

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 *Yoga T.R.I.M 6:30-7:30p (yogaHour style)	2	3 *Yoga with Carol 5:30-7:00p	4 *NO CLASSES Happy 4 th of July!	5 *YogaFaith 12:30-1:30p	6
7	8 *Yoga T.R.I.M 6:30-7:30p (yogaHour style)	9	10 *Yoga with Carol 5:30-7:00p	11 *Yoga Beginners 5:30-6:30p	12 *YogaFaith 12:30-1:30p	13
14	15 *Yoga T.R.I.M 6:30-7:30p (yogaHour style)	16	17 *Yoga with Carol 5:30-7:00p	18 *Yoga Beginners 5:30-6:30p	19 *YogaFaith 12:30-1:30p	20
21	22 *Yoga T.R.I.M 6:30-7:30p (yogaHour style)	23	24 *Yoga with Carol 5:30-7:00p	25 *Yoga Beginners 5:30-6:30p	26 *YogaFaith 12:30-1:30p	27
28	29 *Yoga T.R.I.M 6:30-7:30p (Sub=Kristel W.)	30	31 *Yoga with Carol 5:30-7:00p	Aug 1 *Yoga Beginners 5:30-6:30p	Aug 2 *YogaFaith 12:30-1:30p	Aug 3

NEW CLASSES MAY BE ADDED OR TIMES CHANGED...PLEASE VISIT WEBSITE
WWW.TRUEHEALINGMASSAGEGF.COM OR FACEBOOK PAGE EVENTS

EVENTS

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