

40th ANNUAL HARLINGEN CROSS COUNTRY MEET

July 6, 2014

Dear Coach:

The Harlingen High Cross Country staff would like to invite your teams to our annual cross country meet to be held on August 30, 2014 at the Harlingen Sports Complex at 3139 Wilson Road. Awards will be given to the top finishers in each race. An additional girls' division has been added. Team trophies will be awarded to varsity team champions only.

The race and awards schedule is as follows:

8:00 a.m. Registration

| | | | |
|-----------|--|---|------------------|
| 8:30 a.m. | Varsity Girls | (5A-6A, 7 runner limit, 5K) | top 20 finishers |
| | Varsity Boys | (5A-6A, 7 runner limit, 5K) | top 20 finishers |
| | J.V. Boys | (5A-6A JV, 3A-4A Varsity, no limit, 5K) | top 20 finishers |
| | J.V. Girls | (5A-6A JV, no limit, 5K) | top 20 finishers |
| | 9th Boys, 4A & under Girls | (no limit, 2 miles) | top 10 finishers |
| | 9 th Girls | (no limit, 2 miles) | top 10 finishers |

The J.V. races will likely be combined due to time constraints with the boys going first with a two minute head start. The 9th grade races will also be combined using the same method. The 3A and under girls will start with the 9th grade boys. They will be awarded separately.

The entry fee for schools entering their boys and girls programs will be \$150 or \$300 per school. For schools bringing just one team the fee is \$50 per team. If a school has less than five runners, the cost will be \$10 per runner. Please make checks payable to

Harlingen High Cross Country Athletics
1201 E. Marshall
Harlingen, Texas 78550

If you have any questions please call Coach Canales (792-7559) or Coach Ambriz at (343-4539). We look forward to seeing you at our meet. Good luck in your upcoming season.

Harlingen C.I.S.D. Cross Country Coaching Staff