



Humane Leadership Program

Synopsis of Book Chapters

- Lesson One ~ Life Review: *What led you to decide to pursue Animal Ministry*
- Lesson Two ~ World Religions: *A basic primer of all faiths*
- Lesson Three ~ Confidentiality: *Understanding your role as confidante*
- Lesson Four ~ Listening: *How to listen to others*
- Lesson Five ~ Safe Harbor: *Providing a safe environment for those in need*
- Lesson Six ~ Grief: *What are the stages and coping mechanisms*
- Lesson Seven ~ Stress: *Awareness of and release of your stress*
- Lesson Eight ~ Preparing for Loss: *Physically & Emotionally*
- Lesson Nine ~ Meaning of Life: *After a Loss*
- Lesson Ten ~ Forgiveness: *Helping the caregiver forgive themselves*
- Lesson Eleven ~ Networking: *Knowing when to provide other resources*
- Lesson Twelve ~ Ceremonies: *Non-denomination, religious, sacred, spiritual*
- Lesson Thirteen ~ Counseling: *Individual & Group after loss*
- Lesson Fourteen ~ Closure: *For you and those living with loss*
- Lesson Fifteen ~ Ethics: *Humane Practices*
- Final Thesis – OPTIONAL but necessary for certificate

Required Materials ~ "Dominion & Stewardship," "Farm Sanctuary" by Wayne Pacelle," "Anaflores" by Sharon Callahan, "Eating Mercifully" HSUS DVD, "Cat Heaven" and "Dog Heaven" by Cynthia Rylant, "Spiritus" CD by Patrick Bernard, "Grief" by C.S. Lewis, "From Baghdad With Love" by Lt. Col. Jay Kopelman

Suggested materials – "The Bond" by Wayne Pacelle, "Me, Inc." by Gene Simmons, "Prayers That Avail Much" by Germaine Copeland, "How to Practice The Way to a Meaningful Life" by His Holiness the Dalai Lama