

## **CURRICULUM**

# **Nursing Assistant & ULP Competencies**



### INFECTION CONTROL

Handwashing
 Alcohol-based Rubs

## **MEDICATION & TREATMENTS**

- ACE WrapBlood Glucose Testing
- Buccal Medication
- o Catheter Care: Foley
- o Catheter Care: Condom
- Compression Stockings
- o CPAP

- o Ear Drop
- Eve Drop
- Eye Ointment
- Feeding Tubes
- Inhaler (DPI)
- o Inhaler (MDI)
- Insulin Administration

- o Insulin Pens
- Liquid Medication
- Oral Medication
- Nasal Spray
- Nebulizer
- O2 SATS
- Ostomy Care

- Oxygen
- Rectal Suppository
- Sublingual Medication
- Transdermal Path
- Vaginal Cream
- Wound Care

## **MOBILITY**

Ambulation

Car Transfer

o Position: Back to Side

o Position: On Back

- PROM: Ankle
- o PROM: Elbow Flexion
- PROM: Hamstring Stretch
- PROM: Hip Flexion

- PROM: Hip Rotation
- PROM: Shoulder Abduct
- PROM: Shoulder Flexion
- o PROM: Wrist Flexion

- Transfer: 2 PP Floor Assist
- Transfer: Chair/WC to Bed
  Transfer: Sit to Stand
- Transfer: Hoyer

### PERSONAL CARES

Bathing

Denture Care

Dressing & Undressing

o Fingernail Care

- o Foot Care
- General
- Hearing Aid
- Oral Care

- Perineal Care (Female)
- Perineal Care (Male)
- Shampooing
- Shaving

- Sponge Bathing
- Stand-by Assistance
- Toileting

### **VITAL SIGNS**

- Blood Pressure
- o Pulse

> Respirations

Temperature

Weight