

SHORE STAFFING, INC.

Telemetry Nurse Competency Self-Checklist

Directions: Please circle a value for each question to provide us with an assessment of your clinical experience. These values confirm your strengths within your specialty.

FREQUENCY

1. Observed only, never done
2. Rarely done (<6 times per year)
3. Occasionally done (1-2 times/month)
4. Frequently done (daily or weekly)

EXPERIENCE

1. No experience.
2. Some experience (requires assistance)
3. Experienced (performs without assistance)
4. Very experienced (performs well)

PRINT NAME _____ SS# _____ DATE _____

General Skills	Frequency	Experience
Advanced directives	1 2 3 4	1 2 3 4
Automated medication dispensing	1 2 3 4	1 2 3 4
Bar coding for medication administration	1 2 3 4	1 2 3 4
End of life care/palliative care	1 2 3 4	1 2 3 4
Lift/transfer devices	1 2 3 4	1 2 3 4
Patient/family teaching	1 2 3 4	1 2 3 4
Restrictive devices (restraints)	1 2 3 4	1 2 3 4
Specialty beds	1 2 3 4	1 2 3 4
Computerized charting	Frequency	Experience
Cerner	1 2 3 4	1 2 3 4
Eclipsys	1 2 3 4	1 2 3 4
EPIC	1 2 3 4	1 2 3 4
McKesson	1 2 3 4	1 2 3 4
Meditech	1 2 3 4	1 2 3 4
Others (name)	1 2 3 4	1 2 3 4
National Patient Safety Goals	Frequency	Experience
Accurate patient identification	1 2 3 4	1 2 3 4
Anticoagulation therapy	1 2 3 4	1 2 3 4
Effective communication	1 2 3 4	1 2 3 4
Infection control	1 2 3 4	1 2 3 4
Interpretation & Communication of lab values	1 2 3 4	1 2 3 4
Isolation	1 2 3 4	1 2 3 4
Labeling (mediation & Specimens)	1 2 3 4	1 2 3 4
Medication administration	1 2 3 4	1 2 3 4
Medication reconciliation	1 2 3 4	1 2 3 4
Labeling (mediation & Specimens)	1 2 3 4	1 2 3 4
Reconciliation	1 2 3 4	1 2 3 4
Wound care	1 2 3 4	1 2 3 4
Minimize risk for falls	1 2 3 4	1 2 3 4

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Moderate sedation	1 2 3 4	1 2 3 4
Pain assessment & management	1 2 3 4	1 2 3 4
National Patient Safety Goals continued:	Frequency	Experience
Prevention of pressure ulcers	1 2 3 4	1 2 3 4
Use of PCA (IV, intrathecal, epidural)	1 2 3 4	1 2 3 4
Universal precautions	1 2 3 4	1 2 3 4
Use of Rapid Response Team	1 2 3 4	1 2 3 4
Cardiac monitoring & emergency care:	Frequency	Experience
Obtain 12 lead EKG	1 2 3 4	1 2 3 4
Interpretation of rhythm strips	1 2 3 4	1 2 3 4
Treatment of dysrhythmias	1 2 3 4	1 2 3 4
Use of rapid response team	1 2 3 4	1 2 3 4
Cardiac arrest/CPR	1 2 3 4	1 2 3 4
O2 therapy and delivery	1 2 3 4	1 2 3 4
Pulse Oximetry	1 2 3 4	1 2 3 4
Use of Doppler	1 2 3 4	1 2 3 4
IV Therapy		
Starting & maintaining peripheral IVs	1 2 3 4	1 2 3 4
Blood draw; venous	1 2 3 4	1 2 3 4
Central line care	1 2 3 4	1 2 3 4
Blood draw: central line	1 2 3 4	1 2 3 4
Care and management of Ports	1 2 3 4	1 2 3 4
Care and management of PICC/Groshong/Hickman	1 2 3 4	1 2 3 4
TPN & Lipids	1 2 3 4	1 2 3 4
Administration of blood/blood products	1 2 3 4	1 2 3 4
Administration of chemotherapy	1 2 3 4	1 2 3 4
Monitoring chemotherapy (does not initiate)	1 2 3 4	1 2 3 4
Other	Frequency	Experience
Diabetes Mellitus	1 2 3 4	1 2 3 4
Blood Glucose Monitoring (BGM)	1 2 3 4	1 2 3 4
Insulin administration	1 2 3 4	1 2 3 4
CARDIOVASCULAR	Frequency	Experience
Assessment of heart sounds	1 2 3 4	1 2 3 4
External & temporary pacemakers	1 2 3 4	1 2 3 4
Management of permanent pacemaker/AICD	1 2 3 4	1 2 3 4
Care of patient with:	Frequency	Experience
Angina	1 2 3 4	1 2 3 4
CHF	1 2 3 4	1 2 3 4
Acute MI	1 2 3 4	1 2 3 4
Pre/post cardiac surgery (CABG & Valves)	1 2 3 4	1 2 3 4

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Pre/post vascular surgery (Abdominal or Thoracic AA, Fem-pop, Carotid)	1 2 3 4	1 2 3 4
Cardiogenic shock	1 2 3 4	1 2 3 4
Medication Administration:	Frequency	Experience
Preparation & administration of emergency (ACLS) meds	1 2 3 4	1 2 3 4
Cardiovascular continued:	Frequency	Experience
Inotropics (i.e. Digoxin, Dopamine, Epinephrine)	1 2 3 4	1 2 3 4
Antiarrhythmics (Beta Blockers/Ca+ Channel Blockers)	1 2 3 4	1 2 3 4
Antianginals (isordil/Nitrates)	1 2 3 4	1 2 3 4
Antihypertensives	1 2 3 4	1 2 3 4
Antilipemics (statins)	1 2 3 4	1 2 3 4
Diuretics	1 2 3 4	1 2 3 4
PULMONARY:	Frequency	Experience
Assessment of breath sounds	1 2 3 4	1 2 3 4
Airway management/suctioning (ETT, Oral, Trach)	1 2 3 4	1 2 3 4
Incentive spirometer	1 2 3 4	1 2 3 4
Recognition & treatment of abnormal ABGS's	1 2 3 4	1 2 3 4
Management of chest tubes	1 2 3 4	1 2 3 4
Heimlich valve	1 2 3 4	1 2 3 4
Care of patient with:	Frequency	Experience
COPD/Emphysema	1 2 3 4	1 2 3 4
Asthma	1 2 3 4	1 2 3 4
Tuberculosis	1 2 3 4	1 2 3 4
Pulmonary embolism	1 2 3 4	1 2 3 4
Pulmonary edema	1 2 3 4	1 2 3 4
Pneumothorax	1 2 3 4	1 2 3 4
Tracheostomy	1 2 3 4	1 2 3 4
Pneumonia	1 2 3 4	1 2 3 4
Thoracentesis/paracentesis	1 2 3 4	1 2 3 4
Medication Administration	Frequency	Experience
Antihistamines	1 2 3 4	1 2 3 4
Bronchodilators	1 2 3 4	1 2 3 4
Expectorants & antitussives	1 2 3 4	1 2 3 4
Use of inhalers	1 2 3 4	1 2 3 4
Use of nebulizer treatments	1 2 3 4	1 2 3 4
NEUROLOGY	Frequency	Experience
Comprehensive neuro assessment	1 2 3 4	1 2 3 4
Glasgow coma scale	1 2 3 4	1 2 3 4
Utilize seizure precautions/seizures	1 2 3 4	1 2 3 4
Assist with lumbar puncture	1 2 3 4	1 2 3 4
Spinal cord injury	1 2 3 4	1 2 3 4

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Care of patient with:	Frequency	Experience
TIA/CVA	1 2 3 4	1 2 3 4
Cranial hemorrhage & hematoma	1 2 3 4	1 2 3 4
Aspiration precautions	1 2 3 4	1 2 3 4
Overdose/DTs	1 2 3 4	1 2 3 4
Spinal cord injury/trauma	1 2 3 4	1 2 3 4
TBI (traumatic brain injury)	1 2 3 4	1 2 3 4
Pre/post neuro surgery	1 2 3 4	1 2 3 4
Degenerative neurological disorders	1 2 3 4	1 2 3 4
Halo traction/vest	1 2 3 4	1 2 3 4
Medication Administration:	Frequency	Experience
Anticonvulsants: Dilantin, Phenobarbital, Neurotin	1 2 3 4	1 2 3 4
Antidepressants	1 2 3 4	1 2 3 4
Antiparkinsons (Congentin/Levodopa/Sinemet)	1 2 3 4	1 2 3 4
Gastrointestinal	Frequency	Experience
Insertion & management of NG tube	1 2 3 4	1 2 3 4
Insertion & management of small bore feed tubes (Dobhoff, Keofeed)	1 2 3 4	1 2 3 4
Management of gastrostomy/jejunostomy tube	1 2 3 4	1 2 3 4
Management of post surgical drains	1 2 3 4	1 2 3 4
Care of patients with:	Frequency	Experience
GI bleed (upper and lower)	1 2 3 4	1 2 3 4
Hepatitis	1 2 3 4	1 2 3 4
Pre/post open abdominal surgery	1 2 3 4	1 2 3 4
Colostomy/ileostomy	1 2 3 4	1 2 3 4
Peritonitis	1 2 3 4	1 2 3 4
IBS	1 2 3 4	1 2 3 4
ERCP	1 2 3 4	1 2 3 4
Paralytic ileus	1 2 3 4	1 2 3 4
Medication Administration	Frequency	Experience
Antiemetics: Reglan, Zofran	1 2 3 4	1 2 3 4
Antiulcer drugs	1 2 3 4	1 2 3 4
Antacids	1 2 3 4	1 2 3 4
Digestive enzymes	1 2 3 4	1 2 3 4
Genitourinary/RENAL	Frequency	Experience
Foley catheter insertion	1 2 3 4	1 2 3 4
Care of Suprapubic tube	1 2 3 4	1 2 3 4
Care of Nephostomy tube	1 2 3 4	1 2 3 4
Fluid & electrolyte disturbance	1 2 3 4	1 2 3 4
Care of the patient with:	Frequency	Experience
UTI	1 2 3 4	1 2 3 4

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BPH	1 2 3 4	1 2 3 4
TURP	1 2 3 4	1 2 3 4
Prostate cancer	1 2 3 4	1 2 3 4
Nephrectomy	1 2 3 4	1 2 3 4
Ilioconduit	1 2 3 4	1 2 3 4
Renal Surgery	1 2 3 4	1 2 3 4
Chronic/acute renal failure	1 2 3 4	1 2 3 4
Hemodialysis	1 2 3 4	1 2 3 4
Peritoneal dialysis	1 2 3 4	1 2 3 4
Gynecology	Frequency	Experience
Assist with GYN exam/PAP	1 2 3 4	1 2 3 4
GYN surgeries	1 2 3 4	1 2 3 4
PROGRESSIVE CARE NURSING REQUIREMENTS	Frequency	Experience
Basic & advanced life support protocols	1 2 3 4	1 2 3 4
Adenosine administration	1 2 3 4	1 2 3 4
Chest tube insertion & management	1 2 3 4	1 2 3 4
Insertion & management of arterial line	1 2 3 4	1 2 3 4
Management & D/C of arterial & venous sheaths	1 2 3 4	1 2 3 4
Femoral hemostasis devices (FemStop/Vasoseal)	1 2 3 4	1 2 3 4
Ventilator management	1 2 3 4	1 2 3 4
Interpretation of weaning parameters		
Drug dose calculation for:	Frequency	Experience
Non-titrated IV vasoactive agents (Dobutrex/Dopamine)	1 2 3 4	1 2 3 4
Nitrates (IV Nitroglycerine)	1 2 3 4	1 2 3 4
Platelet inhibitors (ReoPro)	1 2 3 4	1 2 3 4
Fibrinolytics (IIB IIIa inhibitors)	1 2 3 4	1 2 3 4
Anti-arrhythmic agents (amiodarone/Cardizem/Lidocaine)	1 2 3 4	1 2 3 4
Patient Monitoring (Pre/Post Procedures)	Frequency	Experience
Cardioversion	1 2 3 4	1 2 3 4
TEE	1 2 3 4	1 2 3 4
Cardiac Catheterizations	1 2 3 4	1 2 3 4
Bronchoscopy	1 2 3 4	1 2 3 4
EGD	1 2 3 4	1 2 3 4
Peg Placement	1 2 3 4	1 2 3 4
Patient Monitoring (During/Intra Procedures)	Frequency	Experience
Cardioversion	1 2 3 4	1 2 3 4
TEE	1 2 3 4	1 2 3 4
Cardiac Catheterizations	1 2 3 4	1 2 3 4
Bronchoscopy	1 2 3 4	1 2 3 4
EGD	1 2 3 4	1 2 3 4

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Peg Placement	1 2 3 4	1 2 3 4
AGE SPECIFIC COMPETENCIES	Frequency	Experience
Newborn/Neonate (birth – 30 days)	1 2 3 4	1 2 3 4
Infant (31 days – 1 year)	1 2 3 4	1 2 3 4
Toddler (2-3 years)	1 2 3 4	1 2 3 4
Preschool (ages 4-5)	1 2 3 4	1 2 3 4
School age (ages 6-12)	1 2 3 4	1 2 3 4
Adolescents (ages 13-21)	1 2 3 4	1 2 3 4
Young adults (ages 22-39)	1 2 3 4	1 2 3 4
Adults (ages 40-65)	1 2 3 4	1 2 3 4
Older Adult (ages 65-79)	1 2 3 4	1 2 3 4
Elderly (80+ years)	1 2 3 4	1 2 3 4

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Signature **Date**

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