

Parent Solutions

www.PS-CA.com

Name of service: Behavior Modification 6-18 years

Explanation of service: We give you tools to use to change the unwanted behaviors of your children which also includes looking at your own behaviors and how they may affect the dynamic. We assist with communication, discipline, boundaries, developmental understanding, tension reduction, and assist with making agreements. We work with the parents and the children separately depending on your child's age and may request to meet with your child. The goal of this curriculum is geared toward cooperation and communication. Our curriculum is designed to address the specifics of your family. We provide you with a variety of approaches and skills to change unwanted dynamics.

How this works: You will meet with your clinician individually on a flexible schedule. If necessary and wanted, we can provide this service in your home. The curriculum is provided based on the assessment outcome. Goals are established by including the parents' concerns and the children's concerns and are guided by the designed curriculum.

Schedule: Flexible Monday-Saturday, days and evenings

Location: San Jose and Morgan Hill

Language: Spanish and English

Cost: Sliding Scale \$80-\$125 per hour (additional fees may be required for in home services)

Length of service: 6 weeks will earn a certificate

Availability to begin service: Services can usually begin within 10 days of enrollment.

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