

# Fontana Lake 5K -10K - 15K Open Water Swim

## 5K

### Age Group Results

July 20, 2019

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#### Female 18 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Carrie Gray	Raleigh NC	102	32	1:41:13.4	32:35/M

#### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Ingrid Forsyth	Banner Elk NC	99	25	1:36:59.6	31:13/M
2	Leslie Cook	Knoxville TN	88	67	2:08:59.5	41:31/M

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Beth Struble	Columbia SC	147	4	1:14:07.7	23:52/M
2	Ginny Trimble	Manchester TN	150	7	1:22:09.1	26:27/M
3	Rachel Watson	Knoxville TN	153	36	1:43:20.7	33:16/M

#### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Michel Heijnen	Wilmington NC	109	1	1:09:43.4	22:27/M

#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Morgan Diggs	Sevierville TN	91	40	1:46:46.1	34:22/M
2	Rebecca Hargreaves	Lake Worth FL	107	58	2:01:13.8	39:01/M
3	Erin Biggers	Durham NC	72	66	2:05:47.7	40:29/M
4	Maria Allen	Barnardsville NC	64	80	2:37:53.9	50:49/M

#### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Mitchell Reinhart	Louisville KY	136	13	1:27:01.9	28:01/M
2	James Byrum	Spring TX	84	49	1:54:52.2	36:58/M

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jamie Broyles	Baton Rouge LA	80	22	1:34:48.8	30:31/M
2	Stephanie Ballou	Nashville TN	70	28	1:39:00.5	31:52/M
3	Jen Arellano	Asheville NC	68	48	1:54:24.7	36:50/M
4	Lisa Kerr	Wilmington NC	120	63	2:03:43.0	39:49/M

5	Alyssa Fiorino	Blairsville GA	96	64	2:05:02.3	40:15/M
6	Holly Chamberlain	Bradenton FL	86	65	2:05:34.3	40:25/M
7	Jennifer Regelman	Burke VA	135	82	2:42:47.1	52:24/M

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jason Fox	Cary NC	100	2	1:10:27.8	22:41/M
2	John Collins	Gainesville GA	87	15	1:28:53.6	28:37/M
3	Kevin McDonnell	Knoxville TN	125	21	1:32:26.5	29:45/M

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Ardoin Elizabeth	Boone NC	92	23	1:35:24.8	30:43/M
2	Maete Porto	Hollywood FL	134	27	1:38:51.3	31:49/M
3	Rachel Allen	Athens GA	63	41	1:47:04.9	34:28/M
4	Evia Nelson	Raleigh NC	129	55	1:58:44.4	38:13/M
5	Olga Ihnatsenka	Newberry FL	114	69	2:15:04.9	43:29/M
6	Christy Jones	Fayetteville NC	118	73	2:19:11.1	44:48/M
7	Nicole Ferrin	Chicago IL	95	81	2:39:27.2	51:19/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Tony Stewart	Charlotte NC	146	3	1:11:01.2	22:52/M
2	Thomas Altstadt	Louisville KY	65	8	1:23:05.9	26:45/M
3	Terry Vogler	Charleston SC	152	10	1:24:36.6	27:14/M
4	Scott Geezil		130	14	1:28:13.5	28:24/M
5	Luiz Andrade	Hollywood FL	67	37	1:43:33.9	33:20/M
6	John Miller	Whittier NC	126	51	1:56:15.8	37:25/M
7	Lynn Allen	Barnardsville NC	62	72	2:19:08.8	44:47/M
8	Barys Ihnatsenka	Newberry FL	113	76	2:20:05.5	45:05/M
9	Thompson Brock	Tate GA	78	79	2:31:13.9	48:41/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Alice Phillips	North Chesterfield	132	11	1:25:35.3	27:33/M
2	Sally Howes	St Augustine FL	110	24	1:36:16.6	30:59/M
3	Daphne Elliott	Sarasota FL	93	30	1:39:44.1	32:06/M
4	Adrienne Kramer	Asheville NC	122	52	1:57:08.8	37:42/M
5	Kay Anderson	Clyde NC	66	70	2:17:07.3	44:08/M
6	Kim Russell	Greenwood SC	139	75	2:20:03.8	45:05/M

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Eddie Wysmierski	Knoxville TN	158	5	1:17:40.7	25:00/M
2	Toby Texer	Hickory NC	148	16	1:29:18.1	28:45/M
3	Larry Brede	Lenoir City TN	75	18	1:30:04.0	28:59/M
4	Rich Wills	Lakeland FL	157	19	1:30:46.4	29:13/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Karyn Austin	Gainesville FL	69	12	1:25:45.3	27:36/M
2	Melissa Harasz	Saint Petersburg F	105	20	1:32:10.4	29:40/M
3	Donna McCollum	West End NC	124	29	1:39:10.1	31:55/M
4	Heather Bushnell	St Augustine FL	82	33	1:42:02.4	32:51/M
5	Celia Morse	Franklin TN	128	38	1:43:41.9	33:23/M
6	Amanda Burts	Brasstown NC	81	56	1:58:49.3	38:15/M
7	Kristine Kellogg	Springfield VA	119	57	2:00:42.0	38:51/M
8	Valerie Yoffe	Raleigh NC	159	68	2:13:59.3	43:08/M

9	Kris Hanvey	Asheville NC	104	74	2:19:27.3	44:53/M
10	Lisa Kiebzak	Asheville NC	121	77	2:24:03.1	46:22/M

### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Jeffrey Smith	Charlotte NC	144	6	1:21:04.5	26:06/M
2	Larry Hartley	Asheville NC	108	9	1:23:19.6	26:49/M
3	Rodney Brown	Hampton Cove AL	79	17	1:29:31.6	28:49/M
4	Joe Steiner	Fairfax VA	145	26	1:37:41.6	31:27/M
5	Randy Hudgins	St Augustine FL	111	31	1:40:57.4	32:30/M
6	Steve Sipple	Cary NC	141	34	1:42:55.4	33:08/M
7	Carlton Johnson	Arden NC	117	39	1:44:25.2	33:37/M
8	John Boyle	Fletcher NC	73	43	1:48:07.4	34:48/M
9	Deke Johnson	Huntsville AL	115	45	1:49:38.8	35:18/M

### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Karen Ford	Saint Augustine FL	98	42	1:47:55.7	34:44/M
2	Allyson Sipple	Charlotte NC	142	54	1:57:34.9	37:51/M

### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	William Boyle	Poquoson VA	74	46	1:49:47.4	35:20/M
2	David Daugherty	Grayson GA	89	53	1:57:22.5	37:47/M
3	Philip Harasz	Saint Petersburg F	106	59	2:01:21.5	39:04/M
4	William Tyson	Kingsville MD	151	61	2:02:46.0	39:31/M

### Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Martha Erickson	Brentwood TN	94	50	1:55:59.3	37:20/M

### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Richard Whaley	Sarasota FL	154	47	1:54:16.5	36:47/M
2	Craik Davis	Signal Mountain TN	90	60	2:01:52.0	39:14/M
3	Bill Baxter	Bryson City, NC	71	62	2:03:17.1	39:41/M
4	Scott Byrum	Plano TX	83	71	2:18:49.2	44:41/M
5	Dennis Fleetwood	Gainesville FL	97	78	2:27:59.2	47:38/M

### Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall</u>	<u>Total Time</u>	<u>Pace</u>
1	Bill Pillmore	Asheville NC	133	35	1:42:58.6	33:09/M
2	Robert Scott	Hickory NC	140	44	1:48:12.1	34:50/M

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