

Adrenaline Dance

St. Louis Schedule | Jan 20-22, 2017

FRIDAY	SENIORS AGES 16 & UP	TEENS AGES 13-15	JUNIORS AGES 11-12	MINIS AGES 8-10	SPARKS AGES 5-7 / TEACHERS
	LINDBURGH ROOM	GRAND BALLROOM	ARCH VIEW BALLROOM	GATEWAY BALLROOM 2-5	GATEWAY BALLROOM 1
3:00PM - 8:00PM	** REGISTRATION CHECK-IN **				
	13 & OVER BONUS CLASSES		12 & UNDER BONUS CLASSES		
4:00PM - 5:00PM	Jazz Marcea L	4:00PM - 6:30PM 12 & UNDER SOLO COMPETITION AND AWARDS	Ballet Jason A	GIRLS DRESSING ROOM	BOYS DRESSING ROOM
5:00PM - 6:00PM	Ballet Jason A		Jazz Aiesha A		
6:00PM - 7:00PM	Lyrical Merissa G		Tap Nick D		
7:00PM - 8:00PM	Hip Hop Nick B		Contemporary Chris J		
SATURDAY	SENIORS AGES 16 & UP	TEENS AGES 13-15	JUNIORS AGES 11-12	MINIS AGES 8-10	SPARKS AGES 5-7 / TEACHERS
	LINDBURGH ROOM	GRAND BALLROOM	ARCH VIEW BALLROOM	GATEWAY BALLROOM 2-5	GATEWAY BALLROOM 1
7:00AM - 8:00AM	** REGISTRATION CHECK-IN **				
7:30AM - 7:40AM	** OPENING CEREMONIES - ALL DANCERS - MAIN BALLROOM **				
7:45AM - 9:00AM	Warm Up/Musical Theatre Caroline L	Warm-Up/Contemporary Chris J	Warm-Up/Jazz Marcea L	Ballet Jason A	(8:00am - 8:45am) Lyrical Merissa G (Sparks)
9:00AM - 10:00AM	Contemporary Chris J	Ballet Jason A	Hip Hop Nick B	Jazz Marcea L	(9:00am - 9:45am) Tap Nick D (Sparks)
10:00AM - 11:00AM	Tap Nick D	Musical Theatre Caroline L	Lyrical Merissa G	Hip Hop Nick B	(10:00am - 11:00am) Jazz Aiesha A (Sparks)
11:00AM - 11:30AM	** LUNCH **				
11:30AM - 12:30PM	Hip Hop Nick B	Tap Nick D	Ballet Jason A	Lyrical Merissa	Versatile Progressions Chris J (Teachers)
12:30PM - 1:30PM	Lyrical Merissa G	Jazz Marcea L	Contemporary Chris J	Musical Theatre Caroline L	Technique Talk Jason A (Teachers)
1:30PM	** SCHOLARSHIP AUDITIONS & ANNOUNCEMENT OF ADRENALINE PERFORMANCE CREWS (APC) **				
4:00PM - 6:30PM	GIRLS DRESSING ROOM (GRAND BALLROOM A-B)	12 & UNDER DUO/TRIO AND GROUP COMPETITION AND AWARDS	GIRLS DRESSING ROOM	GIRLS DRESSING ROOM	BOYS DRESSING ROOM
6:30PM - 9:00PM		12 & OVER DUO/TRIO AND GROUP COMPETITION AND AWARDS			
SUNDAY	SENIORS AGES 16 & UP	TEENS AGES 13-15	JUNIORS AGES 11-12	MINIS AGES 8-10	SPARKS AGES 5-7 / TEACHERS
	LINDBURGH ROOM	GRAND BALLROOM	ARCH VIEW BALLROOM	GATEWAY BALLROOM 2-5	GATEWAY BALLROOM 1
6:45AM - 7:45AM	APC Reh Merissa G & Nick B	APC Reh Marcea L	APC Reh Chris J & Jason A	APC Reh Caroline L	APC Reh Nick D
8:00AM - 9:00AM	Jazz Marcea L	Lyrical Merissa G	Ballet Jason A	Hip Hop Nick B	Health Made Simple Caroline L (Teachers & Observers)
9:00AM - 10:00AM	Ballet Jason A	Improv Chris J	Musical Theatre Caroline L	Tap Nick D	Warm Up Techniques Merissa G (Teachers)
10:00AM - 11:00AM	Musical Theatre Caroline L	Hip Hop Nick B	Tap Nick D	Lyrical Merissa G	(10:15am - 11:00am) Contemporary Chris J (Sparks)
11:00AM - 11:15AM	** BREAK **				
11:15AM - 12:15PM	Lyrical Merissa G	Tap Nick D	Jazz Marcea L	Contemporary Chris J	(11:15am - 12:00pm) Hip Hop Nick B (Sparks)
12:15PM - 1:15PM	Hip Hop Nick B	Jazz Marcea L	Contemporary Chris J	Musical Theatre Caroline L	(12:15pm - 1:15pm) Jazz Aiesha A (Sparks)
1:15PM - 2:15PM	** LUNCH ** (ALL ADRENALINE PERFORMANCE CREWS REHEARSAL - MAIN BALLROOM)				
2:30PM - 4:15PM	GIRLS DRESSING ROOM (ARCH VIEW BALLROOM)	** BEST OF SHOW, CREW PERFORMANCES, SCHOLARSHIP PRESENTATION, & SPECIAL AWARDS **			BOYS DRESSING ROOM (GATEWAY BALLROOM 1)

** SATURDAY | JAN 14 - DIRECTOR'S WELCOME MEETING 8:30AM | GRAND SUITE 1 & 2 **

** SUNDAY | JAN 15 - DIRECTOR'S FEEDBACK FORUM 10:00AM | GRAND SUITE 1 & 2 **

** SATURDAY | JAN 14 - RAISING A DANCER W/ MARCEA L (OBSERVERS) 10:00AM-11:00AM | GRAND SUITE 1 & 2 **