

# Strider Ride



14 Sep 2019

## Striders Ride Again

Meet up 1230

This ride will take place in the Lancaster area starting from 53 Hess Place, Lancaster NY. Planned stops will include 12 Gates Brewery, Buffalo Brew Pub and the Anchor Bar. Upon completing of visiting those establishments, we will return to our starting point.



Men & Women

Clothing store open until 9/15/19



Women



Men



Men



Women

## Strider Clothing Store Open

Closes 15 Sep 2019

<https://stridersfall19.itemorder.com>

New items added

High visibility clothing

Get your Christmas shopping done



The 8th running of the Strider Glider Quarter Marathon is just 39 days away and we need your help to promote the race, volunteer and or get sponsors to contribute to our cause. In this document, I have added the race application along with a sponsor letter.

There will be a SGQM race committee meeting will be held on 16 Sep 2019 at 7pm. We will meet at the VFW post located at 3741 Walden Ave, Lancaster NY 14086

Discount code for online: **Striders-19**

# Strider Glider Quarter Marathon

October 19, 2019

9:00 am Start

- Join us for this unique **6.55 Mile** race distance. The Strider Glider Quarter Marathon starts and finishes at Westwood Park in Lancaster. This is a great opportunity to run a fast race on a scenic course this fall. Please note: for the safety of all runners on the Heritage Trail, no dogs, roller blades, strollers or bikes will be allowed on the race course.
- On-Line Registration available at **www.score-this.com**. Registration Fee: \$25 US received through October 17, 2019. Lancaster Striders, Checkers AC and GBTC members: \$22 pre-registered through October 17, 2019.
- Mail-in registration payable to **Score-This**. Please mail no later than 14 Oct 2019.
- Day of Race Registration : \$30 with checks payable to **Lancaster Striders**
- Results and Timing provided by WNY Finish Line & Timing Services.
- Packet pick up and day of registration start at 7:00 am at the main shelter in Westwood Park.
- Race premium to first 300 registrants. Post Race Party at Westwood Park main shelter located near the start/finish line featuring food, drinks and award ceremony.
- Overall M/F and Master M/F will receive special awards. Awards will go 3 deep in male and female 5-year age groups to age 85+.
- Proceeds benefit the greater Lancaster Community: Trinity Food Pantry, Lancaster Volunteer Ambulance Corps, Town Line Volunteer Fire Department and the Anthony Greeley Scholarship Awards.

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**Mail-in registration to: Score-This Inc, 15 Ranch Trail Ct, Orchard Park NY 14127**

**PLEASE READ AND SIGN THE PARTICIPATION WAIVER BELOW**

I understand that walking or running in a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of the race official relative to my ability to safely compete. I assume all risks associated with participating in the event, including but not limited to falls, contact with other participants, the effects of weather, traffic and the condition of the road/trail, all such risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of acceptance to my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Organizer(s), Venue, Volunteers, Officials, USATF National Association, Town of Lancaster, all sponsors, contractors, vendors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, event through that liability may arise of the negligence or carelessness of the part of persons named in this waiver. A parent must sign if an entrant is under 18 years of age. This is to certify that my child had permission to compete in the events, are in good physical condition, and the event officials may authorize necessary medical treatment. By signing below I agree to these terms.

Signature (parent or guardian required if under 18) \_\_\_\_\_ Date \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_ Phone \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Age on race Day \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

Race Fee: \$25. Club Affiliation: Lancaster Striders—Checkers—GBTC (\$22). **Make check payable to: Score-This**

Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_



# Strider Glider Quarter Marathon VIII

Dear Friend:

On Saturday October 19<sup>th</sup>, 2019, the Lancaster Striders running club will be hosting the 8<sup>th</sup> annual Strider Glider Quarter Marathon. The race will take runners through the streets of Lancaster, down the Lancaster Heritage Trail and finish in Westwood Park.

The Strider Glider Quarter Marathon is part of the Buffalo News Runner of the Year race series. It is a prestigious honor within the running community to be included with such long-standing race traditions like the Shamrock Run & the Turkey Trot.

Through the efforts of numerous volunteers, sponsors and participants at the previous races, our running club has donated over \$25,000 to the Trinity Food Pantry of Lancaster. The Trinity Food Pantry has put those funds to good use by assisting over 300 local families during the Thanksgiving and Christmas holiday seasons. The Lancaster Striders have also made donations, from proceeds of this race, to a yearly scholarship fund at Lancaster High School for two student athletes. We have also donated hundreds of dollars to the Lancaster Volunteer Ambulance Company (LVAC) and Townline Fire Department, for their help during the races.

The purpose of this letter is to seek your assistance as a local entrepreneur in supporting the 8th annual Strider Glider Quarter Marathon. Contributions of any amount will help cover the cost of the event and support the food bank and emergency service providers in the Lancaster / Depew / Alden community. In appreciation of your support, we will market your business in a variety of ways. Flyers and/or business cards are welcome to put in the giveaway bags to the runners. And below are some of the other marketing efforts we will provide based on your contribution.

**Open-** Any monetary contribution is truly appreciated and welcome.

**Bronze-**\$250-Company logo on the race application. Road side sign with company name.

**Silver-**\$500-Company logo on the race application. Road side sign with company name. 2 complimentary entry fees for the race

**Gold-**\$750- Company logo on the race application. Road side sign with company logo. 5 free entries into the race

**Platinum-**\$1,000. Company Name in the Race Title along with all benefits listed in Gold.

The Lancaster Striders have been involved in numerous volunteer efforts to support our community for over 35 years. To all of the sponsors of our previous races -- Thank You very much. With our dedication and your support, we will continue to help our *community!*

Please feel free to contact me with any questions.

Checks can be made payable to:  
Lancaster Striders  
c/o Gary Guzek, Race Treasurer  
180 Kristoria Lane  
Alden , NY 14004

Many thanks in advance for your consideration!

*Mark Reist*

Mark Reist, President, Lancaster Striders Running Club  
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