

# 2018 CSA Registration Information

*Thank you for your interest in Mountain Echo Farm's CSA! We look forward to sharing the growing season with you!*

**Growing Methods:** We proudly farm without pesticides, herbicides, synthetic fertilizers, or plastic mulch and follow organic growing practices. For even more information about our farming methods and our farm, visit our website, [www.mountainechofarm.com](http://www.mountainechofarm.com).

**Share size:** Our share is a generous ½ bushel basket full of seasonal veggies each week. For folks interested in a smaller share or less frequency, we offer options. For less frequency, you can sign up for the every other week pick up. For a smaller share size each week, you can pair up with a friend or neighbor and split the share and the cost with them. If you decide to share a share, please list both parties on the sign-up form.

## CSA Share Options and Prices

### **Spring & Summer CSA - 16 weeks: (Mid-May through August)**

**\$498**

This 16 week CSA is perfect for all the veggie lovers! It begins in mid-May and includes spring goodies such as Lettuce, Kale, Spinach, Sugar Snap Peas, Radishes, Kohlrabi, Swiss Chard, Beets, Carrots, Broccoli, Garlic Scapes, Parsley, Bok Choy, and Blueberries. Then it moves into all the summertime favorites: Heirloom Tomatoes, Beefsteak Tomatoes, Cherry Tomatoes, Green/Red Bell Peppers, Cucumbers, Zucchini, Yellow Squash, Green Beans, Eggplant, Potatoes, Watermelons, Cantaloupes, Basil, Garlic, Onions, and more!

### **Every Other Week CSA – 8 pick-ups: (Mid-May through August)**

**\$298**

The every other week option is perfect for those who have summer travel plans or just want vegetables less frequently. It is a full size share, picked up every other week instead of every week. The great thing about this share is that you get the full line up of all the Spring and Summer crops mentioned above, just on a more spread out schedule. It starts in mid-May and runs through August. You pick which alternate week schedule you want to be on when you sign up.

### **Summer CSA – 10 weeks: (Late June – August)**

**\$360**

If you are not crazy about greens (i.e. kale, chard, and lettuces) and just want to focus on your summertime favorites (tomatoes, peppers, cucumbers, squash, melons, and more) this share is for you! It starts later in the season (late June), runs through August, and pick-ups are every week for 10 weeks.

**Pick-Up Location:** CSA pick-ups are here at Mountain Echo Farm. The farm is a friendly, fun, casual place where we hope you feel welcomed as a friend and neighbor at each and every pick-up. You can tour the growing fields, chat with us, share recipe ideas, or just take a break from life's hustle and bustle and enjoy the farm. Mountain Echo is located just 5 miles outside of Front Royal on Browntown Road. (2604 Browntown Rd, Front Royal, VA 22630)

**Pick-Up Days:** Tuesdays, 4pm – 7pm or Fridays, 4pm – 7pm

**Recipes and Farm News:** As a member, you will receive a weekly email with recipe ideas and veggie info to help you get maximum use and enjoyment from your share.

**Eggs:** Eggs are available for purchase during CSA pick-ups. Our pasture raised chickens are fed an organic, soy-free diet.

**Membership Agreement:** Farming is variable and unpredictable. There may be times when not all of the in-season crops are available due to weather issues etc. By signing up to be a CSA member, you agree to accept some variability. In turn, we promise to do everything we can to share a successful growing season with you! Since veggies are picked fresh specifically for you, shares need to be picked up on your scheduled day during the pick-up hours. If you are ever unable to pick-up your share, you are welcome to send a neighbor or friend in your place to get your share during your pick-up time.

# Mountain Echo Farm

## 2018 CSA Membership Registration Form

Yes, I want to sign up for the 2018 CSA at Mountain Echo! I have read the membership agreement above and agree to share both the risks and the many rewards of the growing season with Mountain Echo Farm.

**Spring & Summer CSA (16 weeks) - \$498**

1<sup>st</sup> choice of pick-up day :  Tuesdays, 4pm - 7pm (May 15 – Aug 28)  Fridays, 4pm – 7pm (May 18 – Aug 31)

**Every Other Week CSA (8 pick-ups) - \$298**

Tuesday Schedule A: May 15, May 29, June 12, June 26, July 10, July 24, Aug 7, Aug 21

Tuesday Schedule B: May 22, June 5, June 19, July 3, July 17, July 31, Aug 14, Aug 28

OR

Friday Schedule A: May 18, June 1, June 15, June 29, July 13, July 27, Aug 10, Aug 24

Friday Schedule B: May 25, June 8, June 22, July 6, July 20, Aug 3, Aug 17, Aug 31

**Summer CSA (10 weeks) - \$360**

1<sup>st</sup> choice of pick-up day :  Tuesdays, 4pm - 7pm (June 26– Aug 28)  Fridays, 4pm – 7pm (June 29 – Aug 31)

**Name:** (List both names if sharing a share.) \_\_\_\_\_

**Address:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**To reserve your space in this year's CSA, print and complete this registration form (or email us or call us with the info requested on the form and skip using a printer) and mail it with a check made payable to **Mountain Echo Farm**.**

Mountain Echo Farm  
2604 Browntown Road  
Front Royal, VA 22630  
(540) 635-8414

**Spring & Summer CSA** – Send a check for the share cost of **\$498** (\$485.85 + tax)

**Summer CSA**- Send a check for the share cost of **\$360** (\$351.22 + tax)

**Every Other Week Option** – Send a check for the share cost of **\$298** (\$290.73 + tax)

**Payment Options:** Full payment is greatly appreciated at time of registration. However, we also offer the option of sending a \$100 deposit now to reserve your space and then paying the balance in installments according to a schedule you coordinate with us. We are happy to work with you!

Email confirmation of your CSA membership and pick-up day will be sent upon receipt of payment.

**Thank you so much for choosing Mountain Echo Farm!**