

WE GOT THIS!

The Vault is closed per Colorado Gov. Jared Polis's order Monday afternoon in an effort to slow the spread of the coronavirus.

We pride ourselves in the community we have created here at The Vault and taking care of our Vault family. While we are so sad our doors will be closed for the next 30-days as our community, the state, the nation and the world navigate through this situation... we know that it is in the best interest of our Vault Family and that our kick-butt Vault'ers will continue to find ways to stay active and healthy. Additionally, we will continue to provide avenues for fitness for you as well!

1) Starting 3/17 at 7am, we will provide you with daily at home body weight and weight workouts on our Facebook and Instagram pages.

2) **We will offer outdoor workouts every Tuesday, Thursday and Saturday while our doors are closed at various locations. Times will be 8:15am, 12pm, and 5pm.** Tomorrow, 3/17 we will meet you at the top of the sky stairs at FLC with an awesome outdoor workout for you!!!

Let's stay positive and united- and we will get through this and be a stronger Vault Family in the end.

Love,
Jess and Donnis