



The Painesville Pride



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June 2020

12 Pages

COUNCIL'S CORNER



Painesville City Council

Front Row: Lori DiNallo, Paul Hach, Tom Fitzgerald
Back Row: Nick Augustine, Christine Shoop, Katie Jenkins and Jim Fodor

I think we are all starting to understand how Bill Murray felt in the movie Groundhog Day. Every day starts to look the same, especially if you are working from home. Families have never spent so much time together. The saying, 'distance makes the heart grow fonder' has new meaning for many of us.

Parents are finding out that curriculums have changed since they went to school and now they have to teach math that is a puzzle in itself. In my previous career, I was a high school math teacher, and when I helped my 4th grade granddaughter with her math homework we got an 85%! In today's world it no longer matters if you have the correct answer, but that you showed your work doing it a certain way.

If you listen to the news too much you can quickly become overwhelmed and afraid, with so many stories of young people becoming sick and dying. There are lists of places that are closed or only open with certain restrictions, and it all becomes a little hard to follow. Here at the City of Painesville, we are trying to make things as familiar as possible. Yes, you may not be able to pay your utilities bill in person right now, but if you call 911 an EMT or police officer will show up to your door to assist. If you call about a problem with your water or electricity, a city employee will be there to address your concerns. The lights are one, the water is running, the sewers are clear and the streets are moving.

During these times we find out if we are just a city or really a community. The Painesville City Local Schools have been resilient as ever, reaching out to our students and serving over 30,000 meals through its breakfast and lunch program. They have

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Painesville City Facilities Open June 1

Per the Lake County General Health District's recommendations, Painesville City facilities will re-open to the public beginning Monday, June 1.

There will be new procedures

all visitors must follow including: maintaining 6 ft distance from others, completing a health questionnaire and temperature screening, and wearing a face covering (suggested). Each facility will also have a notice

posted on the door of the maximum number of visitors allowed in the area.

It is still preferred not to pay your utilities bill in person if possible. Staff is available to answer your questions at 440-392-5797 on Monday through Friday, 8:00 a.m. to 5:00 p.m.

Alternative ways to pay your bill can be found at www.painesville.com/payment.

Farmers Market Starts June 18

We're not losing hope on our much loved Farmers Market!

Our original start date was May 21 but per the Lake County General Health District's advice, we have pushed the start to June 18. We will keep you updated on the status of the market and procedure in the coming weeks.

Safety of our vendors and visitors is our utmost concern.

Painesville's Farmers Market is every Thursday from 12:00 noon to 4:00 p.m. Find fantastic local produce, sauces, treats, flowers, honey, soaps and more. Follow the farmers market Facebook page (@PainesvilleFM).

Support Local Businesses

Businesses in the City of Painesville, including small retail stores and restaurants, are re-opening and welcoming the community to come see their new items and improvements they have made during their closure. Although some operations may have changes, they are still there

for all their customers.

Now is a great time to stop by some of the shops, restaurants and bakeries that are here in your community. Buying local and supporting small business owners keeps our community strong. So remember to show that #PainesvillePride!

Painesville Recreation's Camp in a Box

Covid-19 may have postponed the start of our Summer Camp, but it didn't stop us from having a little fun. Introducing Camp in a Box for the month of June by our Painesville Recreation Department.

Starting June 1, purchase a box for the week for \$18. Boxes are delivered every Monday morning. Week 1 box includes wiffle ball bat and Frisbee for outdoor play, a craft by Ariel Inspired for art time, a yoga video

provided by Branches of Wellness for stretching, a trick shot video challenge, a science slime kit, a weekly zoom group chat between campers and camp directors and 1 tie-dye camp shirt.

Call 440-392-5912 during business hours or go to www.painesville.com/summercamp for more information. We plan to start a modified version of day camp in July with the state's new guidelines.

Friday Night Car Cruises Start June 19

Painesville's famous Car Cruise is every Friday in Painesville Square. Stroll through vintage, muscle and unique vehicles lining beautiful Veteran's Park. Every Friday night, all summer long, weather permitting.

Original start date was May 22

but was pushed back to June 19 due to Covid-19 concerns.

Organizers will continue to monitor the Governor's recommendations and will take necessary precautions on spacing.

Party in the Park Cancelled

Painesville Community Improvement Corporation (PCIC) has announced the cancellation of the 2020 Painesville Party in the Park scheduled for July 17, 18 and 19. Due to the close proximity of tents, food and stages, the group unanimously decided it was not safe to host and are already planning 2021's event. PCIC is looking to make the End of Summer Block Party on Main Street (September 18) bigger and better than ever.

For more information, go to www.painesvilleimprovement.com/party-in-the-park or their Facebook page @painesvilleimprovement.

June & July Events Cancelled Due to Covid-19

Below is a list of scheduled area events that have been cancelled due to state guidelines:

- Gazebo Concerts in June (they will be back in July!)
- Painesville Farm & Flea on June 21
- Fairport Harbor's Mardi Gras on July 1-5
- Painesville Party in the Park on July 17-19
- Downtown Painesville's Farm to Table on July 22

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Parents: Tips to Prepare Your Teens for Safe Driving

If you are a parent of a teenage driver, your child's safety is your first concern. Though you cannot always be by their side, you can take steps to help keep them safe behind the wheel. Educating yourself and your teen driver about the risks of unsafe driving can save lives and money.

"Reminding young drivers about the dangers of distracted driving is so important," Governor Mike DeWine said. "Having rules limiting the number of passengers in the car and reminding teens to keep their eyes on the road and hands on the wheel are other easy

ways to help increase the safety of young drivers."

"Today's world presents many distractions while driving and we must talk to teens about the dangers and consequences of unsafe and distracted driving," Ohio Department of Insurance Director Jillian Froment said. "I urge parents to establish rules that will help keep their teen drivers and those around them safe while on the road."

Froment encourages parents

and their teens to create a teen driver contract using the online template at www.insureonline.org/teen_driver_certificate.htm. A contract can help teen drivers avoid common mistakes and increased insurance rates, while defining the consequences associated with driving privileges.

Froment said there are actionable steps parents can take to keep their teen drivers safe and to save money on insurance coverage. She shared

the following insights:

Set Expectations

- Research suggests parents who set rules cut accident risk in half.
- Set a driving curfew. More than 40 percent of teen auto deaths occur between the hours of 9 p.m. and 6 a.m.
- The relative risk of a fatal crash increases as the number of passengers increases.
- Texting or talking on a cell phone can double the likelihood of

an accident.

Keep Costs Down

- Conduct an insurance review with an agent to determine options for insuring your teen driver. Adding a teen driver to your auto insurance policy can be costly.
 - The type of vehicle a teen driver uses as well as driving violations can impact the cost of insurance.
 - Many companies grant discounts to drivers whose records have been clean for three or more years.
 - Some companies offer discounts if your teen completes a defensive driving course and upholds a good grade-point average.
 - Ask your insurance company about an "accident forgiveness" clause that guarantees premiums will not increase after one minor accident.
 - Install a smartphone application that limits or prevents texting and driving.
- Ohioans with insurance questions can call the Ohio Department of Insurance consumer hotline at 1-800-686-1526 and visit insurance.ohio.gov for insurance information.

Council's Corner

Continued from page 1

also provided wifi hot spots where students can come and download lessons if they do not have internet at home. Every problem they have faced, they have come to a creative and workable solution for our students.

Now is the time to stay connected, or reconnect, with our neighbors, especially the older ones. Check in or just say hi. We are in this together. As Coretta Scott King said, "The greatness of a community is most accurately measured by the compassionate actions of its members."

Jim Fodor
Council at Large
jfodor@painesville.com

Summer Decorations at the Cemeteries

Evergreen and Riverside Cemeteries will be open for summer decorations starting Monday, May 18. Painesville cemetery personnel have been working to complete spring clean-up at both cemeteries in time for Memorial Day.

Below are a few reminders while planning decorations:

- Summer decorations are permitted one week before

Memorial Day and must be removed by October 1.

- Allowed decorations include potted live flowers in standard clay or plastic pots/urns, no larger than 15 inches. Flower baskets on shepherd's hooks or raised holders are also permitted.

- No more than one pot, basket or shepherd's hook per grave is permitted.

- Single headstones marking

two graves or monument lots may have two pots, baskets or shepherds hooks.

- No artificial decorations of any kind are permitted during summer months. This includes silk or plastic flowers, statues, crosses, vigil lights, balloons and wind chimes.

- American flags are permitted year round.

- Mother's Day decorations are allowed up to five days before the holiday and five days after.

Census 2020 Have You Responded?

The results of the 2020 Census will help determine how hundreds of billions of dollars in federal funding flow into communities every year for the next decade. That funding shapes many different aspects of every community, no matter the size, no matter the location.

Think of your morning commute: Census results influence highway planning and construction, as well as grants for buses, subways, and other public transit systems.

Or think of your local schools: Census results help determine how money is allocated for the Head Start program and for grants that support teachers and special



education.

The list goes on, including programs to support rural areas, to restore wildlife, to prevent child abuse, to prepare for wildfires, and to provide housing assistance for older adults.

Please complete your form online, by phone, or by mail when your invitation to respond arrives. Visit my2020census.gov to begin.

City Sidewalk Program

In 2018 City Council passed the Painesville City Sidewalk Program, a two phase infrastructure improvement plan aimed at improving walkability in the community. During Phase 1 (2018-ongoing), city staff replaced damaged sidewalk slabs that fell under city responsibility and removed any trees in the tree lawn that were deemed hazardous to sidewalks or infrastructure.

Phase 2 (2020-2021), has property owners replacing sidewalk slabs that fall under their responsibility and any trees in the tree lawn that may be deemed hazardous to those sidewalks.

As a result, the city applied for a Community Development Block Grant (CDBG) through the Lake County Commissioners Office and was awarded \$50,000 to fund the Disadvantaged Sidewalk Assistance Program for low to moderate income Painesville residents.

To qualify, the property must be owner-occupied and the owner must meet income eligibility requirements. For more information and program criteria please visit <https://www.painesville.com/sidewalks>. Thank you for making our community a better place to live!

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The Painesville Pride

A Lake Community News Publication

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77 Painesville Residents Among the Grads for Lakeland's Commencement

As Ohio returns to work, Lakeland Community College celebrates the true grit of its graduates who earned their degrees amongst the added challenges of the COVID-19 pandemic. To recognize its class of 2020, Lakeland is planning its first-ever, social distance graduation

this summer. Graduates will drive along a route that winds through a part of campus as the college's board of trustees, administration and faculty, invited to wear full academic regalia, line up along Clocktower Drive (with appropriate social distancing) to offer their congratulations and

well wishes.

"We encourage grads to have fun and decorate cars with signs that have their names and degrees, and wear their cap and gown," said Richard Novotny, associate vice president of student development and dean of students for Lakeland.

The procession will be videotaped and be made available on the college's website.

Lakeland's 2020 commencement highlights include:

- A total of 765 students will receive degrees; 77 are Painesville residents.

- An Associate of Applied Business degree in entrepreneurship will be awarded posthumously to Willowick resident James Comer Jr. (61), who died from COVID-19. He retired from the Regional Transit Authority.

- Oldest graduate is 62; the

youngest is 16.

- 6 graduates are 55+ years of age.

- 75 College Credit Plus students (74 seniors, 1 junior) representing 21 high schools graduated.

- 46 graduates began in the Tech Prep program.

- Holden University Center graduates from partner institutions numbered 89 undergraduate and 62 graduate, and have surpassed 1,100 since 2013.

Visit lakelandcc.edu/commencement to view the list of graduates.

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Household Hazardous Waste Collection

June 6, 2020

For Lake County residents only, **no businesses**

Lake County Fairgrounds, enter only from Mentor Ave. entrance
1301 Mentor Ave., Painesville Twp. 44077

Saturday, June 6, 2020 9:00 a.m. – 3:00 p.m. Rain or shine

ACCEPTED ITEMS: FREE, no fees associated with this collection.

- ✓ **Automotive fluids:** motor oil, gasoline, coolants, antifreeze, grease.
- ✓ **Oil based paints, varnish, shellacs, stains, aerosols, polyurethanes, primers, & grout.**
- ✓ **Bulbs & Batteries:** all sizes (lead acid & household) & fluorescents.
- ✓ **Household cleaners & solvents:** thinners, kerosene, turpentine, lighter fluid, & paint strippers.
- ✓ **Liquids/solids:** pool, lawn & garden chemicals, pesticides, weed killers, spray insecticides, photography, "hobby" chemicals, mercury, empty propane tanks, roofing tars, drive sealers, and adhesives.

PROHIBITED ITEMS: Ammunition, explosives, medical waste including prescription medicines, smoke alarms or any other item not listed above.

NEW GUIDELINES: Leave product in original container, or label contents if known. Due to social distancing, all items must be in the trunk area of the vehicle; items located in the front/back seat will not be accepted. Bring materials **ONLY** during collection event, as trained technicians will unload your vehicle.

Sponsored by the Lake County Solid Waste District, the Lake County Board of Commissioners, and the Lake County Department of Utilities.

For more information about the HHW Collection:

LakeCountyOhio.gov/Utilities – See Special Collections Information
Call the Solid Waste District at 440-350-2644 or OSU Extension at 440-350-2208

Bankruptcy 101:

Bankruptcy Made Simple

The two types of bankruptcy that most people hear about are chapter 7 and chapter 13. The word chapter refers to the chapter (like in a book) in the bankruptcy code. Chapter 7 is a liquidating bankruptcy and chapter 13 is a non-liquidating bankruptcy. Liquidating means they (the government) can take your stuff. Non-liquidating means they can't. However, there are exceptions to this. I will try to lay this out in a simple fashion:

In a chapter 7 you will be able to discharge all of your debts without paying anything back. However, if you have any equity (value) in anything (your home, your car, your bank account, your boat- anything) you must surrender it to the bankruptcy trustee (the person who looks out for the creditors) so that it can be sold (liquidated) to pay back the creditors to the largest extent possible. Equity is what

determines which chapter of bankruptcy you can file under. Fair Market Value minus Amount Owed equals Your Equity in anything.

A chapter 13 is a non-liquidating bankruptcy. This means you get to keep everything but you have to pay back a percentage of your debt. It is also used for people who are in foreclosure or behind on their mortgage and in fear of foreclosure. A chapter 13 requires a payback plan from between three to five years. The payment is monthly. The amount is determined, again, by the amount of non-exempt equity you have accumulated in your life. Exempt equity is equity that the law says your creditors cannot take. Non-exempt means they can take it. Your total equity is referred to as your bankruptcy estate. Obviously, everyone wants to do a chapter 7 because it is no pay back. However, since 2005 it has become much harder to file

chapter 7. In 2005, legislation was passed which tightened up the income restrictions on people with regard to the Chapter 7 bankruptcy. The intended result was that more people must file under Chapter 13 of the Bankruptcy code and pay back, at least, what the government thinks they can afford.

It is the bankruptcy attorney's job to advise you which is the best chapter to file under. It is also the attorney's job to make sure you keep your home, your car, and everything else you have accumulated throughout your life. At Biales Delchin Law we concentrate in the area of bankruptcy. Our practice is dedicated to helping people resolve their financial problems in an honorable and dignified manner. We understand how hard it is for people to take this step. We are sensitive to the pain, despair, sense of failure and humiliation many feel for being in this situation. We are dedicated to educate our clients in a compassionate, caring and sensitive manner as to why it is an act of love to yourself and your family to file bankruptcy;

that bankruptcy is a mechanism created by the United States Constitution to help people get back on their feet and start contributing, once again, to our economy and that you are not only helping yourself and your loved ones but that you are actually helping the economy and your country by filing bankruptcy in most cases (that is why it was created by the Constitution as a power granted to Congress).

Some of the greatest and most honorable people in U.S. history have had to file bankruptcy. Abraham Lincoln filed bankruptcy; so did Thomas Jefferson and Ulysses S. Grant. It did not affect their contributions to society or malign their names. Bankruptcy- if needed- is good. Anybody who thinks or says otherwise has never been in life and sanity threatening financial distress; they have never suffered unending merciless harassment, letters and phone calls by bill collectors. You do not have to live that way. You can regain your peace of mind.

If you are in this situation you are not alone. We can help

you get your sanity back. Please come in for a free completely confidential consultation. You will speak with an experienced bankruptcy attorney. Your case will be analyzed and you will be given a detailed and compassionate evaluation of exactly what can be done to help you. There is absolutely no obligation or pressure to hire us. You will not be asked to give us money or sign anything and no one will ever know that you came. We are legally bound to the highest level of confidentiality in these cases.

If you decide bankruptcy is the solution for you we will be happy to put you on an affordable payment plan. We will stop the annoying collection calls immediately. We will protect you from lawsuits, garnishments and other collection activity. We will see to it that, if possible, you keep your car, home and all of your other property. Bankruptcy is a wonderful legal tool that can give you peace of mind and give you a fresh start in life. I have seen it work miracles.

Robert C. Biales





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More Than 12 Million Americans Will Need Long Term Care This Year

Women have traditionally been our primary caregivers. They care for their children, their parents and often their husband or partner. They typically spend

as much as 50% more time than men providing care for others.

Their caregiver responsibilities take a toll on their own health as one in four female caregivers

will develop health problems of her own. And, because women generally live longer than men, women are less likely to have a caregiving partner at home when they need it.

can run anywhere from \$50,000 to \$75,000 or more. Residential care in an assisted living facility or nursing home will be much more. It is why it is so important for women to consider long term care insurance.

at Lmutsko@mutskoinsurance.com to set up an appointment.

Laura Mutsko is a licensed insurance broker offering a complete line of health and life insurance products, including Individual, Group and Family Health, Annuities, Long Term Care Insurance, Medicare Advantage, Medicare Supplement Plans, Medicare Part D Prescription Coverage, Vision, Dental and Life Insurance. Mutsko Insurance Services, LLC is located at 6982 Spinach Drive in Mentor, Ohio. Laura can be reached at 440-255-5700 or through email at Lmutsko@mutskoinsurance.com. For more information, visit www.mutskoinsurance.com.

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Get the FACTS on Medicare Health Insurance and Rx Plans.

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Laura Mutsko is an independent insurance broker. She will compare rates and coverage from many of the nation's most respected insurance companies to get the plan that's right for you.



IF YOU ARE TURNING 65 ... DON'T MISS THIS CLASS!

A number of our "Getting Started with Medicare" classes have been postponed. Please check our website at mutskoinsurance.com/seminars for rescheduled dates and times. Until classes resume, we are here to answer your questions to help you prepare to enroll in Medicare.

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These events are for educational purposes only and no plan specific benefits or details will be proposed. Limited seating. Pre-registration required. Some nominal fees may apply.

This makes long-term care planning especially important for women. A woman who is age 65 today can expect to live an additional 23 years or more. If they are fortunate, they will remain healthy and independent. Those who need help may want in-home caregivers or to live where they can receive the care they require.

What about the cost? Paying for care is expensive. The average annual home health care costs

There is no question that women face a special set of issues when it comes to long term care. With some advance planning, they can be assured of receiving quality care, their family will not be burdened, and their savings will be protected. This is what planning for long term care can provide.

If you would like to learn more, let me know and I will help you look at options. Call me at 440-255-5700 or email me

NEW: Hospice of Western Reserve Virtual Training

Are you looking for a way to stay engaged in your community?

Are you willing to engage with homebound patients and families by phone or by mail?

Consider becoming a Hospice of the Western Reserve Volunteer. We are excited to announce virtual volunteer training for new volunteers. For more information, contact us at 216.255.9090 or fill out an online application hospicewr.org/volunteers. Volunteers who

complete virtual training will be able to provide in-person visits as soon as Ohio's Stay at Home order is lifted.

About Hospice of the Western Reserve

Hospice of the Western Reserve is a community-based, non-profit agency providing comfort and emotional support

to patients and their families. The agency cares for people in a variety of settings including the home, hospital, long-term care facility, David Simpson Hospice House overlooking Lake Erie and Ames Family Hospice House in Westlake.

For more information, visit hospicewr.org or call 800.707.8922.

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We start by reviewing your project and listening to your goals and concerns and we welcome any recommendations you may have. Then together we establish a budget and work to stay within that cost.

Your materials selections are hands-on, not from pictures out of brochures and once all your selections have been made, we order any products that are not in stock.

After scheduling a start date and work begins, we stay on the project from start to finish. To make your remodeling experience as stress-free as possible, we always keep you informed of the

progress of the job. Because Shoreline Window and Remodeling Company is a family owned business, you will always be dealing directly with the owner, no pushy salesman or inexperienced tradesmen. Our company is bonded and insured, and our workers are covered by workers compensation for your protection.

We have the highest ratings with the Better Business Bureau and Angie's List. We take pride in our workmanship so you will not only be current client, but in the future, we want to be "the one" contractor you call to take advantage of our other professional services including kitchen and bathroom remodeling. Plus, we also accept all major credit cards & special financing.

Let us show you how to make your next remodeling project a little easier by calling Shoreline Window and Remodeling Company at (440) 946-1495 or (440) 336-3300. You can also look us up at www.shorelinewindowandremodeling.com.

Mentor Window Earns Yet Another Angie's List Super Service Award- 8 Years Straight!

Mentor Window has earned the home improvement industry's coveted Angie's List Super Service Award for the 8th year in a row. This award reflects exemplary years of service provided to customers throughout Northeast Ohio, along with honest, fair prices.

Steve Douglas the owner of Mentor Window was asked about how they continue having such success in the home improvement industry. "We have crews that have been with us for decades, and we are very particular about the installers we hire. We won't just hire anyone to catch up if we are backed up a bit, quality is at the top of our list when it comes to workmanship. When it comes to pricing, we are straight forward with people, they don't want to hear any buy 1 get 1 free nonsense. They want a fair, honest price up front without all the gimmicks you see out there in advertising. We treat each and every one of our customers like family."

"Only about 5% of the Home Improvement companies in Northeast Ohio have performed consistently well enough to earn our Super Service Award," said Angie (founder of Angie's List.) "It's a really high standard."

Angie's List Super Service Award 2018 winners have met strict eligibility requirements, which include an "A" rating in overall grade, recent grade, and review grade period; the company must be in good standing with Angie's List, pass a background check and abide by Angie's List operational guidelines.

Service company ratings are updated daily on Angie's List.

Companies are graded on an A to F scale in areas ranging from price to professionalism to punctuality.

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Morley Library Drive-Through Window Reopens

Morley Library now offering curbside pick-up at our drive-through window.

Pick-up is available for Morley patrons only, and is limited to Morley Library materials.

Please call 440-352-3383 to request up to 6 books and up to 4 audio-visual items (DVD, blu-

ray, audiobooks, or videogames). Patrons may have items placed at the window for pick-up once per week.

Please return materials to our outdoor book drop, which will reopen May 18. Until further notice, fines will not be accruing

on items, so we ask that you please limit returns to 10 items per day. We cannot accept returns at the drive-through window. Please hold on to board games and hotspots until further notice, also.

For your convenience, you may pick up your items during

the following hours:

- Monday – 9:15 am to 4:45 pm
- Tuesday – 11:15 am to 6:45 pm
- Wednesday – 9:15 am to 4:45 pm
- Thursday – 11:15 am to 6:45 pm
- Friday – 9:15 am to 4:45 pm

Saturday – 10:15 am to 1:45 pm

Updates will be shared on the Library's website at www.morleylibrary.org, Facebook, and Twitter.

Morley Library is a public library serving the communities of Concord Township, Village of Grand River, LeRoy Township, Painesville City, and Painesville Township by providing access for all to opportunities and resources for life-long learning and recreation both within its walls and beyond.

Need Help in Lake County? Call Lifeline's 2-1-1

If you or a loved one are facing challenges like job loss, loss of health insurance, foreclosure or other problems, Lifeline may be able to help. They are Lake County's designated Community Action Agency and their mission is to connect those in our community who need help with the appropriate providers.

Lifeline assists qualifying Lake County residents obtain counseling, healthcare, housing, education and training, energy assistance and much more.

Their healthcare programs help residents who are uninsured or underinsured and increase access

to healthcare services including prescription medications and diabetic testing supplies. Lifeline helps residents secure safe and affordable housing, as well as the homeless in our County transition back into stable housing. Their education and training programs include financial literacy training, asset building assistance, employment training, nutrition education, and tax clinics. And, for those struggling with the most basic of needs, Lifeline offers several utility related emergency services through the federal Home Energy Assistance Program (HEAP).

Visit lifeline.org to access

their interactive database or dial 211 to speak with a representative about available programs. Representatives can be reached 24/7. This service is free and

confidential.

If you or a loved one can use some help, you owe to yourself to learn more about programs which already exist in our community.

DESTINATION BACKYARD...

Living in Northeast Ohio, we tend to neglect our outdoor living spaces. Then late May rolls around and the sun shines, temperatures rise and we emerge from our homes to find an outdoor space that's not so inviting. American Home and Energy Products in Painesville, has everything to create the outdoor living area you've been dreaming of all winter long.

Talking about all that American Home and Energy Products offers would take much more space than we have here. That's why you're encouraged to come out to the store, take a stroll around the grounds and discover for yourself what they can help you do with your home.

"When I opened the store in 1999, we mainly focused on patio pavers, natural stone, ponds and waterfalls," says owner Chris Bedrick. "Today we have indoor and outdoor fireplaces, patios, fire pits and retaining walls and outdoor kitchens including the best grills, smokers and kitchen accessories. We also have structures to create outdoor rooms and the very best outdoor furniture. All of these project ideas can be installed by most homeowners or we can

assist you with finding a reputable installer."

With experience in landscaping and home construction, Chris is knowledgeable in all areas of the home. He makes it his mission to stay current on all of the latest trends.

"I travel to seminars all over the country so I know what's coming," says Chris. "My staff and I are extremely knowledgeable and ready to guide you through your project—no matter how big or small. And if it's too much for you, we'll recommend someone who can help. We deal with many contractors throughout Northeast Ohio who rely on us for quality products and knowledgeable service."

Walking through the shop and surrounding grounds at American Home and Energy Products is an experience. Several unique and elegant outdoor displays showcase some of the exciting home improvements that can be made to increase the value of your home and upgrade living spaces for your family to enjoy for years to come.

Additions like outdoor cooking areas, fire pits, water gardens, pondless water features, decorative

stones and lighting can take your backyard to a whole new level.

"No backyard is complete without a water feature," says Chris. "And it doesn't have to be elaborate. You can do a pondless feature where the water disappears into a basin underground, add some decorative stones, and even add a koi pond. It adds a new dimension to the home and creates a relaxing vibe that is very popular."

American Home and Energy Products is a destination spot for outdoor living inspiration. And to be really inspired stop by the store to see over 2000 square feet of displays and ten different departments of product.

"We want your outdoor areas to be a place to enjoy with family and friends," says Chris. "Why not have your most relaxing destination be your own backyard?"

American Home and Energy Products is located at 1270 Mentor Avenue in Painesville. Hours are:

Monday-Friday 9:00 a.m. to 5:30 p.m.

Saturday- 9:00 a.m. to 5:00 p.m.; closed on Sunday.

For more information, call 440-358-5858, or visit American-Home.com.

Hellriegel's

1840 Mentor Ave. • Painesville • 354-9530

<p>Lounge Hours: Mon-Sat 11:30am - 2:30am</p>	<p>Kitchen Hours: Mon-Thur 11:30am - 10pm Fri & Sat 11:30am - 11pm Sun 11:30am - 9pm</p>
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Arts Education Going Fully Virtual for the Summer 2020 Session

Since 1957, The Fine Arts Association (FAA) has traditionally held their summer arts camps, classes, and private lessons at 38660 Mentor Avenue. However, due to the current pandemic, based on the state guidelines and recommendations, it was decided that all summer 2020 camps, classes, and private music lessons will take place remotely.

"We're committed to doing everything we can to continue to facilitate your growth through the fine arts, especially at this tumultuous time. For the past many weeks, our incredible faculty have been devising remarkable plans to deliver interactive, art-filled experiences this summer" says

Director of Education, Michael Lund Ziegler.

The remote programming will feature multiple forms of interactive growth. A quick snapshot of what summer arts education from home with FAA looks like:

- Art supplies in a box picked up at Fine Arts or delivered to your home
- Interactive classes in dance and theatre facilitated via video conferencing software like Zoom.
- Culminating camp performances done via Zoom or on stage to an empty theatre.
- Live, one on one video music lessons
- HIPAA compliant virtual platform for Art and Music Therapy services

The Fine Arts Association is humbled and grateful to have received support from the following foundations to continue to support Creative Arts Therapies. Thanks to their generosity, FAA can continue critical mental health services and deploy resources to address the urgent mental health needs of FAA's music and art therapy clients.

- Paintstone Foundation: \$2,000 for Creative Arts Therapies services
- Western Reserve Junior Service League: \$1,000 towards educational and artistic tools, materials and equipment
- Lake Geauga Fund Rapid Response Fund: \$10,000 to continue critical mental health services and deploy resources

to FAA's music and art therapy clients made vulnerable by the COVID-19 pandemic

• Feel-Good Foundation: \$1,000 for Creative Arts Therapies programs and services Summer 2020 registrations are open now. You can learn more and register by visiting

www.fineartsassociation.org or by calling (440) 951-7500 x100

The Fine Arts Association's mission is to serve the community by enhancing lives through arts education, creative arts therapies, performance, community partnerships and advocacy.

Keep Your Edge with Bob's Sharpening

For over 40 years, Bob's Sharpening and Grinding has served the Lake County with all its sharpening and grinding needs. From scissors to kitchen knives, mower blades to chain saw blades, drill bits to mill ends and practically everything in between, owner, AJ Carl will keep your edges cutting cleanly.

Needing your expensive Sewing Shears or Beauty/Grooming shears sharpened? Bob's Sharpening can take care of you.

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KNIVES and SEWING/HOUSEHOLD SCISSORS AT PAINESVILLE FARMERS' MARKETS ON, JUNE 18, JULY 2, 16 & 30, AUG 6 & 20 and SEPT 3 & 17. Scissors \$7, paring knives \$3, other kitchen knives \$5.

REMINDER: Time to bring those mower and chainsaw blades in to get ready for summer. Drop them off at the Market for pick up at the shop. And do not forget your garden clippers, loppers and shovels.

AJ prides himself on

quality work done on a timely basis. Whether your needs are residential, commercial or industrial, Bob's Sharpening and Grinding is your answer.

Located at 8588 East Ave in Mentor Bob's Sharpening Summer Hours 8am - 2pm, M-F. Stop in and see us, or call 440-255-3343. Like us on Facebook to keep up with Special Events and Offers.

For Advertising Information:
Email: LakeCommNews@aol.com
or Call (440) 946-2577

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www.fineartsassociation.org/education/summer-at-faa/

For the Summer 2020 Session, we will be offering ALL of our classes, camps, and private lessons under YOUR roof (through Zoom, our portal, and other online platforms).
 Your safety remains our number one priority.

Register today!
 Call (440) 951-7500 or visit www.fineartsassociation.org

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Structural Integration Massage for Chronic Pain at Rock House Fitness

Chronic pain plagues many people some of whom live with it not knowing there is a natural way to ease it.

We specialize in Structural Integration massage, a technique that uses therapeutic deep tissue and relaxation elements to provide an enjoyable experience while addressing chronic muscular

issues. It deals with human suffering that is based on postural imbalances or over-use injuries.

Structural Integration is one of the most powerful therapies in the field. This hallmark approach is a culmination of styles—Cranial-Sacral, Myofascial release and Rolfing—all coming together in a holistic manner and have a proven

record in stimulating the clients homeostatic healing response.

Most people develop joint and muscle pain slowly over a course of time, and they can't tell you what they did to cause the source of pain and discomfort. The body is made of several layers and as we age, are injured or have repetitive movement on a body part, the layers become bound. Muscular adhesions develop were the layers are sticking to each other instead of gliding over each other. The bound layers cause facial imbalances and decreased blood flow to the tissue. This creates patterns of inefficient movement and causes pain which explains why as we get over-use injuries and as we get older it is harder for us to move. By separating the fascia layers around the muscles and joints the body becomes free moving, balanced, and blood flow is restored

alleviating the pain and improving movement. The outcome of this is a body that is more flexible, longer, and freer from the constraints of gravity and pain.

Our specialty massage starts with relaxation and is assessed for issues that require Structural Integration, a form of deep tissue. It is the most effective way to restore normal function and range of motion to every joint in the body. The end result of this massage will break up any adhesions in your body which will increase blood flow to all areas of the body, increases your range of motion and decrease aches and pain. Blood flow is essential for any type of tissue healing which is why over-use injuries don't get better with rest.

Structural Integration should not be confused with other deep tissue massages. In most cases the practitioner only uses more pressure which can traumatize the muscles or even cause adhesions. What sets us apart from others is The Rock House owner and Massage Therapist Rocky Nelson's extensive knowledge of the human

body and how it works. He is an Exercise Physiologist with a Masters degree in Exercise Science and had been a college teacher for 18 years specializing in anatomy, exercise physiology, and massage. His method separates and loosen all the muscles causing them to stay relaxed and not go into a guarded position. The feeling is comparable to walking around in tight shoes all day and when you take them off there is a nice feeling of expansion, blood flow and relief. This is how you should feel after this massage.

Massages are priced at \$70 for half hour, \$100 for the hour and \$220 for a couple's individualized massage. We have 3 locations for massage, Painesville, Mentor, and Chardon on the Square. Couple's massages are limited to Mentor and Chardon.

To schedule or need more info call Rocky Nelson MEd, LMT, 440-477-4696.

Visit www.rockhousefitness.com or to see the beautiful beach themed room for couples massage go to www.takeawayhair.com. Find us on Facebook @therockhousegym!

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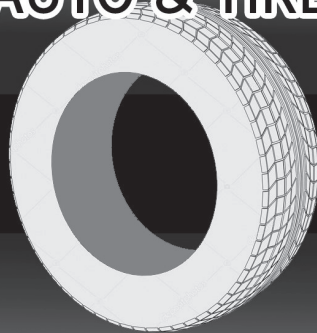
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DIVORCE 101:

Divorce v. Dissolution: What is the difference?

This article simplistically identifies the main issues in the termination of the marital contract and explains the difference between a divorce and dissolution and why a dissolution is always the best, least stressful and most cost-effective means to terminate the marital contract.

The issues in either a dissolution or divorce are the same. They are as follows: (1.) Allocation of Parental Rights and Responsibilities, if there are children. The main issues regarding the allocation of parental rights and responsibilities would include who pays child support and how much, companionship time (formerly "visitation"), who has custody or how is shared parenting (formerly "joint custody") to be allocated, who is responsible for health care/insurance and how will the tax exemption be divided.

(2.) Spousal support. Will one party pay the other spousal support and how much and for

how long?

(3.) Property distribution. How will the marital real and personal property and all other marital assets be divided.

(4.) Pension and retirement division, if in existence. And, finally,

(5.) Allocation of marital debt. These are the main issues in every divorce and/or dissolution.

The most fundamental difference between a contested divorce and a dissolution is that in a contested divorce the parties cannot agree on one or more of the issues whereas in a dissolution the parties must agree on ALL issues. Dissolutions are very cost effective. The cost of the dissolution varies based upon the number of issues in the case (listed above). The cost of a dissolution is dramatically less than a divorce (the parties cannot agree on one or more of the issues). The average cost of a divorce with children in Ohio is \$18,800 and without children \$12,500 (Lawyers.com survey). The average cost of a dissolution with children is \$5000 and without children \$4000. Most

importantly, the emotional cost of a prolonged divorce is high to both parties and children.

Dissolutions are fast. A dissolution can be finalized in as little as six-weeks from the filing date and, usually, requires only one hearing. An action for divorce- if the parties cannot come to a voluntary agreement- can easily take a year or longer to finalize. There are several hearings and a trial. The information gathering process referred to as "discovery" can become a costly and stressful nightmare. Discovery is not required in a dissolution. In divorce, there is the dread of runaway attorney fees averaging \$300-\$500 per hour. There is always the worry (which is justified) that the attorney will quit if you run out of money or the fear of receiving another several thousand-dollar bill unexpectedly. Almost everyone has heard a horror story about attorney fees.

At Biales Delchin Law, dissolution is a flat fee. Our clients don't worry about getting a huge hourly bill after the initial payment.

The emotional price of continuous daily resentment,

depression, fear and worry can become overbearing and destructive to one's health. Dissolution avoids all of this. That being said; It is very difficult to get two people who are usually not the best of friends- to begin with- to agree on all issues. All issues must be agreed to for a successful dissolution to occur. This requires compromise. The cardinal rule is that nobody walks away happy. Each party usually feels wronged in some way by the other. Each party usually feels that they could have obtained a better result if they would have just held out longer or been more aggressive. The truth is the law is pretty settled on how property and children are resolved. In most cases, you will not get a better result by engaging in prolonged divorce litigation.

If the parties are unable to come to an agreement regarding all the issues, as is often the case, a divorce must be initiated. I try to resolve as many issues as possible before hand and communicate with the other party or his/her attorney to coordinate the process. It is always best to work together and focus upon resolution of the issues on which the parties agree. The purpose

of the attorney is to make the process as minimally painful, and least expensive as possible. Open and honest communication is key. Unfortunately, in many cases, the parties have so much resentment toward each other that they are simply unable to cooperate. This is never in anybody's best interest and can be very damaging to children.

There are certainly ways to minimize the pain and cost of a divorce, but it will never be as efficient and emotionally healthy as two parties coming to a voluntary agreement with dissolution. I believe that a dissolution really should be possible in most cases if two factors are present (1.) the parties are mature, sensitive and intelligent and (2.) the matter is approached with a cost versus benefit business analysis, an open mind and sound professional guidance. I know this is easier said than done. But- if accomplished- the financial and emotional rewards (including healing time) reaped are enormous for the parties and children and will be enjoyed for the span of one's entire life.

Robert C. Biales

Lake County YMCA Offers a Chance to Win a 2020 Chevy Blazer

Although no Dream House this year, the Lake County YMCA still offers the chance to win a Dream Car

Due to Covid-19, the Lake County YMCA has canceled their largest fundraiser of the year. "The safety of our staff, volunteers, members and donors come first. Although we would have loved to open a Dream House in 2020, it's in the best interest of all we come back in 2021 with our best Dream House yet," says Kelly Penzenik, Director of Marketing and Communications for the Lake County YMCA. "We have a dedicated team working hard to take every precaution during this pandemic. We are determined more than ever to support our community and are extremely grateful for our partners and donors who have supported our efforts through this time."

Classic Chevrolet in Mentor along with the Chevy Network of Dealers have been longtime friends of the Lake County YMCA and for 2020 this is no different. The group has donated a 2020 Chevy Blazer to the Lake County YMCA to help raise critical dollars needed to support

the community.

The 2020 Chevy Blazer is valued at \$39,000. The YMCA is hopeful to raise \$250,000 through online ticket sales. All proceeds will go right back into supporting Lake County's most vulnerable residents. "The Lake County YMCA is one of the area's largest nonprofits working to better our community and we value the support of Classic Chevy and the Chevy Network of Dealers during this time of crisis," said YMCA CEO, Dick Bennett. "These two organizations have supported us for many years and truly understand the impact we make together in the communities we serve. We are so appreciative."

Ticket sales will be predominantly online to encourage social distancing. Tickets for the 2020 Dream Car will go on sale May 15th, 2020. You will be able to purchase your tickets online and take a virtual tour of the car at lakecountnymca.org/dreamcar. Tickets can be purchased for as low as \$5.00. Tickets will be sold through July 5, 2020.

Important dates:

May 15, 2020 – Tickets go on

sale

July 5, 2020 – Last day of ticket sales

July 8, 2020 – 10 semi-finalist drawing

July 12, 2020 – Finalist is determined

Ticket packages are as follows:

1 Ticket = \$10

3 Tickets = \$25

7 Tickets = \$50

15 Tickets = \$100

Super Deal (*only \$5 each) 40 Tickets = \$200

"The Y is so much more than fitness centers and gyms, pools and locker rooms; we are a cause! Dedicated to strengthening (and protecting) the spirits, minds, and bodies of our friends and communities," said Dick Bennett

About the YMCA

The YMCA is one of the area's largest nonprofits focused on engaging individuals and families in youth development, healthy living and social

responsibility. The Y is dedicated to helping people achieve goals, make friends and find a true sense of belonging. Branches offer quality time for families to be together, resources for parents, and a variety of opportunities for seniors to be active. The YMCA ensures these opportunities are available to everyone no matter their ability to pay with generous support from community partners and donors.

For more information about the Y, visit www.ymca.net



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Coronavirus (COVID-19)-Related Stress Factors and Resources

The impacts of COVID-19 aren't confined to physical health. If you or a family member experiences stress related to this pandemic we want to reassure you that help is available.

From the Lake County Alcohol, Drug Addiction, and Mental Health Services (ADAMHS) Board

Free, confidential local resources

Crossroads Health Coronavirus Warmline: 440-754-3340

- Call this number first for help with COVID-related stress, anxiety, or uncertainty.
- Warmline hours: Monday - Friday, 8:00 a.m. - 8:00 p.m.

Crossroads Health Virtual Support Groups (VSGs)

- To access on line log onto <https://crossroadshealth.zoom.us/j/6044743547>
- You can also elect to participate by phone: 888-788-0098, meeting ID: 604-474-3547
- Virtual Support Groups are expected to last one hour.

VSGs for first-responders and behavioral health/healthcare professionals:

Mondays, 1:00 p.m. • Wednesdays, 6:00 p.m.

VSGs for clients connected to Lake County ADAMHS provider agencies:

Mondays, 11:00 a.m. • Tuesdays, 3:00 p.m. • Thursdays, 4:00 p.m.

VSGs for community members:

Tuesdays, 12:00 p.m. • Thursdays, 6:00 p.m.

Lake Co. ADAMHS Board Compass Line: 350-2000 or 918-2000 (both 440)

- Call the Compass Line for information about all behavioral health services, including those relative to COVID-related stress or anxiety, and/or to explore telehealth options.
- Compass Line hours are Monday through Friday 8:00 a.m. - 4:00 p.m.

Lake County Crisis Hotline: 440-953-8255

- Free, 24/7 help for when you or a family member experiences overwhelming stress that impacts ability to function normally.

The ADAMHS Board is responsible for planning, evaluating, monitoring, and funding services available for Lake County residents who are dealing with mental illness and/or addiction disorders.



YOU.ME.US. We're in this together. There is no them.

Meet Us in The Garden Series is Now Online

Due to new guidelines set by The Ohio State University Extension, Master Gardener

Volunteers cannot hold face-to-face meetings with the public until July 7. Our Meet Us in the Garden

Series for April, May, and June are cancelled. Our HELpline is still open to community members with questions about gardening. You can reach this number at 440-350-2254.

multiple ecosystem services. Learn how planting with natives provides benefits to you and our bees. Go Natives!

offered online or in-person. Check our Website at lake.osu.edu to register for these online workshops and receive information on how to log on.

If you would like to join our email list with more information on how to attend a virtual workshop and a link to log on, send us an email at MGVLakeCounty@gmail.com.

For questions, contact 440-350-2254. Also visit our FaceBook page at Ohio State University Extension-Lake County Master Gardeners.

Are You Ready to "Cut the Cable?"

In the past, many of you have asked me "Is it possible to cut the cable?" My reply has always been "not yet, but soon". I've been saying it for 7 years. Well, "SOON" is HERE!!

networking (wired and wireless), upgrades, security, data recovery, data transfer and printer installation and much more.

Mobile Computer Solutions is your best source for onsite computer, repair and upgrades. We sell new and refurbished towers and laptops. We also can help you with mobile device solutions such as adding your device to your network, data syncing, security, printing options and more. MCS was established to provide fast affordable onsite service to anyone in need. We provide the fastest service in the industry and are available 7 days a week!

After many months of research, I have finally come to the conclusion that it IS POSSIBLE to "CUT THE CABLE" and save a substantial amount of money. Since everyone has their own needs, I can customize a solution to allow you to cancel your U-verse, cable or satellite service.

If you have any questions or would like more information on getting rid of your cable or satellite company, please contact me.

Mobile Computer Solutions is a mobile computer repair service that comes to your home or business. I have over 20 years experience. I pride myself on building my business on reliability, honesty and finding multiple solutions for each client's personal budget.

My name is Jeff Berg and I am available to personally speak with you to discuss your individual technology needs. I invite you to contact me at (440)461-3900, (216) 789-7936 or jeff@mobilecsllc.com so I can personally help you find a solution for your household or business technology challenges.

I specialize in virus removal,

We plan to hold the following 1-1 1/2 hour workshops online to take the place of our public classes which have been cancelled.

"Bee" Friendly with Natives-- Saturday, June 6 at 10:00 am

Native plants have evolved with our native bees. These plants are not only beautiful, but provide

Gardening as We Age-- Saturday, July 11 at 10:00 am (either offered online or in-person depending on OSUE guidelines.)

Gardening gets more difficult as we age. However, by using the right tools and techniques, gardening remains in reach at any age. This presentation may be

Corporate Clients Include Parker Hannifin, Progressive Insurance and Wendy's International.

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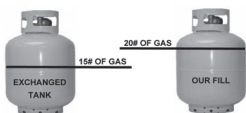
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