

MEANINGFUL 3-D ACTIVITIES

BACK TO SCHOOL CHALLENGE: DAY 7

Activities can provide students with a wonderful opportunity to use their strengths, gain self-confidence, and learn skills that will help them thrive in their career and life. But getting involved in activities can backfire if students get over committed or pursue activities they think "look good" to colleges, rather than ones that are truly meaningful to *them*.

1. What **activities** does your scholar want to be able to list on their application?

These don't all need to be different - it's great to have activities with a common "*theme*"!

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2. What interests or activities could your scholar turn into a "**passion project**"?

Activities don't have to be "official" sports or clubs! One of the best ways for your scholar to stand out in admissions *and* create more meaning in their lives is to create a passion service project that showcases their unique talents and allows them to pursue their interests *and* make a difference in their community. What could YOUR scholar's passion project look like?



Congrats on finishing today's Action Steps! Join me in our **Zoom** at 11:00a Eastern for more details about how to apply these insights with your scholar during the upcoming school year.