

Snack & Lunch Menu

September 2018

Sprayberry 2.0
2670 Kinjac Dr
Marietta, GA 30066
770.672.6289

Vegetarian Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 No School Closed for Labor Day	4 Snack: Cheese Grits Lunch: Baked Ziti with Tomato Sauce , peas & Pears Snack: Pretzels & Cheese Slices	5 Snack: Cottage Cheese & Blueberries Lunch : Cheese Pizza, Salad & Strawberries Snack: Wheat Crackers with Cream Cheese	6 Snack: Bananas & Milk Lunch: Veggie Nuggets with Mashed Potatoes and Gravy, Orange Wedges Snack: Breadsticks with Marinara	7 Snack: Mixed Fruit & milk Lunch: Grilled Cheese Sandwiches, Salad, Sliced Apples Snack: Trail Mix & Juice	8
9	10 Snack: Bananas & Milk Lunch: Tomato Soup, Green Beans & Pineapple Snack: Apple Slices & Soy Nut Butter	11 Snack: Oatmeal & Milk Lunch: Cheesy Rice Cas- serole, Salad, applesauce Snack: Bell Peppers & Cheese Slices	12 Snack: Apple Sauce & Graham Crackers Lunch: Veggie Nuggets, Carrots, Bananas Snack: Baked Apples and Juice	13 Snack: Mixed Fruit & Milk Lunch: Veggie Burgers, Roasted Sweet Potatoes & Pears Snack: Tuna Salad & Crackers	14 Snack: Cucumbers with Ranch & Juice Lunch: Cheese Pizza, Salad , Mangos Snack: Yogurt & Rice Crisp- ies	15
16	17 Snack: Yogurt & Rice Crispies Lunch: Grilled Cheese Sandwich , Corn & Man- gos Snack: Pita Bread and	18 Snack: Cheese Grits Lunch: Baked Ziti with Tomato Sauce , peas & Pears Snack: Pretzels & Cheese Slices	19 Snack: Cottage Cheese & Blueberries Lunch: Scrambled Eggs, Toast, Cucumbers & Straw- berries Snack: Wheat Crackers	20 Snack: Bananas & Milk Lunch: Veggie Nuggets with Mashed Potatoes and Gravy, Orange Wedges Snack: Breadsticks with Marinara	21 Snack: Mixed Fruit & milk Lunch: Grilled Cheese Sandwiches, Salad, Sliced Apples Snack: Trail Mix & Juice	22
23 FALL BREAK NO GA PREK CAMP OFFERED IF NEEDED	24 Snack: Bananas & Milk Lunch: Tomato Soup, Green Beans & Pineapple Snack: Apple Slices & Soy Nut Butter	25 Snack: Oatmeal & Milk Lunch: Cheesy Rice Cas- serole, Salad, applesauce Snack: Bell Peppers & Cheese Slices	26 Snack: Apple Sauce & Graham Crackers Lunch: Veggie Nuggets, Carrots, Bananas Snack: Baked Apples and Juice	27 Snack: Mixed Fruit & Milk Lunch: Veggie Burgers, Roasted Sweet Potatoes & Pears Snack: Tuna Salad & Crackers	28 Snack: Cucumbers with Ranch & Juice Lunch: Cheese Pizza, Salad , Mangos Snack: Yogurt & Rice Crispies	29
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