

2019 Free Spirit Condor Invitational

Welcomes you back

SANCTIONED BY: Southern California Association / U.S.A. TRACK & FIELD

DATE/ TIME: Sunday, October 13th 2019 at 9:15 AM. Course walks at 8:30 AM

LOCATION: Arcadia County Park 405 S Santa Anita Ave. Arcadia, CA. 91006

COURSE: Course is a fast flat course, it's over grass and with some concrete paths.

Copies of the course maps will be available online by September 30th

DIVISION & DISTANCE:

8 and UNDER (Born 2011 or later) 2000m (1.2 miles)

9 and 10 year olds (Born 2010 or 2009) 3000m (1.8 miles)

11 and 12 year olds (Born 2008 or 2007) 3000m (1.8 miles)

13 and 14 year olds (Born 2006 or 2005) 4000m (2.4 miles)

***** 15&16 (Born 2004 or 2003) 5000m (3 miles) will run with the Open at 8:00 am**

***** 17&18 (Born 2002 or 2001) 5000m (3 miles) will run with the Open at 8:00 am**

***** 19 plus (Born 2000 and earlier) 5000m (3miles) at 8:00am**

ENTRY FEES: 7.00 Dollars (\$7.00) for all youth athletes. Open \$ 10.00.

Open Athletes (Combined)(19yrs-Older) 5000 meters **Start Time 8:00am Prompt**

Medals will be given to the top 8 men and top 8 women for the Open Athletes. .

REGISTRATION: To compete in this meet you must do the following:

Register for the meet online [Register for 2019 Free Spirit Condors Invitational Here](#) We need DOB on all athletes, sex and team please.starting Sept. 14th and registration will close on Oct.9th @ 6:00pm PST Click on the link above and follow those directions to enter your team or athlete. If you need help or have questions about using Athletic.net call Denise at 909 595-0103.

Pre registered teams will only have to wait in Line (1) to pay their fees. Line (2) is for late registration and changes. Line (3) is for late registration for Open athletes and anyone running in the 5000 meters. All late registered athletes must include their DOB and team affiliation, sex and division. Pre registration will help to ease the long lines at the registration table. The more who pre-registered, the quicker the meet starts and ends. Teams please **register your OPEN runners. Their tags will be in your packet.**

LATE REGISTRATION::

Registrations will open at 7:00a.m. 15-16, 17-18 and OPEN runners late registration will close at 7:35 in order to be ready to run at 8:00 am... and for everyone else it will absolutely close at 9:00 a.m.. We will be using electronic timing .Alan Bingham can answer any Athletic.net questions after 6pm -9pm and between 12pm to 1pm only phone # is 661 755-6197. Any other questions should be directed to Greg or Denise Smotherman. It would be nice if you could also send me a copy of your team entries just in case. Mail entries to 165 S Dommer Ave Walnut Ca. 91789 or email them to smotgnd52@earthlink.net prior to October 10th. If sending an athlete's roster or individual's names it should include division, sex, name, date of birth. I will confirm all emails

AWARDS: Medals will be given to 1st through 8th place, Track pins and ribbons will be given to 9th through 25th place and Participation ribbons will be given to everyone else.

TEAM AWARDS:: Will be given shortly after the points have been tabulated for each division. Teams consist of a minimum of three (3) runners and maximum (5) runners per team. All teams with (3 to 5) members will be scored and considered in the team competition. If you want more than 1 team scored in the same division then you need to identify the A, B, C teams prior to the day of the meet. Send me a list of the scoring team members please

SNACK BAR: Fruits, muffins, coffee, juices, water, sodas, and sports drinks, donuts, bagels, Cream cheese, Boiled eggs, candy and hot dogs, as well as delicious tamales and menudo will be available plus more.

Added restroom facilities will be available

DIRECTIONS::From the 210 fwy exit on Santa Anita and go south about a mile. Park will be on the right. From the 10 fwy exit Santa Anita and go north about 3 miles and the park is on the left. Hotels are nearby and in Monrovia, and Pasadena.

Note:: Serious...Pacing your athlete(s) will result in your athlete(s) being disqualified.

Special Request:: If you don't have a current membership # at this time please wait until after November 1st to get one. That membership # will take you through the end of this year and all of 2020. New athletes joining USATF on November 1 will need to be very speedy getting their info in so that you will be eligible to register for the Association XC Championship Meet. Make sure that your athlete is properly registered to the team your claiming to be a part of. Scan your BC and membership # ASAP so that you can be verified by the 5th of November... The youth group is aware that this is a tight request so please have everything ready to go by the 1st and you should be ok. If you have any questions please call Kim Wachowski 909 260 6962 or Sanoma Evans at 310-500- 6375. We are always looking for easier ways to do things, so we all need to be aware of the deadlines. Folks that do this in a timely manner will be helping yourself and all involved in the JO registration process. Thanks meet management