

Goulds Recreation Minor Softball 2021

Hello and a huge welcome to those interested in our Minor Softball Program! This upcoming summer will be quite similar to last summer due to the ongoing COVID-19 pandemic. Our priority is to still provide a safe and fun environment for our participants, while offering quality programming. If you have any questions, do not hesitate to contact Nicole at gouldsrecreation@gmail.com or by phone at 745-7575.

REGISTRATION: Registration will start 12:30pm, Tuesday, May 11th, 2021.

Where to find the link:

- www.gouldsrecreation.com and click on **Minor Softball Registration**
- Goulds Recreation Facebook Page will have a current post containing link
- Link will be emailed to main contacts of Goulds Rec members who checked "Summer" on their on-line membership form

Registration will be ongoing until 5:30pm, Friday, June 19th, or spaces fill, whichever occurs first.

Please ensure that when you register on-line, you put in the correct contact information. Also, please ensure you register your child for the program, and not yourself! Sorry! Our minor age group is only open to ages 5-16! Under contact information is where the legal guardian provides their information. Under Child information is where you will put your child's name and info.

SCHEDULE: We can only have a max number of participants, coaches and volunteers on the fields at any given time, based off the Provincial guidelines. We kindly ask for your patience, as we work through the organizing of this program.

The schedule will be dependent on the number of participants registered, and therefore, may change. Sessions will be during the day and on Thursday evenings for some groups. We are looking at offering clinics, and batting cage time slots at various times as well. An additional fee may apply for these extra program services.

The program will start the week of June 28-July 2nd. We have a tentative schedule included; however, this schedule can change depending on numbers registered.



Goulds Recreation Association
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Goulds, NL
A1S1G3 Ph: 745-7575 Fax 745-2727

COST: \$85 (first child); \$80 (each additional child in same family). This cost includes the Softball NL affiliation (insurance) fee.

AGES:

T-Ball: ages 5-6 (must be turning 5 in the 2021 year)

U8: born in the years 2013 & 2014

U10: born in the years 2011 & 2012

U12: born in the years 2009 & 2010

U14/U16 combined: born between 2005-2008

Please ensure you register for the appropriate age category.

Our Minor Softball program will be following Softball NL's Return to Play Guidelines. These guidelines can be found on www.softballnl.ca

Pre-Activity Screening:

- all coaches, staff and volunteers will be COVID-19 screened prior to session start times.
- Every participant attending our program/practices will be COVID-19 screened prior to admission on any of our fields/batting cage. At this time, the COVID Screening must be completed by a legal guardian at all age groups. This screening includes questions on fever, dry cough, chest, respiratory pain of the participants or anyone they have been in close contact with. It includes if they or a close contact have travelled outside of the province in the last 14 days, or if they have experienced any other health issues or symptoms in the last 24 hours. If the answer to any of the screening questions is yes, that individual will not be allowed to take part in the team activities and will not be permitted on the fields or in the batting cage. We will have a fillable document that can be emailed out for parents/guardians who are unable to attend with their child. This must be completed the day of and prior to the participant's session start time. If we have not received this prior to session start time, your child will not be given permission to participate. Should the screening protocol change, a notification email will be sent out.
- Goulds Recreation will ensure that every participant which include the coaches, athletes, officials and volunteers have signed the updated Softball NL Declaration of Compliance before activities can resume.
- We *highly recommended* all participants, all ages wear a covering over their nose and mouth when not on the playing field.
- Athletes must have their own sanitization supplies for their personal equipment, and use before, during and after all softball activities.



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- All athletes are required to have their own water bottle, glove, helmet with an attached face mask/protector, batting glove (if needed, not required), proper footwear. **Please see end of package for info on proper helmet.
- Catchers gear will not be shared amongst athletes, unless it can be properly sanitized. If an athlete has their own catchers gear, only they will be permitted to use it.
- If your child has their own bat, only they can use that bat. Goulds Rec bats will be properly sanitized after each athlete.

WHAT TO BRING

- A small (pocket size) labelled bottle of HAND SANITIZER (at least 60% alcohol based). Hand sanitizer will also be available on site and at entrances of the facilities as well. Athletes should be able to have their hand sanitizer on them at all times and should use it as often as needed/possible.
- Glove, batting gloves, helmet with attached face mask and bat if you have one (should be appropriate weight and length for your child).
- Water bottle, properly labelled with the athletes name. Please ensure your child has enough water to get them through their session. There is nowhere on site to refill their water bottles.
- Each athlete must be wearing appropriate gym clothes (don't have to be softball pants) and appropriate footwear. Non-Metal Cleats are highly recommended, however, properly fitted sneakers are fine to wear as well
- Every athlete should be wearing sunscreen upon arrival to their session and if need be, have sunscreen with them to reapply. Our staff cannot assist with the application of sunscreen
- A ball cap is recommended (properly labelled)
- Ensure all personal items are marked with your child's name

SESSION GUIDELINES

- Once COVID screening is completed, athletes will be directed to a certain area for them to place their belongings. This will be there location for water breaks as well. They will not be permitted to go into the area of another athlete unless they are in the same "Bubble". They will enter one at a time. Once sessions are completed, athletes will exit one at time. Please do not crowd the exit to the fields and please refrain from being in close contact with others walking to the field, outside of the field, and when leaving the field.
- Dug-outs are not permitted to be used by the athletes unless face coverings are in place and physical distancing can be maintained.
- Warm-ups will be done, however, coaches/counselors will inform when warm-ups can start. Athletes will be paired with a member of their bubble if possible. If not,

they will be paired with another athlete, who will then be their partner for the remainder of the session.

- Depending on the age groups, participants may be placed in small groups, once again keeping in mind “bubbles”. These groups will stay together for the session and rotate amongst stations.
- We strongly recommend not having more than 1 parent/guardian there for viewing. This will help with the physical distancing on the spectator bleachers.
- Our staff/volunteers will do their best to encourage physical distancing on the bleachers and will sanitize bleachers in between sessions. However, we really need the assistance of the parents/guardians to follow these public health guidelines. Only those in your “Bubble” can sit together. Face coverings are highly recommended. We ask you stay 6 feet apart from those not in your bubble. Please do not put the added pressure on our counselors/volunteers to have to remind you. If you are not willing to follow the guidelines, our staff and volunteers have every right to ask you to leave the premises (which will also include taking your child from their program).
- Only staff and official volunteers with Goulds Rec will be permitted on the field. Please refrain from going on the field prior to, during or after your child’s session.
- The main focus of this year’s program will be on skill development. During House sessions, stations will be set up to focus on specific skills.
- Games are now permitted to be played with certain measures in place. For our House program, games will only be played based on the number in attendance and may be a portion of the session. Should this change, and we have more than enough in registration to form teams, an adjustment to the program may be made. Please understand that while games are permitted, there are still a lot of public health measures and guidelines that need to be followed. A game will not be played if our counselors/volunteers do not feel it is safe to do so, in respect to meeting all the measures and guidelines.

SAFETY MEASURES

- All our counselors are trained in the High Five Principles of Healthy Child Development (www.highfive.org), policies and procedures, supervision, safety/cleaning protocols and first aid.
- Our counselors/volunteers will use visual cues and signage to support children in understanding physical distancing concepts.
- Parents are encouraged to read the Provincial Public Health Sports Guidelines and Guidelines for Outdoor Recreation Activities, as well as the Softball NL Return to Play Plan.
- For the safety of participants, Goulds Recreation, as advised by the Royal Newfoundland Constabulary, will follow specific procedures should a

parent/guardian arrive on site appearing to be under the influence.
Counselor/volunteer will immediately contact their supervisor , as well as the RNC.

- As per the Provincial guidelines:
 - it is recommended that those considered vulnerable to the effects of COVID-19 or who have family members considered vulnerable to use discretion in availing of sports programs.
 - Children should be fully trained; able to independently wash their hands
- Children who are in the same family or in the same bubble will be kept in the same groups to reduce physical distancing as much as possible.
- Counselors/volunteers will adapt activities to ensure public health measures are adhered to, physical distancing can be achieved and materials will not be shared to the best of their ability
- Facilities and equipment will be cleaned daily in accordance with public health guidelines. Additional attention to high use areas such as washrooms, gate entrances and equipment
- Our staff/volunteers will do whatever they can to help prevent the possibly spread of COVID-19. We will follow public health measures and guidelines as they are set forth. However, we cannot in any way 100% guarantee that you or your child will not come in contact with this virus.

UNEXPECTED CLOSURES: In the event of poor weather, our minor program will be cancelled. Refunds will not be issued for unexpected closures. Our facebook page: Goulds Recreation Association will be updated to provide you with the information. We will give as much notice as possible, however, due to our fast-changing weather, a decision may not be made until a half hour before program start time. If clinic slots are cancelled due to weather, we will look at rescheduling at a later date.

MANAGING ILLNESS: Children MUST stay home if they feel sick (fever, sore throat, cold symptoms, headache, diarrhea, vomiting).

- Parents/Guardians must ensure that you list your child's underlying health conditions and/or symptoms due to allergies
- Counselor/Staff/volunteers who present with symptoms will be removed and self-isolate as per the health guidelines based on the current alert.
- If a child displays symptoms of concern during the program the following will be adhered to:
 - Guardian on site will immediately have to remove their child from the program area.
 - If guardian not on site, a counselor/volunteer will immediately remove them from the site

- The child will be isolated
- Good handwashing for child and counselor/staff/volunteers
- Both the counselor/staff/volunteer and child will wear mask and gloves and guardian will immediately come to the site to pick up their child
- Materials used by the child will be removed and area will be sanitized according to sanitization guidelines

MEDICATIONS/ALLERGY INFORMATION: Please do not bring nuts or nut products, fish products, kiwi on site. We are also scent aware. If your child requires medication, has allergies or any medical condition please contact us. Our staff/volunteers are not permitted to administer medications.

COUNSELOR/STAFF CONTACT INFORMATION: If you have any questions or concerns on our softball program, please email gouldsrecinfo@gmail.com or call 745-7575 (please leave voicemail). If your questions or concerns are of a confidential matter, please email Recreation Coordinator, Nicole at gouldsrecreation@gmail.com or call her direct line at 745-7504 (please leave voicemail).

Goulds Recreation Association is committed to providing quality programs that promote positive social, cognitive, physical and emotional development. Based on this, we want to ensure that there is a mutual understanding of what is acceptable behaviour and unacceptable behaviour. Our staff/volunteers will take every reasonable effort to ensure meaningful participation. Please read the following guidelines for acceptable and unacceptable behaviours.

ACCEPTABLE BEHAVIOURS: Goulds Recreation counselors/staff/volunteers, patrons, participants and guardians are expected to exhibit the following behaviour while participating/observing in programs and services:

- | | | |
|-----------|------------------|-------------------|
| - respect | - kindness | - safety |
| - honesty | - responsibility | - healthy choices |

UNACCEPTABLE BEHAVIOR: behaviour with the intent to harm others, property or which would otherwise negatively impact program quality is unacceptable and will not be tolerated. Counselors/volunteers will use discretion to take appropriate action if unacceptable behaviour occurs. Our general process of addressing unacceptable behaviour is as follows:

- Unacceptable behaviour will be discussed with the participant

- Depending on behaviour, parent/guardian of the participant will be notified of the unacceptable behaviour and may be asked to arrange immediate pick-up of the participant.

First occurrence: Counselors/Volunteers and/or Rec Coordinator will work with the participants and Parent/Guardian (if applicable) to identify solutions to assist the participant in displaying expected behaviours in the future.

Second occurrence: The participant may be re-introduced to the program following a meeting, with parents/guardians (if applicable) to establish an individualized plan to prevent further unacceptable behaviour and encourage positive behaviour

Third occurrence: The participant may be removed from the program/facility on a part-time or full-time basis.

With parents/guardians who will be in attendance to watch their child, we expect the same positive behaviour. If not, on the first occurrence, our counselors/volunteers/rec coordinator will address their concerns and work with you to find a solution.

On the second occurrence, you will be asked to leave the premises (in which your child may need to leave as well) and discussion will take place between you and counselors/volunteers and/or Recreation Coordinator at a later time away from the group to come up with a solution.

On third occurrence, you will not be permitted on the premises during your child's session/game. Another parent/guardian will have to be identified as being on-site for your child.

If Goulds Recreation is unable to ensure the safety and well-being of patrons, participants, other, the security of property or program quality, we reserve the right to remove the patron/participant displaying unacceptable behaviour from the program or facility.

Softball NL Policy. Every athlete will need their own face mask & helmet combo in order to participate in our program. Most sport stores will carry these.

Batter/Runner Face Mask & Helmet Combo

For U16 and below, all on-deck, batters, and runners must have an attached face mask



Mizuno MBH250



Easton Prowess



Rawlings Youth Velo



Demarini Paradox



Schutt



All Star



Worth



Rip-It



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TENTATIVE MINOR SOFTBALL SCHEDULE 2021

****This schedule may change, depending on registration****

TBALL:	Mondays & Wednesdays 11:30am-12:45am; Thursdays 5:30pm-6:30pm
U8:	Mondays & Wednesdays 3pm-4:15pm; Thursdays 5:30pm-6:30pm
U10:	Mondays & Wednesdays 10am-11:15am; Thursdays 7pm-8pm
U12:	Mondays & Wednesdays 1:30pm-2:45pm; Thursdays 7-8pm
U14/U16:	Tuesdays & Thursdays 2:45pm-4pm; Additional time Thursdays if #'s permit

****Batting cage time slots will be added. These will be opened to the U12, U14/U16 age groups.**

****Additional practice times and clinics, ie. Pitching/catching clinics, fielding, batting will be added as well for the various age groups.**

Once dates and times have been set, we will send out these additional opportunities by email to those registered.