens to you?</li> <li>7 YES (77.8%) 2 NO (22.2%)</li> <li>6. Do you feel that the provider is knowledgeable about the resources and support in the</li> </ul>
community? 7 YES (77.8%) 2 NO (22.2%)
<ul> <li>7. Do you see the provider enough to meet your needs?</li> <li>4 YES (66.7%) 3 NO (33.3%)</li> </ul>
<ul> <li>8. Are you and your child involved in treatment planning goals and decision-making?</li> <li>9 YES (100%) 0 NO</li> </ul>
<ol> <li>Does the provider keep in contact with you regarding your child's progress and/or concerns? 7 YES (77.8%)</li> <li>2 NO (22.2%)</li> </ol>
10. Has the discharge/transition plan been discussed with you?4 YES (44.4%)5 NO (55.6%)
11. Were you satisfied with the ISPT meeting?8 YES (88.9%)1 NO (11.1%)
12. Do you feel that your child is getting the help that he/she needs? 6 YES (66.7%) 3 NO (33.3%)
<ul><li>13. If you had a problem with the provider would you feel comfortable filing a complaint?</li><li>9 YES (100%)</li><li>0 NO</li></ul>
<ul> <li>14. How long have you had this service?</li> <li>1-11 MONTHS = 5 (55.6%) 1-3 YEARS = (44.4%)</li> <li>15. Are you satisfied with this provider?</li> <li>7 YES (77.8%) 2 NO (22.2)</li> </ul>



### **Child/Family Mental Health Summary:**

This question will be carried over to the 2022-2023 contract for contained tracking.

• Has the discharge/transition plan been discussed with you?

 Q1- 0 YES (52%) 8 NO (100%)
 Q2- 0 YES (52%) 3 NO (100%)

 Q3- 4 YES (67%) 2 NO (33%)
 Q4- 4 YES (44.4%) 5 NO (55.6%)

Family/Child D&A Survey Breakout: 0 individuals were surveyed Q4

# D&A Rehab

- 1. Were you offered an appointment within 7 days of discharge from MH inpatient?
- 2. Were you re-admitted within 30 days of your discharge?
- 3. Are the services provided sensitive to your race, religion, and ethnic background?
- 4. Do you feel that the provider listens to you?
- 5. Are staff respectful and friendly?
- 6. Do you feel that your provider instills hope for you regarding your future?
- 7. Does the provider give you the chance to ask questions about your treatment?
- 8. Does the provider clearly explain your medications and their possible side effects?
- 9. Are you learning coping skills that help you manage your symptoms?
- 10. Do you feel that this is a safe place to express yourself?
- 11. Are group sessions offered?
- 12. If you had a problem with the provider would you feel comfortable filing a complaint?
- 13. Do you feel that this service is/has helped you?
- 14. Are you satisfied with this provider?

Child/Family D&A Summary: There are no trends at this time.