

"Where children can learn, grow and shine bright!"

PARENT HANDBOOK

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Sunshine Philosophy

Our Mission is... For Sunshine Early Learning Center to be a place "Where children can learn, grow and shine bright" through cooperative play-based learning experiences, guided by caring, enthusiastic, and quality teachers.

Learn

Using our play-based curriculum to learn all about the world around us and how we should interact with our peers, adults, and our community.

Grow

Growing in physical, cognitive and social emotional skills, developing a love of learning and becoming a lifelong learner!

Shine

For each child to learn that everyone is unique, to shine in their uniqueness and be proud of who they are and what they can do.

Sunshine Early Learning Center is open to all eligible students, regardless of race, ethnicity, gender, sexual orientation, religion, physical & mental abilities, language and/or socioeconomic background. We embrace the inclusion of cultural and social diversity in our school community. We strive to maintain an environment of honor, respect and harmony that will assist children in reaching their fullest potential in life. We employ a gifted and dedicated staff by providing a rich and rewarding work environment and by compensating them appropriately for their efforts. We foster a strong sense of community and cooperation with our families that will encourage parent involvement, education, and volunteerism.



"Where children can learn, grow and shine bright!"



11039 SE 21st Ave. Milwaukie, OR 97222 503-850-6646

6 weeks to 12 years Certified Childcare Center

> Hours of Operation Monday- Friday 7:00am-6:00pm

Questions or concerns please contact...

Owner: Jennifer Foglesong

Director: Kate Sines

Assistant Director: Bailey Schellhous

Sub Directors: Christina Crank and Carl Houck

Fire Inspection - Available upon request Sanitation Inspection - Available upon request Lead Testing - Available upon request

Licensing Specialist - Selena Mitchell 503-669-7112 x 357

Parents have the right to access their children at any time during operating hours.

Policies and Procedures

The following policies and handbook items are to be adhered to and followed as listed below: (items may be updated or changed at any time and a copy of the handbook may be requested at any time)

TUITION:

All parents will pay tuition on or before due date (please see attached full description). If a child is absent on a regularly scheduled day, parent will still pay tuition. Tuition will not change or be credited for holiday closures, inclement weather closures or child non-attendance days. Each family has 2 weeks* of vacation per enrolled year that they can use at any time per request of family to center owner (no rollover of vacation days). The vacation days will be credited to your next bill. Once the two weeks have been used, no other credits will be given. (*Example, if your child is enrolled 4 days per week, you get 8 days of vacation per enrolled year). If you decide to disenroll your child, no vacation credits may be used once we receive notice of disenrollment. If a child attends an additional day, a drop-in day charge will be assessed. No days may be switched due to holidays, absences, or closures. Tuition is based on the classroom that your child is enrolled in and the ratio of teachers to children required in this classroom.

IMMUNIZATIONS:

It is required that the parent give a copy of each child's immunization records to the center. The parent is responsible for updating the childcare center of any immunization changes. Your child is required by law to have all shots, medical exemptions or completed immunization models approved by the State of Oregon in order to attend a licensed childcare center. All documents must be given to the childcare center. Sunshine will audit twice yearly. If you are found out of compliance, your child will not be able to attend Sunshine Early Learning Center until complete.

HOURS:

Children must be dropped off no earlier than 7:00am and received by a staff member and must be picked up by 6:00pm. If a parent fails to pick up by 6:00pm, they must contact the center and pay \$5.00 per minute after 6:00pm.

DROP OFF/PICK UP HOURS:

We ask that parents do not drop off or pick up between 12:00pm and 2:30pm. If you have a family emergency or need to pick up your child for any reason during this time, please let us know ahead of time so that we can help assist you picking up your child so that we can keep the other children asleep. This excludes Infants and Wobblers because they have varying nap schedules.

DROP OFF:

When dropping your child off, parents must bring their child into the doorway of the classroom and make sure the teacher has seen your child. The parent or person dropping off must sign the child into the computer. Infant, wobblers and toddlers must be removed from their car seat. Car seats can be stored in the car seat storage area if needed.

ABSENCES:

If your child is not attending for the day, you must contact the center by 9:00am on that day to let us know that your child will not be attending. This goes for all children, including school age children. If your child is going to be in later than 10:00am and it is not your normally scheduled drop off time, we would ask that you call us, so we can plan on your child for meals. If you plan on bringing your child earlier than their normally scheduled drop off time, we ask that you let us know so that we have enough staff scheduled.

Policies and Procedures Cont'd

CELEBRATIONS:

If parents want to provide a healthy store-bought snack to share with every child in the classroom, the following items could be examples to help promote healthy eating for all children: Fruit, vegetables, granola bars, crackers, etc.

SCREEN TIME:

Parents are informed if electronic media is used at Sunshine. Any screen content is appropriate for ages of children, nonviolent and culturally sensitive. At least one alternative activity is available while electronic media is used. Sunshine's use of screen viewing encourages active child involvement. Electronic media is not on during nonviewing time and is not allowed during meals or snack time. No screen time for children younger than 2 years of age.

STORAGE AND FOOD HANDLING:

Food must be stored on shelves in kitchen storage area and in pantry closet. Food may not be stored on the floor. When food is opened, it must be sealed back up, labeled with the date that it was opened and stored properly for the item (i.e., refrigerator, freezer, cabinet, etc.). Food must be thrown out as directed by state health department guidelines.

DIAPER CHANGING:

The diaper changing procedure must be posted in the diaper changing area. Parents must provide disposable or cloth diapers to be used. If cloth diapers are used, parent must provide wet bag for dirty cloth diapers to go into. Cloth diapers must be taken home daily, washed, and returned clean. Parents must provide wipes for their child. If a child runs out and uses center disposable diapers or wipes, they must be replenished by child's parent or guardian back to the center.

INFANT BATHING

Sunshine Early Learning Center staff will notify parent if a child needs a bath. Sunshine Staff will bathe children using a baby bath when appropriate.

CARE OF BED LINENS:

Parents are responsible for providing and washing all bed linens. Parents must take home all bed linens on the last day of care each week, wash them and return them on first day of care the following week. If linens are soiled during the week, they will be sent home and a clean set of linens must be brought in the next day.

INFANT FEEDING:

Parents must provide formula or breast milk for their child. Formula or breast milk must be brought in each day. **Storage and handling of bottles:** all bottles will be labeled with that child's color of masking tape with their name and the date on it and be stored in the refrigerator in that child's section of the classroom refrigerator. **Feeding infants:** infants must be held when feeding a bottle, parents must try all solids at home and sign off that they have tried all foods at home first before the center will feed any given food. These policies are subject to change. **Pacifiers:** Must be labeled, stored individually and sanitized after contamination.

DISENROLLMENT

A two-week disenrollment notice must be given when dis-enrolling. It may be given verbally to the owner or in writing. No vacation credits may be used once notice of disenrollment is given.

Policies and Procedures Cont'd

INCLUSION POLICY:

This program is designed to be inclusive of all children, including children with disabilities, special learning, and developmental needs. Modifications are made in the environment and staffing for children with special needs. When staff feel a child may need the expertise of a specific professional to help in their proper development, the parent will be notified. Together, staff and parents will discuss the child and their developmental needs. A professional might then evaluate the child and make a recommendation. If it is then determined that the child would benefit from other professional services, the staff will work in collaboration with the professional and parents to help the child grow and develop to their fullest potential.

MANDATED REPORTING:

Sunshine Early Learning Center staff members are state-mandated reporters of suspected physical or sexual abuse of children. This means that if we have reason to believe that any child in our care has been neglected or abused, we are required by state law to report this to our licensor or to the local child protections office.

MEDICATION:

By regulation, we are not allowed to administer medication without written consent from the parent. If your child needs medication daily, we require a written note and/or prescription from your doctor indicating why and for how long.

INJURIES AND ACCIDENTS:

If an injury occurs while at Sunshine, first aid will be administered by the staff. An accident report will be completed by staff members to advise you of the circumstances of the injury.

EMERGENCY MEDICAL CARE:

In the event of a life-threatening emergency, the center will call 911, administer CPR and contact the child's parent immediately. If non-life-threatening emergency medical care is needed the parent will be notified immediately and the child's physician will be contacted for further instructions. If the parent is not immediately available to transport the child to the hospital, we will arrange for the transportation of the child to the hospital. The accident report will be with the child at the hospital to notify doctors of what happened, and a copy of the accident report will be available upon request.

FIELD TRIPS:

Field trips are a fun and educational part of our program. Parents will receive advance notification of the field trip in a written notice to the parents. Transportation will be provided by one of the following: Sunshine buses or by foot.

As a rule, Sunshine ELCC staff does not provide child transportation. Only approved staff member or contracted drivers with a current acceptable DMV driving record will transport children by bus. Parents are welcome to join us on field trips. We will provide the same responsible adult supervision for these excursions as we do while your child is attending our school.

NO SMOKING POLICY:

No smoking is allowed on the premises. The Oregon Clean Indoor Air Act states that all childcare facilities including private homes and vehicles that are used for childcare must be smoke free. Please extinguish your cigarettes safely before arriving on the property to pick up your child. This is a shared facility; therefore, Sunshine will try its best to discourage smoking near entrances, play areas, or common areas. (Please give yourself time before entering the building if you have been smoking, because fumes and odor do linger.)

Meals

We provide the following meals at the following times...

Breakfast: 7:00am-8:00am (breakfast will not be served after 8:00am)

AM Snack: 9:30am-10:00am

Lunch: 11:30am-12:30pm

PM Snack: 3:00pm-3:45pm

We provide food for all children in our care. A weekly menu is available at the front door parent center and posted on our website. Some substitutions may be made to accommodate allergies. We follow a 4-week rotational menu that changes seasonally.

Parents may provide food for their own child(ren) from home but please make sure that you follow the USDA food guidelines for nutrition when making their meals/snacks.

<u>USDA School Snack Guide - Smart Snack List for Parents, Teachers and</u> School Foodservice Directors - Food and Health Communications

We provide USDA approved formula and baby food for children 12 month and younger.

What to Bring

Infants: Formula* or breast milk, clean bottles, baby food*, diapers, wipes, at least 2 changes of clothes, sleep sack, diaper cream/ointment and pacifier (if applicable). *You only need to bring formula and baby food if you do not want to use Sunshine provided formula and baby food.

Toddlers/Twos: Diapers, wipes, diaper cream/ointment, at least 2 changes of clothes and blanket for nap.

Preschool & Prekindergarten: at least 2 changes of clothes and a blanket for nap.

Curriculum

Infants and Toddlers

People who provide care and education for infants and toddlers have an awesome responsibility. Research tells us that more growth and development takes place during the first three years of life than at any other time. During this age span, children are finding out who they are, whether they are worthy of being loved and if they are competent. They are also learning how to relate to others, how others respond to them and what it means to express their feelings. Their brains are being "wired" for lifelong learning, thus establishing patterns for emotional, social, physical, and cognitive development.

Teaching Strategies' infant and toddler curriculum--The Creative Curriculum® for Infants & Toddlers--provides a comprehensive, yet easy-to-use framework emphasizing that relationships between caregivers/teachers and children and their families form the basis of curriculum for very young children.

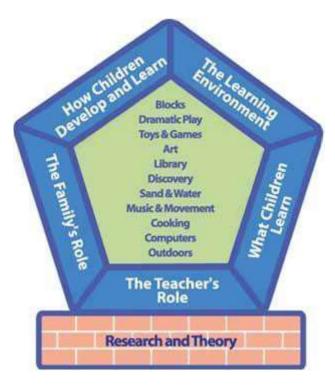
Framework from The Creative Curriculum for Infants & Toddlers



Curriculum Cont'd

Preschool

The Creative Curriculum® for Preschool translates new research and theory from the field of early childhood education into a practical, easy-to-understand approach to working with children and their families. It is a comprehensive curriculum that includes a framework for decision making along with a focus on interest areas.



The Creative Curriculum® for Preschool explains the ongoing cycle of observing, guiding, learning, and assessing children's progress using The Creative Curriculum Developmental Continuum for Ages 3-5. The Developmental Continuum shows teachers the sequence of steps children take as they learn particular skills and concepts in all areas of development. It is a tool for planning instruction and assessing learning.

The Creative Curriculum guides teachers in planning a program that includes choice time, small- and large-group time, and studies that integrate learning across all the content areas. When teachers are up to date on research, they know what to do and why certain teaching strategies work. In turn, they can make decisions that promote learning and development and positively impact the lives of children and their families.

Center Closure Dates

2022-2023 School Year

Holiday

Labor Day, Monday, Sept. 5th, 2022
Veterans Day, Friday, Nov. 11th, 2022
Thanksgiving Day, Thursday, Nov. 24th, 2022
Thanksgiving Holiday, Friday, Nov. 25th, 2022
Christmas Eve Observance, Friday, Dec. 23rd, 2022
Christmas Observance, Monday, Dec. 26th, 2022
New Year's Eve Observance, Friday, Dec. 30th, 2022
New Year's Observance, Monday, Jan. 2nd, 2023
M.L.K Jr Day, Monday, Jan. 16th, 2023
Presidents' Day, Monday, Feb. 20th, 2023
Memorial Day, Monday, May 29th, 2023
Independence Day, Tuesday, July 4th, 2023

In-service Days

Monday, Aug. 29th, 2022 Tuesday, Nov. 1st, 2022 Friday, June 2nd, 2023

*No tuition reimbursement is given for holidays or in-services days.

These days are figured into the tuition rate. If we are closed on your child's scheduled day, we cannot switch that day for another day in the week without charging tuition*



Early Learning Childcare Center

"Where children can learn, grow, and shine bright!"

<u>Parent Teacher Conferences</u>

2022-2023 School Year

- Conference signups will be posted 3 weeks prior to conferences.
- Each conference will be no longer than 20 minutes. This will give you one on one time with your child's teacher. If you need additional time, we can schedule that at a later date.
- Conferences will be held during the day, during your teacher's shift.
- Conferences are not mandatory but recommended.
- Teachers will prepare an ASQ (Ages & Stages Questionnaire for your child. You may also choose to complete one before the conference.
- Go to https://www.asgoregon.com/ to fill out your ASQ free online.
- We use Teaching Strategies Gold (a part of Creative Curriculum) to track progress of milestones and areas of needed growth.

Conference Dates

November 1st, 2022

We will go over goals for your child and your child's ASQ evaluation.

April 17th - 21st, 2023

We will talk about progress toward goals and make future goals.

Illness Policy

In the event a child becomes ill during the day, parents will be notified immediately and must arrange for pick-up within one hour. Please keep your contact information updated. If for some reason you will not be available at current numbers, please leave an alternative phone number.

The following policy is from the Oregon Child Care Division Rules for the Certification of Child Care Centers.

A center shall not admit or retain in care, except with the written approval of the local health officer, a child who has one of the following symptoms or combination of symptoms of illness:

- Fever of 100.4 degrees F (99.4 degrees F taken under the arm.)
- Diarrhea: 3 or more in 24 hours
- Vomiting: 1 in 24 hours
- Nausea
- Unusual cough
- Unusual yellow color to skin or eyes
- Skin or eye lesions
- Rashes that are severe (weeping, bleeding or pus-filled)
- Difficulty breathing or wheezing
- Complaints of severe pain
- A child having or being a carrier of a childcare restrictable disease, as defined in the Health Division administrative rules (i.e. - pink eye / conjunctivitis, green discharge from a child's nose or eyes (sign of an infection), lice, chickenpox, etc.)

Children may return to childcare after they have been symptom free for 24 hours without the aid of medication to reduce a fever.

*If there is an outbreak, children must stay home for 48hours symptom free or return with a doctor's note.

If your child is sent home due to illness & needs to see a physician, please get a doctor's note before returning.

**COVID-19: We follow the Oregon Early Learning Division Childcare
Provider Requirements and Recommendations and the Exclusion Guidelines
for Child Care Settings. **

COVID-19 Resources - Oregon Early Learning Division

<u>Minor Injury Report</u>

Child's name:			
Date of injury:	Time of injury:	(am/pm)	
Location of injury on the c	-		
How the injury occurred:			
	?		
If any equipment was invo	lved describe it:		
 Was first aid administered			
If yes, what type of first ai			
	be taken to preven	t further injuries of this type?	
 Who saw the injury:			
Other comments:			
Provider's signature:			
Parent's signature:		Date:	
Notified Parent by Brightw	heel Yes Date: No:	Time:	

NON-PRESCRIPTION MEDICATION RECORD

Provider, to use the to manufacturer or phold the above name	following products on my child's C following products on my chil physician's written instruction Provider liable for any allerg when the products are used in	d according is. I will not ic reactions
Parent's Signature:		
Parent's Signature:		
Provider's Signature:		
Child's Name:		
Date:	(to be reviewed annually	y)
products. However, as b similar products on han (Please circle Yes or No a Baby Wipes	ill be responsible to supply the foll both a daycare provider and mother and, which I might use periodically. and put specific brand name where Comments:	, I often have
Diaper Ointments		
YES ~ NO Brand:	Comments:	
Baby Lotion YES ~ NO Brand:	Comments:	
Vaseline YES ~ NO Brand:	Comments:	
Sunscreen YES ~ NO Brand:	Comments:	

Medication/Treatment Authorization

State licensing requirements permit childcare facilities to administer medications under the following guidelines:

- 1. All medications shall be administered only on the written approval of a parent or guardian.
- 2. Prescription medications shall be administered only as directed on the label or as otherwise authorized by a physician.
- 3. **Medications must be stored in their original container.** The container must have the patient's name, amount to be administered, and date of expiration.

Please provide the following information:	
Child's Name:	
Medical Problem:	
Name of Medication:	Amount:
Method of Administration:	
Times/Frequency:	Amount:
Dates of Administration:	
Is the problem chronic or ongoing? Yes	No
Comments or specific instructions:	
I authorize Sunshine Early Learning Center above medication(s):	and its employees to give the
Parent/Guardian Signature:	Date:

Discipline Policy

Sunshine Early Learning Childcare Center staff members are not permitted to use any form of physical punishment, including spanking. Staff members may not single out a child for ridicule, threaten harm to the child or the child's family, and may not specifically aim to degrade a child or a child's family. No harsh, demeaning or abusive language in the presence of children is allowed. Where appropriate, the following disciplinary techniques will be used:

*Giving Choices *Problem Solving

*Natural & Logical Consequences *Breaks
*Ignoring *Redirecting

Discipline does not mean punishment. Discipline is teaching a child how to be safe, how to behave on their own and how to know the difference between right and wrong. The staff will use praise and positive methods of discipline and guidance to encourage self-expression and self-direction of the children in our care. The limits may be set at times to keep children from losing control or causing harm to themselves or others. Breaks are only one way to handle a situation and allows the child to regain control of their actions and feelings. Time away from the group will not exceed the following schedule. A timer may be used.

• Two years old 30 seconds to 2 minutes

Preschoolers
School age
3 to 5 minutes
5-10 minutes

We will use the following positive ways to channel children's emotions and handling misbehavior:

- Redirect negative behavior to an acceptable activity by gently encouraging the child to change activities.
- Ignore the behavior.
- Help children understand consequences to behavior.
- Limit choices.
- Use the resources available at the center or ask for assistance with specific situations.

We shall never humiliate, frighten, or abuse a child. We will respect their feelings and let them know whatever they are feeling is okay - but it is the way they express it that we want to help them control. We will let children know our feelings. We will tell them we are not upset with them, but with their actions. We shall communicate with the children and model positive behaviors for them to imitate. Our responses will be age appropriate for their developmental level. And we will be sure that all classroom rules are clear and understood at their level. Since you know your child best, we will consult with you, the parent, in any situation regarding a problem with a child's behavior. We recognize the importance of the partnership between caregiver and parent in handling any disciplinary action taken.

Discounts & Referrals

Employee Discounts

Directors

No cost up to 3 children

Sub Director

Infants/Toddlers	35%
Preschool	60%
School age	85%

Teachers/Aides

Infants/Toddlers	25%
Preschool	50%
School age	75%

Community Discounts

Family and Friends (Director Approved)-5%

Multi-Child Family Discount-10%

2 or more children enrolled at the center.

3-month Tuition Payment Discount-5%

Cash Tuition Discount-2%

*If tuition is not paid on the due date, discounts will not be given for that month.

*Limited Financial Tuition scholarships are available based on family income. (To apply, please contact the owner-Jennifer Foglesong)

Referrals

\$50.00 per enrolled referral off following months' tuition.

Financial Responsibility Contract

This agreement is made by and between Sunshine Early Learning Center (Certified Licensed Child Caro
Center) and (Parent/Guardian) of
(child)
The following has been agreed upon between the two parties beginning:
I agree to the \square monthly rate of \square , to be paid on the \square of every month or \square bi-
monthly rate of \$, to be paid on the of every month and of every month.
Our arrival time will be and pick up time will be no later than on days of
attendance.
(Check the box that applies) 🗆 Full Day Rate 🗆 Extended Day Rate
on the checked days: □Monday □Tuesday □Wednesday □Thursday □Friday
SCHOOLAGE ONLY □ Before & After School □ Before Only □ After Only □ Camp

Any added time before or after those times will be discussed beforehand or will be subject to late pickup fees and additional charges.

This agreement shall be in effect until the parent/guardian or childcare center has given termination notice in accordance of the Parent Handbook policy or negotiation of a new contract.

A \$____ one-time registration fee will be charged upon enrollment.
THIS AGREEMENT AND THE PARENT HANDBOOK WHOLLY STATE THE OBLIGATIONS OF THE PROVIDER;
THERE ARE NO OTHER IMPLIED OBLIGATIONS. ANY AMENDMENTS TO THIS AGREEMENT MUST BE IN
WRITING AND SIGNED BY BOTH PARTIES.

Tuition, Rates, and Fee Explanation

Monthly Tuition is due on the Friday before your scheduled due date of the month. Example: If your due date is the 1st and it falls on Wednesday, your tuition will be due the Friday before.

Bi-Monthly Tuition is due on the Friday before your scheduled due date.

Example: If your due date is the $1^{\rm st}$ and it falls on Wednesday, your tuition will be due the Friday before.

Tuition is calculated by dividing the monthly rate by 2 and then a \$5.00 fee will be added to each of the 2 payments for bi-monthly processing.

Weekly Tuition is due on the last day of attendance the week before care is given.

Example: If your child attends Monday & Thursday, tuition for the next week is due by Thursday.

Tuition is calculated by dividing the monthly rate by 4 and then a \$15.00 fee will be added to each of the 4 payments for weekly processing.

Full day rate is for less than 8 hours and 59 minutes. Example: 7:00am drop off must be picked up on or before 3:59pm.

Extended day rate is for 9 hours to 11 hours. Example: 7:00am drop off and 4:00pm or later pickup.

Registration Fees

Non-refundable registration fee will be paid at the time of enrollment.

Late Payment Fees

If tuition is paid after the due date, a \$35 fee will be applied. If you are more than 5 days late, an additional \$25 fee will be applied, and your child will not be able to return to care until it is paid.

Returned Check Fee

If your check is returned, a \$35 fee will be charged. If more than 2 returned checks, payment will only be accepted in cash, money order, or credit/debit card.

Card Fee

A 2.90% card fee on all card payments.

Sunshine Early Learning Center

Emergency Evacuation Procedure

Teacher will make sure to have all children, classroom attendance sheet and emergency backpacks.

They will exit the building in a calm orderly fashion by their primary route. If the primary route is blocked, they will exit by using secondary route. If the secondary route is blocked, they will use the tertiary route. They will exit the safest way.

Emergency meeting location is the Milwaukie Lumber Parking Lot at 10998 SE 21st Ave, Milwaukie, OR 97222. If it is unsafe to meet at Milwaukie Lumber the secondary emergency evacuation location is the Sunshine Early Learning Center Preschool Promise located at 10801 SE Main St., Milwaukie, OR 97222. If there is a community emergency, our tertiary location is Oregon City Day School located at 19273 S Molalla Ave, Oregon City, OR 97045.

After classes have exited the building and they are at the evacuation point, take roll and confirm all children are out of the building. Director on site will confirm roll.

Notify parents by using emergency binders in your emergency backpack and center cell phones. Please stay calm.

We will not re-enter the building until the "all clear" is given by an emergency professional (fire fighter, police officer and/or Director).