

Emergency Identification \_\_\_\_\_ Grade  
Name \_\_\_\_\_ Birthday XX-XX-XX

**Signs of an allergic reaction range from:**

Tingling in the mouth	Vomiting
Difficulty breathing	Hives
Diarrhea	Abdominal cramps
Severe running of the nose	Drop in blood pressure
Swelling of the tongue and throat	Loss of consciousness

Child's  
Photo

**How a child might describe a reaction**

Complain that their tongue or mouth is tingly itchy, burning, feels funny etc...  
My lips feel tight  
My throat feels thick

Child's Name

**Action for MAJOR reaction:**

If ingestion is suspected and/or symptoms are beginning, administer Epi-Pen immediately.  
Then call 911

**Directions for administration of Epi-Pen**

1. Pull off blue cap.
2. Hold firmly keeping fingers clear of the orange tip. Place tip against upper outer thigh.
3. Press firmly into outer thigh until you hear a click. (Even through clothes if necessary)
4. Hold in place for 10 seconds.
5. **Call 911**

Directions are also located on the Epi-Pen

**Call 911**

Name \_\_\_\_\_ Cell \_\_\_\_\_ Home \_\_\_\_\_  
Name \_\_\_\_\_ Cell \_\_\_\_\_ Home \_\_\_\_\_