Mentoring is for mentors, too!

It’s clear that mentoring benefits youth. But did you know it also benefits mentors?

Adults who mentors youth:

* Have the satisfaction of making a difference in the life of a youth
* Know they matter in their community
* Gain connections to a younger generation
* Gain an appreciation for the diversity of people in our community
* Add a person to their life who shares their interests
* Have a lot of fun!

I am a mentor, and I love spending time with mentee. We go for walks, bake & cook, create art, and talk. Sometimes we go out for day to a museum or concert, and sometimes we stay in. But it’s always a special time. Mentoring is an important and rewarding part of my life.

We are currently seeking mentors for a number of youth. Their anonymous profiles can be found our website, [www.cabotmentoring.org](http://www.cabotmentoring.org), on the “Youth Seeking Mentors” tab. A great youth may be waiting for you! If you’d like to mentor in our community, contact me at cabotmentoring@gmail.com or 563-2289 ext 204.